



McDonald's Australia Ice Cream Birthday Cake Allergen - Ingredients - Nutrition Information

April 2026

Nutrition Disclaimer

We operate restaurants that handle Gluten, Wheat, Egg, Milk, Soy, Sesame, Fish, Peanut, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Sulphites.

While we identify and manage allergen risks, our menu items may be prepared on the same equipment and in the same kitchen area as menu items that do contain these allergens. Check our website's allergen section regularly, as changes may occur.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We operate Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

The average adult daily energy intake is 8,700 kJ.

The nutrition and ingredient information provided is based on standard product formulations, standard product assembly, and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may differ from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients, please contact our Customer Service team. For details on short-time menu items, please speak with a manager in one of our restaurants or reach out to our Customer Service team at <https://mcdonalds.com/au/en-au/contact-us.html> or call us on (02) 9875 710.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3.

If this document has been printed, please visit <https://mcdonalds.com.au/our-impact/food-quality-sourcing/nutrition> for most current information.

Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Artificial Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
DESSERTS																							
Birthday Cake - Ice Cream Cake	M	M		P	P		M	M	M	M	M	M	M	M	M							P	P

Chart key:

P: Allergen is PRESENT in the product as an ingredient, food additive or processing aid.

M: Allergen may be present

DESSERTS

Birthday Cake - Ice Cream Cake

Water, Dairy Ingredients (Reconstituted Skim **Milk**, **Milk** Solids), Sugar, Glucose Syrup, Vegetable Oil and or Cream/Butter (**Milk**), Maltodextrin, Cocoa Solids, Vegetable Origin Emulsifiers [477, 471, 322 (**Soy**)], Vegetable Gum (412), Flavours, Thickeners (Tapioca Starch, 1422), Colours (120, 160a, 163, 160c, 100), Spirulina Extract.

Contains: Milk, Soy.

May be present: Gluten, Wheat, Peanuts, Tree Nuts.

	Per Slice	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	334	760
Energy (Cal)	81	183
Protein (g)	0.8	1.9
Fat, total (g)	2.9	6.6
Saturated Fat (g)	2.6	6.0
Carbohydrate (g)	12.5	28.4
Sugars (g)	10.1	22.9
Sodium (mg)	42	95

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Change Tracker:

Date	Document Number/Revision	Document Title	Issued	Upload Date	Description
14/04/2026	10	Aus Dessert Menu (Ice Cream Birthday Cake)_April	14/04/2026	14/04/2026	Remove: Choc soft serve and twin twist builds
31/03/2026	9	Aus Dessert Menu (Ice Cream Birthday Cake, Chocolate and Twin Twist) _April 2026	1/04/2026	1/04/2026	Updated Ice Cream Birthday Cake formulation
27/01/2026	8	Aus Dessert Menu (Ice Cream Birthday Cake, Chocolate and Twin Twist) _January 2026	27/01/2026	27/01/2026	Updated for twin twist and ice cream cake information only.
24/11/2025	7	Aus Dessert Menu _November 2025	24/11/2025	24/11/2025	Updated allergen information for M&M'S MINI® TOPPING to remove Almond, Brazil Nut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut.
15/08/2025	6	Aus Dessert Menu _August 2025	15/08/2025	15/08/2025	Remove yoghurt
10/02/2025	5	Aus Dessert Menu _February 2025	12/02/2025	12/02/2025	Remove yoghurt
9/02/2024	4	Aus Dessert Menu _February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements