



McDonald's Canada Ingredients Listing

As of June 29, 2020

Provided in this document is a listing of components in our popular menu items by category, followed by the ingredient statements for those components. Allergens contained within these components are indicated in capital type at the end of each respective ingredient statement (following the word "CONTAINS"). We encourage guests to check these statements regularly as ingredients in menu items may change.

Important Note: At McDonald's, we take great care to serve quality, great-tasting menu items to our guests each and every time they visit our restaurants. We understand that each of our guests has individual needs and considerations when choosing a place to eat or drink outside their home, especially those guests with food allergies. As part of our commitment to you, we provide the most current ingredient information available from our food suppliers for the ten priority food allergens identified by Health Canada (eggs, milk, mustard, peanuts, seafood [including fish, crustaceans and shellfish], sulphites, sesame, soy, tree nuts, and wheat and other cereal grains containing gluten) so that our guests with food allergies can make informed food selections. However, we also want you to know that despite taking precautions, normal kitchen operations may involve some shared storage, cooking and preparation areas, equipment, utensils and displays, and the possibility exists for your food items to come in contact with other food products, including other allergens. We encourage our guests with food allergies or special dietary needs to visit www.mcdonalds.ca for ingredient information, and consult their doctor for questions regarding their diet. Due to the individualized nature of food allergies and food sensitivities, guests' physicians may be best positioned to make recommendations for guests with food allergies and special dietary needs. If you have questions about our food, please reach out to the McDonald's Guest Relations Contact Centre at 1-888-424-4622. Thank you.

The nutrition information on this website relates to the menu items available at McDonald's restaurants in Canada only. Some menu items may not be available at all restaurants; test products, test formulations, and certain regional products and/or limited time promotional products have not been included. The nutrition information is derived from testing conducted in accredited laboratories, published resources, or from information provided from McDonald's suppliers. The nutrition information is based on standard product formulations, standard product assembly and serving sizes (including ice for beverages). All nutrition information is based on average values for ingredients from McDonald's suppliers and is rounded according to federal rounding regulations. Variation in serving sizes, preparation techniques, product testing and sources of supply, as well as regional and seasonal differences, may affect the nutrition values for each product. In addition, product formulations change periodically. You should expect some variation in the nutrient content of the products purchased in our restaurants. No products are certified as vegetarian; products may contain trace amounts of ingredients derived from animals. Our fried menu items are cooked in a vegetable oil blend with citric acid added as a processing aid and dimethylpolysiloxane to reduce oil splatter when cooking.

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This document reflects information for the products presented on the date indicated at the top of the first page of this document.

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Breakfast**Bacon 'N Egg McMuffin:**

Bacon Slice, Butter, EGG, English Muffin, Processed Cheese Slice

Breakfast Burrito:

8 Whole Wheat Tortilla, Egg Mixture, Processed Cheese Slice

Chicken McMuffin:

Butter, English Muffin, Junior Chicken Patty, McChicken Sauce, Processed Cheese Slice

Egg McMuffin:

Butter, Canadian Bacon, EGG, English Muffin, Processed Cheese Slice

English Muffin with Butter:

Butter, English Muffin

Hash Browns:

Hashbrowns

Hotcakes with Syrup and Butter:

Butter Portion - Whipped, Hotcake Syrup, Hotcakes

Sausage 'N Egg McMuffin:

Butter, EGG, English Muffin, Processed Cheese Slice, Sausage Patty

Sausage McMuffin:

Butter, English Muffin, Processed Cheese Slice, Sausage Patty

Breakfast Ingredients**8 Whole Wheat Tortilla:**

Whole Wheat Flour, Water, Soybean Oil Shortening, Dextrose, Baking Powder, Salt, Corn Starch, Mono- and Diglycerides, Vital Wheat Gluten, Fumaric Acid, Yeast, Plant Fiber (Potato, Plantain).

CONTAINS: WHEAT.**Bacon Slice:**

Pork bacon, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite

Butter:

Pasteurized cream (milk), salt, may contain colour (plant source)

CONTAINS: MILK.**Butter Portion - Whipped:**

Cream, salt, may contain colour

CONTAINS: MILK.**Canadian Bacon:**

Pork, water, sugar, salt, sodium lactate, sodium phosphate, natural flavour (vegetable source), sodium diacetate, sodium nitrite, smoke

EGG:

Egg (Canada grade A large), cooked on a grill, lightly seasoned, with clarified butter (unsalted butter)

CONTAINS: MILK, EGG.**Egg Mixture:**

Scrambled Egg (Whole Egg, Skim Milk, Modified Corn Starch, Soybean Oil, Salt, Xanthan Gum, Spices, Citric Acid, Natural Flavours [Plant Source]), Sausage Crumbles (Pork, Water, Salt, Dextrose, Spices, Rosemary Extract, Sugar), Vegetables (Tomatoes, Green Chilies, Onions, Calcium Chloride, Citric Acid).

CONTAINS: EGG, MILK

CONTAINS: MILK, EGG.**English Muffin:**

Enriched wheat flour, water, yeast, corn meal and corn flour, vegetable oil (canola and/or soy oil), salt, sugar, and may contain any or all of the following in varying proportions: monoglycerides, barley malt, diacetylated tartaric acid esters of mono- and diglycerides, monocalcium phosphate, ascorbic acid, enzymes, cultured wheat flour, citric acid, calcium citrate, corn starch, wheat gluten, fumaric acid, malted barley flour. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg.

CONTAINS: WHEAT, BARLEY.**Hashbrowns:**

Potatoes, high oleic low linolenic canola oil and/or canola oil, hydrogenated soybean oil, natural flavour (vegetable source), salt, dehydrated potato, vegetable monoglycerides, corn flour, dextrose, sodium acid pyrophosphate (maintain colour), extractives of black pepper, citric acid (preservative), dimethylpolysiloxane (antifoaming agent). Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

Hotcake Syrup:

Glucose-fructose, sugar, water, natural flavour, colour (caramel).

Hotcakes:

Water, wheat flour, whey, corn flour, soybean oil, sugar, liquid whole eggs, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), dextrose, emulsifier (propylene glycol monoester, soy monoglycerides, sodium stearoyl-2- lactylate), salt, xanthan gum, natural flavour (plant and dairy source), colour (beta carotene)

CONTAINS: SOY, WHEAT, MILK, EGG.

Junior Chicken Patty:

Chicken meat, wheat flour, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), toasted wheat crumb, water, chicken skin, modified corn starch, salt, spice, potassium chloride, lemon juice concentrate, wheat gluten, vegetable oil, natural flavour (plant source), silicon dioxide, vinegar, garlic powder, baking powder.

Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

CONTAINS: WHEAT.

McChicken Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate , calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

Processed Cheese Slice:

Cheese (milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, soy lecithin, colour (annatto)

CONTAINS: SOY, MILK.

Sausage Patty:

Pork, water, salt, dextrose, sugar, glucose solids, spices

McCafé & Bakery**Americano - Large:**

Espresso Coffee, Water

Americano - Medium:

Espresso Coffee, Water

Americano - Small:

Espresso Coffee, Water

Banana Chocolate Chunk Muffin:

Granola, Muffin Banana Chocolate Chunk

Blue Raspberry Slushie - Large:

Ice, Minute Maid Blue Raspberry Slushie Syrup, Minute Maid Neutral Slush Base

Blue Raspberry Slushie - Medium:

Ice, Minute Maid Blue Raspberry Slushie Syrup, Minute Maid Neutral Slush Base

Blue Raspberry Slushie - Small:

Ice, Minute Maid Blue Raspberry Slushie Syrup, Minute Maid Neutral Slush Base

Blueberry Muffin:

Blueberries, Muffin Blueberry

Blueberry Pomegranate Real Fruit Smoothie with yogurt - Large:

Blueberry Pomegranate Smoothie Fruit Base, Ice, Smoothie Yogurt Mix

Blueberry Pomegranate Real Fruit Smoothie with yogurt - Medium:

Blueberry Pomegranate Smoothie Fruit Base, Ice, Smoothie Yogurt Mix

Blueberry Pomegranate Real Fruit Smoothie with yogurt - Small:

Blueberry Pomegranate Smoothie Fruit Base, Ice, Smoothie Yogurt Mix

Blueberry Pomegranate Real Fruit Smoothie with yogurt - Snack Size:

Blueberry Pomegranate Smoothie Fruit Base, Ice, Smoothie Yogurt Mix

Blueberry Pomegranate Real Fruit Smoothie without yogurt - Large:

Blueberry Pomegranate Smoothie Fruit Base, Ice

Blueberry Pomegranate Real Fruit Smoothie without yogurt - Medium:

Blueberry Pomegranate Smoothie Fruit Base, Ice

Blueberry Pomegranate Real Fruit Smoothie without yogurt - Small:

Blueberry Pomegranate Smoothie Fruit Base, Ice

Blueberry Pomegranate Real Fruit Smoothie without yogurt - Snack Size:

Blueberry Pomegranate Smoothie Fruit Base, Ice

Brownie RMHC Cookie:

RMHC Brownie Cookie

Cappuccino with 2% milk - Large:

2% milk, Espresso Coffee

Cappuccino with 2% milk - Medium:

2% milk, Espresso Coffee

Cappuccino with 2% milk - Small:

2% milk, Espresso Coffee

Cappuccino with skim milk - Large:

Espresso Coffee, Skim milk

Cappuccino with skim milk - Medium:

Espresso Coffee, Skim milk

Cappuccino with skim milk - Small:

Espresso Coffee, Skim milk

Caramel Cappuccino with 2% milk - Large:

2% milk, Caramel Flavoured Syrup, Espresso Coffee

Caramel Cappuccino with 2% milk - Medium:

2% milk, Caramel Flavoured Syrup, Espresso Coffee

Caramel Cappuccino with 2% milk - Small:

2% milk, Caramel Flavoured Syrup, Espresso Coffee

Caramel Cappuccino with skim milk - Large:

Caramel Flavoured Syrup, Espresso Coffee, Skim milk

Caramel Cappuccino with skim milk - Medium:

Caramel Flavoured Syrup, Espresso Coffee, Skim milk

Caramel Cappuccino with skim milk - Small:

Caramel Flavoured Syrup, Espresso Coffee, Skim milk

Caramel Iced Coffee - Large:

18% Cream, Brewed Coffee, Caramel Flavoured Syrup

Caramel Iced Coffee - Medium:

18% Cream, Brewed Coffee, Caramel Flavoured Syrup

Caramel Iced Coffee - Small:

18% Cream, Brewed Coffee, Caramel Flavoured Syrup

Caramel Latte with 2% milk - Large:

2% milk, Caramel Flavoured Syrup, Espresso Coffee

Caramel Latte with 2% milk - Medium:

2% milk, Caramel Flavoured Syrup, Espresso Coffee

Caramel Latte with 2% milk - Small:

2% milk, Caramel Flavoured Syrup, Espresso Coffee

Caramel Latte with skim milk - Large:

Caramel Flavoured Syrup, Espresso Coffee, Skim milk

Caramel Latte with skim milk - Medium:

Caramel Flavoured Syrup, Espresso Coffee, Skim milk

Caramel Latte with skim milk - Small:

Caramel Flavoured Syrup, Espresso Coffee, Skim milk

Carrot Muffin:

Muffin Carrot

Chewy Oatmeal Caramel RMHC Cookie:

Chewy Oatmeal Caramel RMHC Cookie

Chocolate Chunk RMHC Cookie:

RMHC Chocolate Chunk Cookie

Coffee Iced Frappé - Large:

Coffee Frappe, Ice

Coffee Iced Frappé - Medium:

Coffee Frappe, Ice

Coffee Iced Frappé - Small:

Coffee Frappe, Ice

Coffee Iced Frappé - Snack Size:

Coffee Frappe, Ice

Cranberry Orange Muffin:

Cranberry Orange Muffin

Deluxe Hot Chocolate with 2% milk - Large:

2% milk, Chocolate Drizzle, Chocolate Sauce, Whipped Cream

Deluxe Hot Chocolate with 2% milk - Medium:

2% milk, Chocolate Drizzle, Chocolate Sauce, Whipped Cream

Deluxe Hot Chocolate with 2% milk - Small:

2% milk, Chocolate Drizzle, Chocolate Sauce, Whipped Cream

Deluxe Hot Chocolate with skim milk - Large:

Chocolate Drizzle, Chocolate Sauce, Skim milk, Whipped Cream

Deluxe Hot Chocolate with skim milk - Medium:

Chocolate Drizzle, Chocolate Sauce, Skim milk, Whipped Cream

Deluxe Hot Chocolate with skim milk - Small:

Chocolate Drizzle, Chocolate Sauce, Skim milk, Whipped Cream

Double Espresso:

Espresso Coffee

Espresso:

Espresso Coffee

Freestone Peach Smoothie - Large Size:

Ice, Peach Smoothie Base, Smoothie Yogurt Mix

Freestone Peach Smoothie - Medium Size:

Ice, Peach Smoothie Base, Smoothie Yogurt Mix

Freestone Peach Smoothie - Small Size:

Ice, Peach Smoothie Base, Smoothie Yogurt Mix

Freestone Peach Smoothie - Snack Size:

Ice, Peach Smoothie Base, Smoothie Yogurt Mix

French Vanilla Cappuccino with 2% milk - Large:

2% milk, Espresso Coffee, French Vanilla Flavoured Syrup

French Vanilla Cappuccino with 2% milk - Medium:

2% milk, Espresso Coffee, French Vanilla Flavoured Syrup

French Vanilla Cappuccino with 2% milk - Small:

2% milk, Espresso Coffee, French Vanilla Flavoured Syrup

French Vanilla Cappuccino with skim milk - Large:

Espresso Coffee, French Vanilla Flavoured Syrup, Skim milk

French Vanilla Cappuccino with skim milk - Medium:

Espresso Coffee, French Vanilla Flavoured Syrup, Skim milk

French Vanilla Cappuccino with skim milk - Small:

Espresso Coffee, French Vanilla Flavoured Syrup, Skim milk

French Vanilla Iced Coffee - Large:

18% Cream, Brewed Coffee, French Vanilla Flavoured Syrup

French Vanilla Iced Coffee - Medium:

18% Cream, Brewed Coffee, French Vanilla Flavoured Syrup

French Vanilla Iced Coffee - Small:

18% Cream, Brewed Coffee, French Vanilla Flavoured Syrup

French Vanilla Latte with 2% milk - Large:

2% milk, Espresso Coffee, French Vanilla Flavoured Syrup

French Vanilla Latte with 2% milk - Medium:

2% milk, Espresso Coffee, French Vanilla Flavoured Syrup

French Vanilla Latte with 2% milk - Small:

2% milk, Espresso Coffee, French Vanilla Flavoured Syrup

French Vanilla Latte with skim milk - Large:

Espresso Coffee, French Vanilla Flavoured Syrup, Skim milk

French Vanilla Latte with skim milk - Medium:

Espresso Coffee, French Vanilla Flavoured Syrup, Skim milk

French Vanilla Latte with skim milk - Small:

Espresso Coffee, French Vanilla Flavoured Syrup, Skim milk

Fruit and Fibre Muffin:

Diced Apples, Muffin Fruit & Fibre

Fruit Punch Slushie - Large:

Ice, Minute Maid Fruit Punch Slushie Syrup, Minute Maid Neutral Slush Base

Fruit Punch Slushie - Medium:

Ice, Minute Maid Fruit Punch Slushie Syrup, Minute Maid Neutral Slush Base

Fruit Punch Slushie - Small:

Ice, Minute Maid Fruit Punch Slushie Syrup, Minute Maid Neutral Slush Base

Latte with 2% milk - Large:

2% milk, Espresso Coffee

Latte with 2% milk - Medium:

2% milk, Espresso Coffee

Latte with 2% milk - Small:

2% milk, Espresso Coffee

Latte with skim milk - Large:

Espresso Coffee, Skim milk

Latte with skim milk - Medium:

Espresso Coffee, Skim milk

Latte with skim milk - Small:

Espresso Coffee, Skim milk

Mango Pineapple Real Fruit Smoothie with yogurt - Large:

Ice, Mango Pineapple Fruit Base, Smoothie Yogurt Mix

Mango Pineapple Real Fruit Smoothie with yogurt - Medium:

Ice, Mango Pineapple Fruit Base, Smoothie Yogurt Mix

Mango Pineapple Real Fruit Smoothie with yogurt - Small:

Ice, Mango Pineapple Fruit Base, Smoothie Yogurt Mix

Mango Pineapple Real Fruit Smoothie with yogurt - Snack Size:

Ice, Mango Pineapple Fruit Base, Smoothie Yogurt Mix

Mango Pineapple Real Fruit Smoothie without yogurt - Large:

Ice, Mango Pineapple Fruit Base

Mango Pineapple Real Fruit Smoothie without yogurt - Medium:

Ice, Mango Pineapple Fruit Base

Mango Pineapple Real Fruit Smoothie without yogurt - Small:

Ice, Mango Pineapple Fruit Base

Mango Pineapple Real Fruit Smoothie without yogurt - Snack Size:

Ice, Mango Pineapple Fruit Base

Mini Apple Fritter Donut:

Mini Apple Fritter Donut

Mini Boston Cream Donut:

Mini Boston Cream Donut

Mini Maple Caramel Donut:

Mini Maple Caramel Donut

Mini Sprinkle Donut:

Mini Sprinkle Donut

Mini Strawberry Jelly Donut:

Mini Strawberry Jelly Donut

Mocha with 2% milk - Large:

2% milk, Chocolate Drizzle, Chocolate Sauce, Espresso Coffee, Whipped Cream

Mocha with 2% milk - Medium:

2% milk, Chocolate Drizzle, Chocolate Sauce, Espresso Coffee, Whipped Cream

Mocha with 2% milk - Small:

2% milk, Chocolate Drizzle, Chocolate Sauce, Espresso Coffee, Whipped Cream

Mocha with skim milk - Large:

Chocolate Drizzle, Chocolate Sauce, Espresso Coffee, Skim milk, Whipped Cream

Mocha with skim milk - Medium:

Chocolate Drizzle, Chocolate Sauce, Espresso Coffee, Skim milk, Whipped Cream

Mocha with skim milk - Small:

Chocolate Drizzle, Chocolate Sauce, Espresso Coffee, Skim milk, Whipped Cream

Premium Roast Brewed Coffee - Extra Large:

Brewed Coffee

Premium Roast Brewed Coffee - Large:

Brewed Coffee

Premium Roast Brewed Coffee - Medium:

Brewed Coffee

Premium Roast Brewed Coffee - Small:

Brewed Coffee

Premium Roast Brewed Iced Coffee - Large:

18% Cream, Brewed Coffee, liquid sugar

Premium Roast Brewed Iced Coffee - Medium:

18% Cream, Brewed Coffee, liquid sugar

Premium Roast Brewed Iced Coffee - Small:

18% Cream, Brewed Coffee, liquid sugar

Premium Tea - Extra Large:

Premium Tea

Premium Tea - Large:

Premium Tea

Premium Tea - Medium:

Premium Tea

Premium Tea - Small:

Premium Tea

Strawberry & Banana Real Fruit Smoothie with yogurt - Medium:

Banana Puree Smoothie Fruit Base, Ice, Smoothie Yogurt Mix

Strawberry & Banana Real Fruit Smoothie with yogurt - Small:

Banana Puree Smoothie Fruit Base, Ice, Smoothie Yogurt Mix

Strawberry & Banana Real Fruit Smoothie with yogurt - Large:

Banana Puree Smoothie Fruit Base, Ice, Smoothie Yogurt Mix

Strawberry & Banana Real Fruit Smoothie with yogurt - Snack Size:

Banana Puree Smoothie Fruit Base, Ice, Smoothie Yogurt Mix

Strawberry & Banana Real Fruit Smoothie without yogurt - Large:

Banana Puree Smoothie Fruit Base, Ice

Strawberry & Banana Real Fruit Smoothie without yogurt - Medium:

Banana Puree Smoothie Fruit Base, Ice

Strawberry & Banana Real Fruit Smoothie without yogurt - Small:

Banana Puree Smoothie Fruit Base, Ice

Strawberry & Banana Real Fruit Smoothie without yogurt - Snack Size:

Banana Puree Smoothie Fruit Base, Ice

Sugar Free Vanilla Cappuccino with 2% milk - Large:

2% milk, Espresso Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Cappuccino with 2% milk - Medium:

2% milk, Espresso Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Cappuccino with 2% milk - Small:

2% milk, Espresso Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Cappuccino with skim milk - Large:

Espresso Coffee, Skim milk, Sugar Free Vanilla Syrup

Sugar Free Vanilla Cappuccino with skim milk - Medium:

Espresso Coffee, Skim milk, Sugar Free Vanilla Syrup

Sugar Free Vanilla Cappuccino with skim milk - Small:

Espresso Coffee, Skim milk, Sugar Free Vanilla Syrup

Sugar Free Vanilla Iced Coffee - Large:

18% Cream, Brewed Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Iced Coffee - Medium:

18% Cream, Brewed Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Iced Coffee - Small:

18% Cream, Brewed Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with 2% milk - Large:

2% milk, Espresso Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with 2% milk - Medium:

2% milk, Espresso Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with 2% milk - Small:

2% milk, Espresso Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with skim milk - Large:

Espresso Coffee, Skim milk, Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with skim milk - Medium:

Espresso Coffee, Skim milk, Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with skim milk - Small:

Espresso Coffee, Skim milk, Sugar Free Vanilla Syrup

S'more RMHC Cookie:

S'more Cookie

Vanilla Chai Iced Frappé - Large:

Ice, Vanilla Chai Frappé Base

Vanilla Chai Iced Frappé - Medium:

Ice, Vanilla Chai Frappé Base

Vanilla Chai Iced Frappé - Small:

Ice, Vanilla Chai Frappé Base

Vanilla Chai Iced Frappé - Snack Size:

Ice, Vanilla Chai Frappé Base

McCafé & Bakery Ingredients**18% Cream:**

Cream, milk, sodium citrate, and may contain in varying proportions: sodium phosphate, carrageenan, dextrose

CONTAINS: MILK.

2% milk:

Partly skimmed milk, vitamin A palmitate, vitamin D3

CONTAINS: MILK.

Banana Puree Smoothie Fruit Base:

Water, banana puree, dionized pineapple juice, apple juice concentrate, natural flavours (plant source), cellulose gum, xanthan gum, citric acid, pectin, turmeric oleoresin, ester of mono & diglycerides. Made with the same equipment as, and may come into contact with MILK.

Blueberries:

100% Wild Blueberries

Blueberry Pomegranate Smoothie Fruit Base:

Blueberry puree, water, clarified demineralized pineapple juice concentrate, raspberry puree, apple juice concentrate, pomegranate juice concentrate, natural (botanical source) flavours, cellulose powder, peach juice concentrate, pear juice concentrate, citric acid, lemon juice concentrate, xanthan gum, pectin, natural colour (fruit and vegetable juice). Made with the same equipment as, and may come into contact with MILK.

Brewed Coffee:

Water, 100% roasted Arabica coffee

Caramel Flavoured Syrup:

Sugar, skim milk, water, brown sugar, butter (cream, salt), natural flavours (plant source), salt, soy lecithin, potassium sorbate.

CONTAINS: SOY, MILK.

Chewy Oatmeal Caramel RMHC Cookie:

Palm and soybean oil spread (palm oil, water, soybean oil, salt, whey solids [milk], natural flavour [contains milk], mono-and diglycerides, soy lecithin, vitamin A palmitate added, beta carotene [colour]), enriched wheat flour (contains barley), brown sugar, rolled oats, sugar, salted caramel flavoured confectionery drops (sugar, palm kernel oil, whole milk powder, skim milk powder, palm oil, cocoa powder, salt, soy lecithin, paprika oleoresin, natural flavour), white confectionery chips (sugar, palm kernel and/or palm oil, skim milk powder, soy lecithin, vanilla extract), liquid whole eggs, sodium bicarbonate, salt, natural flavour, caramel colour.

CONTAINS: SOY, WHEAT, OAT, MILK, BARLEY, EGG.

MAY CONTAIN: TREE NUTS.

Chocolate Drizzle:

Sugar, water, fructose, cocoa, natural flavour, unsweetened chocolate, potassium sorbate , salt, soy lecithin

CONTAINS: SOY.

MAY CONTAIN: MILK.

Chocolate Sauce:

Sugar, water, fructose, cocoa, natural flavour, unsweetened chocolate, potassium sorbate , salt, soy lecithin

CONTAINS: SOY.

MAY CONTAIN: MILK.

Coffee Frappe:

Water, sugar, milk ingredients, natural flavour, dipotassium phosphate, mono & diglycerides, guar gum, potassium citrate, disodium phosphate, carrageenan, carob bean gum.

CONTAINS: MILK.

Cranberry Orange Muffin:

Unbleached enriched wheat flour, sugar, water, cranberries, liquid egg white, vegetable oil, yogurt (skim milk, skim milk powder, modified corn starch, pectin, carrageenan, active bacterial culture), buttermilk (skimmed milk, bacterial culture, salt), oranges, orange juice concentrate, baking powder, faba bean powder, baking soda, salt, sunflower lecithin, citrus fibre, dextrose, agar, modified corn starch, colour, xanthan gum, natural flavour.

CONTAINS: WHEAT, MILK, EGG.

Diced Apples:

Apples, calcium ascorbate

Espresso Coffee:

Ground espresso beans

French Vanilla Flavoured Syrup:

Sugar, sweetened condensed skim milk (milk solids, sucrose), water, hydrogenated coconut oil, natural flavours (plant and honey sources), salt, potassium sorbate (preservative), soy lecithin. Made with the same equipment as, and may come into contact with, MILK.

CONTAINS: SOY, MILK.

Granola:

Rolled oats, sugar, crisp rice pieces (rice flour, barley malt extract, salt), refiner's syrup, corn syrup, honey, concentrated apple puree (ascorbic acid), crushed oranges, high monounsaturated sunflower oil, salt, baking soda, sodium aluminum phosphate, spice, natural flavour (plant source), soy lecithin

CONTAINS: SOY, OAT, BARLEY.

MAY CONTAIN: WHEAT.

Ice:

Water

Mango Pineapple Fruit Base:

Water, clarified demineralized pineapple juice concentrate, mango puree concentrate, pineapple juice concentrate, orange juice concentrate, pineapple puree, apple juice concentrate, cellulose powder, natural (botanical) flavours, xanthan gum, pectin, citric acid, coloured with fruit and vegetable juice and turmeric extract, ascorbic acid (preservative). Made with the same equipment as, and may come into contact with, MILK.

Mini Apple Fritter Donut:

Enriched wheat flour, water, sugars (sugar, icing sugar, dextrose), apples, vegetable shortening (palm oil, modified palm oil, canola oil), cinnamon, vegetable oils, yeast, baking powder, salt, defatted soy flour, whey powder (milk), monoglycerides, wheat gluten, calcium propionate, sodium stearoyl-2- lactylate, propylene glycol mono fatty acid esters, skim milk powder, natural and artificial flavour, dried whole egg, propylene glycol, diacetyl tartaric acid ester of mono and diglycerides, agar, amylase, dried glucose solids, locust bean gum, glycerin, caramel colour, ethyl alcohol, xanthan gum, acetic acid.

CONTAINS: SOY, WHEAT, MILK, EGG.

MAY CONTAIN: SULPHITES.

Mini Boston Cream Donut:

Enriched wheat flour, Water, Sugar (sugar, dextrose, icing sugar), Vegetable shortening (palm oil, modified palm oil, canola oil), Vegetable oils, Yeast, Baking powder, Cocoa powder, Salt, Defatted soy flour, Modified corn starch, Whey powder (milk), Monoglycerides, Wheat gluten, Calcium propionate, Sodium stearoyl-2- lactylate, Propylene glycol mono fatty acid esters, Milk, Skim milk powder, Natural and artificial flavour, Dried whole egg, Diacetyl Tartaric acid ester of mono and diglycerides, Soy lecithin, Amylase, Dried glucose solids, Propylene Glycol, Glycerin, Caramel colour, Annatto.

CONTAINS: SOY, WHEAT, MILK, EGG.

MAY CONTAIN: SULPHITES.

Mini Maple Caramel Donut:

Enriched wheat flour, water, sugars (icing sugar, dextrose, glucose, sugar), vegetable shortening (palm oil, modified palm oil, vegetable oil), yeast, baking powder, salt, defatted soy flour, modified corn starch, monoglycerides, sodium stearoyl-2-lactylate, propylene glycol mono fatty acid esters, datem, xanthan gum, dry whey (milk), wheat gluten, calcium propionate, modified milk ingredients, skim milk powder, natural and artificial flavour, dried whole egg, soya lecithin, amylase, glucono-delta-lactone, dried glucose solids, glycerin, propylene glycol, caramel color, organic ethyl alcohol, colour

CONTAINS: SOY, WHEAT, MILK, EGG.

MAY CONTAIN: SULPHITES.

Mini Sprinkle Donut:

Enriched wheat flour, water, sugar (icing sugar, dextrose), vegetable shortening (palm oil, modified palm oil, canola oil, palm kernel oil), vegetable oils, yeast, baking powder, salt, defatted soy flour, whey powder (milk), monoglycerides, wheat gluten, calcium propionate, sodium stearoyl-2- lactylate, propylene glycol mono fatty acid esters, skim milk powder, modified corn starch, corn starch, natural and artificial flavour, dried whole egg, diacetyl tartaric acid ester of mono and diglycerides, beta carotene, soy lecithin, amylase, dried glucose solids, glycerin, caramel colour, sunflower lecithin, colours (turmeric, annatto extract, beetroot, black carrot, red cabbage, red radish).

CONTAINS: SOY, WHEAT, MILK, EGG.

MAY CONTAIN: SULPHITES.

Mini Strawberry Jelly Donut:

Enriched wheat flour, water, sugars (glucose, dextrose), vegetable shortening (palm oil, modified palm oil, canola oil), vegetable oil, yeast, baking powder, salt, defatted soy flour, glycerin, modified corn starch, whey powder, monoglycerides, wheat gluten, sodium stearoyl-2-lactylate, corn starch, propylene glycol mono- and diesters of fatty acids, skim milk powder, dried whole egg, acetylated tartaric acid esters of mono- and diglycerides, calcium propionate, natural and artificial flavour, beta carotene, amylase, dried glucose solids, silicon dioxide, citric acid, sodium citrate, xanthan gum, locust bean gum, caramel colour

CONTAINS: SOY, WHEAT, MILK, EGG.

MAY CONTAIN: SULPHITES.

Minute Maid Blue Raspberry Slushie Syrup:

High fructose corn syrup, water, citric acid, less than 1% of: grape and raspberry juices from concentrate, natural flavours, sodium benzoate and potassium sorbate (to protect taste), blue 1. Made with the same equipment as, and may come into contact with, MILK.

Minute Maid Fruit Punch Slushie Syrup:

Water, high fructose corn syrup, citric acid, less than 0.5% of: ascorbic acid, pineapple and pear and orange and passionfruit juices from concentrate, natural flavours, sucrose, glycerol ester of wood rosin, modified cornstarch, sodium benzoate and potassium sorbate and calcium disodium edta (to protect taste), red 40, green 3.

Slushies are made with the same equipment as, and may come into contact with, MILK.

Minute Maid Neutral Slush Base:

Filtered water, sugar/glucose-fructose, concentrated apple juice, citric acid. Made with the same equipment as, and may come into contact with, MILK.

Muffin Banana Chocolate Chunk:

Sugar, unbleached enriched wheat flour, banana purée (bananas, ascorbic acid), water, egg white, canola oil, chocolate chunks (unsweetened chocolate, sugar, dextrose, soy lecithin, natural vanilla flavour), whole grain oat flour, whole grain wheat flour, whey powder (milk), batter thickener (carrageenan, guar gum, soy Lecithin), baking powder, baking soda, natural flavour (plant source), modified corn starch, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearoyl-2-lactylate), salt

CONTAINS: SOY, WHEAT, OAT, MILK, EGG.

Muffin Blueberry:

Enriched flour, sugar, water, blueberries, canola oil, egg white, invert sugar, whole grain oat flour, whole grain wheat flour, modified milk ingredients, sodium aluminum phosphate, baking soda, emulsifier blend (propylene glycol mono fatty acid esters, mono and diglycerides, sodium stearoyl-2-lactylate), salt, natural flavour (plant source), batter thickener (carrageenan, guar gum, soy lecithin), modified corn starch, sodium carboxymethyl cellulose

CONTAINS: SOY, WHEAT, OAT, MILK, BARLEY, EGG.

Muffin Carrot:

Enriched wheat flour, carrots, sugar, canola oil, egg white, invert sugar, baking powder, cinnamon, sodium bicarbonate, batter thickener (carrageenan, guar gum, soy lecithin), salt, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearoyl-2-lactylate), modified corn starch, modified milk ingredients

CONTAINS: SOY, WHEAT, MILK, EGG.

Muffin Fruit & Fibre:

Enriched flour, sugar, canola oil, bananas, egg white, buttermilk (skimmed milk, bacterial culture, salt), water, wheat bran, cranberries, blueberries, dehydrated apples, baking soda, baking powder, emulsifier blend (propylene glycol mono fatty acid esters, mono and diglycerides, sodium stearoyl-2-lactylate), batter thickener (carrageenan, guar gum, soy lecithin), natural flavour (plant source), salt, sodium carboxymethyl cellulose

CONTAINS: SOY, WHEAT, MILK, EGG.

Peach Smoothie Base:

Peach puree, clarified demineralized pineapple juice, water, apple juice concentrate, banana puree (bananas, ascorbic acid), natural flavours (botanical), cellulose powder, peach juice concentrate, pear juice concentrate, xanthan gum, pectin, lemon juice concentrate, coloured with annatto

Premium Tea:

Peppermint Tea: Peppermint; Green Tea: Green tea, lemongrass, lemon balm, lemon verbena; Earl Grey Tea: Black tea, natural flavour; Orange Pekoe Tea: Black tea.

RMHC Brownie Cookie:

Sugar, brown sugar, liquid whole eggs, soybean oil margarine (contains milk), semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, butter oil [milk], soy lecithin, vanilla extract), cocoa powder, enriched wheat flour, natural flavour, salt, caramel colour.

CONTAINS: SOY, WHEAT, MILK, EGG.

MAY CONTAIN: TREE NUTS.

RMHC Chocolate Chunk Cookie:

Enriched wheat flour (CONTAINS BARLEY), vegetable oil blend [palm oil, water, soybean oil, salt, whey (MILK), natural flavour, mono-and diglycerides, soy lecithin, vitamin a palmitate added, colour (plant source)], sugar, brown sugar, semi-sweet chocolate chunks (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla extract), semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, milkfat, soy lecithin, vanilla extract), liquid whole eggs, sodium bicarbonate, salt, baking powder, natural flavour.

CONTAINS: SOY, WHEAT, MILK, BARLEY, EGG.

S'more Cookie:

Enriched wheat flour (contains barley), palm and soybean oil spread (palm oil, water, soybean oil, salt, whey solids (milk), natural flavour (contains milk), mono-and diglycerides, soy lecithin, vitamin a palmitate added, beta carotene [(colour)]), marshmallow flavoured bits (invert sugar, cane sugar, water, algin, natural flavour, corn starch), milk chocolate chunks (sugar, whole milk powder, cocoa butter, unsweetened chocolate, soy lecithin, salt, vanilla extract), sugar, brown sugar, graham cracker crumbs (enriched wheat flour, graham flour, sugar, sunflower oil, blackstrap molasses), invert sugar, liquid whole eggs, sodium bicarbonate, natural flavour, baking powder, natural flavor, salt.

CONTAINS: SOY, WHEAT, MILK, BARLEY, EGG.

MAY CONTAIN: TREE NUTS.

Skim milk:

Skim milk, vitamin A palmitate, vitamin D3

CONTAINS: MILK.

Smoothie Yogurt Mix:

Milk ingredients, modified corn starch, pectin, carrageenan, bacterial culture.

CONTAINS: MILK.

Sugar Free Vanilla Syrup:

Water, erythritol, natural (plant source) and artificial flavour, cellulose gum, sucralose, salt, malic acid, potassium sorbate, acesulfame potassium, caramel colour (sulfites)

CONTAINS: SULPHITES.

Vanilla Chai Frappé Base:

Sugar, milk ingredients, water, natural flavour (plant source), dipotassium phosphate, mono & diglycerides, guar gum, potassium citrate, disodium phosphate, carrageenan, carob bean gum.

CONTAINS: MILK.

Water:

Water

Whipped Cream:

Pasteurized cream, water, sugar and/or glucose-fructose, buttermilk powder, microcrystalline cellulose, locust bean gum, cellulose gum, carrageenan, soy mono and diglycerides, polysorbate 80, artificial flavour, nitrous oxide (pressure dispensing agent)

CONTAINS: MILK.

liquid sugar:

Sugar, water, potassium sorbate, citric acid

Beef**Big Mac:**

Beef Patty, Big Mac Bun, Big Mac Sauce, Grill Seasoning, Lettuce, Onions (dehydrated), Pickle Slices, Processed Cheese Slice

Big Mac Bacon:

Bacon Slice, Beef Patty, Big Mac Bun, Big Mac Sauce, Grill Seasoning, Lettuce, Onions (dehydrated), Pickle Slices, Processed Cheese Slice

Cheeseburger:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Processed Cheese Slice, Regular Bun

Double Big Mac:

Beef Patty, Big Mac Bun, Big Mac Sauce, Grill Seasoning, Lettuce, Onions (dehydrated), Pickle Slices, Processed Cheese Slice

Double Cheeseburger:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Processed Cheese Slice, Regular Bun

Double Quarter Pounder with Cheese:

Grill Seasoning, Ketchup, mustard, Pickle Slices, Processed Cheese Slice, Quarter Pounder Beef Patty, Sesame Seed Bun, Slivered Onions

Double Quarter Pounder without Cheese:

Grill Seasoning, Ketchup, mustard, Pickle Slices, Quarter Pounder Beef Patty, Sesame Seed Bun, Slivered Onions

Hamburger:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Regular Bun

McDouble:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Processed Cheese Slice, Regular Bun

Quarter Pounder BLT:

Bacon Slice, Grill Seasoning, Ketchup, Leaf Lettuce, McChicken Sauce, mustard, Pickle Slices, Processed Cheese Slice, Quarter Pounder Beef Patty, Sesame Seed Bun, Slivered Onions, Tomato Slice

Quarter Pounder with Cheese:

Grill Seasoning, Ketchup, mustard, Pickle Slices, Processed Cheese Slice, Quarter Pounder Beef Patty, Sesame Seed Bun, Slivered Onions

Quarter Pounder without Cheese:

Grill Seasoning, Ketchup, mustard, Pickle Slices, Quarter Pounder Beef Patty, Sesame Seed Bun, Slivered Onions

Beef Ingredients**Bacon Slice:**

Pork bacon, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite

Beef Patty:

100% pure beef

Big Mac Bun:

enriched wheat flour, water, sugar, yeast, vegetable oil (canola and/or soy), vegetable protein (pea, potato, faba bean), sunflower oil, corn dextrose, corn starch, corn maltodextrin, sesame seeds, salt, may contain any or all in varying proportions: wheat gluten, potato starch, dough conditioners (DATEM, ascorbic acid, enzymes), natural flavour, corn maltodextrin, corn starch, vinegar. Toasted in the same toaster that also prepares other buns containing butter and egg. MAY CONTAIN MILK AND EGG.

CONTAINS: SESAME SEEDS, WHEAT.

Big Mac Sauce:

Soybean oil, relish [pickles, glucose-fructose, sugar, vinegar, salt, xanthan gum, potassium sorbate, calcium chloride, natural flavour (plant source), polysorbate 80], water, vinegar, liquid egg yolk, onion powder, salt, mustard flour, propylene glycol alginate, sodium benzoate, mustard bran, sugar, garlic powder, hydrolyzed plant protein (corn, soy, wheat), caramel colour, paprika extract, turmeric, spice, calcium disodium EDTA

CONTAINS: SOY, WHEAT, EGG, MUSTARD.

Grill Seasoning:

Salt, spice (pepper), sunflower oil (used as a processing aid)

Ketchup:

Tomato paste, Sugar / Glucose Fructose, White Vinegar, Water, Salt, Spices.

Leaf Lettuce:

Leaf lettuce

Lettuce:

Shredded iceberg lettuce

McChicken Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

Onions (dehydrated):

100% onions

Pickle Slices:

Cucumbers, water, distilled vinegar, salt, calcium chloride, potassium sorbate, potassium aluminum sulphate, natural flavours (plant source), polysorbate 80, extractives of tumeric (colour)

Processed Cheese Slice:

Cheese (milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, soy lecithin, colour (annatto)

CONTAINS: SOY, MILK.

Quarter Pounder Beef Patty:

100% pure beef

Regular Bun:

Enriched wheat flour, water, sugar, yeast, vegetable oil (canola and/or soy), vegetable proteins (pea, potato, faba bean), sunflower oil, corn dextrose, corn maltodextrin, corn starch, salt, may contain and or all of the following in varying proportions: wheat gluten, dough conditioners (monoglycerides, datem, ascorbic acid, enzymes), vinegar. Toasted in the same toaster that also prepares other buns containing butter and egg. MAY CONTAIN MILK AND EGG.

CONTAINS: WHEAT.

MAY CONTAIN: SESAME SEEDS.

Sesame Seed Bun:

Enriched wheat flour, water, sugar, yeast, vegetable oil (canola and/or soy), sesame seeds, vegetable proteins (pea, potato, fava bean), sunflower oil, corn dextrose, corn maltodextrin, corn starch, salt, may contain any or all of the following in varying proportions: wheat gluten, guar gum, dough conditioner (monoglycerides, DATEM, ascorbic acid, enzymes), tricalcium phosphate, natural flavour, corn starch, soybean oil, vinegar. Toasted in the same toaster that also prepares other bun containing butter and egg. MAY CONTAIN MILK AND EGG.

CONTAINS: SESAME SEEDS, WHEAT.

Slivered Onions:

Onions

Tomato Slice:

Sliced tomato

mustard:

Water, vinegar, mustard seed, salt, turmeric, natural flavour (plant source), spice

CONTAINS: MUSTARD.

Chicken**10 Chicken McNuggets:**

Chicken McNuggets

20 Chicken McNuggets:

Chicken McNuggets

4 Chicken McNuggets:

Chicken McNuggets

6 Chicken McNuggets:

Chicken McNuggets

BLT with Crispy Chicken:

Bacon Slice, Crispy Chicken Portion, Leaf Lettuce, McChicken Sauce, Sesame and Poppy Seed Brioche Bun, Tomato Slice

BLT with Grilled Chicken:

Bacon Slice, Grilled Chicken Portion, Leaf Lettuce, McChicken Sauce, Sesame and Poppy Seed Brioche Bun, Tomato Slice

Chicken & Bacon McWrap with Crispy Chicken:

10" Whole Wheat Tortilla, Bacon Slice, Crispy Chicken Portion, Lettuce, McChicken Sauce, Tomato Slice

Chicken & Bacon McWrap with Grilled Chicken:

10" Whole Wheat Tortilla, Bacon Slice, Grilled Chicken Portion, Lettuce, McChicken Sauce, Tomato Slice

Chicken McMuffin:

Butter, English Muffin, Junior Chicken Patty, McChicken Sauce, Processed Cheese Slice

Junior Chicken:

Junior Chicken Patty, Lettuce, Mayonnaise-Style Sauce, Regular Bun

McChicken:

Lettuce, McChicken Portion, McChicken Sauce, Sesame Seed Bun

New Caesar McWrap with Crispy Chicken:

10" Whole Wheat Tortilla, Bacon pieces, Caesar Parmesan Sauce, Crispy Chicken Portion, Lettuce

New Caesar McWrap with Grilled Chicken:

10" Whole Wheat Tortilla, Bacon pieces, Caesar Parmesan Sauce, Grilled Chicken Portion, Lettuce

Ranch Chicken Snack Wrap with Crispy Chicken:

8 Whole Wheat Tortilla, Crispy Chicken Portion, Lettuce, Premium Ranch Sauce, Processed Cheese Slice

Ranch Chicken Snack Wrap with Grilled Chicken:

8 Whole Wheat Tortilla, Grilled Chicken Portion, Lettuce, Premium Ranch Sauce, Processed Cheese Slice

Spicy Habanero McChicken:

Creamy Habanero Sauce, Lettuce, McChicken Portion, Sesame Seed Bun

Chicken Ingredients**10" Whole Wheat Tortilla:**

Whole wheat flour, water, soybean oil shortening, dextrose, baking powder, salt, corn starch, mono- and diglycerides, vital wheat gluten, fumaric acid, yeast, cellulose gum, amylase, xanthan gum.

CONTAINS: WHEAT.**8 Whole Wheat Tortilla:**

Whole Wheat Flour, Water, Soybean Oil Shortening, Dextrose, Baking Powder, Salt, Corn Starch, Mono- and Diglycerides, Vital Wheat Gluten, Fumaric Acid, Yeast, Plant Fiber (Potato, Plantain).

CONTAINS: WHEAT.**Bacon Slice:**

Pork bacon, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite

Bacon pieces:

Pork, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite, smoke

Butter:

Pasteurized cream (milk), salt, may contain colour (plant source)

CONTAINS: MILK.**Caesar Parmesan Sauce:**

Water, soybean oil, sugars (glucose syrup solids, sugar, corn maltodextrin), vinegar, modified milk ingredients, parmesan cheese solids, egg yolk, modified corn starch, salt, garlic powder, lactic acid, onion powder, spices, potassium chloride, natural flavour, sodium gluconate, xanthan gum, cheddar cheese solids, potassium sorbate, sodium benzoate, propylene glycol alginate, herbs, concentrated lemon juice, calcium disodium EDTA.

CONTAINS: MILK, EGG.**Chicken McNuggets:**

Boneless skinless chicken breast meat, water, vegetable oil shortening, wheat flour, yellow corn flour, modified corn starch, rice starch, salt, baking powder, seasoning [wheat starch, yeast extract, salt, natural flavour (vegetable source)], spices, canola oil, sodium aluminum phosphate, dextrose, wheat starch, corn starch. Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

CONTAINS: WHEAT.

Creamy Habanero Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, dehydrated garlic, modified corn starch, dehydrated onion, habanero chili pepper (red habanero, chile, salt), citric acid, xanthan gum, propylene glycol alginate, ground mustard, paprika, paprika extract, lactic acid, black pepper, potassium sorbate, sodium benzoate, chives, cilantro, calcium disodium EDTA.

CONTAINS: EGG, MUSTARD.

Crispy Chicken Portion:

Boneless chicken breast meat, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), wheat flour, toasted wheat crumbs, water, rice starch, salt, spices, garlic powder, onion powder, wheat starch, canola oil, sugar, baking powder, yeast, natural flavour (natural chicken flavour). Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

CONTAINS: WHEAT.

English Muffin:

Enriched wheat flour, water, yeast, corn meal and corn flour, vegetable oil (canola and/or soy oil), salt, sugar, and may contain any or all of the following in varying proportions: monoglycerides, barley malt, diacetylated tartaric acid esters of mono- and diglycerides, monocalcium phosphate, ascorbic acid, enzymes, cultured wheat flour, citric acid, calcium citrate, corn starch, wheat gluten, fumaric acid, malted barley flour. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg.

CONTAINS: WHEAT, BARLEY.

Grilled Chicken Portion:

Boneless chicken breast meat, water, lemon juice concentrate, rice starch, salt, natural flavours (chicken, honey and plant source), vinegar, onion powder, chicken broth powder, garlic powder, rice hull concentrate, spices, sunflower oil, vegetable oil, mushroom juice concentrate, spice extractives, onion juice concentrate, garlic juice concentrate, herbs, tumeric extractives (for colour), cooked on a grill, lightly seasoned, with clarified butter (unsalted butter)

CONTAINS: MILK.

Junior Chicken Patty:

Chicken meat, wheat flour, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), toasted wheat crumb, water, chicken skin, modified corn starch, salt, spice, potassium chloride, lemon juice concentrate, wheat gluten, vegetable oil, natural flavour (plant source), silicon dioxide, vinegar, garlic powder, baking powder. Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

CONTAINS: WHEAT.

Leaf Lettuce:

Leaf lettuce

Lettuce:

Shredded iceberg lettuce

Mayonnaise-Style Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate , calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

McChicken Portion:

Chicken meat, wheat flour, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), water, chicken skin, toasted wheat crumbs, corn starch, modified corn starch, salt, yellow corn flour, canola oil, spices, sodium bicarbonate, sodium aluminum phosphate, potassium chloride, flavour (hydrolyzed corn, soy and wheat gluten protein, disodium inosinate, disodium guanylate), silicon dioxide, wheat starch. Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

CONTAINS: SOY, WHEAT.

McChicken Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate , calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

Premium Ranch Sauce:

Water, soybean oil, corn syrup solids, buttermilk powder, vinegar, liquid egg yolk, natural flavour (plant and dairy source), modified corn starch, sugar, garlic powder, onion powder, chives, salt, parsley, lactic acid, potassium chloride, sodium gluconate, xanthan gum, potassium sorbate , sodium benzoate, maltodextrin, buttermilk, citric acid , butter, gum Arabic, propylene glycol alginate, concentrated lemon juice, calcium disodium EDTA

CONTAINS: MILK, EGG.

Processed Cheese Slice:

Cheese (milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, soy lecithin, colour (annatto)

CONTAINS: SOY, MILK.

Regular Bun:

Enriched wheat flour, water, sugar, yeast, vegetable oil (canola and/or soy), vegetable proteins (pea, potato, faba bean), sunflower oil, corn dextrose, corn maltodextrin, corn starch, salt, may contain and or all of the following in varying proportions: wheat gluten, dough conditioners (monoglycerides, datem, ascorbic acid, enzymes), vinegar. Toasted in the same toaster that also prepares other buns containing butter and egg. MAY CONTAIN MILK AND EGG.

CONTAINS: WHEAT.

MAY CONTAIN: SESAME SEEDS.

Sesame Seed Bun:

Enriched wheat flour, water, sugar, yeast, vegetable oil (canola and/or soy), sesame seeds, vegetable proteins (pea, potato, fava bean), sunflower oil, corn dextrose, corn maltodextrin, corn starch, salt, may contain any or all of the following in varying proportions: wheat gluten, guar gum, dough conditioner (monoglycerides, DATEM, ascorbic acid, enzymes), tricalcium phosphate, natural flavour, corn starch, soybean oil, vinegar. Toasted in the same toaster that also prepares other bun containing butter and egg. MAY CONTAIN MILK AND EGG.

CONTAINS: SESAME SEEDS, WHEAT.

Sesame and Poppy Seed Brioche Bun:

Unbleached wheat flour, water, liquid whole eggs, cane sugar, unenriched semolina, sesame seeds, butter, liquid egg yolks, liquid egg-whites, salt, yeast, poppy seeds, turmeric.

CONTAINS: SESAME SEEDS, WHEAT, MILK, EGG.

Tomato Slice:

Sliced tomato

Sandwiches & Wraps**Chicken & Bacon McWrap with Crispy Chicken:**

10" Whole Wheat Tortilla, Bacon Slice, Crispy Chicken Portion, Lettuce, McChicken Sauce, Tomato Slice

Chicken & Bacon McWrap with Grilled Chicken:

10" Whole Wheat Tortilla, Bacon Slice, Grilled Chicken Portion, Lettuce, McChicken Sauce, Tomato Slice

Double Filet-O-Fish:

Filet-O-Fish Portion, Processed Cheese Slice, Regular Bun, Tartar Sauce

Filet-O-Fish:

Filet-O-Fish Portion, Processed Cheese Slice, Regular Bun, Tartar Sauce

New Caesar McWrap with Crispy Chicken:

10" Whole Wheat Tortilla, Bacon pieces, Caesar Parmesan Sauce, Crispy Chicken Portion, Lettuce

New Caesar McWrap with Grilled Chicken:

10" Whole Wheat Tortilla, Bacon pieces, Caesar Parmesan Sauce, Grilled Chicken Portion, Lettuce

Ranch Chicken Snack Wrap with Crispy Chicken:

8 Whole Wheat Tortilla, Crispy Chicken Portion, Lettuce, Premium Ranch Sauce, Processed Cheese Slice

Ranch Chicken Snack Wrap with Grilled Chicken:

8 Whole Wheat Tortilla, Grilled Chicken Portion, Lettuce, Premium Ranch Sauce, Processed Cheese Slice

Sandwiches & Wraps Ingredients**10" Whole Wheat Tortilla:**

Whole wheat flour, water, soybean oil shortening, dextrose, baking powder, salt, corn starch, mono- and diglycerides, vital wheat gluten, fumaric acid, yeast, cellulose gum, amylase, xanthan gum.

CONTAINS: WHEAT.**8 Whole Wheat Tortilla:**

Whole Wheat Flour, Water, Soybean Oil Shortening, Dextrose, Baking Powder, Salt, Corn Starch, Mono- and Diglycerides, Vital Wheat Gluten, Fumaric Acid, Yeast, Plant Fiber (Potato, Plantain).

CONTAINS: WHEAT.**Bacon Slice:**

Pork bacon, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite

Bacon pieces:

Pork, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite, smoke

Caesar Parmesan Sauce:

Water, soybean oil, sugars (glucose syrup solids, sugar, corn maltodextrin), vinegar, modified milk ingredients, parmesan cheese solids, egg yolk, modified corn starch, salt, garlic powder, lactic acid, onion powder, spices, potassium chloride, natural flavour, sodium gluconate, xanthan gum, cheddar cheese solids, potassium sorbate, sodium benzoate, propylene glycol alginate, herbs, concentrated lemon juice, calcium disodium EDTA.

CONTAINS: MILK, EGG.**Crispy Chicken Portion:**

Boneless chicken breast meat, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), wheat flour, toasted wheat crumbs, water, rice starch, salt, spices, garlic powder, onion powder, wheat starch, canola oil, sugar, baking powder, yeast, natural flavour (natural chicken flavour). Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

CONTAINS: WHEAT.**Filet-O-Fish Portion:**

Alaska Pollock fish fillets, toasted wheat crumbs, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), modified corn starch, water, flour (corn, wheat), colour (paprika, turmeric), cellulose gum, salt, spices. Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane).

CONTAINS: WHEAT, FISH.**Grilled Chicken Portion:**

Boneless chicken breast meat, water, lemon juice concentrate, rice starch, salt, natural flavours (chicken, honey and plant source), vinegar, onion powder, chicken broth powder, garlic powder, rice hull concentrate, spices, sunflower oil, vegetable oil, mushroom juice concentrate, spice extractives, onion juice concentrate, garlic juice concentrate, herbs, tumeric extractives (for colour), cooked on a grill, lightly seasoned, with clarified butter (unsalted butter)

CONTAINS: MILK.**Lettuce:**

Shredded iceberg lettuce

McChicken Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.**Premium Ranch Sauce:**

Water, soybean oil, corn syrup solids, buttermilk powder, vinegar, liquid egg yolk, natural flavour (plant and dairy source), modified corn starch, sugar, garlic powder, onion powder, chives, salt, parsley, lactic acid, potassium chloride, sodium gluconate, xanthan gum, potassium sorbate, sodium benzoate, maltodextrin, buttermilk, citric acid, butter, gum Arabic, propylene glycol alginate, concentrated lemon juice, calcium disodium EDTA

CONTAINS: MILK, EGG.

Processed Cheese Slice:

Cheese (milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, soy lecithin, colour (annatto)

CONTAINS: SOY, MILK.

Regular Bun:

Enriched wheat flour, water, sugar, yeast, vegetable oil (canola and/or soy), vegetable proteins (pea, potato, faba bean), sunflower oil, corn dextrose, corn maltodextrin, corn starch, salt, may contain and or all of the following in varying proportions: wheat gluten, dough conditioners (monoglycerides, datem, ascorbic acid, enzymes), vinegar. Toasted in the same toaster that also prepares other buns containing butter and egg. MAY CONTAIN MILK AND EGG.

CONTAINS: WHEAT.

MAY CONTAIN: SESAME SEEDS.

Tartar Sauce:

Soybean oil, relish (pickles, water, salt, vinegar, capers, xanthan gum, potassium sorbate, spice extractives, polysorbate 80), water, liquid egg yolk, onion, vinegar, sugar, salt, mustard flour, potassium sorbate, xanthan gum, parsley, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

Tomato Slice:

Sliced tomato

Happy Meal**1% Partly Skimmed Milk - 250 ml:**

1% Partly Skimmed Milk

4 Chicken McNuggets:

Chicken McNuggets

Apple Slices:

Apple Slices

Cheeseburger:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Processed Cheese Slice, Regular Bun

Dasani Water:

Dasani Water

Hamburger:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Regular Bun

Happy Meal Snack Wrap with Crispy Chicken:

8 Whole Wheat Tortilla, Crispy Chicken Portion, Lettuce, McChicken Sauce

Happy Meal Snack Wrap with Grilled Chicken:

8 Whole Wheat Tortilla, Grilled Chicken Portion, Lettuce, McChicken Sauce

Hotcakes:

Hotcakes

Minute Maid Apple Juice - Small:

Apple Juice

Minute Maid Orange Juice - Small:

Orange Juice

Strawberry Yogurt Tube:

Strawberry Yogurt Tube

World Famous Fries - Mini:

French Fries, Salt

World Famous Fries - Small:

French Fries, Salt

Happy Meal Ingredients**1% Partly Skimmed Milk:**

Partly skimmed milk, vitamin A palmitate, vitamin D3

CONTAINS: MILK.**8 Whole Wheat Tortilla:**

Whole Wheat Flour, Water, Soybean Oil Shortening, Dextrose, Baking Powder, Salt, Corn Starch, Mono- and Diglycerides, Vital Wheat Gluten, Fumaric Acid, Yeast, Plant Fiber (Potato, Plantain).

CONTAINS: WHEAT.**Apple Juice:**

Concentrated apple juice, ascorbic acid (vitamin C)

Apple Slices:

Apples, calcium ascorbate

Beef Patty:

100% pure beef

Chicken McNuggets:

Boneless skinless chicken breast meat, water, vegetable oil shortening, wheat flour, yellow corn flour, modified corn starch, rice starch, salt, baking powder, seasoning [wheat starch, yeast extract, salt, natural flavour (vegetable source)], spices, canola oil, sodium aluminum phosphate, dextrose, wheat starch, corn starch. Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

CONTAINS: WHEAT.**Crispy Chicken Portion:**

Boneless chicken breast meat, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), wheat flour, toasted wheat crumbs, water, rice starch, salt, spices, garlic powder, onion powder, wheat starch, canola oil, sugar, baking powder, yeast, natural flavour (natural chicken flavour). Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

CONTAINS: WHEAT.**Dasani Water:**

Water, magnesium sulphate, potassium chloride, salt, ozone

French Fries:

Potatoes, high oleic low linolenic canola oil and/or canola oil, hydrogenated soybean oil, natural flavour (vegetable source), dextrose, sodium acid pyrophosphate (maintain colour), citric acid (preservative), dimethylpolysiloxane (antifoaming agent). Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

Grill Seasoning:

Salt, spice (pepper), sunflower oil (used as a processing aid)

Grilled Chicken Portion:

Boneless chicken breast meat, water, lemon juice concentrate, rice starch, salt, natural flavours (chicken, honey and plant source), vinegar, onion powder, chicken broth powder, garlic powder, rice hull concentrate, spices, sunflower oil, vegetable oil, mushroom juice concentrate, spice extractives, onion juice concentrate, garlic juice concentrate, herbs, tumeric extractives (for colour), cooked on a grill, lightly seasoned, with clarified butter (unsalted butter)

CONTAINS: MILK.

Hotcakes:

Water, wheat flour, whey, corn flour, soybean oil, sugar, liquid whole eggs, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), dextrose, emulsifier (propylene glycol monoester, soy monoglycerides, sodium stearoyl-2- lactylate), salt, xanthan gum, natural flavour (plant and dairy source), colour (beta carotene)

CONTAINS: SOY, WHEAT, MILK, EGG.

Ketchup:

Tomato paste, Sugar / Glucose Fructose, White Vinegar, Water, Salt, Spices.

Lettuce:

Shredded iceberg lettuce

McChicken Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate , calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

Onions (dehydrated):

100% onions

Orange Juice:

Water, orange juice from concentrate

Pickle Slices:

Cucumbers, water, distilled vinegar, salt, calcium chloride, potassium sorbate, potassium aluminum sulphate, natural flavours (plant source), polysorbate 80, extractives of tumeric (colour)

Processed Cheese Slice:

Cheese (milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, soy lecithin, colour (annatto)

CONTAINS: SOY, MILK.

Regular Bun:

Enriched wheat flour, water, sugar, yeast, vegetable oil (canola and/or soy), vegetable proteins (pea, potato, faba bean), sunflower oil, corn dextrose, corn maltodextrin, corn starch, salt, may contain and or all of the following in varying proportions: wheat gluten, dough conditioners (monoglycerides, datem, ascorbic acid, enzymes), vinegar. Toasted in the same toaster that also prepares other buns containing butter and egg. MAY CONTAIN MILK AND EGG.

CONTAINS: WHEAT.

MAY CONTAIN: SESAME SEEDS.

Salt:

Salt, silicoaluminate, dextrose, potassium iodide

Strawberry Yogurt Tube:

Skim milk, sugar, water, cream, corn starch, milk protein concentrate, natural flavour, agar, natural colour, lemon juice concentrate, vitamin D3, active bacterial cultures. Made with vitamin D fortified skim milk.

CONTAINS: MILK.

mustard:

Water, vinegar, mustard seed, salt, turmeric, natural flavour (plant source), spice

CONTAINS: MUSTARD.

Beverages**1% Partly Skimmed Milk - 250 ml:**

1% Partly Skimmed Milk

Barq's Root Beer - Child:

Barq's Root Beer, Ice

Barq's Root Beer - Large:

Barq's Root Beer, Ice

Barq's Root Beer - Medium:

Barq's Root Beer, Ice

Barq's Root Beer - Small:

Barq's Root Beer, Ice

Coca-Cola - Child:

Coca-Cola, Ice

Coca-Cola - Large:

Coca-Cola, Ice

Coca-Cola - Medium:

Coca-Cola, Ice

Coca-Cola - Small:

Coca-Cola, Ice

Coca-Cola Zero - Child:

Coca-Cola Zero, Ice

Coca-Cola Zero - Large:

Coca-Cola Zero, Ice

Coca-Cola Zero - Medium:

Coca-Cola Zero, Ice

Coca-Cola Zero - Small:

Coca-Cola Zero, Ice

Dasani Water:

Dasani Water

Diet Coke - Child:

Diet Coke, Ice

Diet Coke - Large:

Diet Coke, Ice

Diet Coke - Medium:

Diet Coke, Ice

Diet Coke - Small:

Diet Coke, Ice

Fruitopia Orange Groove - Child:

Fruitopia Orange Groove, Ice

Fruitopia Orange Groove - Large:

Fruitopia Orange Groove, Ice

Fruitopia Orange Groove - Medium:

Fruitopia Orange Groove, Ice

Fruitopia Orange Groove - Small:

Fruitopia Orange Groove, Ice

Fruitopia Strawberry Passion Awareness - Child:

Fruitopia Strawberry Passion Awareness, Ice

Fruitopia Strawberry Passion Awareness - Large:

Fruitopia Strawberry Passion Awareness, Ice

Fruitopia Strawberry Passion Awareness - Medium:

Fruitopia Strawberry Passion Awareness, Ice

Fruitopia Strawberry Passion Awareness - Small:

Fruitopia Strawberry Passion Awareness, Ice

Higgins & Burke Hot Chocolate:

18% Cream, Hot Chocolate (Packet), Water

Minute Maid Apple Juice - Large:

Apple Juice

Minute Maid Apple Juice - Medium:

Apple Juice

Minute Maid Apple Juice - Small:

Apple Juice

Minute Maid Orange Juice - Large:

Orange Juice

Minute Maid Orange Juice - Medium:

Orange Juice

Minute Maid Orange Juice - Small:

Orange Juice

Nestea Iced Tea - Child:

Ice, Nestea Iced Tea

Nestea Iced Tea - Large:

Ice, Nestea Iced Tea

Nestea Iced Tea - Medium:

Ice, Nestea Iced Tea

Nestea Iced Tea - Small:

Ice, Nestea Iced Tea

Sprite - Child:

Ice, Sprite

Sprite - Large:

Ice, Sprite

Sprite - Medium:

Ice, Sprite

Sprite - Small:

Ice, Sprite

Beverages Ingredients**1% Partly Skimmed Milk:**

Partly skimmed milk, vitamin A palmitate, vitamin D3

CONTAINS: MILK.**18% Cream:**

Cream, milk, sodium citrate, and may contain in varying proportions: sodium phosphate, carrageenan, dextrose

CONTAINS: MILK.**Apple Juice:**

Concentrated apple juice, ascorbic acid (vitamin C)

Barq's Root Beer:

Carbonated water, sugar and/or glucose-fructose, caramel colour, sodium benzoate, natural and artificial flavours, citric acid, caffeine

Coca-Cola:

Carbonated water, sugar/glucose-fructose, caramel colour, phosphoric acid, natural flavours (vegetable source), caffeine

Coca-Cola Zero:

Water, caramel colour, phosphoric acid, potassium citrate, aspartame (phenylalanine), potassium benzoate, natural flavour, iron, caffeine, dimethylpolysiloxane

Dasani Water:

Water, magnesium sulphate, potassium chloride, salt, ozone

Diet Coke:

Carbonated water, caramel colour, phosphoric and citric acid, aspartame (phenylalanine), natural flavours (vegetable source), sodium benzoate, folic acid, caffeine, dimethylpolysiloxane

Fruitopia Orange Groove:

Filtered water, sugar/glucose-fructose, fruit juices from concentrate (orange and tangerine), citric acid, ascorbic acid (vitamin c), natural flavour, sodium benzoate, potassium citrate, stevia extract, potassium sorbate, modified cornstarch, colour

Fruitopia Strawberry Passion Awareness:

Filtered water, sugar/glucose-fructose, fruit juices from concentrate (apple, pear, strawberry and passionfruit), citric acid, natural flavour, ascorbic acid (vitamin c), sodium benzoate, potassium citrate, stevia extract, potassium sorbate, colour, coconut oil, potassium benzoate.

Hot Chocolate (Packet):

Sugar, non-fat dry milk, non-dairy creamer [corn syrup solids, coconut oil, sodium citrate (milk derivative), dipotassium phosphate, mono and diglycerides, silicon dioxide, artificial flavour, turmeric, annatto extract], cocoa (processed with alkali), natural and artificial flavour (plant source), salt, tricalcium phosphate, carboxymethylcellulose gum, instant coffee

CONTAINS: MILK.**Ice:**

Water

Nestea Iced Tea:

Water, sugar and/or glucose-fructose, citric acid, concentrated tea from tea leaves, potassium citrate, sodium benzoate, natural lemon flavour

Orange Juice:

Water, orange juice from concentrate

Sprite:

Carbonated water, sugar and/or glucose-fructose, citric acid, sodium citrate, natural flavours (vegetable source), sodium benzoate

Water:

Water

Snacks & Sides**Apple Slices:**

Apple Slices

Banana Chocolate Chunk Muffin:

Granola, Muffin Banana Chocolate Chunk

Blueberry Muffin:

Blueberries, Muffin Blueberry

Brownie RMHC Cookie:

RMHC Brownie Cookie

Carrot Muffin:

Muffin Carrot

Chewy Oatmeal Caramel RMHC Cookie:

Chewy Oatmeal Caramel RMHC Cookie

Chocolate Chunk RMHC Cookie:

RMHC Chocolate Chunk Cookie

Cranberry Orange Muffin:

Cranberry Orange Muffin

Fruit and Fibre Muffin:

Diced Apples, Muffin Fruit & Fibre

Poutine:

Cheese Curds, French Fries, Optimized Poutine Gravy, Salt

S'more RMHC Cookie:

S'more Cookie

World Famous Fries - Large:

French Fries, Salt

World Famous Fries - Medium:

French Fries, Salt

World Famous Fries - Mini:

French Fries, Salt

World Famous Fries - Small:

French Fries, Salt

Snacks & Sides Ingredients**Apple Slices:**

Apples, calcium ascorbate

Blueberries:

100% Wild Blueberries

Cheese Curds:

Pasteurized milk, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme.

CONTAINS: MILK.**Chewy Oatmeal Caramel RMHC Cookie:**

Palm and soybean oil spread (palm oil, water, soybean oil, salt, whey solids [milk], natural flavour [contains milk], mono-and diglycerides, soy lecithin, vitamin A palmitate added, beta carotene [colour]), enriched wheat flour (contains barley), brown sugar, rolled oats, sugar, salted caramel flavoured confectionery drops (sugar, palm kernel oil, whole milk powder, skim milk powder, palm oil, cocoa powder, salt, soy lecithin, paprika oleoresin, natural flavour), white confectionery chips (sugar, palm kernel and/or palm oil, skim milk powder, soy lecithin, vanilla extract), liquid whole eggs, sodium bicarbonate, salt, natural flavour, caramel colour.

CONTAINS: SOY, WHEAT, OAT, MILK, BARLEY, EGG.

MAY CONTAIN: TREE NUTS.

Cranberry Orange Muffin:

Unbleached enriched wheat flour, sugar, water, cranberries, liquid egg white, vegetable oil, yogurt (skim milk, skim milk powder, modified corn starch, pectin, carrageenan, active bacterial culture), buttermilk (skimmed milk, bacterial culture, salt), oranges, orange juice concentrate, baking powder, faba bean powder, baking soda, salt, sunflower lecithin, citrus fibre, dextrose, agar, modified corn starch, colour, xanthan gum, natural flavour.

CONTAINS: WHEAT, MILK, EGG.**Diced Apples:**

Apples, calcium ascorbate

French Fries:

Potatoes, high oleic low linolenic canola oil and/or canola oil, hydrogenated soybean oil, natural flavour (vegetable source), dextrose, sodium acid pyrophosphate (maintain colour), citric acid (preservative), dimethylpolysiloxane (antifoaming agent). Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

Granola:

Rolled oats, sugar, crisp rice pieces (rice flour, barley malt extract, salt), refiner's syrup, corn syrup, honey, concentrated apple puree (ascorbic acid), crushed oranges, high monounsaturated sunflower oil, salt, baking soda, sodium aluminum phosphate, spice, natural flavour (plant source), soy lecithin

CONTAINS: SOY, OAT, BARLEY.

MAY CONTAIN: WHEAT.

Muffin Banana Chocolate Chunk:

Sugar, unbleached enriched wheat flour, banana purée (bananas, ascorbic acid), water, egg white, canola oil, chocolate chunks (unsweetened chocolate, sugar, dextrose, soy lecithin, natural vanilla flavour), whole grain oat flour, whole grain wheat flour, whey powder (milk), batter thickener (carrageenan, guar gum, soy Lecithin), baking powder, baking soda, natural flavour (plant source), modified corn starch, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearoyl-2-lactylate), salt

CONTAINS: SOY, WHEAT, OAT, MILK, EGG.

Muffin Blueberry:

Enriched flour, sugar, water, blueberries, canola oil, egg white, invert sugar, whole grain oat flour, whole grain wheat flour, modified milk ingredients, sodium aluminum phosphate, baking soda, emulsifier blend (propylene glycol mono fatty acid esters, mono and diglycerides, sodium stearoyl-2-lactylate), salt, natural flavour (plant source), batter thickener (carrageenan, guar gum, soy lecithin), modified corn starch, sodium carboxymethyl cellulose

CONTAINS: SOY, WHEAT, OAT, MILK, BARLEY, EGG.

Muffin Carrot:

Enriched wheat flour, carrots, sugar, canola oil, egg white, invert sugar, baking powder, cinnamon, sodium bicarbonate, batter thickener (carrageenan, guar gum, soy lecithin), salt, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearoyl-2-lactylate), modified corn starch, modified milk ingredients

CONTAINS: SOY, WHEAT, MILK, EGG.

Muffin Fruit & Fibre:

Enriched flour, sugar, canola oil, bananas, egg white, buttermilk (skimmed milk, bacterial culture, salt), water, wheat bran, cranberries, blueberries, dehydrated apples, baking soda, baking powder, emulsifier blend (propylene glycol mono fatty acid esters, mono and diglycerides, sodium stearoyl-2-lactylate), batter thickener (carrageenan, guar gum, soy lecithin), natural flavour (plant source), salt, sodium carboxymethyl cellulose

CONTAINS: SOY, WHEAT, MILK, EGG.

Optimized Poutine Gravy:

Modified corn starch, glucose solids, corn maltodextrin, modified tapioca starch, sugar, hydrolyzed corn protein, salt, sunflower oil, caramel colour (sulphites), tomato powder, onion powder, yeast extract, chicken broth powder, chicken fat, silicon dioxide, garlic powder, spice extractives.

RMHC Brownie Cookie:

Sugar, brown sugar, liquid whole eggs, soybean oil margarine (contains milk), semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, butter oil [milk], soy lecithin, vanilla extract), cocoa powder, enriched wheat flour, natural flavour, salt, caramel colour.

CONTAINS: SOY, WHEAT, MILK, EGG.

MAY CONTAIN: TREE NUTS.

RMHC Chocolate Chunk Cookie:

Enriched wheat flour (CONTAINS BARLEY), vegetable oil blend [palm oil, water, soybean oil, salt, whey (MILK), natural flavour, mono-and diglycerides, soy lecithin, vitamin a palmitate added, colour (plant source)], sugar, brown sugar, semi-sweet chocolate chunks (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla extract), semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, milkfat, soy lecithin, vanilla extract), liquid whole eggs, sodium bicarbonate, salt, baking powder, natural flavour.

CONTAINS: SOY, WHEAT, MILK, BARLEY, EGG.

S'more Cookie:

Enriched wheat flour (contains barley), palm and soybean oil spread (palm oil, water, soybean oil, salt, whey solids (milk), natural flavour (contains milk), mono-and diglycerides, soy lecithin, vitamin a palmitate added, beta carotene [(colour)], marshmallow flavoured bits (invert sugar, cane sugar, water, algin, natural flavour, corn starch), milk chocolate chunks (sugar, whole milk powder, cocoa butter, unsweetened chocolate, soy lecithin, salt, vanilla extract), sugar, brown sugar, graham cracker crumbs (enriched wheat flour, graham flour, sugar, sunflower oil, blackstrap molasses), invert sugar, liquid whole eggs, sodium bicarbonate, natural flavour, baking powder, natural flavor, salt.

CONTAINS: SOY, WHEAT, MILK, BARLEY, EGG.

MAY CONTAIN: TREE NUTS.

Salt:

Salt, silicoaluminate, dextrose, potassium iodide

Desserts & Shakes**Baked Apple Pie:**

Baked Apple Pie

Cadbury Creme Egg McFlurry - Regular Size:

Cadbury Chocolate, Creme Egg Syrup, Vanilla Ice Milk

Cadbury Creme Egg McFlurry - Snack Size:

Cadbury Chocolate, Creme Egg Syrup, Vanilla Ice Milk

Chocolate Triple Thick Milkshake - Large:

Dairy Mix, Triple Thick Milkshake Chocolate Syrup

Chocolate Triple Thick Milkshake - Medium:

Dairy Mix, Triple Thick Milkshake Chocolate Syrup

Chocolate Triple Thick Milkshake - Small:

Dairy Mix, Triple Thick Milkshake Chocolate Syrup

Hot Caramel Sundae:

Hot Caramel Topping, Vanilla Ice Milk

Hot Fudge Sundae:

Hot Fudge Sundae Topping, Vanilla Ice Milk

M&M's McFlurry - Regular Size:

M&MS Candies, Vanilla Ice Milk

M&M's McFlurry - Snack Size:

M&MS Candies, Vanilla Ice Milk

Oreo McFlurry - Regular Size:

Oreo Mix-in, Vanilla Ice Milk

Oreo McFlurry - Snack Size:

Oreo Mix-in, Vanilla Ice Milk

SKOR McFlurry - Regular Size:

Crushed SKOR Candy Bars, Vanilla Ice Milk

SKOR McFlurry - Snack Size:

Crushed SKOR Candy Bars, Vanilla Ice Milk

Strawberry Triple Thick Milkshake - Large:

Dairy Mix, Triple Thick Milkshake Strawberry Syrup

Strawberry Triple Thick Milkshake - Medium:

Dairy Mix, Triple Thick Milkshake Strawberry Syrup

Strawberry Triple Thick Milkshake - Small:

Dairy Mix, Triple Thick Milkshake Strawberry Syrup

Strawberry Yogurt Tube:

Strawberry Yogurt Tube

Vanilla Cone:

Large Cone, Vanilla Ice Milk

Vanilla Triple Thick Milkshake - Large:

Dairy Mix, Triple Thick Milkshake Vanilla Syrup

Vanilla Triple Thick Milkshake - Medium:

Dairy Mix, Triple Thick Milkshake Vanilla Syrup

Vanilla Triple Thick Milkshake - Small:

Dairy Mix, Triple Thick Milkshake Vanilla Syrup

Desserts & Shakes Ingredients**Baked Apple Pie:**

Pastry: enriched wheat flour, vegetable oil shortening [palm oil and canola oil and modified palm oils, soy lecithin, natural butter flavour, citric acid, colour (beta carotene)], water, sugar, yeast, salt, l-cysteine hydrochloride, ascorbic acid, filling: apples (apples, ascorbic acid, salt, citric acid), glucose-fructose, water, sugar, sorbitol, dextrose, sodium alginate, sodium citrate, spice, salt, dicalcium phosphate, modified corn starch, citric acid, natural flavour (plant source), topping: sugar, spices

CONTAINS: SOY, WHEAT.**Cadbury Chocolate:**

Sugar, cocoa butter, whole milk powder, unsweetened chocolate, non-fat dry milk, butter oil (milk), soy lecithin (emulsifier), vanilla extract. Made with the same equipment as, and may come into contact with, ingredients that contain MILK, SOY, PEANUTS and TREE NUTS (ALMONDS).

CONTAINS: SOY, MILK.**Creme Egg Syrup:**

Sugar/glucose-fructose (with sulphites), water, modified corn starch, egg whites, natural flavour (plant source), paprika, polydimethylsiloxane (antifoaming agent).

CONTAINS: EGG.

Crushed SKOR Candy Bars:

Milk chocolate [sugar, cocoa butter, unsweetened chocolate, milk ingredients, lactose, salt, lecithin (soy), natural flavour (plant source)], sugar, butter, almonds (roasted in cocoa butter and/or sunflower oil), milk ingredients, salt. Made with the same equipment as, and may come into contact with, ingredients that contain MILK, SOY, PEANUTS and TREE NUTS (ALMONDS).

CONTAINS: SOY, TREE NUTS, MILK.

Dairy Mix:

Milk ingredients (milk, cream), sugar, glucose, soy mono and diglycerides, guar gum, dextrose, artificial vanilla flavour, carrageenan, cellulose gum

CONTAINS: MILK.

Hot Caramel Topping:

Sugar/glucose-fructose, sweetened condensed milk, water, unsalted butter, disodium phosphate, salt, pectin, natural flavours (plant and dairy source)

CONTAINS: MILK.

Hot Fudge Sundae Topping:

Sugar/glucose-fructose, water, hydrogenated coconut oil, milk ingredients, cocoa, salt, disodium phosphate, potassium sorbate, natural flavour (plant source), polyglycerol esters of fatty acids (plant source), soy lecithin.

CONTAINS: SOY, MILK.

Large Cone:

Enriched wheat flour, tapioca starch, sugar, vegetable shortening (soybean oil and/or canola oil, palm oil, soy lecithin), leavening (baking soda, ammonium bicarbonate), salt, natural flavour (plant source), natural colour (annatto), corn syrup

CONTAINS: SOY, WHEAT.

M&MS Candies:

Milk chocolate (sugar, cocoa mass, milk ingredients, cocoa butter, lactose, soy lecithin, salt, artificial flavours), sugar, colour (with tartrazine), tapioca dextrin, corn syrup, corn starch, carnauba wax, modified coconut oil and/ or modified palm oil (medium chain triglycerides), Made with the same equipment as, and may come into contact with, ingredients that contain MILK, SOY, PEANUTS and TREE NUTS (ALMONDS).

CONTAINS: SOY, MILK.

MAY CONTAIN: PEANUTS.

Oreo Mix-in:

Sugar, enriched wheat flour, coconut oil shortening, soybean oil, cocoa, corn starch, glucose syrup, salt, soy lecithin, baking soda, artificial flavour, Made with the same equipment as, and may come into contact with, ingredients that contain MILK, SOY, PEANUTS and TREE NUTS (ALMONDS).

CONTAINS: SOY, WHEAT.

Strawberry Yogurt Tube:

Skim milk, sugar, water, cream, corn starch, milk protein concentrate, natural flavour, agar, natural colour, lemon juice concentrate, vitamin D3, active bacterial cultures. Made with vitamin D fortified skim milk.

CONTAINS: MILK.

Triple Thick Milkshake Chocolate Syrup:

Sugar, glucose, water, glycerol, cocoa, fruit and vegetable juice (colour), natural flavours (plant source), salt, potassium sorbate. may contain milk and small amount of other shake flavours served at the restaurant

Triple Thick Milkshake Strawberry Syrup:

Sugar/Glucose Syrup, Water, Strawberries, Natural Flavour (Plant Source), Colours (Vegetable Juice and Beta Carotene), Pectin, Citric Acid, Xanthan Gum, Potassium Sorbate and Sodium Benzoate, Calcium Chloride, Dimethylpolysiloxane (Antifoaming Agent). May contain milk and small amount of other shake flavours served at the restaurant

Triple Thick Milkshake Vanilla Syrup:

Glucose-fructose, water, natural flavour (plant source), colour (caramel, beta carotene), citric acid, potassium sorbate, dimethylpolysiloxane (antifoaming agent). may contain milk and small amount of other shake flavours served at the restaurant

Vanilla Ice Milk:

Milk ingredients, sugar, modified milk ingredients, glucose, mono and diglycerides, guar gum, dextrose, carrageenan, cellulose gum, natural flavour, sodium hydroxide, sodium carbonate.

CONTAINS: MILK.

Condiments**Becel Margarine Portion:**

Becel Margarine Portion

Butter Portion:

Butter Portion - Whipped

Butter Portion Whipped:

Butter Portion - Whipped

Chicken McNuggets Barbeque Sauce:

Chicken McNuggets Barbeque Sauce

Chicken McNuggets Hot Mustard Sauce:

Chicken McNuggets Hot Mustard Sauce

Chicken McNuggets Sweet & Sour Sauce:

Chicken McNuggets Sweet & Sour Sauce

Granulated Peanuts Packet:

Granulated Peanuts Packet

Honey Packet:

Honey

Hotcake Syrup Packet:

Hotcake Syrup

Ketchup Packet:

Ketchup

Maple Brown Sugar Packet:

Maple Brown Sugar Packet

McChicken Sauce Packet:

McChicken Sauce

Peanut Butter Packet:

Peanut Butter Packet

Pure Kraft Asiago Caesar Dressing:

Pure Kraft Asiago Caesar Dressing

Pure Kraft Calorie-Wise Asiago Caesar Dressing:

Pure Kraft Calorie-Wise Asiago Caesar Dressing

Pure Kraft Greek Feta Dressing:

Pure Kraft Greek Feta Dressing

Pure Kraft Sesame Dressing:

Pure Kraft Sesame Dressing

Pure Kraft Sweet Balsamic Vinaigrette Dressing:

Pure Kraft Sweet Balsamic Vinaigrette Dressing

Salsa Sauce Packet:

Salsa

Spicy Habanero McNugget Dipping Sauce:

Creamy Habanero Sauce

Strawberry Jam Packet:

Strawberry Jam

Vinegar Packet:

vinegar

Condiments Ingredients**Becel Margarine Portion:**

Canola and/or sunflower oil, water, modified palm and palm kernel oil, salt, whey powder, soy lecithin, monoglycerides (palm oil base), potassium sorbate, citric acid, alpha-tocopherol acetate, artificial flavour, beta carotene, vitamin A palmitate, calcium disodium EDTA, vitamin D3

CONTAINS: SOY, MILK.**Butter Portion - Whipped:**

Cream, salt, may contain colour

CONTAINS: MILK.**Chicken McNuggets Barbeque Sauce:**

Glucose-fructose, water, vinegar, tomato paste, salt, modified corn starch, soybean oil, hydrolyzed corn soy wheat gluten protein, mustard seed, seasonings (autolyzed yeast extract, mustard, wheat flour), chili powder, xanthan gum, onion powder, potassium sorbate, sodium benzoate, red peppers

CONTAINS: SOY, WHEAT, MUSTARD.**Chicken McNuggets Hot Mustard Sauce:**

Prepared mustard (water, vinegar, mustard seed, salt, spices), glucose-fructose, water, soybean oil, vinegar, mustard flour, egg yolks, modified corn starch, salt, colour (annatto, caramel), xanthan gum, spices, sodium benzoate, calcium disodium EDTA, natural flavour (plant source)

CONTAINS: EGG, MUSTARD.

Chicken McNuggets Sweet & Sour Sauce:

Glucose-fructose, water, concentrated apricot puree, vinegar, Teriyaki sauce [soy sauce (water, soybeans, wheat, salt), water, sugar, vinegar, onion powder, garlic powder, sodium benzoate], Worcestershire Powder [dextrose, garlic powder, salt, cellulose gum, spices, chili peppers, malic acid, natural flavour (plant source), onion powder], modified corn starch, salt, soybean oil, xanthan gum, mustard flour, sodium benzoate, colour (caramel), natural flavour (plant source)

CONTAINS: SOY, WHEAT, MUSTARD.

Creamy Habanero Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, dehydrated garlic, modified corn starch, dehydrated onion, habanero chili pepper (red habanero, chile, salt), citric acid, xanthan gum, propylene glycol alginate, ground mustard, paprika, paprika extract, lactic acid, black pepper, potassium sorbate, sodium benzoate, chives, cilantro, calcium disodium EDTA.

CONTAINS: EGG, MUSTARD.

Granulated Peanuts Packet:

Peanuts

CONTAINS: PEANUTS.

Honey:

Honey

Hotcake Syrup:

Glucose-fructose, sugar, water, natural flavour, colour (caramel).

Ketchup:

Tomato paste, liquid sugar, white vinegar, salt, water, spices

Maple Brown Sugar Packet:

Brown sugar, maple sugar

McChicken Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

Peanut Butter Packet:

Selected roasted peanuts, soybean oil, corn dextrin, sugar, hydrogenated vegetable oil, dextrose, salt

CONTAINS: PEANUTS, SOY.

Pure Kraft Asiago Caesar Dressing:

Canola oil, water, garlic, extra virgin olive oil, asiago, parmesan and romano cheese, egg yolks, vinegar, sugar, salt, garlic juice, anchovy paste, spices and seasonings, lemon juice concentrate, citric acid, xanthan gum, yeast extract, modified milk ingredients, dried garlic, silicon dioxide

CONTAINS: SOY, WHEAT, MILK, EGG, FISH.

Pure Kraft Calorie-Wise Asiago Caesar Dressing:

Water, canola oil, garlic, vinegar, asiago, parmesan and romano cheese, extra virgin olive oil, sugar, egg yolks, salt, whole eggs, garlic juice, anchovy paste, modified corn starch, xanthan gum, lemon juice concentrate, spices and seasonings, citric acid, lactic acid, yeast extract, dried garlic, silicon dioxide

CONTAINS: SOY, WHEAT, MILK, EGG, FISH.

Pure Kraft Greek Feta Dressing:

Water, canola oil, red wine vinegar, extra virgin olive oil, dried yogurt (contains milk), feta and romano cheese, sugar, white vinegar, garlic, salt, lemon juice concentrate, herbs and spices, cucumber juice, dried garlic, dried onions, modified corn starch, xanthan gum (thickener), calcium chloride, lactic acid

CONTAINS: MILK.

Pure Kraft Sesame Dressing:

Water, brown sugar, canola oil, soy sauce (water, wheat, soybeans, salt), rice vinegar, sesame oil, orange peel [orange peel, water, citric acid (acidulant)], modified corn starch, sesame seeds, xanthan gum, colour (caramel), garlic and onion powder, natural flavour (plant source)

CONTAINS: SESAME SEEDS, SOY, WHEAT.

Pure Kraft Sweet Balsamic Vinaigrette Dressing:

Water, vinegar, vegetable oils (canola and soybean), sugar, fig juice concentrate, balsamic vinegar, honey, salt, garlic, spices, xanthan gum (thickener), poppy seeds

Salsa:

Water, tomato paste, onions, green bell peppers, jalapeno peppers, vinegar, salt, glucose-fructose, canola oil, xanthan gum, dehydrated onion, citric acid, potassium sorbate, sodium benzoate, spices, garlic, ascorbic acid

Strawberry Jam:

Sugar/glucose-fructose, sugar and/or glucose-fructose, strawberries, water, fruit pectin, citric acid, mono and diglycerides

vinegar:

White vinegar (5% acetic acid by volume)

McPicks**Baked Apple Pie:**

Baked Apple Pie

Cheeseburger:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Processed Cheese Slice, Regular Bun

Hamburger:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Regular Bun

Junior Chicken:

Junior Chicken Patty, Lettuce, Mayonnaise-Style Sauce, Regular Bun

McDouble:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Processed Cheese Slice, Regular Bun

Sausage McMuffin:

Butter, English Muffin, Processed Cheese Slice, Sausage Patty

Vanilla Cone:

Large Cone, Vanilla Ice Milk

World Famous Fries – Small:

French Fries, Salt

McPicks Ingredients**Baked Apple Pie:**

Pastry: enriched wheat flour, vegetable oil shortening [palm oil and canola oil and modified palm oils, soy lecithin, natural butter flavour, citric acid, colour (beta carotene)], water, sugar, yeast, salt, l-cysteine hydrochloride, ascorbic acid, filling: apples (apples, ascorbic acid, salt, citric acid), glucose-fructose, water, sugar, sorbitol, dextrose, sodium alginate, sodium citrate, spice, salt, dicalcium phosphate, modified corn starch, citric acid, natural flavour (plant source), topping: sugar, spices

CONTAINS: SOY, WHEAT.**Beef Patty:**

100% pure beef

Butter:

Pasteurized cream (milk), salt, may contain colour (plant source)

CONTAINS: MILK.**English Muffin:**

Enriched wheat flour, water, yeast, corn meal and corn flour, vegetable oil (canola and/or soy oil), salt, sugar, and may contain any or all of the following in varying proportions: monoglycerides, barley malt, diacetylated tartaric acid esters of mono- and diglycerides, monocalcium phosphate, ascorbic acid, enzymes, cultured wheat flour, citric acid, calcium citrate, corn starch, wheat gluten, fumaric acid, malted barley flour. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg.

CONTAINS: WHEAT, BARLEY.**French Fries:**

Potatoes, high oleic low linolenic canola oil and/or canola oil, hydrogenated soybean oil, natural flavour (vegetable source), dextrose, sodium acid pyrophosphate (maintain colour), citric acid (preservative), dimethylpolysiloxane (antifoaming agent). Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

Grill Seasoning:

Salt, spice (pepper), sunflower oil (used as a processing aid)

Junior Chicken Patty:

Chicken meat, wheat flour, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), toasted wheat crumb, water, chicken skin, modified corn starch, salt, spice, potassium chloride, lemon juice concentrate, wheat gluten, vegetable oil, natural flavour (plant source), silicon dioxide, vinegar, garlic powder, baking powder. Cooked in vegetable oil (high oleic low linoleic canola oil and/or canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

CONTAINS: WHEAT.**Ketchup:**

Tomato paste, Sugar / Glucose Fructose, White Vinegar, Water, Salt, Spices.

Large Cone:

Enriched wheat flour, tapioca starch, sugar, vegetable shortening (soybean oil and/or canola oil, palm oil, soy lecithin), leavening (baking soda, ammonium bicarbonate), salt, natural flavour (plant source), natural colour (annatto), corn syrup

CONTAINS: SOY, WHEAT.**Lettuce:**

Shredded iceberg lettuce

Mayonnaise-Style Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.**Onions (dehydrated):**

100% onions

Pickle Slices:

Cucumbers, water, distilled vinegar, salt, calcium chloride, potassium sorbate, potassium aluminum sulphate, natural flavours (plant source), polysorbate 80, extractives of tumeric (colour)

Processed Cheese Slice:

Cheese (milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, soy lecithin, colour (annatto)

CONTAINS: SOY, MILK.

Regular Bun:

Enriched wheat flour, water, sugar, yeast, vegetable oil (canola and/or soy), vegetable proteins (pea, potato, faba bean), sunflower oil, corn dextrose, corn maltodextrin, corn starch, salt, may contain and or all of the following in varying proportions: wheat gluten, dough conditioners (monoglycerides, datem, ascorbic acid, enzymes), vinegar. Toasted in the same toaster that also prepares other buns containing butter and egg. MAY CONTAIN MILK AND EGG.

CONTAINS: WHEAT.

MAY CONTAIN: SESAME SEEDS.

Salt:

Salt, silicoaluminate, dextrose, potassium iodide

Sausage Patty:

Pork, water, salt, dextrose, sugar, glucose solids, spices

Vanilla Ice Milk:

Milk ingredients, sugar, modified milk ingredients, glucose, mono and diglycerides, guar gum, dextrose, carrageenan, cellulose gum, natural flavour, sodium hydroxide, sodium carbonate.

CONTAINS: MILK.

mustard:

Water, vinegar, mustard seed, salt, turmeric, natural flavour (plant source), spice

CONTAINS: MUSTARD.