



McDonald's Canada Ingredients Listing

As of August 22, 2017

Provided in this guide is a listing of components in our popular menu items by category, followed by the ingredient statements for those components. Allergens contained within these components are indicated in capital type at the end of each respective ingredient statement (following the word "CONTAINS"). We encourage guests to check these statements regularly as ingredients in menu items may change.

Important Note: At McDonald's, we take great care to serve quality, great-tasting menu items to our guests each and every time they visit our restaurants. We understand that each of our guests has individual needs and considerations when choosing a place to eat or drink outside their home, especially those guests with food allergies. As part of our commitment to you, we provide the most current ingredient information available from our food suppliers for the ten priority food allergens identified by Health Canada (eggs, milk, mustard, peanuts, seafood [including fish, crustaceans and shellfish], sulphites, sesame, soy, tree nuts, and wheat and other cereal grains containing gluten) so that our guests with food allergies can make informed food selections. However, we also want you to know that despite taking precautions, normal kitchen operations may involve some shared storage, cooking and preparation areas, equipment and utensils, and the possibility exists for your food items to come in contact with other food products, including other allergens. We encourage our guests with food allergies or special dietary needs to visit www.mcdonalds.ca for ingredient information, and consult their doctor for questions regarding their diet. Due to the individualized nature of food allergies and food sensitivities, guests' physicians may be best positioned to make recommendations for guests with food allergies and special dietary needs. If you have questions about our food, please reach out to Guest Relations at 1-888-424-4622. Thank you.

The nutrition information on this website relates to the menu items available at McDonald's restaurants in Canada only. Some menu items may not be available at all restaurants; test products, test formulations, and certain regional products and/or limited time promotional products have not been included. The nutrition information is derived from testing conducted in accredited laboratories, published resources, or from information provided from McDonald's suppliers. The nutrition information is based on standard product formulations, standard product assembly and serving sizes (including ice for beverages). All nutrition information is based on average values for ingredients from McDonald's suppliers and is rounded according to federal rounding regulations. Variation in serving sizes, preparation techniques, product testing and sources of supply, as well as regional and seasonal differences, may affect the nutrition values for each product. In addition, product formulations change periodically. You should expect some variation in the nutrient content of the products purchased in our restaurants. No products are certified as vegetarian; products may contain trace amounts of ingredients derived from animals. Our fried menu items are cooked in a vegetable oil blend with citric acid added as a processing aid and dimethylpolysiloxane to reduce oil splatter when cooking.

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This guide reflects information for the products presented on the date indicated at the top of the first page of this document.

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Breakfast**Bacon 'n Egg McMuffin:**

Bacon Slice, Butter, EGG, English Muffin, Processed Cheese Slice

Bacon N' Egg Bagel with Multigrain Bagel:

Bacon Slice, Breakfast Sauce, Butter, EGG, Multigrain Bagel, Processed Cheese Slice

Bacon N' Egg Bagel with Regular Bagel:

Bacon Slice, Breakfast Sauce, Butter, EGG, Processed Cheese Slice, Regular Bagel

Bacon, Egg & Cheese McGriddles:

Bacon Slice, EGG, McGriddles Cakes, Processed Cheese Slice

Big Breakfast:

Butter, Egg (pasteurized), English Muffin, Hashbrowns, Sausage Patty

BLT Bagel with Multigrain Bagel:

Bacon Slice, Butter, Leaf Lettuce, McChicken Sauce, Multigrain Bagel, Tomato Slice

BLT Bagel with Regular Bagel:

Bacon Slice, Butter, Leaf Lettuce, McChicken Sauce, Regular Bagel, Tomato Slice

Breakfast Burrito:

Egg Mixture, Processed Cheese Slice, Tortilla

Egg BLT McMuffin:

Bacon Slice, Butter, EGG, English Muffin, Leaf Lettuce, Mayonnaise-Style Sauce, Processed Cheese Slice, Tomato Slice

Egg McMuffin:

Butter, Canadian Bacon, EGG, English Muffin, Processed Cheese Slice

Egg, Lettuce and Tomato Bagel with Multigrain Bagel:

Butter, EGG, Leaf Lettuce, Multigrain Bagel, Processed Cheese Slice, Tomato Slice

Egg, Lettuce and Tomato Bagel with Regular Bagel:

Butter, EGG, Leaf Lettuce, Processed Cheese Slice, Regular Bagel, Tomato Slice

English Muffin with Butter:

Butter, English Muffin

Feta & Tomato More-Ning McWrap:

10 Whole Wheat Tortilla, Crumbled Feta Cheese, Egg (pasteurized), Leaf Lettuce, Mayonnaise-Style Sauce, Tomato Slice

Fruit & Maple Oatmeal:

Cranberry Raisin Blend, Diced Apples, Maple Brown Sugar Packet, Oatmeal, Water

Hash Browns:

Hashbrowns

Hotcakes with Syrup and Butter:

Butter Portion - Whipped, Hotcake Syrup, Hotcakes

Multigrain Bagel with Butter:

Butter, Multigrain Bagel

Regular Bagel with Butter:

Butter, Regular Bagel

Sausage 'N Egg McMuffin:

Butter, EGG, English Muffin, Processed Cheese Slice, Sausage Patty

Sausage and Hash Brown More-ning McWrap:

10 Whole Wheat Tortilla, Egg (pasteurized), Hashbrowns, Processed Cheese Slice, Sausage Patty

Sausage McGriddles:

McGriddles Cakes, Sausage Patty

Sausage McMuffin:

Butter, English Muffin, Processed Cheese Slice, Sausage Patty

Sausage, Egg & Cheese McGriddles:

EGG, McGriddles Cakes, Processed Cheese Slice, Sausage Patty

Traditional Breakfast - White Toast (Québec):

Bacon Slice, Butter, EGG, Toast Bread - White

Breakfast Ingredients**10 Whole Wheat Tortilla:**

Whole wheat flour, water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil), contains 2% or less of the following: sugar, potassium chloride, baking powder, salt, mono- and diglycerides of fatty acids, vital wheat gluten.

CONTAINS: WHEAT.**Bacon Slice:**

Pork bacon, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite

Breakfast Sauce:

Soybean oil, water, liquid egg yolk, liquid egg white, vinegar, salt, corn syrup solids, sugar, modified corn starch, concentrated lemon juice, spice, natural (dairy and plant source) and artificial flavour, cheddar cheese powder, buttermilk powder, whey powder, disodium inosinate, disodium guanylate, propylene glycol alginate, sodium benzoate, potassium sorbate, xanthan gum, extractives of turmeric, butter oil, butter fat, natural smoke flavour (plant source), calcium disodium EDTA

CONTAINS: MILK, EGG.

Butter:

Pasteurized cream (milk), salt, may contain colour (plant source)

CONTAINS: MILK.

Butter Portion - Whipped:

Cream, salt, may contain colour

CONTAINS: MILK.

Canadian Bacon:

Pork, water, sugar, salt, sodium lactate, sodium phosphate, natural flavour (vegetable source), sodium diacetate, sodium nitrite, smoke

Cranberry Raisin Blend:

Dried sweetened cranberries (sugar, cranberries), California raisins, golden raisins, sunflower oil, sulfur dioxide (preservative)

CONTAINS: SULPHITES.

Crumbled Feta Cheese:

Pasteurized milk, modified milk ingredients, salt, calcium chloride, microbial enzyme, bacterial culture, lipase, cellulose, potassium sorbate, lactic acid, natamycin

CONTAINS: MILK.

Diced Apples:

Apples, calcium ascorbate

EGG:

Egg (Canada grade A large), cooked on a grill, lightly seasoned, with clarified butter (unsalted butter)

CONTAINS: MILK, EGG.

Egg (pasteurized):

Whole egg, citric acid, and may contain sodium acid pyrophosphate, sodium phosphate, cooked on a grill, lightly seasoned, with clarified butter (unsalted butter)

CONTAINS: MILK, EGG.

Egg Mixture:

Pre-cooked eggs [whole eggs, skim milk, soybean oil, modified corn starch, salt, black pepper flavour (corn starch, spices, mixed triglycerides, flavouring, silicon dioxide, gelatin (pork), carboxymethyl cellulose, sodium benzoate, citric acid, gum acacia), black pepper extract, xanthan gum, citric acid, butter (cream), lipolyzed butter oil, flavours (plant and dairy source), artificial flavours], pre-cooked sausage (pork, water, salt, dextrose, spices, corn syrup solids, sugar), vegetables (tomatoes, green chilies, onions, calcium chloride, citric acid)

CONTAINS: MILK, EGG.

English Muffin:

Unbleached enriched wheat flour, water, yeast, corn meal and corn flour, salt, sugar, vegetable oil (soybean and/ or canola), and may contain any or all of the following in varying proportions: wheat gluten, barley malt or malted barley flour, wheat gluten, calcium propionate, potassium sorbate, monocalcium phosphate, calcium sulfate, calcium carbonate, citric acid, diacetylated tartaric acid esters of mono- and diglycerides, calcium silicate, enzymes, ascorbic acid, calcium citrate, tricalcium phosphate, corn starch, wheat starch. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg.

CONTAINS: WHEAT, BARLEY.

Hashbrowns:

Potatoes, canola oil, hydrogenated soybean oil, safflower oil, natural flavour (vegetable source), salt, dehydrated potato, vegetable monoglycerides, corn flour, dextrose, sodium acid pyrophosphate, extractives of black pepper, citric acid, dimethylpolysiloxane, cooked in vegetable oil (canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

Hotcake Syrup:

Glucose-fructose, sugar, water, natural (plant source) and artificial flavours, potassium sorbate, colour (caramel)

Hotcakes:

Water, wheat flour, whey, corn flour, soybean oil, sugar, liquid whole eggs, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), dextrose, emulsifier (propylene glycol monoester, soy monoglycerides, sodium stearoyl-2- lactylate), salt, xanthan gum, natural flavour (plant and dairy source), colour (beta carotene)

CONTAINS: SOY, WHEAT, MILK, EGG.

Leaf Lettuce:

Leaf lettuce

Maple Brown Sugar Packet:

Brown sugar, maple sugar

Mayonnaise-Style Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

McChicken Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

McGriddles Cakes:

Water, enriched wheat flour, sugar, dextrose, palm oil, soybean oil, brown sugar, baking powder, natural flavours (plant source), rice flour, whey powder, salt, modified tapioca starch, buttermilk powder, colour (caramel), corn oil, soy lecithin

CONTAINS: SOY, WHEAT, MILK, BARLEY.

Multigrain Bagel:

Unbleached enriched wheat flour, water, high fructose corn syrup, flax seeds, sesame seeds, sunflower seeds, rolled wheat, salt, canola oil, buckwheat groats, rolled oats, triticale flakes, wheat bran, barley malt extract, distilled monoglycerides, caramel colour, yeast, calcium propionate, tapioca starch, corn, wheat starch, ascorbic acid, amylase, soybean oil, lipase, xylanase. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg.

CONTAINS: SESAME SEEDS, WHEAT, OAT, BARLEY, TRITICALE.

Oatmeal:

Whole grain rolled oats (oat bran), modified corn starch, maltodextrin (corn), natural flavour (barley), salt

CONTAINS: OAT, BARLEY.

MAY CONTAIN: WHEAT.

Processed Cheese Slice:

Cheese (milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, soy lecithin, colour (annatto)

CONTAINS: SOY, MILK.

Regular Bagel:

Unbleached enriched wheat flour, water, high fructose corn syrup, honey, salt, canola oil, barley malt extract, distilled monoglycerides, yeast, tapioca starch, wheat starch, calcium propionate, corn, ascorbic acid, amylase, soybean oil, lipase, xylanase. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg.

CONTAINS: WHEAT, BARLEY.

MAY CONTAIN: SESAME SEEDS.

Sausage Patty:

Pork, water, salt, dextrose, sugar, glucose solids, spices

Toast Bread - White:

Enriched wheat flour, water, yeast, sugar and/or glucose-fructose, vegetable oil (canola or soybean), salt, corn syrup, barley malt extract, calcium propionate, wheat starch, ascorbic acid, azodicarbonamide, enzymes, calcium sulphate, sodium stearyl-2-lactylate, green bell pepper powder, monoglycerides, ammonium chloride, calcium iodate

CONTAINS: WHEAT, BARLEY.

MAY CONTAIN: SESAME SEEDS.

Tomato Slice:

Sliced tomato

Tortilla:

Enriched bleached wheat flour, water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil), CONTAINS 2% OR LESS OF THE FOLLOWING: sugar, potassium chloride, trehalose, salt, autolyzed yeast extract, baking powder, vital wheat gluten, soy monoglycerides, dough conditioner (sodium metabisulfite, corn starch, microcrystalline cellulose, dicalcium phosphate)

CONTAINS: WHEAT.

Water:

Water

McCafé & Bakery**Americano - Large:**

Espresso Coffee, Water

Americano - Medium:

Espresso Coffee, Water

Americano - Small:

Espresso Coffee, Water

Authentic French Croissant:

Authentic French Croissant

Blueberry Cream Cheese Danish:

Blueberry Cream Cheese Danish

Blueberry Pomegranate Smoothie with yogurt - Large:

Blueberry Pomegranate Smoothie Fruit Base, Ice, Low fat yogurt for Smoothies

Blueberry Pomegranate Smoothie with yogurt - Medium:

Blueberry Pomegranate Smoothie Fruit Base, Ice, Low fat yogurt for Smoothies

Blueberry Pomegranate Smoothie with Yogurt - Small:

Blueberry Pomegranate Smoothie Fruit Base, Ice, Low fat yogurt for Smoothies

Blueberry Pomegranate Smoothie with Yogurt - Snack Size:

Blueberry Pomegranate Smoothie Fruit Base, Ice, Low fat yogurt for Smoothies

Blueberry Pomegranate Smoothie without yogurt - Large:

Blueberry Pomegranate Smoothie Fruit Base, Ice

Blueberry Pomegranate Smoothie without yogurt - Medium:

Blueberry Pomegranate Smoothie Fruit Base, Ice

Blueberry Pomegranate Smoothie without yogurt - Small:

Blueberry Pomegranate Smoothie Fruit Base, Ice

Blueberry Pomegranate Smoothie without yogurt - Snack Size:

Blueberry Pomegranate Smoothie Fruit Base, Ice

Cappuccino with 2% milk - Large:

2% milk, Espresso Coffee

Cappuccino with 2% milk - Medium:

2% milk, Espresso Coffee

Cappuccino with 2% milk - Small:

2% milk, Espresso Coffee

Cappuccino with skim milk - Large:

Espresso Coffee, Skim milk

Cappuccino with skim milk - Medium:

Espresso Coffee, Skim milk

Cappuccino with skim milk - Small:

Espresso Coffee, Skim milk

Caramel Cappuccino with 2% milk - Large:

2% milk, Caramel Coffee Syrup, Espresso Coffee

Caramel Cappuccino with 2% milk - Medium:

2% milk, Caramel Coffee Syrup, Espresso Coffee

Caramel Cappuccino with 2% milk - Small:

2% milk, Caramel Coffee Syrup, Espresso Coffee

Caramel Cappuccino with skim milk - Large:

Caramel Coffee Syrup, Espresso Coffee, Skim milk

Caramel Cappuccino with skim milk - Medium:

Caramel Coffee Syrup, Espresso Coffee, Skim milk

Caramel Cappuccino with skim milk - Small:

Caramel Coffee Syrup, Espresso Coffee, Skim milk

Caramel Iced Coffee - Large:

18% Cream, Brewed Coffee, Caramel Coffee Syrup

Caramel Iced Coffee - Medium:

18% Cream, Brewed Coffee, Caramel Coffee Syrup

Caramel Iced Coffee - Small:

18% Cream, Brewed Coffee, Caramel Coffee Syrup

Caramel Latte with 2% milk - Large:

2% milk, Caramel Coffee Syrup, Espresso Coffee

Caramel Latte with 2% milk - Medium:

2% milk, Caramel Coffee Syrup, Espresso Coffee

Caramel Latte with 2% milk - Small:

2% milk, Caramel Coffee Syrup, Espresso Coffee

Caramel Latte with skim milk - Large:

Caramel Coffee Syrup, Espresso Coffee, Skim milk

Caramel Latte with skim milk - Medium:

Caramel Coffee Syrup, Espresso Coffee, Skim milk

Caramel Latte with skim milk - Small:

Caramel Coffee Syrup, Espresso Coffee, Skim milk

Chocolate Chip Cookie:

Chocolate Chip Cookie

Chocolate Chunk Brownie:

Chocolate Chunk Brownie

Coffee - Extra Large:

Brewed Coffee

Coffee - Large:

Brewed Coffee

Coffee - Medium:

Brewed Coffee

Coffee - Small:

Brewed Coffee

Coffee Iced Frappé - Large:

Coffee Frappé Base, Ice

Coffee Iced Frappé - Medium:

Coffee Frappé Base, Ice

Coffee Iced Frappé - Small:

Coffee Frappé Base, Ice

Coffee Iced Frappé - Snack Size:

Coffee Frappé Base, Ice

Deluxe Hot Chocolate with 2% milk Large:

2% milk, Chocolate Drizzle, Chocolate Sauce, Whipped Cream

Deluxe Hot Chocolate with 2% milk - Medium:

2% milk, Chocolate Drizzle, Chocolate Sauce, Whipped Cream

Deluxe Hot Chocolate with 2% milk - Small:

2% milk, Chocolate Drizzle, Chocolate Sauce, Whipped Cream

Deluxe Hot Chocolate with skim milk Large:

Chocolate Drizzle, Chocolate Sauce, Skim milk, Whipped Cream

Deluxe Hot Chocolate with skim milk - Medium:

Chocolate Drizzle, Chocolate Sauce, Skim milk, Whipped Cream

Deluxe Hot Chocolate with skim milk - Small:

Chocolate Drizzle, Chocolate Sauce, Skim milk, Whipped Cream

Double Espresso:

Espresso Coffee

Espresso:

Espresso Coffee

Frozen Lemonade - Large:

Ice, Lemonade Base

Frozen Lemonade - Medium:

Ice, Lemonade Base

Frozen Lemonade - Small:

Ice, Lemonade Base

Frozen Lemonade - Snack Size:

Ice, Lemonade Base

Iced Coffee - Large:

18% Cream, Brewed Coffee, liquid sugar

Iced Coffee - Medium:

18% Cream, Brewed Coffee, liquid sugar

Iced Coffee - Small:

18% Cream, Brewed Coffee, liquid sugar

Latte with 2% milk - Large:

2% milk, Espresso Coffee

Latte with 2% milk - Medium:

2% milk, Espresso Coffee

Latte with 2% milk - Small:

2% milk, Espresso Coffee

Latte with skim milk - Large:

Espresso Coffee, Skim milk

Latte with skim milk - Medium:

Espresso Coffee, Skim milk

Latte with skim milk - Small:

Espresso Coffee, Skim milk

Mango Pineapple Smoothie with yogurt - Medium:

Ice, Low fat yogurt for Smoothies, Mango Pineapple Fruit Base

Mango Pineapple Smoothie with yogurt - Large:

Ice, Low fat yogurt for Smoothies, Mango Pineapple Fruit Base

Mango Pineapple Smoothie with yogurt - Small:

Ice, Low fat yogurt for Smoothies, Mango Pineapple Fruit Base

Mango Pineapple Smoothie with yogurt - Snack Size:

Ice, Low fat yogurt for Smoothies, Mango Pineapple Fruit Base

Mango Pineapple Smoothie without yogurt - Large:

Ice, Mango Pineapple Fruit Base

Mango Pineapple Smoothie without yogurt - Medium:

Ice, Mango Pineapple Fruit Base

Mango Pineapple Smoothie without yogurt - Small:

Ice, Mango Pineapple Fruit Base

Mango Pineapple Smoothie without yogurt - Snack Size:

Ice, Mango Pineapple Fruit Base

Mini Chocolatine:

Mini Chocolatine

Mini Maple:

Mini Maple

Mini Raspberry:

Mini Raspberry

Mocha with 2% milk Large:

2% milk, Chocolate Drizzle, Chocolate Sauce, Espresso Coffee, Whipped Cream

Mocha with 2% milk Medium:

2% milk, Chocolate Drizzle, Chocolate Sauce, Espresso Coffee, Whipped Cream

Mocha with 2% milk Small:

2% milk, Chocolate Drizzle, Chocolate Sauce, Espresso Coffee, Whipped Cream

Mocha with skim milk Large:

Chocolate Drizzle, Chocolate Sauce, Espresso Coffee, Skim milk, Whipped Cream

Mocha with skim milk Medium:

Chocolate Drizzle, Chocolate Sauce, Espresso Coffee, Skim milk, Whipped Cream

Mocha with skim milk Small:

Chocolate Drizzle, Chocolate Sauce, Espresso Coffee, Skim milk, Whipped Cream

Muffin Blueberry:

Blueberries, Muffin Blueberry

Muffin - Banana Chocolate Chunk:

Granola, Muffin Banana Chocolate Chunk

Muffin - Carrot:

Muffin Carrot

Muffin - Cranberry Orange:

Muffin Cranberry Orange

Muffin - Fruit & Fibre:

Diced Apples, Muffin Fruit & Fibre

Oatmeal Raisin Cookie:

Oatmeal Raisin Cookie

Oreo Cookie Coffee Iced Frappé Large:

Coffee Frappé Base, Cookie and Cream Flavoured Syrup, Ice, Oreo Mix-in, Whipped Cream

Oreo Cookie Coffee Iced Frappé Medium:

Coffee Frappé Base, Cookie and Cream Flavoured Syrup, Ice, Oreo Mix-in, Whipped Cream

Oreo Cookie Coffee Iced Frappé Small:

Coffee Frappé Base, Cookie and Cream Flavoured Syrup, Ice, Oreo Mix-in, Whipped Cream

Oreo Cookie Coffee Iced Frappé Snack Size:

Coffee Frappé Base, Cookie and Cream Flavoured Syrup, Ice, Oreo Mix-in, Whipped Cream

Premium Tea - Extra Large:

Premium Tea

Premium Tea - Large:

Premium Tea

Premium Tea - Medium:

Premium Tea

Premium Tea - Small:

Premium Tea

Strawberry Banana Smoothie with Yogurt - Large:

Ice, Low fat yogurt for Smoothies, Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie with Yogurt - Medium:

Ice, Low fat yogurt for Smoothies, Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie with Yogurt - Small:

Ice, Low fat yogurt for Smoothies, Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie without yogurt - Large:

Ice, Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie without yogurt - Medium:

Ice, Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie without yogurt - Small:

Ice, Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie without yogurt - Snack Size:

Ice, Strawberry Banana Fruit Smoothie Base

Strawberry Cream Cheese Danish:

Strawberry Cream Cheese Danish

Strawberry Mango Orange Smoothie with Yogurt - Large:

Ice, Low fat yogurt for Smoothies, Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie with Yogurt - Medium:

Ice, Low fat yogurt for Smoothies, Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie with yogurt - Small:

Ice, Low fat yogurt for Smoothies, Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie with yogurt - Snack size:

Ice, Low fat yogurt for Smoothies, Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie without yogurt - Large:

Ice, Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie without yogurt - Medium:

Ice, Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie without yogurt - Small:

Ice, Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie without yogurt - Snack size:

Ice, Strawberry Mango Orange Smoothie Base

Sugar Free Vanilla Cappuccino with 2% milk - Large:

2% milk, Espresso Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Cappuccino with 2% milk - Medium:

2% milk, Espresso Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Cappuccino with 2% milk - Small:

2% milk, Espresso Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Cappuccino with skim milk - Large:

Espresso Coffee, Skim milk, Sugar Free Vanilla Syrup

Sugar Free Vanilla Cappuccino with skim milk - Medium:

Espresso Coffee, Skim milk, Sugar Free Vanilla Syrup

Sugar Free Vanilla Cappuccino with skim milk - Small:

Espresso Coffee, Skim milk, Sugar Free Vanilla Syrup

Sugar Free Vanilla Iced Coffee - Large:

18% Cream, Brewed Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Iced Coffee - Medium:

18% Cream, Brewed Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Iced Coffee - Small:

18% Cream, Brewed Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with 2% milk - Large:

2% milk, Espresso Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with 2% milk - Medium:

2% milk, Espresso Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with 2% milk - Small:

2% milk, Espresso Coffee, Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with skim milk - Large:

Espresso Coffee, Skim milk, Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with skim milk - Medium:

Espresso Coffee, Skim milk, Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with skim milk - Small:

Espresso Coffee, Skim milk, Sugar Free Vanilla Syrup

Vanilla Cappuccino with 2% milk - Large:

2% milk, Espresso Coffee, Vanilla Coffee Syrup

Vanilla Cappuccino with 2% milk - Medium:

2% milk, Espresso Coffee, Vanilla Coffee Syrup

Vanilla Cappuccino with 2% milk - Small:

2% milk, Espresso Coffee, Vanilla Coffee Syrup

Vanilla Cappuccino with skim milk - Large:

Espresso Coffee, Skim milk, Vanilla Coffee Syrup

Vanilla Cappuccino with skim milk - Medium:

Espresso Coffee, Skim milk, Vanilla Coffee Syrup

Vanilla Cappuccino with skim milk - Small:

Espresso Coffee, Skim milk, Vanilla Coffee Syrup

Vanilla Chai Iced Frappé - Large:

Ice, Vanilla Chai Frappé Base

Vanilla Chai Iced Frappé - Medium:

Ice, Vanilla Chai Frappé Base

Vanilla Chai Iced Frappé - Small:

Ice, Vanilla Chai Frappé Base

Vanilla Chai Iced Frappé - Snack Size:

Ice, Vanilla Chai Frappé Base

Vanilla Iced Coffee - Large:

18% Cream, Brewed Coffee, Vanilla Coffee Syrup

Vanilla Iced Coffee - Medium:

18% Cream, Brewed Coffee, Vanilla Coffee Syrup

Vanilla Iced Coffee - Small:

18% Cream, Brewed Coffee, Vanilla Coffee Syrup

Vanilla Latte with 2% milk - Large:

2% milk, Espresso Coffee, Vanilla Coffee Syrup

Vanilla Latte with 2% milk - Medium:

2% milk, Espresso Coffee, Vanilla Coffee Syrup

Vanilla Latte with 2% milk - Small:

2% milk, Espresso Coffee, Vanilla Coffee Syrup

Vanilla Latte with skim milk - Large:

Espresso Coffee, Skim milk, Vanilla Coffee Syrup

Vanilla Latte with skim milk - Medium:

Espresso Coffee, Skim milk, Vanilla Coffee Syrup

Vanilla Latte with skim milk - Small:

Espresso Coffee, Skim milk, Vanilla Coffee Syrup

McCafé & Bakery Ingredients**18% Cream:**

Cream, milk, sodium citrate, and may contain in varying proportions: sodium phosphate, carrageenan, dextrose

CONTAINS: MILK.**2% milk:**

Partly skimmed milk, vitamin A palmitate, vitamin D3

CONTAINS: MILK.**Authentic French Croissant:**

Wheat flour, butter, water, invert sugar syrup, yeast, eggs, salt, wheat gluten, canola lecithin, ascorbic acid, enzymes

CONTAINS: WHEAT, MILK, EGG.

MAY CONTAIN: TREE NUTS, SOY.

Blueberries:

Blueberries

Blueberry Cream Cheese Danish:

Enriched unbleached flour, water, cream cheese filling [water, sugar and/or glucose and/or fructose, cheese (milk), modified corn starch, coconut oil, propylene glycol, sodium alginate, lactic acid, salt, mono and diglycerides, potassium sorbate, titanium dioxide, natural and artificial flavour, colour (FD&C yellow #5, FD&C yellow #6)], water, butter (milk), blueberry filling [sugar, water, blueberries, glucose, apple pulp (apples, ascorbic acid, potassium sorbate), modified tapioca starch, modified corn starch, citric acid, salt, sodium benzoate, potassium sorbate, natural and artificial flavour, colours (FD&C red #40, FD&C blue #1)], glucose-fructose, yeast, salt, dextrose, skim milk powder, diacetyl tartaric acid ester of mono- and diglycerides, calcium carbonate, liquid whole eggs, ascorbic acid, amylase

CONTAINS: WHEAT, MILK, EGG.

MAY CONTAIN: SOY.

Blueberry Pomegranate Smoothie Fruit Base:

Blueberry puree, water, clarified demineralized pineapple juice concentrate, raspberry puree, apple juice concentrate, pomegranate juice concentrate, natural (botanical) and artificial flavours, cellulose powder, peach juice concentrate, pear juice concentrate, citric acid, lemon juice concentrate, xanthan gum, pectin, dimethylpolysiloxane, natural colour (fruit and vegetable juice), Dispensed from equipment that also dispenses milk ingredients (yogurt). May contain Milk and small amount of other smoothie flavours served at the restaurant

Brewed Coffee:

Water, 100% roasted Arabica coffee

Caramel Coffee Syrup:

Sugar, water, fructose, natural and artificial flavour (plant source), salt, caramel colour (sulfites), potassium sorbate, citric acid, malic acid

CONTAINS: SULPHITES.**Chocolate Chip Cookie:**

Semi-sweet chocolate chips [sugar, unsweetened chocolate, cocoa butter, milk fat, soy lecithin, natural flavour (plant source)], enriched flour, palm oil margarine, sugar, brown sugar, liquid whole eggs, natural flavour (plant source), baking powder, salt

CONTAINS: SOY, WHEAT, MILK, BARLEY, EGG.**Chocolate Chunk Brownie:**

Sugar, liquid whole eggs, dark chocolate (sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural vanilla extract), gluten free flour (rice flour, corn flour, tapioca starch, native corn starch, carboxymethyl cellulose, guar gum, xanthan gum), butter, canola oil, unsweetened chocolate, cocoa, water, natural vanilla extract, baking powder, salt

CONTAINS: SOY, MILK, EGG.

MAY CONTAIN: TREE NUTS, PEANUTS.

Chocolate Drizzle:

Sugar, water, fructose, cocoa, natural flavour, unsweetened chocolate, potassium sorbate, salt, soy lecithin

CONTAINS: SOY.

MAY CONTAIN: MILK.

Chocolate Sauce:

Sugar, water, fructose, cocoa, natural flavour, unsweetened chocolate, potassium sorbate, salt, soy lecithin

CONTAINS: SOY.

MAY CONTAIN: MILK.

Coffee Frappé Base:

Water, sugar, milk ingredients, natural flavour (plant source), dipotassium phosphate, mono & diglycerides, guar gum, potassium citrate, disodium phosphate, carrageenan, carob bean gum

CONTAINS: MILK.**Cookie and Cream Flavoured Syrup:**

Sugar, water, natural flavours (plant source), citric acid, sodium benzoate

Diced Apples:

Apples, calcium ascorbate

Espresso Coffee:

Ground espresso beans

Granola:

Rolled oats, sugar, crisp rice pieces (rice flour, barley malt extract, salt), refiner's syrup, corn syrup, honey, concentrated apple puree (ascorbic acid), crushed oranges, high monounsaturated sunflower oil, salt, baking soda, sodium aluminum phosphate, spice, natural flavour (plant source), soy lecithin

CONTAINS: SOY, OAT, BARLEY.

MAY CONTAIN: WHEAT.

Ice:

Water

Lemonade Base:

Water, sugar, lemon juice concentrate, lemon pulp, natural flavour (plant source), fruit concentrate (for colour), Dispensed from equipment that also dispenses milk ingredients (yogurt). May contain Milk and small amount of other smoothie flavours served at the restaurant

Low fat yogurt for Smoothies:

Milk ingredients, sugar, modified corn starch, pectin, carrageenan, bacterial culture

CONTAINS: MILK.

Mango Pineapple Fruit Base:

Water, clarified demineralized pineapple juice concentrate, mango puree concentrate, pineapple juice concentrate, orange juice concentrate, pineapple puree, passion fruit juice, apple juice concentrate, natural (botanical) and artificial flavours, peach puree, cellulose powder, pear juice concentrate, peach juice concentrate, AND IN VARYING PROPORTIONS: xanthan gum, citric acid, pectin, natural colour (fruit and vegetable juice, turmeric), ascorbic acid, calcium carbonate, dimethylpolysiloxane, Dispensed from equipment that also dispenses milk ingredients (yogurt). May contain Milk and small amount of other smoothie flavours served at the restaurant

Mini Chocolate:

Enriched unbleached flour, butter, water, semi sweet chocolate (sugar, unsweetened chocolate, cocoa butter, anhydrous dextrose, soy lecithin, natural vanilla extract), glucose-fructose, yeast, dextrose, salt, diacetyl tartaric acid esters of mono and diglycerides, calcium carbonate, ascorbic acid, enzymes, egg

CONTAINS: SOY, WHEAT, MILK, EGG.

Mini Maple:

Enriched unbleached flour, butter, maple filling (maple syrup, brown sugar, water, butter, modified corn starch, natural flavour), water, glucose-fructose, yeast, salt, dextrose, guar gum, xanthan gum, diacetyl tartaric acid ester of mono- and diglycerides, enzymes, ascorbic acid, egg

CONTAINS: WHEAT, MILK, EGG.

MAY CONTAIN: SOY.

Mini Raspberry:

Enriched unbleached flour, butter, raspberry filling [raspberries, water, sugar, apple puree (apple, glucose-fructose, ascorbic acid), modified corn starch], water, glucose-fructose, yeast, salt, dextrose, guar gum, xanthan gum, diacetyl tartaric acid ester of mono- and diglycerides, enzymes, ascorbic acid, egg

CONTAINS: WHEAT, MILK, EGG.

MAY CONTAIN: SOY.

Muffin Banana Chocolate Chunk:

Sugar, unbleached enriched wheat flour, banana purée (bananas, ascorbic acid), water, egg white, canola oil, chocolate chunks (unsweetened chocolate, sugar, dextrose, soy lecithin, natural vanilla flavour), whole grain oat flour, whole grain wheat flour, whey powder (milk), batter thickener (carrageenan, guar gum, soy Lecithin), baking powder, baking soda, natural flavour (plant source), modified corn starch, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearoyl-2-lactylate), salt

CONTAINS: SOY, WHEAT, OAT, MILK, EGG.

Muffin Blueberry:

Enriched flour, sugar, water, blueberries, canola oil, egg white, invert sugar, whole grain oat flour, whole grain wheat flour, modified milk ingredients, sodium aluminum phosphate, baking soda, emulsifier blend (propylene glycol mono fatty acid esters, mono and diglycerides, sodium stearoyl-2-lactylate), salt, natural flavour (plant source), batter thickener (carrageenan, guar gum, soy lecithin), modified corn starch, sodium carboxymethyl cellulose

CONTAINS: SOY, WHEAT, OAT, MILK, BARLEY, EGG.

Muffin Carrot:

Enriched wheat flour, carrots, sugar, canola oil, egg white, invert sugar, baking powder, cinnamon, sodium bicarbonate, batter thickener (carrageenan, guar gum, soy lecithin), salt, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearoyl-2-lactylate), modified corn starch, modified milk ingredients

CONTAINS: SOY, WHEAT, MILK, EGG.

Muffin Cranberry Orange:

Sugar, enriched flour, cranberries, water, egg white, canola oil, invert sugar, yogurt (skim milk, skim milk powder, modified corn starch, pectin, carrageenan, active bacterial culture), whole grain oat flour, buttermilk (skimmed milk, bacterial culture, salt), whole grain wheat flour, oranges, orange juice concentrate, baking powder, emulsifier blend (propylene glycol mono fatty acid esters, mono and diglycerides, sodium stearoyl-2-lactylate), baking soda, salt, batter thickener (carrageenan, guar gum, soy lecithin), natural flavour (plant source), sodium carboxymethyl cellulose, colour (plant source)

CONTAINS: SOY, WHEAT, OAT, MILK, EGG.

Muffin Fruit & Fibre:

Enriched flour, sugar, canola oil, bananas, egg white, buttermilk (skimmed milk, bacterial culture, salt), water, wheat bran, cranberries, blueberries, dehydrated apples, baking soda, baking powder, emulsifier blend (propylene glycol mono fatty acid esters, mono and diglycerides, sodium stearoyl-2-lactylate), batter thickener (carrageenan, guar gum, soy lecithin), natural flavour (plant source), salt, sodium carboxymethyl cellulose

CONTAINS: SOY, WHEAT, MILK, EGG.

Oatmeal Raisin Cookie:

Enriched flour, sugar, palm oil margarine, rolled oats, brown sugar, raisins, liquid whole eggs, corn flakes [milled corn, sugar, malt (corn flour, malted barley), salt, vitamins and minerals (iron, niacinamide, thiamine hydrochloride, d-calcium pantothenate, pyridoxine hydrochloride, folic acid)], coconut, baking powder, natural flavour (plant source), salt

CONTAINS: SOY, WHEAT, OAT, MILK, BARLEY, EGG.

Oreo Mix-in:

Sugar, enriched wheat flour, coconut oil shortening, soybean oil, cocoa, corn starch, glucose syrup, salt, soy lecithin, baking soda, artificial flavour, made from equipment that also prepares McFlurry flavours containing tree nuts (almonds). May contain tree nuts

CONTAINS: SOY, WHEAT.

Premium Tea:

Peppermint Tea: Peppermint; Green Tea: Green tea, lemongrass, lemon balm, lemon verbena; Earl Grey Tea: Black tea, natural flavour; Orange Pekoe Tea: Black tea.

Skim milk:

Skim milk, vitamin A palmitate, vitamin D3

CONTAINS: MILK.

Strawberry Banana Fruit Smoothie Base:

Strawberry puree, banana puree, water, grape juice concentrate, clarified demineralized pineapple juice concentrate, sugar, natural and artificial flavours (plant source), cellulose powder, xanthan gum, pear juice concentrate, peach juice concentrate, AND IN VARYING PROPORTIONS: citric acid, pectin, natural colour (with fruit and vegetable juice), ascorbic acid, calcium carbonate, dimethylpolysiloxane, Dispensed from equipment that also dispenses milk ingredients. May contain milk and small amounts of other smoothie flavours served at the restaurant

Strawberry Cream Cheese Danish:

Enriched unbleached flour, water, cream cheese filling [water, sugar and/or glucose and/or fructose, cheese, modified corn starch, coconut oil, propylene glycol, sodium alginate, lactic acid, salt, mono and diglycerides, potassium sorbate, titanium dioxide, natural and artificial flavour, colours (FD&C yellow #5, FD&C yellow #6)], water, butter, strawberries filling [sugar and/or glucose and/or fructose, strawberries, water, modified corn starch, propylene glycol, sodium alginate, citric acid, salt, sodium benzoate, sodium citrate, natural and artificial flavour, colours (FD&C red #40, FD&C yellow #6), caramel colour], glucose-fructose, yeast, salt, dextrose, skim milk powder, diacetyl tartaric acid ester of mono- and diglycerides, calcium carbonate, liquid whole eggs, ascorbic acid, amylase

CONTAINS: WHEAT, MILK, EGG.

MAY CONTAIN: SOY.

Strawberry Mango Orange Smoothie Base:

Strawberry puree, water, clarified demineralized pineapple juice concentrate, mango puree concentrate, grape juice concentrate, orange juice concentrate, contains less than 2% of the following: cellulose powder, natural and artificial flavours (botanical source), pectin, fruit and vegetable juice (colour), xanthan gum, citric acid, Dispensed from equipment that also dispenses milk ingredients. May contain milk and small amounts of other smoothie flavours served at the restaurant

Sugar Free Vanilla Syrup:

Water, erythritol, natural (plant source) and artificial flavour, cellulose gum, sucralose, salt, malic acid, potassium sorbate, acesulfame potassium, caramel colour (sulfites)

CONTAINS: SULPHITES.

Vanilla Chai Frappé Base:

Sugar, milk ingredients, water, natural flavour (plant source), dipotassium phosphate, mono & diglycerides, guar gum, potassium citrate, disodium phosphate, carrageenan, carob bean gum

CONTAINS: MILK.

Vanilla Coffee Syrup:

Sugar, water, fructose, natural (plant source) and artificial flavour, caramel colour (with sulfites), potassium sorbate, citric acid, malic acid

Water:

Water

Whipped Cream:

Pasteurized cream, water, sugar and/or glucose-fructose, buttermilk powder, microcrystalline cellulose, locust bean gum, cellulose gum, carrageenan, soy mono and diglycerides, polysorbate 80, artificial flavour, nitrous oxide (pressure dispensing agent)

CONTAINS: MILK.

liquid sugar:

Sugar, water, potassium sorbate, citric acid

Beef**Bacon & Cheddar Angus:**

Angus Burger Seasoning, Angus Patty, Bacon Slice, Grill Seasoning, Ketchup, mustard, Natural Cheddar, Pickle Slices, Red Onion rings, Sesame and Poppy Seed Bun

Bacon McDouble:

Bacon Slice, Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Processed Cheese Slice, Regular Bun

Big Mac:

Beef Patty, Big Mac Bun, Big Mac Sauce, Grill Seasoning, Lettuce, Onions (dehydrated), Pickle Slices, Processed Cheese Slice

Cheeseburger:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Processed Cheese Slice, Regular Bun

Double Big Mac:

Beef Patty, Big Mac Bun, Big Mac Sauce, Grill Seasoning, Lettuce, Onions (dehydrated), Pickle Slices, Processed Cheese Slice

Double Cheeseburger:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Processed Cheese Slice, Regular Bun

Double Quarter Pounder with Cheese:

Grill Seasoning, Ketchup, mustard, Pickle Slices, Processed Cheese Slice, Quarter Pounder Beef Patty, Sesame Seed Bun, Slivered Onions

Double Quarter Pounder without Cheese:

Grill Seasoning, Ketchup, mustard, Pickle Slices, Quarter Pounder Beef Patty, Sesame Seed Bun, Slivered Onions

Hamburger:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Regular Bun

McDouble:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Processed Cheese Slice, Regular Bun

Mighty Angus Original:

Angus Burger Seasoning, Angus Patty, Bacon pieces, Grill Seasoning, Leaf Lettuce, Processed Cheese Slice, Sesame and Poppy Seed Bun, Slivered Onions, Smoky Angus Sauce, Tomato Slice

Quarter Pounder BLT:

Bacon Slice, Grill Seasoning, Ketchup, Leaf Lettuce, McChicken Sauce, mustard, Pickle Slices, Processed Cheese Slice, Quarter Pounder Beef Patty, Sesame Seed Bun, Slivered Onions, Tomato Slice

Quarter Pounder with Cheese:

Grill Seasoning, Ketchup, mustard, Pickle Slices, Processed Cheese Slice, Quarter Pounder Beef Patty, Sesame Seed Bun, Slivered Onions

Quarter Pounder without Cheese:

Grill Seasoning, Ketchup, mustard, Pickle Slices, Quarter Pounder Beef Patty, Sesame Seed Bun, Slivered Onions

Smokehouse BBQ Angus:

Angus Burger Seasoning, Angus Patty, Dijon Honey Mustard Sauce, Grill Seasoning, Monterey Jack Jalapeno, Sesame and Poppy Seed Bun, Slaw Mix, Smoky BBQ Sauce

Beef Ingredients**Angus Burger Seasoning:**

Dextrose, salt, onion powder, maltodextrin, yeast extract, spice, natural and artificial flavour, beef broth, vegetable shortening (sunflower oil), garlic powder, caramel colour, soybean oil, worcestershire sauce (vinegar, molasses, corn syrup, salt, caramel colour, garlic powder, sugar, spices, tamarind, natural flavour), beef fat, extractives of annatto and turmeric, calcium silicate added to prevent caking

Angus Patty:

100% pure Angus beef

Bacon Slice:

Pork bacon, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite

Bacon pieces:

Pork, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite, smoke

Beef Patty:

100% pure beef

Big Mac Bun:

Unbleached enriched wheat flour, water, sugar, yeast, vegetable oil (soybean and or canola), sesame seeds, salt, potato flour, may contain any or all of the following in varying proportions: wheat gluten, monoglycerides, calcium propionate, enzymes, ascorbic acid, diacetyl tartaric acid esters of mono and diglycerides, calcium sulphate, wheat starch. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg. MAY CONTAIN SOY (Newfoundland only)

CONTAINS: SESAME SEEDS, WHEAT, BARLEY.

Big Mac Sauce:

Soybean oil, relish [pickles, glucose-fructose, sugar, vinegar, salt, xanthan gum, potassium sorbate, calcium chloride, natural flavour (plant source), polysorbate 80], water, vinegar, liquid egg yolk, onion powder, salt, mustard flour, propylene glycol alginate, sodium benzoate, mustard bran, sugar, garlic powder, hydrolyzed plant protein (corn, soy, wheat), caramel colour, paprika extract, turmeric, spice, calcium disodium EDTA

CONTAINS: SOY, WHEAT, EGG, MUSTARD.

Dijon Honey Mustard Sauce:

Soybean oil, water, honey, prepared mustard (water, distilled vinegar, mustard seed, salt, turmeric, spice), Dijon mustard (water, mustard seed, distilled vinegar, salt, white wine, citric acid, turmeric), sugar, distilled vinegar, egg yolks, salt, sodium benzoate and potassium sorbate (as preservatives), natural flavour (plant source), spice, xanthan gum, dehydrated onion, dehydrated garlic, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

Grill Seasoning:

Salt, spice (pepper), sunflower oil (used as a processing aid)

Ketchup:

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Leaf Lettuce:

Leaf lettuce

Lettuce:

Shredded iceberg lettuce

McChicken Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

Monterey Jack Jalapeno:

Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, jalapeno pepper

CONTAINS: MILK.

Natural Cheddar:

Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour (annatto)

CONTAINS: MILK.

Onions (dehydrated):

100% onions

Pickle Slices:

Cucumbers, water, distilled vinegar, salt, calcium chloride, potassium sorbate, potassium aluminum sulphate, natural flavours (plant source), polysorbate 80, extractives of tumeric (colour)

Processed Cheese Slice:

Cheese (milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, soy lecithin, colour (annatto)

CONTAINS: SOY, MILK.

Quarter Pounder Beef Patty:

100% pure beef

Red Onion rings:

Red onion

Regular Bun:

Unbleached enriched wheat flour, water, sugar, yeast, vegetable oil (soybean and or canola), salt, potato flour, monoglycerides, calcium propionate, may contain any or all of the following in varying proportions: wheat gluten, enzymes, ascorbic acid, diacetyl tartaric acid esters of mono and diglycerides, calcium sulphate, wheat starch. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg. MAY CONTAIN SOY (Newfoundland only)

CONTAINS: WHEAT, BARLEY.

MAY CONTAIN: SESAME SEEDS.

Sesame Seed Bun:

Unbleached enriched wheat flour, water, sugar, yeast, vegetable oil (soybean and or canola), sesame seeds, salt, potato flour, may contain any or all of the following in varying proportions: wheat gluten, monoglycerides, calcium propionate, enzymes, ascorbic acid, diacetyl tartaric acid esters of mono and diglycerides, calcium sulphate, wheat starch. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg. MAY CONTAIN SOY (Newfoundland only)

CONTAINS: SESAME SEEDS, WHEAT, BARLEY.

Sesame and Poppy Seed Bun:

Unbleached enriched wheat flour, water, sugar, yeast, barley malt extract and/or barley malt syrup, vegetable oil (soybean and/or canola), sesame seeds, salt, glaze (water, vegetable proteins, vegetable oil, dextrose, maltodextrin, starch), poppy seeds, wheat gluten, corn flour, calcium propionate, diacetyl tartaric acid esters of mono and diglycerides, wheat starch, turmeric, ascorbic acid, enzymes, may contain any or all of the following in varying proportions: distilled monoglycerides, calcium sulphate, paprika, natural flavour (plant source), colour (annatto). Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg.

CONTAINS: SESAME SEEDS, WHEAT, BARLEY.

Slaw Mix:

Green cabbage, red cabbage, carrots

Slivered Onions:

Onions

Smoky Angus Sauce:

Water, soybean oil, sugar, vinegar, tomato paste, egg yolk, modified milk ingredients, salt, modified corn starch, natural smoke flavour, xanthan gum, spices (contains mustard), potassium sorbate

CONTAINS: MILK, EGG, MUSTARD.

Smoky BBQ Sauce:

Vinegar, glucose fructose, tomato paste, corn syrup, fancy molasses, salt, mustard bran, modified corn starch, natural hickory smoke flavor, spices, water, onion powder, sodium benzoate, garlic powder, natural flavours (plant source)

CONTAINS: MUSTARD.

Tomato Slice:

Sliced tomato

mustard:

Water, vinegar, mustard seed, salt, turmeric, natural flavour (plant source), spice

CONTAINS: MUSTARD.

Chicken**10 Chicken McNuggets:**

Chicken McNuggets

20 Chicken McNuggets:

Chicken McNuggets

4 Chicken McNuggets:

Chicken McNuggets

6 Chicken McNuggets:

Chicken McNuggets

Bacon Ranch Junior Chicken:

Bacon Slice, Junior Chicken Patty, Lettuce, Premium Ranch Sauce, Regular Bun

Chicken & Bacon Signature McWrap with Crispy Chicken:

10 Whole Wheat Tortilla, Bacon Slice, Crispy Chicken Strips, Lettuce, McChicken Sauce, Monterey Jack Jalapeno, Tomato Slice

Chicken & Bacon Signature McWrap with Grilled Chicken:

10 Whole Wheat Tortilla, Bacon Slice, Grilled Chicken (NEW), Lettuce, McChicken Sauce, Monterey Jack Jalapeno, Tomato Slice

Chipotle Chicken Snack Wrap with Crispy Chicken:

Chipotle BBQ sauce, Crispy Chicken Strips, Lettuce, Shredded Monterey Jack & Light Cheddar Cheese Blend, Tortilla

Chipotle Chicken Snack Wrap with Grilled Chicken:

Chipotle BBQ sauce, Grilled Chicken (NEW), Lettuce, Shredded Monterey Jack & Light Cheddar Cheese Blend, Tortilla

Guacamole & Jalapeño with Crispy Chicken:

Brioche Style Bun, Crispy Chicken (NEW), Guacamole, Jalapeno Slices, Leaf Lettuce, Mozzarella Cheese Slice, Red Onion rings, Tomato Slice

Guacamole & Jalapeño with Grilled Chicken:

Brioche Style Bun, Grilled Chicken (NEW), Guacamole, Jalapeno Slices, Leaf Lettuce, Mozzarella Cheese Slice, Red Onion rings, Tomato Slice

Junior Chicken:

Junior Chicken Patty, Lettuce, Mayonnaise-Style Sauce, Regular Bun

McChicken:

Lettuce, McChicken Portion, McChicken Sauce, Sesame Seed Bun

Ranch Chicken Snack Wrap with Crispy Chicken:

Crispy Chicken Strips, Lettuce, Premium Ranch Sauce, Shredded Monterey Jack & Light Cheddar Cheese Blend, Tortilla

Ranch Chicken Snack Wrap with Grilled Chicken:

Grilled Chicken (NEW), Lettuce, Premium Ranch Sauce, Shredded Monterey Jack & Light Cheddar Cheese Blend, Tortilla

Sweet Chili Signature McWrap with Crispy Chicken:

10 Whole Wheat Tortilla, Crispy Chicken Strips, Cucumber, Lettuce, McChicken Sauce, Thai Sauce

Sweet Chili Signature McWrap with Grilled Chicken:

10 Whole Wheat Tortilla, Cucumber, Grilled Chicken (NEW), Lettuce, McChicken Sauce, Thai Sauce

Tomato & Mozzarella with Crispy Chicken:

Brioche Style Bun, Creamy Tomato and Herb Sauce, Crispy Chicken (NEW), Leaf Lettuce, Mozzarella Cheese Slice, Red Onion rings, Tomato Slice

Tomato & Mozzarella with Grilled Chicken:

Brioche Style Bun, Creamy Tomato and Herb Sauce, Grilled Chicken (NEW), Leaf Lettuce, Mozzarella Cheese Slice, Red Onion rings, Tomato Slice

Chicken Ingredients**10 Whole Wheat Tortilla:**

Whole wheat flour, water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil), contains 2% or less of the following: sugar, potassium chloride, baking powder, salt, mono- and diglycerides of fatty acids, vital wheat gluten.

CONTAINS: WHEAT.**Bacon Slice:**

Pork bacon, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite

Brioche Style Bun:

Unbleached wheat flour, water, liquid whole eggs, cane sugar, durum wheat semolina, liquid egg yolk, liquid egg-whites, butter, salt, cultured wheat starch, yeast, sour starter [cultured wheat flour, ground wheat, yeast, lactic acid (from bacterial culture)], ground wheat, turmeric, amylase

CONTAINS: WHEAT, MILK, EGG.

MAY CONTAIN: SESAME SEEDS.

Chicken McNuggets:

Boneless skinless chicken breast meat, water, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), wheat flour, yellow corn flour, modified corn starch, rice starch, salt, baking powder, seasoning [wheat starch, yeast extract, salt, natural flavour (vegetable source)], spices, canola oil, sodium aluminum phosphate, dextrose, wheat starch, corn starch, A MILK ALLERGEN may have come in contact with the breading used for the JUNIOR CHICKEN, CRISPY CHICKEN SNACK WRAP, CRISPY CHICKEN SIGNATURE McWRAP and the FILET-O-FISH, this temporarily impacts all fried chicken products, including the McCHICKEN patty, CHICKEN McNUGGETS, and the crispy chicken patty used in the CRISPY COUNTRY CHICKEN and the ENTRÉE SALADS, as they are cooked in the same fryer

CONTAINS: WHEAT.**Chipotle BBQ sauce:**

Glucose-fructose, water, tomato paste, honey, vinegar, refiners' molasses, modified corn starch, natural (plant source) and artificial flavour, salt, natural smoke flavour (plant source), soybean oil, potassium sorbate, sodium benzoate, onion powder, garlic powder, caramel colour, propylene glycol alginate, spice

Creamy Tomato and Herb Sauce:

Soybean oil, water, diced tomatoes (tomatoes, tomato juice, citric acid), liquid egg yolk, sundried tomatoes, parmesan and romano cheeses (milk, bacterial culture, salt, microbial enzymes), vinegar, salt, green onions, sugar, tomato powder, garlic, yeast extract, evaporated cane syrup, spice, phosphoric acid, mustard seed, xanthan gum, sodium benzoate, potassium sorbate, propylene glycol alginate, calcium disodium EDTA, herbs.

CONTAINS: MILK, EGG, MUSTARD.

Crispy Chicken (NEW):

Boneless chicken breast meat, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), wheat flour, toasted wheat crumbs, water, rice starch, salt, spices, garlic powder, onion powder, wheat starch, canola oil, sugar, baking powder, yeast, natural flavour (natural chicken flavour), A MILK ALLERGEN may have come in contact with the breading used for the JUNIOR CHICKEN, CRISPY CHICKEN SNACK WRAP, CRISPY CHICKEN SIGNATURE McWRAP and the FILET-O-FISH, this temporarily impacts all fried chicken products, including the McCHICKEN patty, CHICKEN McNUGGETS, and the crispy chicken patty used in the CRISPY COUNTRY CHICKEN and the ENTRÉE SALADS, as they are cooked in the same fryer

CONTAINS: WHEAT.

Crispy Chicken Strips:

Chicken meat, water, toasted wheat crumb, sodium phosphates, corn maltodextrin, flavour (rosemary extract), salt, seasoning [salt, sugar, spice, yeast extract, onion powder, disodium inosinate and disodium guanylate, flavour (rosemary extract), corn maltodextrin, modified corn starch], polysorbate 80, chicken fat (soybean oil), silicon dioxide, breaded with: wheat flour, toasted wheat crumbs, water, corn starch, salt, wheat starch, onion powder, garlic powder, spices, baking powder, dehydrated parsley, sodium aluminum phosphate, cooked in 100% vegetable oil (canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

CONTAINS: WHEAT.

MAY CONTAIN: MILK.

Cucumber:

Cucumber

Grilled Chicken (NEW):

Boneless chicken breast meat, water, lemon juice concentrate, rice starch, salt, natural flavours (chicken, honey and plant source), vinegar, onion powder, chicken broth powder, garlic powder, rice hull concentrate, spices, sunflower oil, vegetable oil, mushroom juice concentrate, spice extractives, onion juice concentrate, garlic juice concentrate, herbs, tumeric extractives (for colour), cooked on a grill, lightly seasoned, with clarified butter (unsalted butter)

CONTAINS: MILK.

Guacamole:

Hass avocado, tomato, onion, jalapeno peppers, serrano peppers, salt, cilantro, garlic

Jalapeno Slices:

Jalapeño peppers, water, vinegar, salt, calcium chloride

Junior Chicken Patty:

Chicken meat, wheat flour, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), toasted wheat crumb, water, chicken skin, modified corn starch, salt, spice, potassium chloride, lemon juice concentrate, wheat gluten, vegetable oil, natural flavour (plant source), silicon dioxide, vinegar, garlic powder, baking powder

CONTAINS: WHEAT.

MAY CONTAIN: MILK.

Leaf Lettuce:

Leaf lettuce

Lettuce:

Shredded iceberg lettuce

Mayonnaise-Style Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

McChicken Portion:

Chicken meat, wheat flour, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), water, chicken skin, toasted wheat crumbs, corn starch, modified corn starch, salt, yellow corn flour, canola oil, spices, sodium bicarbonate, sodium aluminum phosphate, potassium chloride, flavour (hydrolyzed corn, soy and wheat gluten protein, disodium inosinate, disodium guanylate), silicon dioxide, wheat starch, A MILK ALLERGEN may have come in contact with the breading used for the JUNIOR CHICKEN, CRISPY CHICKEN SNACK WRAP, CRISPY CHICKEN SIGNATURE McWRAP and the FILET-O-FISH, this temporarily impacts all fried chicken products, including the McCHICKEN patty, CHICKEN McNUGGETS, and the crispy chicken patty used in the CRISPY COUNTRY CHICKEN and the ENTRÉE SALADS, as they are cooked in the same fryer

CONTAINS: SOY, WHEAT.

McChicken Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

Monterey Jack Jalapeno:

Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, jalapeno pepper

CONTAINS: MILK.

Mozzarella Cheese Slice:

Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme

CONTAINS: MILK.

Premium Ranch Sauce:

Water, soybean oil, corn syrup solids, buttermilk powder, vinegar, liquid egg yolk, natural flavour (plant and dairy source), modified corn starch, sugar, garlic powder, onion powder, chives, salt, parsley, lactic acid, potassium chloride, sodium gluconate, xanthan gum, potassium sorbate, sodium benzoate, maltodextrin, buttermilk, citric acid, butter, gum Arabic, propylene glycol alginate, concentrated lemon juice, calcium disodium EDTA

CONTAINS: MILK, EGG.

Red Onion rings:

Red onion

Regular Bun:

Unbleached enriched wheat flour, water, sugar, yeast, vegetable oil (soybean and or canola), salt, potato flour, monoglycerides, calcium propionate, may contain any or all of the following in varying proportions: wheat gluten, enzymes, ascorbic acid, diacetyl tartaric acid esters of mono and diglycerides, calcium sulphate, wheat starch. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg. MAY CONTAIN SOY (Newfoundland only)

CONTAINS: WHEAT, BARLEY.

MAY CONTAIN: SESAME SEEDS.

Sesame Seed Bun:

Unbleached enriched wheat flour, water, sugar, yeast, vegetable oil (soybean and or canola), sesame seeds, salt, potato flour, may contain any or all of the following in varying proportions: wheat gluten, monoglycerides, calcium propionate, enzymes, ascorbic acid, diacetyl tartaric acid esters of mono and diglycerides, calcium sulphate, wheat starch. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg. MAY CONTAIN SOY (Newfoundland only)

CONTAINS: SESAME SEEDS, WHEAT, BARLEY.

Shredded Monterey Jack & Light Cheddar Cheese Blend:

Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour (annatto), cellulose, natamycin

CONTAINS: MILK.

Thai Sauce:

Sugar, water, vinegar, red bell pepper, modified tapioca starch, salt, dehydrated garlic, spice, xanthan gum, potassium sorbate, sodium benzoate, natural flavour (plant source)

Tomato Slice:

Sliced tomato

Tortilla:

Enriched bleached wheat flour, water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil), CONTAINS 2% OR LESS OF THE FOLLOWING: sugar, potassium chloride, trehalose, salt, autolyzed yeast extract, baking powder, vital wheat gluten, soy monoglycerides, dough conditioner (sodium metabisulfite, corn starch, microcrystalline cellulose, dicalcium phosphate)

CONTAINS: WHEAT.

Salads**Asian Sesame Fusion with Crispy Chicken:**

Baby kale, Crispy Chicken (NEW), Edamame, Lettuce Blend, Premium Lettuce Mix, Red Onion rings, Red pepper strips, Roasted Cashew Pieces Packet, Shredded Carrots

Asian Sesame Fusion with Grilled Chicken:

Baby kale, Edamame, Grilled Chicken (NEW), Lettuce Blend, Premium Lettuce Mix, Red Onion rings, Red pepper strips, Roasted Cashew Pieces Packet, Shredded Carrots

Caesar Salad with Crispy Chicken:

Baby kale, Bacon pieces, Crispy Chicken (NEW), Lettuce Blend, Premium Lettuce Mix, Roasted Garlic Focaccia Croutons, Shaved Parmesean

Caesar Salad with Grilled Chicken:

Baby kale, Bacon pieces, Grilled Chicken (NEW), Lettuce Blend, Premium Lettuce Mix, Roasted Garlic Focaccia Croutons, Shaved Parmesean

Greek Salad with Crispy Chicken:

Baby kale, Couscous blend, Crispy Chicken (NEW), Crumbled Feta Cheese, Cucumber, Herb and Garlic Pita Chips, Lettuce Blend, Premium Lettuce Mix, Red pepper strips

Greek Salad with Grilled Chicken:

Baby kale, Couscous blend, Crumbled Feta Cheese, Cucumber, Grilled Chicken (NEW), Herb and Garlic Pita Chips, Lettuce Blend, Premium Lettuce Mix, Red pepper strips

Side Caesar Salad:

Baby kale, Bacon pieces, Lettuce Blend, Premium Lettuce Mix, Roasted Garlic Focaccia Croutons, Shaved Parmesean

Side Garden Salad:

Baby kale, Cucumber, Lettuce Blend, Premium Lettuce Mix, Red Onion rings, Red pepper strips, Shredded Monterey Jack & Light Cheddar Cheese Blend

Salads Ingredients**Baby kale:**

Baby kale

Bacon pieces:

Pork, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite, smoke

Couscous blend:

Couscous (durum wheat semolina), feta cheese (pasteurized milk, salt, lipase, bacterial culture, microbial enzyme, calcium chloride), canola oil, artichokes, Kalamata olives, sun dried tomatoes (sulphites), green onions, red peppers, yellow peppers, vinegar (sulphites), filtered water, garlic puree (garlic, canola oil, citric acid), parsley, basil, spices (black pepper, oregano), citric acid , sea salt, may contain pit fragments

CONTAINS: SULPHITES, WHEAT, MILK.

Crispy Chicken (NEW):

Boneless chicken breast meat, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), wheat flour, toasted wheat crumbs, water, rice starch, salt, spices, garlic powder, onion powder, wheat starch, canola oil, sugar, baking powder, yeast, natural flavour (natural chicken flavour), A MILK ALLERGEN may have come in contact with the breading used for the JUNIOR CHICKEN, CRISPY CHICKEN SNACK WRAP, CRISPY CHICKEN SIGNATURE McWRAP and the FILET-O-FISH, this temporarily impacts all fried chicken products, including the McCHICKEN patty, CHICKEN McNUGGETS, and the crispy chicken patty used in the CRISPY COUNTRY CHICKEN and the ENTRÉE SALADS, as they are cooked in the same fryer

CONTAINS: WHEAT.

Crumbled Feta Cheese:

Pasteurized milk, modified milk ingredients, salt, calcium chloride, microbial enzyme, bacterial culture, lipase, cellulose, potassium sorbate, lactic acid, natamycin

CONTAINS: MILK.

Cucumber:

Cucumber

Edamame:

Edamame (shelled green soybeans)

CONTAINS: SOY.

Grilled Chicken (NEW):

Boneless chicken breast meat, water, lemon juice concentrate, rice starch, salt, natural flavours (chicken, honey and plant source), vinegar, onion powder, chicken broth powder, garlic powder, rice hull concentrate, spices, sunflower oil, vegetable oil, mushroom juice concentrate, spice extractives, onion juice concentrate, garlic juice concentrate, herbs, tumeric extractives (for colour), cooked on a grill, lightly seasoned, with clarified butter (unsalted butter)

CONTAINS: MILK.

Herb and Garlic Pita Chips:

Enriched flour, sunflower oil, salt, sugar, yeast, maltodextrin, garlic powder, corn syrup solids, spices, onion powder, natural flavours (plant source), citric acid , ascorbic acid, rosemary extract

CONTAINS: WHEAT.

Lettuce Blend:

Romaine lettuce, iceberg lettuce, romaine hearts

Premium Lettuce Mix:

Lolla Rosa lettuce, red leaf lettuce, tango lettuce, green leaf lettuce, green oak lettuce, ingredients may vary

Red Onion rings:

Red onion

Red pepper strips:

Red pepper

Roasted Cashew Pieces Packet:

Cashews, canola oil

CONTAINS: TREE NUTS.

MAY CONTAIN: TREE NUTS, PEANUTS, SESAME SEEDS, SULPHITES, WHEAT, SOY, MILK.

Roasted Garlic Focaccia Croutons:

Enriched flour, canola and/or sunflower oil, salt, dehydrated garlic, yeast, sugar, natural and artificial flavours (plant and dairy source), ascorbic acid, rosemary extracts

CONTAINS: SOY, WHEAT, MILK.

Shaved Parmesean:

Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, lipase, cellulose

CONTAINS: MILK.

Shredded Carrots:

Carrots

Shredded Monterey Jack & Light Cheddar Cheese Blend:

Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour (annatto), cellulose, natamycin

CONTAINS: MILK.

Happy Meal**1% Partly Skimmed Chocolate Milk - 250 ml:**

1% Partly Skimmed Chocolate Milk

1% Partly Skimmed Milk - 250 ml:

1% Partly Skimmed Milk

4 Chicken McNuggets:

Chicken McNuggets

Apple Juice - Small:

Apple Juice

Apple Slices:

Apple Slices

Cheeseburger:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Processed Cheese Slice, Regular Bun

Dasani Water:

Dasani Water

French Fries - Small:

French Fries, Salt

Grilled Cheese sandwich:

Mac Club, Processed Cheese Slice

Hamburger:

Beef Patty, Grill Seasoning, Ketchup, mustard, Onions (dehydrated), Pickle Slices, Regular Bun

Hotcakes with Syrup and Butter:

Butter Portion - Whipped, Hotcake Syrup, Hotcakes

Mini Fry:

French Fries, Salt

Orange Juice - Small:

Orange Juice

Ranch Chicken Snack Wrap with Crispy Chicken:

Crispy Chicken Strips, Lettuce, Premium Ranch Sauce, Shredded Monterey Jack & Light Cheddar Cheese Blend, Tortilla

Ranch Chicken Snack Wrap with Grilled Chicken:

Grilled Chicken (NEW), Lettuce, Premium Ranch Sauce, Shredded Monterey Jack & Light Cheddar Cheese Blend, Tortilla

Strawberry Yogurt Tube:

Strawberry Yogurt Tube

Happy Meal Ingredients**1% Partly Skimmed Chocolate Milk:**

Partly skimmed milk, sugar and/or glucose-fructose, cocoa, colour (yellow #6 lake, red #2), salt, carrageenan, artificial flavour (vanillin), vitamin A palmitate, vitamin D3

CONTAINS: MILK.**1% Partly Skimmed Milk:**

Partly skimmed milk, vitamin A palmitate, vitamin D3

CONTAINS: MILK.**Apple Juice:**

Concentrated apple juice, ascorbic acid (vitamin C)

Apple Slices:

Apples, calcium ascorbate

Beef Patty:

100% pure beef

Butter Portion - Whipped:

Cream, salt, may contain colour

CONTAINS: MILK.**Chicken McNuggets:**

Boneless skinless chicken breast meat, water, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), wheat flour, yellow corn flour, modified corn starch, rice starch, salt, baking powder, seasoning [wheat starch, yeast extract, salt, natural flavour (vegetable source)], spices, canola oil, sodium aluminum phosphate, dextrose, wheat starch, corn starch, A MILK ALLERGEN may have come in contact with the breading used for the JUNIOR CHICKEN, CRISPY CHICKEN SNACK WRAP, CRISPY CHICKEN SIGNATURE McWRAP and the FILET-O-FISH, this temporarily impacts all fried chicken products, including the McCHICKEN patty, CHICKEN McNUGGETS, and the crispy chicken patty used in the CRISPY COUNTRY CHICKEN and the ENTRÉE SALADS, as they are cooked in the same fryer

CONTAINS: WHEAT.

Crispy Chicken Strips:

Chicken meat, water, toasted wheat crumb, sodium phosphates, corn maltodextrin, flavour (rosemary extract), salt, seasoning [salt, sugar, spice, yeast extract, onion powder, disodium inosinate and disodium guanylate, flavour (rosemary extract), corn maltodextrin, modified corn starch], polysorbate 80, chicken fat (soybean oil), silicon dioxide, breaded with: wheat flour, toasted wheat crumbs, water, corn starch, salt, wheat starch, onion powder, garlic powder, spices, baking powder, dehydrated parsley, sodium aluminum phosphate, cooked in 100% vegetable oil (canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

CONTAINS: WHEAT.

MAY CONTAIN: MILK.

Dasani Water:

Water, magnesium sulphate, potassium chloride, salt, ozone

French Fries:

Potatoes, canola oil, hydrogenated soybean oil, safflower oil, natural flavour (vegetable source), dextrose, sodium acid pyrophosphate (maintain colour), citric acid (preservative), dimethylpolysiloxane (anti-foaming agent), cooked in vegetable oil (canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

Grill Seasoning:

Salt, spice (pepper), sunflower oil (used as a processing aid)

Grilled Chicken (NEW):

Boneless chicken breast meat, water, lemon juice concentrate, rice starch, salt, natural flavours (chicken, honey and plant source), vinegar, onion powder, chicken broth powder, garlic powder, rice hull concentrate, spices, sunflower oil, vegetable oil, mushroom juice concentrate, spice extractives, onion juice concentrate, garlic juice concentrate, herbs, tumeric extractives (for colour), cooked on a grill, lightly seasoned, with clarified butter (unsalted butter)

CONTAINS: MILK.**Hotcake Syrup:**

Glucose-fructose, sugar, water, natural (plant source) and artificial flavours, potassium sorbate, colour (caramel)

Hotcakes:

Water, wheat flour, whey, corn flour, soybean oil, sugar, liquid whole eggs, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), dextrose, emulsifier (propylene glycol monoester, soy monoglycerides, sodium stearyl-2- lactylate), salt, xanthan gum, natural flavour (plant and dairy source), colour (beta carotene)

CONTAINS: SOY, WHEAT, MILK, EGG.**Ketchup:**

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Lettuce:

Shredded iceberg lettuce

Mac Club:

Unbleached enriched wheat flour, water, sugar, yeast, vegetable oil (soybean and or canola), sesame seeds, salt, potato flour, may contain any or all of the following in varying proportions: wheat gluten, monoglycerides, calcium propionate, enzymes, ascorbic acid, diacetyl tartaric acid esters of mono and diglycerides, calcium sulphate, wheat starch. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg. MAY CONTAIN SOY (Newfoundland only).

CONTAINS: SESAME SEEDS, WHEAT, BARLEY.**Onions (dehydrated):**

100% onions

Orange Juice:

Water, orange juice from concentrate

Pickle Slices:

Cucumbers, water, distilled vinegar, salt, calcium chloride, potassium sorbate, potassium aluminum sulphate, natural flavours (plant source), polysorbate 80, extractives of tumeric (colour)

Premium Ranch Sauce:

Water, soybean oil, corn syrup solids, buttermilk powder, vinegar, liquid egg yolk, natural flavour (plant and dairy source), modified corn starch, sugar, garlic powder, onion powder, chives, salt, parsley, lactic acid, potassium chloride, sodium gluconate, xanthan gum, potassium sorbate, sodium benzoate, maltodextrin, buttermilk, citric acid, butter, gum Arabic, propylene glycol alginate, concentrated lemon juice, calcium disodium EDTA

CONTAINS: MILK, EGG.**Processed Cheese Slice:**

Cheese (milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, soy lecithin, colour (annatto)

CONTAINS: SOY, MILK.**Regular Bun:**

Unbleached enriched wheat flour, water, sugar, yeast, vegetable oil (soybean and or canola), salt, potato flour, monoglycerides, calcium propionate, may contain any or all of the following in varying proportions: wheat gluten, enzymes, ascorbic acid, diacetyl tartaric acid esters of mono and diglycerides, calcium sulphate, wheat starch. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg. MAY CONTAIN SOY (Newfoundland only)

CONTAINS: WHEAT, BARLEY.

MAY CONTAIN: SESAME SEEDS.

Salt:

Salt, silicoaluminate, dextrose, potassium iodide

Shredded Monterey Jack & Light Cheddar Cheese Blend:

Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour (annatto), cellulose, natamycin

CONTAINS: MILK.

Strawberry Yogurt Tube:

Skim milk, modified milk ingredients, sugar, water, cream, corn starch, modified corn starch, natural flavours (plant source), agar, natural colours (plant source), calcium citrate, citric acid, potassium sorbate, active bacterial cultures, vitamin D3, sodium citrate, made with vitamin D fortified skim milk

CONTAINS: MILK.

Tortilla:

Enriched bleached wheat flour, water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil), CONTAINS 2% OR LESS OF THE FOLLOWING: sugar, potassium chloride, trehalose, salt, autolyzed yeast extract, baking powder, vital wheat gluten, soy monoglycerides, dough conditioner (sodium metabisulfite, corn starch, microcrystalline cellulose, dicalcium phosphate)

CONTAINS: WHEAT.

mustard:

Water, vinegar, mustard seed, salt, turmeric, natural flavour (plant source), spice

CONTAINS: MUSTARD.

Beverages**1% Partly Skimmed Chocolate Milk - 250 ml:**

1% Partly Skimmed Chocolate Milk

1% Partly Skimmed Milk - 250 ml:

1% Partly Skimmed Milk

Apple Juice - Large:

Apple Juice

Apple Juice - Medium:

Apple Juice

Apple Juice - Small:

Apple Juice

Barq's Root Beer - Child:

Barq's Root Beer, Ice

Barq's Root Beer - Large:

Barq's Root Beer, Ice

Barq's Root Beer - Medium:

Barq's Root Beer, Ice

Barq's Root Beer - Small:

Barq's Root Beer, Ice

Coca-Cola - Child:

Coca-Cola, Ice

Coca-Cola - Large:

Coca-Cola, Ice

Coca-Cola - Medium:

Coca-Cola, Ice

Coca-Cola - Small:

Coca-Cola, Ice

Coca-Cola Zero - Child:

Coca-Cola Zero, Ice

Coca-Cola Zero - Large:

Coca-Cola Zero, Ice

Coca-Cola Zero - Medium:

Coca-Cola Zero, Ice

Coca-Cola Zero - Small:

Coca-Cola Zero, Ice

Dasani Water:

Dasani Water

Diet Coke - Child:

Diet Coke, Ice

Diet Coke - Large:

Diet Coke, Ice

Diet Coke - Medium:

Diet Coke, Ice

Diet Coke - Small:

Diet Coke, Ice

Fruitopia Orange Groove - Child:

Fruitopia Orange Groove, Ice

Fruitopia Orange Groove - Large:

Fruitopia Orange Groove, Ice

Fruitopia Orange Groove - Medium:

Fruitopia Orange Groove, Ice

Fruitopia Orange Groove - Small:

Fruitopia Orange Groove, Ice

Fruitopia Strawberry Passion Awareness - Child:

Fruitopia Strawberry Passion Awareness, Ice

Fruitopia Strawberry Passion Awareness - Large:

Fruitopia Strawberry Passion Awareness, Ice

Fruitopia Strawberry Passion Awareness - Medium:

Fruitopia Strawberry Passion Awareness, Ice

Fruitopia Strawberry Passion Awareness - Small:

Fruitopia Strawberry Passion Awareness, Ice

Higgins & Burke Hot Chocolate:

18% Cream, Hot Chocolate (Packet), Water

Nestea Iced Tea - Child:

Ice, Nestea Iced Tea

Nestea Iced Tea - Large:

Ice, Nestea Iced Tea

Nestea Iced Tea - Medium:

Ice, Nestea Iced Tea

Nestea Iced Tea - Small:

Ice, Nestea Iced Tea

Orange Juice - Large:

Orange Juice

Orange Juice - Medium:

Orange Juice

Orange Juice - Small:

Orange Juice

Sprite - Child:

Ice, Sprite

Sprite - Large:

Ice, Sprite

Sprite - Medium:

Ice, Sprite

Sprite - Small:

Ice, Sprite

Beverages Ingredients**1% Partly Skimmed Chocolate Milk:**

Partly skimmed milk, sugar and/or glucose-fructose, cocoa, colour (yellow #6 lake, red #2), salt, carrageenan, artificial flavour (vanillin), vitamin A palmitate, vitamin D3

CONTAINS: MILK.**1% Partly Skimmed Milk:**

Partly skimmed milk, vitamin A palmitate, vitamin D3

CONTAINS: MILK.**18% Cream:**

Cream, milk, sodium citrate, and may contain in varying proportions: sodium phosphate, carrageenan, dextrose

CONTAINS: MILK.**Apple Juice:**

Concentrated apple juice, ascorbic acid (vitamin C)

Barq's Root Beer:

Carbonated water, sugar and/or glucose-fructose, caramel colour, sodium benzoate, natural and artificial flavours, citric acid, caffeine

Coca-Cola:

Carbonated water, sugar/glucose-fructose, caramel colour, phosphoric acid, natural flavours (vegetable source), caffeine

Coca-Cola Zero:

Water, caramel colour, phosphoric acid, potassium citrate, aspartame (phenylalanine), potassium benzoate, natural flavour, iron, caffeine, dimethylpolysiloxane

Dasani Water:

Water, magnesium sulphate, potassium chloride, salt, ozone

Diet Coke:

Carbonated water, caramel colour, phosphoric and citric acid, aspartame (phenylalanine), natural flavours (vegetable source), sodium benzoate, folic acid, caffeine, dimethylpolysiloxane

Fruitopia Orange Groove:

Water, sugar and/or glucose-fructose, concentrated orange and tangerine juices, citric acid, ascorbic acid (vitamin C), natural flavour (plant source), sodium benzoate, potassium sorbate, modified cornstarch, artificial colour (tartrazine and sunset yellow FCF)

Fruitopia Strawberry Passion Awareness:

Water, sugar and/or glucose-fructose, fruit juices from concentrate (apple, pear, strawberry, passion fruit), citric acid, natural flavour (vegetable source), ascorbic acid, sodium benzoate, potassium citrate, potassium sorbate, artificial colour (tartrazine), coconut oil

Hot Chocolate (Packet):

Sugar, non-fat dry milk, non-dairy creamer [corn syrup solids, coconut oil, sodium citrate (milk derivative), dipotassium phosphate, mono and diglycerides, silicon dioxide, artificial flavour, turmeric, annatto extract], cocoa (processed with alkali), natural and artificial flavour (plant source), salt, tricalcium phosphate, carboxymethylcellulose gum, instant coffee

CONTAINS: MILK.**Ice:**

Water

Nestea Iced Tea:

Water, sugar and/or glucose-fructose, citric acid, concentrated tea from tea leaves, potassium citrate, sodium benzoate, natural lemon flavour

Orange Juice:

Water, orange juice from concentrate

Sprite:

Carbonated water, sugar and/or glucose-fructose, citric acid, sodium citrate, natural flavours (vegetable source), sodium benzoate

Water:

Water

Snacks & Sides**Apple Slices:**

Apple Slices

Chocolate Chip Cookie:

Chocolate Chip Cookie

French Fries - Large:

French Fries, Salt

French Fries - Medium:

French Fries, Salt

French Fries - Small:

French Fries, Salt

Fruit 'n Yogurt Parfait:

Blueberries, Granola, strawberries, Vanilla Stirred Yogurt

Mini Fry:

French Fries, Salt

Muffin Blueberry:

Blueberries, Muffin Blueberry

Muffin - Banana Chocolate Chunk:

Granola, Muffin Banana Chocolate Chunk

Muffin - Carrot:

Muffin Carrot

Muffin - Cranberry Orange:

Muffin Cranberry Orange

Muffin - Fruit & Fibre:

Diced Apples, Muffin Fruit & Fibre

Oatmeal Raisin Cookie:

Oatmeal Raisin Cookie

Poutine:

Cheese Curds, French Fries, Poutine Gravy, Salt

Snacks & Sides Ingredients**Apple Slices:**

Apples, calcium ascorbate

Blueberries:

Blueberries

Cheese Curds:

Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme

CONTAINS: MILK.**Chocolate Chip Cookie:**

Semi-sweet chocolate chips [sugar, unsweetened chocolate, cocoa butter, milk fat, soy lecithin, natural flavour (plant source)], enriched flour, palm oil margarine, sugar, brown sugar, liquid whole eggs, natural flavour (plant source), baking powder, salt

CONTAINS: SOY, WHEAT, MILK, BARLEY, EGG.**Diced Apples:**

Apples, calcium ascorbate

French Fries:

Potatoes, canola oil, hydrogenated soybean oil, safflower oil, natural flavour (vegetable source), dextrose, sodium acid pyrophosphate (maintain colour), citric acid (preservative), dimethylpolysiloxane (anti-foaming agent), cooked in vegetable oil (canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

Granola:

Rolled oats, sugar, crisp rice pieces (rice flour, barley malt extract, salt), refiner's syrup, corn syrup, honey, concentrated apple puree (ascorbic acid), crushed oranges, high monounsaturated sunflower oil, salt, baking soda, sodium aluminum phosphate, spice, natural flavour (plant source), soy lecithin

CONTAINS: SOY, OAT, BARLEY.

MAY CONTAIN: WHEAT.

Muffin Banana Chocolate Chunk:

Sugar, unbleached enriched wheat flour, banana purée (bananas, ascorbic acid), water, egg white, canola oil, chocolate chunks (unsweetened chocolate, sugar, dextrose, soy lecithin, natural vanilla flavour), whole grain oat flour, whole grain wheat flour, whey powder (milk), batter thickener (carrageenan, guar gum, soy Lecithin), baking powder, baking soda, natural flavour (plant source), modified corn starch, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearoyl-2-lactylate), salt

CONTAINS: SOY, WHEAT, OAT, MILK, EGG.**Muffin Blueberry:**

Enriched flour, sugar, water, blueberries, canola oil, egg white, invert sugar, whole grain oat flour, whole grain wheat flour, modified milk ingredients, sodium aluminum phosphate, baking soda, emulsifier blend (propylene glycol mono fatty acid esters, mono and diglycerides, sodium stearoyl-2-lactylate), salt, natural flavour (plant source), batter thickener (carrageenan, guar gum, soy lecithin), modified corn starch, sodium carboxymethyl cellulose

CONTAINS: SOY, WHEAT, OAT, MILK, BARLEY, EGG.

Muffin Carrot:

Enriched wheat flour, carrots, sugar, canola oil, egg white, invert sugar, baking powder, cinnamon, sodium bicarbonate, batter thickener (carrageenan, guar gum, soy lecithin), salt, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearoyl-2-lactylate), modified corn starch, modified milk ingredients

CONTAINS: SOY, WHEAT, MILK, EGG.

Muffin Cranberry Orange:

Sugar, enriched flour, cranberries, water, egg white, canola oil, invert sugar, yogurt (skim milk, skim milk powder, modified corn starch, pectin, carrageenan, active bacterial culture), whole grain oat flour, buttermilk (skimmed milk, bacterial culture, salt), whole grain wheat flour, oranges, orange juice concentrate, baking powder, emulsifier blend (propylene glycol mono fatty acid esters, mono and diglycerides, sodium stearoyl-2-lactylate), baking soda, salt, batter thickener (carrageenan, guar gum, soy lecithin), natural flavour (plant source), sodium carboxymethyl cellulose, colour (plant source)

CONTAINS: SOY, WHEAT, OAT, MILK, EGG.

Muffin Fruit & Fibre:

Enriched flour, sugar, canola oil, bananas, egg white, buttermilk (skimmed milk, bacterial culture, salt), water, wheat bran, cranberries, blueberries, dehydrated apples, baking soda, baking powder, emulsifier blend (propylene glycol mono fatty acid esters, mono and diglycerides, sodium stearoyl-2-lactylate), batter thickener (carrageenan, guar gum, soy lecithin), natural flavour (plant source), salt, sodium carboxymethyl cellulose

CONTAINS: SOY, WHEAT, MILK, EGG.

Oatmeal Raisin Cookie:

Enriched flour, sugar, palm oil margarine, rolled oats, brown sugar, raisins, liquid whole eggs, corn flakes [milled corn, sugar, malt (corn flour, malted barley), salt, vitamins and minerals (iron, niacinamide, thiamine hydrochloride, d-calcium pantothenate, pyridoxine hydrochloride, folic acid)], coconut, baking powder, natural flavour (plant source), salt

CONTAINS: SOY, WHEAT, OAT, MILK, BARLEY, EGG.

Poutine Gravy:

Water, modified corn starch, glucose solids, corn maltodextrin, hydrolyzed corn protein, salt, modified tapioca starch, high oleic sunflower oil, sugar, tomato powder, onion powder, autolyzed yeast extract, chicken broth powder, chicken fat, silicon dioxide, caramel colour, garlic powder, spices

Salt:

Salt, silicoaluminate, dextrose, potassium iodide

Vanilla Stirred Yogurt:

Milk ingredients, sugar, modified milk ingredients, fructose, modified corn starch, artificial flavour, gelatin (beef), active bacterial cultures

CONTAINS: MILK.

strawberries:

Strawberries, konjac flour

Desserts & Shakes**Baked Apple Pie:**

Baked Apple Pie

Baked Chocolate Banana Pie:

Baked Chocolate Banana Pie

Birthday Cake - Vanilla:

Vanilla Birthday Cake

Cone - Vanilla:

Large Cone, Vanilla Ice Milk

McFlurry - Oreo - Regular size portion:

Oreo Mix-in, Vanilla Ice Milk

McFlurry - Oreo - Snack Size portion:

Oreo Mix-in, Vanilla Ice Milk

McFlurry dessert - Crushed SKOR Candy Bars - Regular size portion:

Crushed SKOR Candy Bars, Vanilla Ice Milk

McFlurry dessert - Crushed SKOR Candy Bars - Snack Size portion:

Crushed SKOR Candy Bars, Vanilla Ice Milk

McFlurry dessert - M&MS Candies - Regular size portion:

M&MS Candies, Vanilla Ice Milk

McFlurry dessert - M&MS Candies - Snack Size portion:

M&MS Candies, Vanilla Ice Milk

McFlurry dessert - Mud Pie - Regular size portion:

Hot Fudge Sundae Topping, Mud Pie Topping, Vanilla Ice Milk

McFlurry dessert - Mud Pie - Snack Size portion:

Hot Fudge Sundae Topping, Mud Pie Topping, Vanilla Ice Milk

Strawberry Yogurt Tube:

Strawberry Yogurt Tube

Sundae - Hot Caramel:

Hot Caramel Topping, Vanilla Ice Milk

Sundae - Hot Fudge:

Hot Fudge Sundae Topping, Vanilla Ice Milk

Sundae Blueberry Crumble:

Blueberry Topping, Cinnamon Oat Crumble, Vanilla Ice Milk

Triple Thick Milkshake - Chocolate, Large:

Dairy Mix, Triple Thick Milkshake Chocolate Syrup

Triple Thick Milkshake - Chocolate, Medium:

Dairy Mix, Triple Thick Milkshake Chocolate Syrup

Triple Thick Milkshake - Chocolate, Small:

Dairy Mix, Triple Thick Milkshake Chocolate Syrup

Triple Thick Milkshake - Raspberry, Child Size:

Dairy Mix, Triple Thick Milkshake Raspberry Syrup

Triple Thick Milkshake - Raspberry, Large:

Dairy Mix, Triple Thick Milkshake Raspberry Syrup

Triple Thick Milkshake - Raspberry, Medium:

Dairy Mix, Triple Thick Milkshake Raspberry Syrup

Triple Thick Milkshake - Raspberry, Small:

Dairy Mix, Triple Thick Milkshake Raspberry Syrup

Triple Thick Milkshake - Strawberry, Large:

Dairy Mix, Triple Thick Milkshake Strawberry Syrup

Triple Thick Milkshake - Strawberry, Medium:

Dairy Mix, Triple Thick Milkshake Strawberry Syrup

Triple Thick Milkshake - Strawberry, Small:

Dairy Mix, Triple Thick Milkshake Strawberry Syrup

Triple Thick Milkshake - Vanilla, Large:

Dairy Mix, Triple Thick Milkshake Vanilla Syrup

Triple Thick Milkshake - Vanilla, Medium:

Dairy Mix, Triple Thick Milkshake Vanilla Syrup

Triple Thick Milkshake - Vanilla, Small:

Dairy Mix, Triple Thick Milkshake Vanilla Syrup

Vanilla McFlurry Base - Regular portion:

Vanilla Ice Milk

Vanilla McFlurry Base - Snack portion:

Vanilla Ice Milk

Desserts & Shakes Ingredients

Baked Apple Pie:

Pastry: enriched wheat flour, vegetable oil shortening [palm oil and canola oil and modified palm oils, soy lecithin, natural butter flavour, citric acid, colour (beta carotene)], water, sugar, yeast, salt, L-cysteine hydrochloride, ascorbic acid, filling: apples (apples, ascorbic acid, salt, citric acid), glucose-fructose, water, sugar, sorbitol, dextrose, sodium alginate, sodium citrate, spice, salt, dicalcium phosphate, modified corn starch, citric acid, natural flavour (plant source), topping: sugar, spices

CONTAINS: SOY, WHEAT.**Baked Chocolate Banana Pie:**

Pastry: enriched wheat flour, vegetable oil shortening [palm oil and modified palm oils, soy lecithin, natural butter flavour, colour (beta carotene)], water, sugar, yeast, salt, L-cysteine hydrochloride, ascorbic acid, filling: banana cream [water, sugar, bananas (contains citric acid and/ or ascorbic acid), glucose, modified corn starch, cream (cream, milk, cellulose gel, carrageenan, cellulose gum, sucrose), modified palm kernel oil, lactic acid, sodium citrate, salt, potassium sorbate, gellan gum, natural flavour (plant source), locust bean gum, xanthan gum, carrageenan], chocolate fudge [sugar, water, glucose-fructose, modified corn starch, cocoa, salt, caramel colour, natural flavour (plant source), potassium sorbate, agar-agar, citric acid], topping: sugar, caramel colour

CONTAINS: SOY, WHEAT, MILK.**Blueberry Topping:**

Blueberries, invert sugar, water, contains 2% or less of modified corn starch, citric acid, fruit and vegetable juice for colour, xanthan gum, locust bean gum

Cinnamon Oat Crumble:

Vanilla crunch topping [enriched wheat flour, sugar, vegetable oil shortening (contains palm and modified palm oil), water, glucose, baking powder, modified corn starch, natural flavour (vanilla), annatto colour], oats, sugar, brown sugar, canola oil, liquid egg white, molasses, spice (cinnamon)

CONTAINS: WHEAT, OAT, EGG.**Crushed SKOR Candy Bars:**

Milk chocolate [sugar, cocoa butter, unsweetened chocolate, milk ingredients, lactose, salt, lecithin (soy), natural flavour (plant source)], sugar, butter, almonds (roasted in cocoa butter and/or sunflower oil), milk ingredients, salt

CONTAINS: SOY, TREE NUTS, MILK.**Dairy Mix:**

Milk ingredients (milk, cream), sugar, glucose, soy mono and diglycerides, guar gum, dextrose, artificial vanilla flavour, carrageenan, cellulose gum

CONTAINS: MILK.**Hot Caramel Topping:**

Sugar/glucose-fructose, sweetened condensed whole milk, water, unsalted butter, disodium phosphate, salt, pectin, potassium sorbate, artificial flavours

CONTAINS: MILK.**Hot Fudge Sundae Topping:**

Sugar, water, hydrogenated coconut oil, milk ingredients, cocoa, glucose-fructose, salt, disodium phosphate, potassium sorbate, artificial flavour, polyglycerol esters of fatty acids (plant source), soy lecithin

CONTAINS: SOY, MILK.**Large Cone:**

Enriched wheat flour, tapioca starch, sugar, vegetable shortening (soybean oil and/or canola oil, palm oil, soy lecithin), leavening (baking soda, ammonium bicarbonate), salt, natural flavour (plant source), natural colour (annatto), corn syrup

CONTAINS: SOY, WHEAT.**M&MS Candies:**

Milk chocolate (sugar, cocoa mass, milk ingredients, cocoa butter, lactose, soy lecithin, salt, artificial flavours), sugar, colour (with tartrazine), tapioca dextrin, corn syrup, corn starch, carnauba wax, modified coconut oil and/ or modified palm oil (medium chain triglycerides), made from equipment that also prepares McFlurry flavours containing tree nuts (almonds). May contain tree nuts

CONTAINS: SOY, MILK.

MAY CONTAIN: PEANUTS.

Mud Pie Topping:

Chocolate cookies {sugar, semi-sweet chocolate chips [sugar, unsweetened chocolate, cocoa butter, milk fat, soy lecithin, natural flavour (plant source)], palm oil margarine, enriched flour, liquid whole eggs, cocoa powder, baking soda, salt}, semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, salt, vanilla), made from equipment that also prepares McFlurry flavours containing tree nuts (almonds). May contain tree nuts

CONTAINS: SOY, WHEAT, MILK, EGG.**Oreo Mix-in:**

Sugar, enriched wheat flour, coconut oil shortening, soybean oil, cocoa, corn starch, glucose syrup, salt, soy lecithin, baking soda, artificial flavour, made from equipment that also prepares McFlurry flavours containing tree nuts (almonds). May contain tree nuts

CONTAINS: SOY, WHEAT.**Strawberry Yogurt Tube:**

Skim milk, modified milk ingredients, sugar, water, cream, corn starch, modified corn starch, natural flavours (plant source), agar, natural colours (plant source), calcium citrate, citric acid, potassium sorbate, active bacterial cultures, vitamin D3, sodium citrate, made with vitamin D fortified skim milk

CONTAINS: MILK.**Triple Thick Milkshake Chocolate Syrup:**

Glucose-fructose, water, cocoa, natural (plant source) and artificial flavour, salt, potassium sorbate, may contain milk and small amount of other shake flavours served at the restaurant

Triple Thick Milkshake Raspberry Syrup:

Sugar/glucose-fructose, water, red raspberries, fruit juice concentrates (red raspberry, plum, pear, pomegranate, apple, black currant, water, lemon), natural flavour (plant source), colours (fruit and vegetable juice, beta carotene), citric acid, salt, pectin, potassium sorbate, dimethylpolysiloxane (antifoam agent), may contain milk and small amount of other shake flavours served at the restaurant

Triple Thick Milkshake Strawberry Syrup:

Sugar/glucose-fructose, water, strawberries, natural (plant source) and artificial flavour, pectin, citric acid, xanthan gum, potassium sorbate , colour (caramel, allura red), calcium chloride, dimethylpolysiloxane (antifoaming agent), may contain milk and small amount of other shake flavours served at the restaurant

Triple Thick Milkshake Vanilla Syrup:

Glucose-fructose, water, natural flavour (plant source), colour (caramel, beta-carotene), citric acid, potassium sorbate , dimethylpolysiloxane (antifoaming agent), may contain milk and small amount of other shake flavours served at the restaurant

Vanilla Birthday Cake:

Icing sugar (sugar, corn starch), flour, sugar, invert syrup, canola oil, water, egg, shortening (modified palm oil, canola oil, palm kernel oil), emulsifier (water, soy mono and diglycerides, modified corn starch, diacetyl tartaric acid ester of mono- and diglycerides, citric acid, potassium sorbate , sodium stearoyl lactylate, glycerol fatty acid ester, propylene glycol fatty acid ester, sorbitan monostearate, polyglycerol ester of fatty acids, glycerin, propylene glycol, xanthan gum), white fondant (sugar, water, glucose), wheat starch, corn syrup, milk powder, flavour (plant source), baking powder, image (tapioca starch, corn syrup solids, microcrystalline cellulose, water, sugar, glycerine, polyglycerol esters, algin, modified corn starch, canola oil, titanium dioxide, citric acid , potassium sorbate , natural colours (plant sources), sodium bicarbonate), salt, xanthan gum

CONTAINS: SOY, WHEAT, MILK, EGG.

Vanilla Ice Milk:

Milk ingredients (milk, cream), sugar, glucose, soy mono and diglycerides, guar gum, dextrose, artificial vanilla flavour, carrageenan, cellulose gum

CONTAINS: MILK.

Condiments**Becel Margarine Portions:**

Becel Margarine Portion

Butter Portion:

Butter Portion - Whipped

Chicken McNuggets Barbeque Sauce:

Chicken McNuggets Barbeque Sauce

Chicken McNuggets Hot Mustard Sauce:

Chicken McNuggets Hot Mustard Sauce

Chicken McNuggets Sweet & Sour Sauce:

Chicken McNuggets Sweet & Sour Sauce

Granulated Peanuts Packet:

Granulated Peanuts Packet

Honey Packet:

Honey

Hotcake Syrup Packet:

Hotcake Syrup

Ketchup Packet:

Ketchup

Maple Brown Sugar Packet:

Maple Brown Sugar Packet

McChicken Sauce Packet:

McChicken Sauce

Peanut Butter Packet:

Peanut Butter Packet

Pure Kraft Asiago Caesar Dressing:

Pure Kraft Asiago Caesar Dressing

Pure Kraft Calorie-Wise Asiago Caesar Dressing:

Pure Kraft Calorie-Wise Asiago Caesar Dressing

Pure Kraft Greek Feta Dressing:

Pure Kraft Greek Feta Dressing

Pure Kraft Sesame Dressing:

Pure Kraft Sesame Dressing

Pure Kraft Sweet Balsamic Vinaigrette Dressing:

Pure Kraft Sweet Balsamic Vinaigrette Dressing

Salsa Sauce Packet:

Salsa

Strawberry Jam Packet:

Strawberry Jam

Vinegar Packet:

vinegar

Condiments Ingredients**Becel Margarine Portion:**

Canola and/or sunflower oil, water, modified palm and palm kernel oil, salt, whey powder, soy lecithin, monoglycerides (palm oil base), potassium sorbate, citric acid, alpha-tocopherol acetate, artificial flavour, beta carotene, vitamin A palmitate, calcium disodium EDTA, vitamin D3

CONTAINS: SOY, MILK.**Butter Portion - Whipped:**

Cream, salt, may contain colour

CONTAINS: MILK.**Chicken McNuggets Barbeque Sauce:**

Glucose-fructose, water, vinegar, tomato paste, salt, modified corn starch, soybean oil, hydrolyzed corn soy wheat gluten protein, mustard seed, seasonings (autolyzed yeast extract, mustard, wheat flour), chili powder, xanthan gum, onion powder, potassium sorbate, sodium benzoate, red peppers

CONTAINS: SOY, WHEAT, MUSTARD.**Chicken McNuggets Hot Mustard Sauce:**

Prepared mustard (water, vinegar, mustard seed, salt, spices), glucose-fructose, water, soybean oil, vinegar, mustard flour, egg yolks, modified corn starch, salt, colour (annatto, caramel), xanthan gum, spices, sodium benzoate, calcium disodium EDTA, natural flavour (plant source)

CONTAINS: EGG, MUSTARD.**Chicken McNuggets Sweet & Sour Sauce:**

Glucose-fructose, water, concentrated apricot puree, vinegar, Teriyaki sauce [soy sauce (water, soybeans, wheat, salt), water, sugar, vinegar, onion powder, garlic powder, sodium benzoate], Worcestershire Powder [dextrose, garlic powder, salt, cellulose gum, spices, chili peppers, malic acid, natural flavour (plant source), onion powder], modified corn starch, salt, soybean oil, xanthan gum, mustard flour, sodium benzoate, colour (caramel), natural flavour (plant source)

CONTAINS: SOY, WHEAT, MUSTARD.

Granulated Peanuts Packet:

Peanuts

CONTAINS: PEANUTS.

Honey:

Honey

Hotcake Syrup:

Glucose-fructose, sugar, water, natural (plant source) and artificial flavours, potassium sorbate, colour (caramel)

Ketchup:

Tomato paste, liquid sugar, white vinegar, salt, water, spices

Maple Brown Sugar Packet:

Brown sugar, maple sugar

McChicken Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

Peanut Butter Packet:

Selected roasted peanuts, soybean oil, corn dextrin, sugar, hydrogenated vegetable oil, dextrose, salt

CONTAINS: PEANUTS, SOY.

Pure Kraft Asiago Caesar Dressing:

Canola oil, water, garlic, extra virgin olive oil, asiago, parmesan and romano cheese, egg yolks, vinegar, sugar, salt, garlic juice, anchovy paste, spices and seasonings, lemon juice concentrate, citric acid, xanthan gum, yeast extract, modified milk ingredients, dried garlic, silicon dioxide

CONTAINS: SOY, WHEAT, MILK, EGG, FISH.

Pure Kraft Calorie-Wise Asiago Caesar Dressing:

Water, canola oil, garlic, vinegar, asiago, parmesan and romano cheese, extra virgin olive oil, sugar, egg yolks, salt, whole eggs, garlic juice, anchovy paste, modified corn starch, xanthan gum, lemon juice concentrate, spices and seasonings, citric acid, lactic acid, yeast extract, dried garlic, silicon dioxide

CONTAINS: SOY, WHEAT, MILK, EGG, FISH.

Pure Kraft Greek Feta Dressing:

Water, canola oil, red wine vinegar, extra virgin olive oil, dried yogurt (contains milk), feta and romano cheese, sugar, white vinegar, garlic, salt, lemon juice concentrate, herbs and spices, cucumber juice, dried garlic, dried onions, modified corn starch, xanthan gum (thickener), calcium chloride, lactic acid

CONTAINS: MILK.

Pure Kraft Sesame Dressing:

Water, brown sugar, canola oil, soy sauce (water, wheat, soybeans, salt), rice vinegar, sesame oil, orange peel [orange peel, water, citric acid (acidulant)], modified corn starch, sesame seeds, xanthan gum, colour (caramel), garlic and onion powder, natural flavour (plant source)

CONTAINS: SESAME SEEDS, SOY, WHEAT.

Pure Kraft Sweet Balsamic Vinaigrette Dressing:

Water, vinegar, vegetable oils (canola and soybean), sugar, fig juice concentrate, balsamic vinegar, honey, salt, garlic, spices, xanthan gum (thickener), poppy seeds

Salsa:

Water, tomato paste, onions, green bell peppers, jalapeno peppers, vinegar, salt, glucose-fructose, canola oil, xanthan gum, dehydrated onion, citric acid, potassium sorbate, sodium benzoate, spices, garlic, ascorbic acid

Strawberry Jam:

Sugar/glucose-fructose, sugar and/or glucose-fructose, strawberries, water, fruit pectin, citric acid, mono and diglycerides

vinegar:

White vinegar (5% acetic acid by volume)

Sandwiches & Wraps**Chicken & Bacon Signature McWrap with Crispy Chicken:**

10 Whole Wheat Tortilla, Bacon Slice, Crispy Chicken Strips, Lettuce, McChicken Sauce, Monterey Jack Jalapeno, Tomato Slice

Chicken & Bacon Signature McWrap with Grilled Chicken:

10 Whole Wheat Tortilla, Bacon Slice, Grilled Chicken (NEW), Lettuce, McChicken Sauce, Monterey Jack Jalapeno, Tomato Slice

Chipotle Chicken Snack Wrap with Crispy Chicken:

Chipotle BBQ sauce, Crispy Chicken Strips, Lettuce, Shredded Monterey Jack & Light Cheddar Cheese Blend, Tortilla

Chipotle Chicken Snack Wrap with Grilled Chicken:

Chipotle BBQ sauce, Grilled Chicken (NEW), Lettuce, Shredded Monterey Jack & Light Cheddar Cheese Blend, Tortilla

Double Filet-O-Fish:

Filet-O-Fish Portion, Processed Cheese Slice, Regular Bun, Tartar Sauce

Filet-O-Fish:

Filet-O-Fish Portion, Processed Cheese Slice, Regular Bun, Tartar Sauce

Ranch Chicken Snack Wrap with Crispy Chicken:

Crispy Chicken Strips, Lettuce, Premium Ranch Sauce, Shredded Monterey Jack & Light Cheddar Cheese Blend, Tortilla

Ranch Chicken Snack Wrap with Grilled Chicken:

Grilled Chicken (NEW), Lettuce, Premium Ranch Sauce, Shredded Monterey Jack & Light Cheddar Cheese Blend, Tortilla

Sweet Chili Signature McWrap with Crispy Chicken:

10 Whole Wheat Tortilla, Crispy Chicken Strips, Cucumber, Lettuce, McChicken Sauce, Thai Sauce

Sweet Chili Signature McWrap with Grilled Chicken:

10 Whole Wheat Tortilla, Cucumber, Grilled Chicken (NEW), Lettuce, McChicken Sauce, Thai Sauce

Sandwiches & Wraps Ingredients**10 Whole Wheat Tortilla:**

Whole wheat flour, water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil), contains 2% or less of the following: sugar, potassium chloride, baking powder, salt, mono- and diglycerides of fatty acids, vital wheat gluten.

CONTAINS: WHEAT.**Bacon Slice:**

Pork bacon, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite

Chipotle BBQ sauce:

Glucose-fructose, water, tomato paste, honey, vinegar, refiners' molasses, modified corn starch, natural (plant source) and artificial flavour, salt, natural smoke flavour (plant source), soybean oil, potassium sorbate, sodium benzoate, onion powder, garlic powder, caramel colour, propylene glycol alginate, spice

Crispy Chicken Strips:

Chicken meat, water, toasted wheat crumb, sodium phosphates, corn maltodextrin, flavour (rosemary extract), salt, seasoning [salt, sugar, spice, yeast extract, onion powder, disodium inosinate and disodium guanylate, flavour (rosemary extract), corn maltodextrin, modified corn starch], polysorbate 80, chicken fat (soybean oil), silicon dioxide, breaded with: wheat flour, toasted wheat crumbs, water, corn starch, salt, wheat starch, onion powder, garlic powder, spices, baking powder, dehydrated parsley, sodium aluminum phosphate, cooked in 100% vegetable oil (canola oil, corn oil, soybean oil, hydrogenated soybean oil, citric acid, dimethylpolysiloxane)

CONTAINS: WHEAT.

MAY CONTAIN: MILK.

Cucumber:

Cucumber

Filet-O-Fish Portion:

Alaska Pollock fish fillets, toasted wheat crumbs, vegetable oil (canola, corn, soybean and hydrogenated soybean oil), modified corn starch, water, flour (corn, wheat), colour (paprika, turmeric), cellulose gum, salt, spices

CONTAINS: WHEAT, FISH.

MAY CONTAIN: MILK.

Grilled Chicken (NEW):

Boneless chicken breast meat, water, lemon juice concentrate, rice starch, salt, natural flavours (chicken, honey and plant source), vinegar, onion powder, chicken broth powder, garlic powder, rice hull concentrate, spices, sunflower oil, vegetable oil, mushroom juice concentrate, spice extractives, onion juice concentrate, garlic juice concentrate, herbs, tumeric extractives (for colour), cooked on a grill, lightly seasoned, with clarified butter (unsalted butter)

CONTAINS: MILK.**Lettuce:**

Shredded iceberg lettuce

McChicken Sauce:

Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), liquid egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.**Monterey Jack Jalapeno:**

Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, jalapeno pepper

CONTAINS: MILK.

Premium Ranch Sauce:

Water, soybean oil, corn syrup solids, buttermilk powder, vinegar, liquid egg yolk, natural flavour (plant and dairy source), modified corn starch, sugar, garlic powder, onion powder, chives, salt, parsley, lactic acid, potassium chloride, sodium gluconate, xanthan gum, potassium sorbate, sodium benzoate, maltodextrin, buttermilk, citric acid, butter, gum Arabic, propylene glycol alginate, concentrated lemon juice, calcium disodium EDTA

CONTAINS: MILK, EGG.

Processed Cheese Slice:

Cheese (milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, soy lecithin, colour (annatto)

CONTAINS: SOY, MILK.

Regular Bun:

Unbleached enriched wheat flour, water, sugar, yeast, vegetable oil (soybean and or canola), salt, potato flour, monoglycerides, calcium propionate, may contain any or all of the following in varying proportions: wheat gluten, enzymes, ascorbic acid, diacetyl tartaric acid esters of mono and diglycerides, calcium sulphate, wheat starch. Toasted in the same toaster that also prepares other bun containing butter and egg. May contain milk and egg. MAY CONTAIN SOY (Newfoundland only)

CONTAINS: WHEAT, BARLEY.

MAY CONTAIN: SESAME SEEDS.

Shredded Monterey Jack & Light Cheddar Cheese Blend:

Pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour (annatto), cellulose, natamycin

CONTAINS: MILK.

Tartar Sauce:

Soybean oil, relish (pickles, water, salt, vinegar, capers, xanthan gum, potassium sorbate, spice extractives, polysorbate 80), water, liquid egg yolk, onion, vinegar, sugar, salt, mustard flour, potassium sorbate, xanthan gum, parsley, calcium disodium EDTA

CONTAINS: EGG, MUSTARD.

Thai Sauce:

Sugar, water, vinegar, red bell pepper, modified tapioca starch, salt, dehydrated garlic, spice, xanthan gum, potassium sorbate, sodium benzoate, natural flavour (plant source)

Tomato Slice:

Sliced tomato

Tortilla:

Enriched bleached wheat flour, water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil), CONTAINS 2% OR LESS OF THE FOLLOWING: sugar, potassium chloride, trehalose, salt, autolyzed yeast extract, baking powder, vital wheat gluten, soy monoglycerides, dough conditioner (sodium metabisulfite, corn starch, microcrystalline cellulose, dicalcium phosphate)

CONTAINS: WHEAT.