

Breakfast

Served until 11:00am

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Bacon & Egg McMuffin®	1404	335		x	x								*	x	x							
Sausage & Egg McMuffin®	1768	423		x	x								*	x	x							
Egg & Cheese McMuffin®	1236	295		x	x								*	x	x							
Double Bacon & Egg McMuffin®	1573	376		x	x								*	x	x							
Double Sausage & Egg McMuffin®	2301	551		x	x								*	x	x							
Pancakes & Syrup	2019	477	V	x										x	x							
Pancakes with Sausage & Syrup	2580	612		x										x	x							
Flahavan's® Porridge Oats (Plain) with Milk	820	194	V	*	*	*	x							x								
Hash Brown†	532	127	VE																			
Bacon & Cheese Toastie	933	222		x									*	x	*							
Ham & Cheese Toastie	868	206		x									*	x	*							
Cheese Toastie	1035	247		x									*	x	*							
Breakfast Roll with Brown Sauce	2098	500		x	x	x			x				*	x	x							
Breakfast Roll with Tomato Ketchup	2082	496		x	*	*							*	x	x							
Bacon Roll with Brown Sauce	1414	336		x	x	x			x				*	*								
Bacon Roll with Tomato Ketchup	1397	332		x	*	*							*	*								
Muffin and Jam	903	214	V	x	x								*	x								



For more information on the ingredients within our products please visit our website www.mcdonalds.ie/nutrition



Additional Allergen Information

We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate we cannot guarantee any item is allergen free even after ingredients have been removed on request. While there are no nut or peanut ingredients in the products listed on this leaflet we can't guarantee that our food is completely nut or peanut free.

Please note:

- Our French Fries and Hash Browns can be cooked in the same oil as Veggie Dippers.
- Our buns, rolls, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

For any further information please contact our Customer Services Team via our website - www.mcdonalds.ie

Dates on Monopoly Game Pieces have changed

Please see below for new dates as follows:

DETAILS	DATE TYPE	OLD	NEW
Campaign Dates	Play From	24.03.2021	25.08.2021
	Play Until	04.05.2021	05.10.2021
Collect To Win	Redeem prize by	01.06.2021	02.11.2021
Instant Win	Redeem prize by (except discount vouchers)	01.06.2021	02.11.2021
	Redeem discount vouchers by	31.08.2021	31.01.2022

For more details please check mcdonalds.ie/monopoly

October Food Event

6/10/21 to 16/11/21
Subject to availability.

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Double Big Mac®	2901	694		x	*	*							x	x	x							
Nacho Cheese Wedges	895	215		x										x			*		*			
Sharebox Nacho Cheese Wedges	2685	644		x										x			*		*			
Sour Cream & Chive Dip - 25ml	280	68	V											x	x							
Cadbury Crunchie McFlurry®	1459	347	V	*										x								
Mini Cadbury Crunchie McFlurry®	730	173	V	*										x								
McPlant®	1798	429	VE	x	*	*							x	*						x		

McCafé Drinks

Subject to availability.

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Salted Caramel Latte	REGULAR	691	164	V										x								
	LARGE	867	206	V										x								
Hot Chocolate Deluxe		846	201	V										x								
Choco Fudge Latte	REGULAR	766	182	V										x								
	LARGE	950	226	V										x								

Information correct at time of print, October 2021.

V = Suitable for vegetarians. VE = Suitable for vegans. X = Contains indicated allergen. * = May contain traces of indicated allergen (presence cannot be excluded). † Please note our Fries and Hash Browns may be cooked in the same oil as the other vegan products. 0 = Zero amount present. \$ = Does not include optional condiments. † = At participating stores only - see mcdonalds.ie/mcplant. We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period. Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. While the ingredient information is based on standard product formulations, variations may occur. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to Ireland only and is subject to change without notice. Please check www.mcdonalds.ie for the most up-to-date information.



McDonald's Ireland

ALLERGEN

information guide

OCTOBER FOOD EVENT 2021

Valid from 6th October - 16th November 2021

For more information please visit our website and view the menu section www.mcdonalds.ie/nutrition

We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period.

