



McDonald's Australia

McCafe Desserts - Loaded Cookie - October 2026

Allergen - Ingredients - Nutrition Information

Information correct as at October 2026

Nutrition Disclaimer

We operate restaurants that handle Gluten, Wheat, Egg, Milk, Soy, Sesame, Fish, Peanut, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Sulphites.

While we identify and manage allergen risks, our menu items may be prepared on the same equipment and in the same kitchen area as menu items that do contain these allergens. Check our website's allergen section regularly, as changes may occur.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We operate Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

The average adult daily energy intake is 8,700 kJ.

The nutrition and ingredient information provided is based on standard product formulations, standard product assembly, and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may differ from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients, please contact our Customer Service team. For details on short-time menu items, please speak with a manager in one of our restaurants or reach out to our Customer Service team at <https://mcdonalds.com/au/en-au/contact-us.html> or call us on (02) 9875 710.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3.

Desserts

Loaded Chocolate Chip Cookie		Loaded Chocolate Chip Cookie	
CHOCOLATE CHIP COOKIE:		Avg Qty per Serve	Avg Qty per 100 g
Wheat Flour, Chocolate Ganache (Sugar, Vegetable Fat (Vegetable Oil, Emulsifiers (322 - Soy , 492), Antioxidant (307)), Vegetable Oil (Antioxidant (307)), Cocoa Powder, Milk Solids, Maize Starch, Natural Flavours, Emulsifier (322 - Soy), Salt), Sugar, Butter (Cream (Milk)), Milk Chocolate (Sugar, Cocoa Solids (Cocoa Butter, Cocoa Liquor), Milk Solids, Emulsifier (322 - Soy , 476), Natural Vanilla Flavour), Milk Chocolate (Sugar, Vegetable Fat, Milk Solids, Cocoa Solids, Emulsifiers (322 - Soy), Natural Flavours, Salt), Egg , 100s And 1000s (Milk), Tapioca Blend, Natural Vanilla Flavour, Raising Agents ((500, 450), Wheat), Salt, Xanthan Gum (Soy).		Energy (kJ)	2510
Contains: Wheat, Gluten, Soy, Milk, Egg.		Energy (Cal)	601
May Contain: Peanut, Almond, Cashew, Hazelnut, Macadamia, Pecan, Pistachio.		Protein (g)	6.9
		Fat, total (g)	28.9
		Saturated Fat (g)	17.3
		Carbohydrate (g)	76.9
		Sugars (g)	46.4
		Sodium (mg)	193
LOADED CHOCOLATE CHIP COOKIE WITH SOFT SERVE		Loaded Chocolate Chip Cookie with Soft Serve	
CHOCOLATE CHIP COOKIE:		Avg Qty per Serve	Avg Qty per 100 g
Wheat Flour, Chocolate Ganache (Sugar, Vegetable Fat (Vegetable Oil, Emulsifiers (322 - Soy , 492), Antioxidant (307)), Vegetable Oil (Antioxidant (307)), Cocoa Powder, Milk Solids, Maize Starch, Natural Flavours, Emulsifier (322 - Soy), Salt), Sugar, Butter (Cream (Milk)), Milk Chocolate (Sugar, Cocoa Solids (Cocoa Butter, Cocoa Liquor), Milk Solids, Emulsifier (322 - Soy , 476), Natural Vanilla Flavour), Milk Chocolate (Sugar, Vegetable Fat, Milk Solids, Cocoa Solids, Emulsifiers (322 - Soy), Natural Flavours, Salt), Egg , 100s And 1000s (Milk), Tapioca Blend, Natural Vanilla Flavour, Raising Agents ((500, 450), Wheat), Salt, Xanthan Gum (Soy).		Energy (kJ)	3020
Contains: Wheat, Gluten, Soy, Milk, Egg.		Energy (Cal)	723
May Contain: Peanut, Almond, Cashew, Hazelnut, Macadamia, Pecan, Pistachio.		Protein (g)	10.4
		Fat, total (g)	32.4
		Saturated Fat (g)	19.6
		Carbohydrate (g)	95.7
		Sugars (g)	63.6
		Sodium (mg)	232
VANILLA SUNDAE MIX:			
Milk , Sugar, Milk Solids, Glucose Syrup (Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.			
Contains: Milk.			

Change Tracker:					
Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description
23/10/2026	1	McCafe Desserts- Loaded Cookie (Trial) - October 2026	23/10/2026		Loaded Cookie and Loaded Cookie with Sundae