



McDonald's Australia

Ice Cream Birthday Cake, Chocolate and Twin Twist Desserts Menu

Allergen - Ingredients - Nutrition Information

April 2026

Nutrition Disclaimer

We operate restaurants that handle Gluten, Wheat, Egg, Milk, Soy, Sesame, Fish, Peanut, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Sulphites.

While we identify and manage allergen risks, our menu items may be prepared on the same equipment and in the same kitchen area as menu items that do contain these allergens. Check our website's allergen section regularly, as changes may occur.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We operate Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

The average adult daily energy intake is 8,700 kJ.

The nutrition and ingredient information provided is based on standard product formulations, standard product assembly, and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may differ from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients, please contact our Customer Service team. For details on short-time menu items, please speak with a manager in one of our restaurants or reach out to our Customer Service team at <https://mcdonalds.com/au/en-au/contact-us.html> or call us on (02) 9875 710.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3.

Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Artificial Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
DESSERTS																							
The Derpy Chocolate McFlurry®				P																	P	P	
The Derpy Twin Twist McFlurry®				P																	P	P	
Birthday Cake - Ice Cream Cake	M	M		P	P		M	M	M	M	M	M	M	M	M						P	P	
Chocolate Soft Serve Cone	P	P		P	P																		
Twin Twist Soft Serve Cone	P	P		P	P																		
Chocolate Soft Serve Cone with Cadbury® Flake®	P	P		P	P		M	M		M												P	
Twin Twist Soft Serve Cone with Cadbury® Flake®	P	P		P	P		M	M		M												P	
M&M's Minis® Chocolate McFlurry®	P	M		P	P		M			M	M										P	P	
M&M's Minis® Twin Twist McFlurry®	P	M		P	P		M			M	M										P	P	
Oreo Cookies® Chocolate McFlurry®	P	P		P	P		M															P	
Oreo Cookies® Twin Twist McFlurry®	P	P		P	P		M															P	
Caramel Chocolate Sundae				P																			
Caramel Twin Twist Sundae				P																			
Hot Fudge Chocolate Sundae				P	P																		
Hot Fudge Twin Twist Sundae				P	P																		
Plain Chocolate Sundae				P																			
Plain Twin Twist Sundae				P																			
Strawberry Chocolate Sundae				P														P		P	P		
Strawberry Twin Twist Sundae				P														P		P	P		

Chart key:
P: Allergen is PRESENT in the product as an ingredient, food additive or processing aid.
M: Allergen may be present

DESSERTS

The Derpy Chocolate McFlurry® *(Available at participating restaurants)*

CHOCOLATE SUNDAE MIX: **Milk, Milk** Solids, Sugar, Cream (**Milk**) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.
 PURPLE BROWN SUGAR FLAVOURED PEARLS: Glucose Syrup, Water, Modified Starch, Sugar, Sodium Citrate, Flavour, Guar Gum, Citric Acid, Xanthan Gum, Amaranth, Brilliant Blue FCF.
 BROWN SUGAR FLAVOURED TOPPING: Sugar, Water, Thickeners (1442, 415), Natural Flavouring, Salt, Food Acid (330), Preservative (202), Colours (171, 129, 133).

Contains: Milk.

	The Derpy Chocolate McFlurry®	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1710	743
Energy (Cal)	409	178
Protein (g)	6.4	2.8
Fat, total (g)	4.9	2.1
Saturated Fat (g)	3.4	1.5
Carbohydrate (g)	83.3	36.2
Sugars (g)	60.6	26.3
Sodium (mg)	409	178

The Derpy Twin Twist McFlurry® *(Available at participating restaurants)*

CHOCOLATE SUNDAE MIX: **Milk, Milk** Solids, Sugar, Cream (**Milk**) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.
 VANILLA SUNDAE MIX: **Milk**, Sugar, **Milk** Solids, Glucose Syrup (from Maize), Cream (**Milk**), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.
 PURPLE BROWN SUGAR FLAVOURED PEARLS: Glucose Syrup, Water, Modified Starch, Sugar, Sodium Citrate, Flavour, Guar Gum, Citric Acid, Xanthan Gum, Amaranth, Brilliant Blue FCF.
 BROWN SUGAR FLAVOURED TOPPING: Sugar, Water, Thickeners (1442, 415), Natural Flavouring, Salt, Food Acid (330), Preservative (202), Colours (171, 129, 133).

Contains: Milk.

	The Derpy Twin Twist McFlurry®	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1740	756
Energy (Cal)	415	180
Protein (g)	6.4	2.8
Fat, total (g)	5.6	2.4
Saturated Fat (g)	3.8	1.7
Carbohydrate (g)	83.3	36.2
Sugars (g)	60.9	26.4
Sodium (mg)	387	168

Birthday Cake - Ice Cream Cake

Water, Dairy Ingredients (Reconstituted Skim **Milk, Milk** Solids), Sugar, Glucose Syrup, Vegetable Oil and or Cream/Butter (**Milk**), Maltodextrin, Cocoa Solids, Vegetable Origin Emulsifiers [477, 471, 322 (**Soy**)], Vegetable Gum (412), Flavours, Thickeners (Tapioca Starch, 1422), Colours (120, 160a, 163, 160c, 100), Spirulina Extract.

Contains: Milk, Soy.
May be present: Gluten, Wheat, Peanuts, Tree Nuts.

	Per Slice	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	334	760
Energy (Cal)	81	183
Protein (g)	0.8	1.9
Fat, total (g)	2.9	6.6
Saturated Fat (g)	2.6	6.0
Carbohydrate (g)	12.5	28.4
Sugars (g)	10.1	22.9
Sodium (mg)	42	95

Chocolate Soft Serve Cone *(Available at participating restaurants)*

CHOCOLATE SUNDAE MIX: **Milk, Milk** Solids, Sugar, Cream (**Milk**) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.
 CONE: **Wheat** Flour, Vegetable Oil (Coconut), **Wheaten** Cornflour, Emulsifier (**Soy** Lecithin, (322)), Salt, Mineral Salt (500).

Contains: Wheat, Gluten, Milk, Soy.

	Chocolate Soft Serve Cone	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	551	622
Energy (Cal)	132	149
Protein (g)	4.0	4.5
Fat, total (g)	2.9	3.3
Saturated Fat (g)	2.0	2.3
Carbohydrate (g)	21.8	24.6
Sugars (g)	16.9	19.1
Sodium (mg)	74	84

Twin Twist Soft Serve Cone *(Available at participating restaurants)*

CHOCOLATE SUNDAE MIX: **Milk, Milk** Solids, Sugar, Cream (**Milk**) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.
 VANILLA SUNDAE MIX: **Milk**, Sugar, **Milk** Solids, Glucose Syrup (from Maize), Cream (**Milk**), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.
 CONE: **Wheat** Flour, Vegetable Oil (Coconut), **Wheaten** Cornflour, Emulsifier (**Soy** Lecithin, (322)), Salt, Mineral Salt (500).

Contains: Wheat, Gluten, Milk, Soy.

	Twin Twist Soft Serve Cone	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	563	635
Energy (Cal)	134	152
Protein (g)	3.9	4.5
Fat, total (g)	3.3	3.7
Saturated Fat (g)	2.3	2.5
Carbohydrate (g)	21.7	24.5
Sugars (g)	17.1	19.3
Sodium (mg)	62	70

Chocolate Soft Serve Cone with Cadbury® Flake® *(Available at participating restaurants)*

CHOCOLATE SUNDAE MIX: **Milk, Milk** Solids, Sugar, Cream (**Milk**) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.
 CADBURY® FLAKE®: Full Cream **Milk**, Sugar, Cocoa Butter, Cocoa Mass, **Milk** Solids, Emulsifiers (**Soy** Lecithin, 476), Flavours.
 CONE: **Wheat** Flour, Vegetable Oil (Coconut), **Wheaten** Cornflour, Emulsifier (**Soy** Lecithin, (322)), Salt, Mineral Salt (500).

Contains: Gluten, Wheat, Milk, Soy.
CADBURY® FLAKE® is produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).

	Chocolate Soft Serve Cone with Cadbury® Flake®	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	737	759
Energy (Cal)	176	181
Protein (g)	4.6	4.8
Fat, total (g)	5.4	5.6
Saturated Fat (g)	3.5	3.6
Carbohydrate (g)	26.8	27.6
Sugars (g)	21.8	22.4
Sodium (mg)	81	84

		Twin Twist Soft Serve Cone with Cadbury® Flake® <small>(Available at participating restaurants)</small>			
		Avg Qty / Serve	Avg Qty / 100g		
<p>VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>CADBURY® FLAKE®: Full Cream Milk, Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (Soy Lecithin, 476), Flavours.</p> <p>CONE: Wheat Flour, Vegetable Oil (Coconut), Wheaten Cornflour, Emulsifier (Soy Lecithin, (322)), Salt, Mineral Salt (500).</p> <p>Contains: Gluten, Wheat, Milk, Soy.</p> <p>CADBURY® FLAKE® is produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).</p>					
		749	771		
Energy (kJ)		179	184		
Energy (Cal)		4.6	4.7		
Protein (g)		5.7	5.9		
Fat, total (g)		3.7	3.9		
Saturated Fat (g)		26.7	27.5		
Carbohydrate (g)		22.0	22.6		
Sugars (g)		69	71		
Sodium (mg)					
		M&M's Minis® Chocolate McFlurry® <small>(Available at participating restaurants)</small>			
		Avg Qty / Serve	Avg Qty / 100g		
<p>CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>M&M'S MINI® TOPPING: Milk Chocolate [Sugar, Milk Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifier (Soy Lecithin), Salt, Flavour], Sugar, Cocoa Mass, Cocoa Butter, Milk Solids, Vegetable Fat, Glucose Syrup, Emulsifier (Soy Lecithin), Colours (171, 102, 129, 110, 133), Vegetable Gum, Thickener (1400), Salt, Glazing Agent (I903), Vegetable Oil], Flavour, Malt Extract (Barley).</p> <p>Contains: Gluten, Milk, Soy.</p> <p>M&M'S MINI® TOPPING is produced in the same facility as products containing Peanuts, Cashew, Hazelnut, Wheat.</p>					
		1590	847		
Energy (kJ)		381	202		
Energy (Cal)		8.4	4.5		
Protein (g)		12.3	6.5		
Fat, total (g)		8.0	4.2		
Saturated Fat (g)		57.7	30.7		
Carbohydrate (g)		52.7	28.0		
Sugars (g)		142	76		
Sodium (mg)					
		M&M's Minis® Twin Twist McFlurry® <small>(Available at participating restaurants)</small>			
		Avg Qty / Serve	Avg Qty / 100g		
<p>VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>M&M'S MINI® TOPPING: Milk Chocolate [Sugar, Milk Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifier (Soy Lecithin), Salt, Flavour], Sugar, Cocoa Mass, Cocoa Butter, Milk Solids, Vegetable Fat, Glucose Syrup, Emulsifier (Soy Lecithin), Colours (171, 102, 129, 110, 133), Vegetable Gum, Thickener (1400), Salt, Glazing Agent (I903), Vegetable Oil], Flavour, Malt Extract (Barley).</p> <p>Contains: Gluten, Milk, Soy.</p> <p>M&M'S MINI® TOPPING is produced in the same facility as products containing Peanuts, Cashew, Hazelnut, Wheat.</p>					
		1610	858		
Energy (kJ)		386	205		
Energy (Cal)		8.3	4.4		
Protein (g)		12.9	6.9		
Fat, total (g)		8.4	4.5		
Saturated Fat (g)		57.6	30.6		
Carbohydrate (g)		53.0	28.2		
Sugars (g)		120	64		
Sodium (mg)					
		Oreo Cookies® Chocolate McFlurry® <small>(Available at participating restaurants)</small>			
		Avg Qty / Serve	Avg Qty / 100g		
<p>CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>OREO COOKIES® PIECES: Wheat Flour, Sugar, Vegetable Oil (Contains Antioxidants (304, 307b, 319)), Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (322- Soy Lecithin), Flavour.</p> <p>OR: Wheat Flour (Thiamine, Mononitrate, Riboflavin, Folic Acid, Zinc Oxide, Ferrous Fumarate), Sugar, Vegetable Oil (Contains Antioxidant (319)), Cocoa Powder, Fructose Syrup, Cornstarch, Non-Iodised Salt, Raising Agents (500, 503), Emulsifier (322- Soy Lecithin), Flavour.</p> <p>Contains: Wheat, Gluten, Milk, Soy.</p> <p>Oreo Cookies Pieces are produced on the same equipment as products containing: Milk, Peanuts.</p>					
		1260	734		
Energy (kJ)		302	176		
Energy (Cal)		7.4	4.3		
Protein (g)		8.7	5.1		
Fat, total (g)		5.2	3.0		
Saturated Fat (g)		47.6	27.7		
Carbohydrate (g)		37.8	22.0		
Sugars (g)		217	126		
Sodium (mg)					
		Oreo Cookies® Twin Twist McFlurry® <small>(Available at participating restaurants)</small>			
		Avg Qty / Serve	Avg Qty / 100g		
<p>VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>OREO COOKIES® PIECES: Wheat Flour, Sugar, Vegetable Oil (Contains Antioxidants (304, 307b, 319)), Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (322- Soy Lecithin), Flavour.</p> <p>OR: Wheat Flour (Thiamine, Mononitrate, Riboflavin, Folic Acid, Zinc Oxide, Ferrous Fumarate), Sugar, Vegetable Oil (Contains Antioxidant (319)), Cocoa Powder, Fructose Syrup, Cornstarch, Non-Iodised Salt, Raising Agents (500, 503), Emulsifier (322- Soy Lecithin), Flavour.</p> <p>Contains: Wheat, Gluten, Milk, Soy.</p> <p>Oreo Cookies Pieces are produced on the same equipment as products containing: Milk, Peanuts.</p>					
		1280	746		
Energy (kJ)		307	178		
Energy (Cal)		7.3	4.2		
Protein (g)		9.4	5.4		
Fat, total (g)		5.6	3.3		
Saturated Fat (g)		47.4	27.6		
Carbohydrate (g)		38.2	22.2		
Sugars (g)		194	113		
Sodium (mg)					
		Small		Large	
		Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
<p>CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed Milk (Milk, Sugar, Milk Solids), Invert Sugar Syrup, Water, Butter (Milk), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.</p> <p>Contains: Milk.</p>					
		1310	753	2040	827
Energy (kJ)		314	180	488	3.7
Energy (Cal)		6.7	3.9	9.2	3.3
Protein (g)		6.3	3.6	9.4	3.8
Fat, total (g)		4.3	2.5	6.4	2.6
Saturated Fat (g)		56.4	32.3	90	36.4
Carbohydrate (g)		48.1	4.5	76.1	30.8
Sugars (g)		182	104	287	116
Sodium (mg)					

	Small		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Caramel Twin Twist Sundae <i>(Available at participating restaurants)</i>				
VANILLA SUNDAE MIX: Milk , Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.				
CHOCOLATE SUNDAE MIX: Milk , Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.				
CAREMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed Milk (Milk , Sugar, Milk Solids), Invert Sugar Syrup, Water, Butter (Milk), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.				
Contains: Milk.				
Hot Fudge Chocolate Sundae <i>(Available at participating restaurants)</i>				
CHOCOLATE SUNDAE MIX: Milk , Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.				
HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy Lecithin)), Whole Sweetened Condensed Milk (Milk , Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).				
Contains: Milk, Soy.				
Hot Fudge Twin Twist Sundae <i>(Available at participating restaurants)</i>				
VANILLA SUNDAE MIX: Milk , Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.				
CHOCOLATE SUNDAE MIX: Milk , Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.				
HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy Lecithin)), Whole Sweetened Condensed Milk (Milk , Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).				
Contains: Milk, Soy.				
Plain Chocolate Sundae <i>(Available at participating restaurants)</i>				
CHOCOLATE SUNDAE MIX: Milk , Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.				
Contains: Milk.				
Plain Twin Twist Sundae <i>(Available at participating restaurants)</i>				
VANILLA SUNDAE MIX: Milk , Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.				
CHOCOLATE SUNDAE MIX: Milk , Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.				
Contains: Milk.				
Strawberry Chocolate Sundae <i>(Available at participating restaurants)</i>				
CHOCOLATE SUNDAE MIX: Milk , Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.				
STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).				
Contains: Milk, Sulphites.				

Strawberry Twin Twist Sundae *(Available at participating restaurants)*

VANILLA SUNDAE MIX: **Milk**, Sugar, **Milk** Solids, Glucose Syrup (from Maize), Cream (**Milk**), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.

CHOCOLATE SUNDAE MIX: **Milk**, **Milk** Solids, Sugar, Cream (**Milk**) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.

STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).

Contains: Milk, Sulphites.

	Small		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1100	643	1600	666
Energy (Cal)	263	154	383	159
Protein (g)	5.8	3.4	7.4	3.1
Fat, total (g)	4.9	2.9	6.1	2.5
Saturated Fat (g)	3.4	2.0	4.2	1.8
Carbohydrate (g)	47.8	27.9	72.8	30.3
Sugars (g)	44.9	26.2	69.3	28.8
Sodium (mg)	83	49	105	44

If this document has been printed, please visit <https://mcdonalds.com.au/our-impact/food-quality-sourcing/nutrition> for most current information.

Change Tracker:

Date	Document Number/Revision	Document Title	Issued	Upload Date	Description
31/03/2026	9	Aus Dessert Menu (Ice Cream Birthday Cake, Chocolate and Twin Twist)_April 2026	1/04/2026	1/04/2026	Updated Ice Cream Birthday Cake formulation
27/01/2026	8	Aus Dessert Menu (Ice Cream Birthday Cake, Chocolate and Twin Twist)_January 2026	27/01/2026	27/01/2026	Updated for twin twist and ice cream cake information only.
24/11/2025	7	Aus Dessert Menu_November 2025	24/11/2025	24/11/2025	Updated allergen information for M&M'S MINI® TOPPING to remove Almond, Brazil Nut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut.
15/08/2025	6	Aus Dessert Menu_August 2025	15/08/2025	15/08/2025	Remove yoghurt
10/02/2025	5	Aus Dessert Menu_February 2025	12/02/2025	12/02/2025	Remove yoghurt
9/02/2024	4	Aus Dessert Menu_February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements

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