McDonald's Australia
McCafe Desserts - Loaded Cookie - October 2026
Allergen - Ingredients - Nutrition Information

Information correct as at October 2026

Nutrition Disclaimer

We operate restaurants that handle Gluten, Wheat, Egg, Milk, Soy, Sesame, Fish, Peanut, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Sulphites.

While we identify and manage allergen risks, our menu items may be prepared on the same equipment and in the same kitchen area as menu items that do contain these allergens. Check our website's allergen section regularly, as changes may occur.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We operate Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

The average adult daily energy intake is 8,700 kJ.

The nutrition and ingredient information provided is based on standard product formulations, standard product assembly, and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may differ from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients, please contact our Customer Service team. For details on short-time menu items, please speak with a manager in one of our restaurants or reach out to our Customer Service team at https://mcdonalds.com/au/en-au/contact-us.html or call us on (02) 9875 710.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3.

Desserts - Available at participating NSW & ACT restaurants only

Loaded Chocolate Chip Cookie

CHOCOLATE CHIP COOKIE:
Wheat Flour, Chocolate Ganache (Sugar, Vegetable Fat (Vegetable Oil, Emulsifiers (322 - **Soy**, 492), Antioxidant (307)), Vegetable Oil (Antioxidant (307)), Cocoa Powder, **Milk** Solids, Maize Starch, Natural Flavours, Emulsifier (322 - **Soy**), Salt), Sugar, Butter (Cream (**Milk**)), **Milk** Chocolate (Sugar, Cocoa Solids (Cocoa Butter, Cocoa Liquor), **Milk** Solids, Emulsifier (322 - **Soy**, 476), Natural Vanilla Flavour), **Milk** Chocolate (Sugar, Vegetable Fat, **Milk** Solids, Cocoa Solids, Emulsifiers (322 - **Soy**), Natural Flavours, Salt), **Egg**, 100s And 1000s (**Milk**), Tapioca Blend, Natural Vanilla Flavour, Raising Agents ((500, 450), **Wheat**), Salt, Xanthan Gum (**Soy**).
Contains: Wheat, Gluten, Soy, Milk, Egg.
May Contain: Peanut, Almond, Cashew, Hazelnut, Macadamia, Pecan, Pistachio.

	Loaded Chocolate Chip Cookie	
	Avg Qty per Serve	Avg Qty per 100 g
Energy (kJ)	2510	2010
Energy (Cal)	601	481
Protein (g)	6.9	5.5
Fat, total (g)	28.9	23.1
Saturated Fat (g)	17.3	13.8
Carbohydrate (g)	76.9	61.5
Sugars (g)	46.4	37.1
Sodium (mg)	193	154

LOADED CHOCOLATE CHIP COOKIE WITH SOFT SERVE

CHOCOLATE CHIP COOKIE:
Wheat Flour, Chocolate Ganache (Sugar, Vegetable Fat (Vegetable Oil, Emulsifiers (322 - **Soy**, 492), Antioxidant (307)), Vegetable Oil (Antioxidant (307)), Cocoa Powder, **Milk** Solids, Maize Starch, Natural Flavours, Emulsifier (322 - **Soy**), Salt), Sugar, Butter (Cream (**Milk**)), **Milk** Chocolate (Sugar, Cocoa Solids (Cocoa Butter, Cocoa Liquor), **Milk** Solids, Emulsifier (322 - **Soy**, 476), Natural Vanilla Flavour), **Milk** Chocolate (Sugar, Vegetable Fat, **Milk** Solids, Cocoa Solids, Emulsifiers (322 - **Soy**), Natural Flavours, Salt), **Egg**, 100s And 1000s (**Milk**), Tapioca Blend, Natural Vanilla Flavour, Raising Agents ((500, 450), **Wheat**), Salt, Xanthan Gum (**Soy**).
Contains: Wheat, Gluten, Soy, Milk, Egg.
May Contain: Peanut, Almond, Cashew, Hazelnut, Macadamia, Pecan, Pistachio.

VANILLA SUNDAE MIX:
Milk, Sugar, **Milk** Solids, Glucose Syrup (Maize), Cream (**Milk**), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.
Contains: Milk.

	Loaded Chocolate Chip Cookie with Soft Serve	
	Avg Qty per Serve	Avg Qty per 100 g
Energy (kJ)	3020	1440
Energy (Cal)	723	344
Protein (g)	10.4	5.0
Fat, total (g)	32.4	15.4
Saturated Fat (g)	19.6	9.3
Carbohydrate (g)	95.7	45.6
Sugars (g)	63.6	30.3
Sodium (mg)	232	111

Change Tracker:

Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description
23/10/2026	1	McCafe Desserts- Loaded Cookie (Trial) - October 2026	23/10/2026	28/10/2026	Loaded Cookie and Loaded Cookie with Sundae
28/10/2026	2	McCafe Desserts- Loaded Cookie (Trial) - October	28/10/2026	28/10/2026	Added disclaimer for participating restaurants only