



## **McDonald's Australia McCafe Beverages (Milk Alternatives) Menu Allergen - Ingredients - Nutrition Information**

**Information correct as at April 2026**

### **Nutrition Disclaimer**

We operate restaurants that handle Gluten, Wheat, Egg, Milk, Soy, Sesame, Fish, Peanut, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Sulphites.

While we identify and manage allergen risks, our menu items may be prepared on the same equipment and in the same kitchen area as menu items that do contain these allergens. Check our website's allergen section regularly, as changes may occur.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We operate Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

The average adult daily energy intake is 8,700 kJ.

The nutrition and ingredient information provided is based on standard product formulations, standard product assembly, and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may differ from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients, please contact our Customer Service team. For details on short-time menu items, please speak with a manager in one of our restaurants or reach out to our Customer Service team at <https://mcdonalds.com/au/en-au/contact-us.html> or call us on (02) 9875 710.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3.

**Allergen Summary:** As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
<b>HOT BEVERAGES</b>																							
Babyccino - Skim Milk	M			P	M			M															
Babyccino - Lactose Free Milk	M			P	M			M															
Babyccino - Soy Milk	M				P			M															
Babyccino - Almond Milk	M			M	M			P															
Babyccino - Oat Milk	P			M	M			M															
Macchiato - Skim Milk	M			P	M			M															
Macchiato - Lactose Free Milk	M			P	M			M															
Macchiato - Soy Milk	M			M	P			M															
Macchiato - Almond Milk	M			M	M			P															
Macchiato - Oat Milk	P			M	M			M															
Cappuccino - Skim Milk	M			P	M			M															
Cappuccino - Lactose Free Milk	M			P	M			M															
Cappuccino - Soy Milk	M			M	P			M															
Cappuccino - Almond Milk	M			M	M			P															
Cappuccino - Oat Milk	P			M	M			M															
Flat White - Skim Milk	M			P	M			M															
Flat White - Lactose Free Milk	M			P	M			M															
Flat White - Soy Milk	M			M	P			M															
Flat White - Almond Milk	M			M	M			P															
Flat White - Oat Milk	P			M	M			M															
Latte - Skim Milk	M			P	M			M															
Latte - Lactose Free Milk	M			P	M			M															
Latte - Soy Milk	M			M	P			M															
Latte - Almond Milk	M			M	M			P															
Latte - Oat Milk	P			M	M			M															
Piccolo Latte - Skim Milk	M			P	M			M															
Piccolo Latte - Lactose Free Milk	M			P	M			M															
Piccolo Latte - Soy Milk	M			M	P			M															
Piccolo Latte - Almond Milk	M			M	M			P															
Piccolo Latte - Oat Milk	P			M	M			M															
Matcha Latte (Skim Milk)	M			P	M			M															
Matcha Latte (Lactose Free Milk)	M			P	M			M															
Matcha Latte (Soy Milk)	M			M	P			M															
Matcha Latte (Almond Milk)	M			M	M			P															
Matcha Latte (Oat Milk)	P			M	M			M															

Brands of Lactose Free milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Lactose Free Milk.  
 Brands of Soy milk may vary between restaurants. Nutrition and ingredient information based on VitaSoy Barista Soy Milk.  
 Brands of Almond milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Almond Milk.  
 Brands of Oat milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Oat Milk.  
 Brands of Full Cream and Skim milk will vary between restaurants.

Chart key:  
**P:** Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.  
**M:** Ingredient may be present

**Allergen Summary:** As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
<b>HOT BEVERAGES</b>																							
Caramel Flavoured Latte - Skim Milk	M			P	M			M													P		
Caramel Flavoured Latte - Lactose Free Milk	M			P	M			M													P		
Caramel Flavoured Latte - Soy Milk	M			M	P			M													P		
Caramel Flavoured Latte - Almond Milk	M			M	M			P													P		
Caramel Flavoured Latte - Oat Milk	P			M	M			M													P		
Vanilla Flavoured Latte - Skim Milk	M			P	M			M													P		
Vanilla Flavoured Latte - Lactose Free Milk	M			P	M			M													P		
Vanilla Flavoured Latte - Soy Milk	M			M	P			M													P		
Vanilla Flavoured Latte - Almond Milk	M			M	M			P													P		
Vanilla Flavoured Latte - Oat Milk	P			M	M			M													P		
Hazelnut Flavoured Latte - Skim Milk	M			P	M			M													P		
Hazelnut Flavoured Latte - Lactose Free Milk	M			P	M			M													P		
Hazelnut Flavoured Latte - Soy Milk	M			M	P			M													P		
Hazelnut Flavoured Latte - Almond Milk	M			M	M			P													P		
Hazelnut Flavoured Latte - Oat Milk	P			M	M			M													P		
Mocha - Skim Milk	M			P	M			M															
Mocha - Lactose Free Milk	M			P	M			M															
Mocha - Soy Milk	M			M	P			M															
Mocha - Almond Milk	M			M	M			P															
Mocha - Oat Milk	P			M	M			M															
Hot Chocolate - Skim Milk	M			P	M			M															
Hot Chocolate - Lactose Free Milk	M			P	M			M															
Hot Chocolate - Soy Milk	M			M	P			M															
Hot Chocolate - Almond Milk	M			M	M			P															
Hot Chocolate - Oat Milk	P			M	M			M															
Chai Latte - Skim Milk	P			P	M			M									P					P	
Chai Latte - Lactose Free Milk	P			P	M			M									P					P	
Chai Latte - Soy Milk	P			P	P			M									P					P	
Chai Latte - Almond Milk	P			P	M			P									P					P	
Chai Latte - Oat Milk	P			P	M			M									P					P	

Brands of Lactose Free milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Lactose Free Milk.  
 Brands of Soy milk may vary between restaurants. Nutrition and ingredient information based on VitaSoy Barista Soy Milk.  
 Brands of Almond milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Almond Milk.  
 Brands of Oat milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Oat Milk.  
 Brands of Full Cream and Skim milk will vary between restaurants.

Chart key:  
**P:** Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.  
**M:** Ingredient may be present

**Allergen Summary:** As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
<b>COLD BEVERAGES</b>																							
Iced Chocolate - Skim Milk	M			P	M			M												P		P	
Iced Chocolate - Lactose Free Milk	M			P	M			M												P		P	
Iced Chocolate - Soy Milk	M			P	P			M												P		P	
Iced Chocolate - Almond Milk	M			P	M			P												P		P	
Iced Chocolate - Oat Milk	P			P	M			M												P		P	
Iced Mocha - Skim Milk	M			P	M			M												P		P	
Iced Mocha - Lactose Free Milk	M			P	M			M												P		P	
Iced Mocha - Soy Milk	M			M	P			M												P		P	
Iced Mocha - Almond Milk	M			M	M			P												P		P	
Iced Mocha - Oat Milk	P			M	M			M												P		P	
Iced Chai Latte - Skim Milk	P			P	M			M									P					P	
Iced Chai Latte - Lactose Free Milk	P			P	M			M									P					P	
Iced Chai Latte - Soy Milk	P			P	P			M									P					P	
Iced Chai Latte - Almond Milk	P			P	M			P									P					P	
Iced Chai Latte - Oat Milk	P			P	M			M									P					P	
Iced Matcha Latte (Skim Milk)	M			P	M			M															
Iced Matcha Latte (Lactose Free Milk)	M			P	M			M															
Iced Matcha Latte (Soy Milk)	M			M	P			M															
Iced Matcha Latte (Almond Milk)	M			M	M			P															
Iced Matcha Latte (Oat Milk)	P			M	M			M															
Iced Strawberry Matcha Latte (Skim Milk)	M			P	M			M												P		P	
Iced Strawberry Matcha Latte (Lactose Free Milk)	M			P	M			M												P		P	
Iced Strawberry Matcha Latte (Soy Milk)	M			M	P			M												P		P	
Iced Strawberry Matcha Latte (Almond Milk)	M			M	M			P												P		P	
Iced Strawberry Matcha Latte (Oat Milk)	P			M	M			M												P		P	
Iced Latte - Skim Milk	M			P	M			M															
Iced Latte - Lactose Free Milk	M			P	M			M															
Iced Latte - Soy Milk	M			M	P			M															
Iced Latte - Almond Milk	M			M	M			P															
Iced Latte - Oat Milk	P			M	M			M															

Brands of Lactose Free milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Lactose Free Milk.  
 Brands of Soy milk may vary between restaurants. Nutrition and ingredient information based on VitaSoy Barista Soy Milk.  
 Brands of Almond milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Almond Milk.  
 Brands of Oat milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Oat Milk.  
 Brands of Full Cream and Skim milk will vary between restaurants.

Chart key:  
**P:** Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.  
**M:** Ingredient may be present

**Allergen Summary:** As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
Deluxe Caramel Flavoured Iced Coffee - Skim Milk	M			P	M			M												P			
Deluxe Caramel Flavoured Iced Coffee - Lactose Free Milk	M			P	M			M												P			
Deluxe Caramel Flavoured Iced Coffee - Soy Milk	M			P	P			M												P			
Deluxe Caramel Flavoured Iced Coffee - Almond Milk	M			P	M			P												P			
Deluxe Caramel Flavoured Iced Coffee - Oat Milk	P			P	M			M												P			
Deluxe Hazelnut Flavoured Iced Coffee - Skim Milk	M			P	M			M												P			
Deluxe Hazelnut Flavoured Iced Coffee - Lactose Free Milk	M			P	M			M												P			
Deluxe Hazelnut Flavoured Iced Coffee - Soy Milk	M			P	P			M												P			
Deluxe Hazelnut Flavoured Iced Coffee - Almond Milk	M			P	M			P												P			
Deluxe Hazelnut Flavoured Iced Coffee - Oat Milk	P			P	M			M												P			
Deluxe Vanilla Flavoured Iced Coffee - Skim Milk	M			P	M			M												P			
Deluxe Vanilla Flavoured Iced Coffee - Lactose Free Milk	M			P	M			M												P			
Deluxe Vanilla Flavoured Iced Coffee - Soy Milk	M			P	P			M												P			
Deluxe Vanilla Flavoured Iced Coffee - Almond Milk	M			P	M			P												P			
Deluxe Vanilla Flavoured Iced Coffee - Oat Milk	P			P	M			M												P			
<b>EXTRAS</b>																							
Flavoured Coffee Syrup Shot																				P			
Marshmallows				M																	P	P	
Honey																							

Brands of Lactose Free milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Lactose Free Milk.  
 Brands of Soy milk may vary between restaurants. Nutrition and ingredient information based on VitaSoy Barista Soy Milk.  
 Brands of Almond milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Almond Milk.  
 Brands of Oat milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Oat Milk.  
 Brands of Full Cream and Skim milk will vary between restaurants.

Chart key:  
**P:** Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.  
**M:** Ingredient may be present

## Hot Beverages

### Babyccino - Skim Milk

SKIM MILK: Skim **Milk**.  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

Babyccino - Skim Milk		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	142	176
Energy (Cal)	34	42
Protein (g)	3.2	4.0
Fat, total (g)	0.1	0.1
Saturated Fat (g)	0.1	0.1
Carbohydrate (g)	4.9	6.0
Sugars (g)	4.8	6.0
Sodium (mg)	38	47

### Babyccino - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

Babyccino - Lactose Free Milk		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	233	279
Energy (Cal)	56	67
Protein (g)	2.7	3.2
Fat, total (g)	2.9	3.5
Saturated Fat (g)	2.1	2.5
Carbohydrate (g)	4.5	5.4
Sugars (g)	4.4	5.3
Sodium (mg)	33	39

### Babyccino - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Soy.**  
**May be present: Milk, Gluten, Almond due to equipment cross contact.**

Babyccino - Soy Milk		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	159	192
Energy (Cal)	38	46
Protein (g)	2.5	3.1
Fat, total (g)	1.5	1.8
Saturated Fat (g)	0.3	0.3
Carbohydrate (g)	3.3	3.9
Sugars (g)	2.3	2.8
Sodium (mg)	59	72

### Babyccino - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Almond.**  
**May be present: Milk, Gluten, Soy due to equipment cross contact.**

Babyccino - Almond Milk		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	137	168
Energy (Cal)	33	40
Protein (g)	0.7	0.9
Fat, total (g)	1.9	2.3
Saturated Fat (g)	0.2	0.2
Carbohydrate (g)	3.1	3.7
Sugars (g)	2.0	2.4
Sodium (mg)	40	49

### Babyccino - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Gluten.**  
**May be present: Milk, Soy, Almond due to equipment cross contact.**

Babyccino - Oat Milk		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	218	261
Energy (Cal)	52	62
Protein (g)	0.6	0.7
Fat, total (g)	2.1	2.5
Saturated Fat (g)	0.3	0.4
Carbohydrate (g)	7.4	8.9
Sugars (g)	3.2	3.9
Sodium (mg)	46	55

### Macchiato - Skim Milk

SKIM MILK: Skim **Milk**.  
COFFEE EXTRACT: Coffee, Water.

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

Macchiato - Skim Milk		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	9	22
Energy (Cal)	2	5
Protein (g)	0.2	0.5
Fat, total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	7

## Hot Beverages

### Macchiato - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
COFFEE EXTRACT: Coffee, Water.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

Macchiato - Lactose Free Milk		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	15	37
Energy (Cal)	4	9
Protein (g)	0.2	0.5
Fat, total (g)	0.2	0.4
Saturated Fat (g)	0.1	0.3
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	6

### Macchiato - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).  
COFFEE EXTRACT: Coffee, Water.

**Contains: Soy.**

**May be present: Gluten, Milk, Almond due to equipment cross contact.**

Macchiato - Soy Milk		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	10	25
Energy (Cal)	2	6
Protein (g)	0.2	0.5
Fat, total (g)	0.1	0.2
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.2	0.5
Sugars (g)	0.1	0.3
Sodium (mg)	4	11

### Macchiato - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
COFFEE EXTRACT: Coffee, Water.

**Contains: Almond.**

**May be present: Gluten, Milk, Soy due to equipment cross contact.**

Macchiato - Almond Milk		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	9	22
Energy (Cal)	2	5
Protein (g)	0.1	0.2
Fat, total (g)	0.1	0.3
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.2	0.5
Sugars (g)	0.1	0.3
Sodium (mg)	3	8

### Macchiato - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
COFFEE EXTRACT: Coffee, Water.

**Contains: Gluten.**

**May be present: Milk, Soy, Almond due to equipment cross contact.**

Macchiato - Oat Milk		
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	14	41
Energy (Cal)	3	10
Protein (g)	0.1	0.2
Fat, total (g)	0.1	0.4
Saturated Fat (g)	0.0	0.1
Carbohydrate (g)	0.4	1.4
Sugars (g)	0.2	0.6
Sodium (mg)	3	10

### Cappuccino - Skim Milk

SKIM MILK: Skim **Milk**.  
COFFEE EXTRACT: Coffee, Water.  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	333	151	539	147	659	147
Energy (Cal)	80	36	129	35	157	35
Protein (g)	7.6	3.5	12.7	3.5	15.6	3.5
Fat, total (g)	0.3	0.1	0.4	0.1	0.5	0.1
Saturated Fat (g)	0.2	0.1	0.4	0.1	0.4	0.1
Carbohydrate (g)	11.3	5.2	18.1	4.9	22.0	4.9
Sugars (g)	11.2	5.1	18.0	4.9	21.9	4.9
Sodium (mg)	89	41	148	40	181	40

### Cappuccino - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
COFFEE EXTRACT: Coffee, Water.  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	547	243	856	228	1100	240
Energy (Cal)	131	58	205	54	264	57
Protein (g)	6.4	2.8	10.1	2.7	13.1	2.8
Fat, total (g)	6.8	3.0	10.8	2.9	14.2	3.1
Saturated Fat (g)	5.0	2.2	7.9	2.1	10.3	2.2
Carbohydrate (g)	10.4	4.6	16.0	4.3	20.0	4.4
Sugars (g)	10.3	4.6	15.9	4.2	20.0	4.3
Sodium (mg)	77	34	121	32	155	34

## Hot Beverages

### Cappuccino - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).  
 COFFEE EXTRACT: Coffee, Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Soy.**  
**May be present: Milk, Gluten, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	372	166	606	162	740	162
Energy (Cal)	89	40	145	39	177	39
Protein (g)	6.0	2.7	10.0	2.7	12.3	2.7
Fat, total (g)	3.6	1.6	6.0	1.6	7.3	1.6
Saturated Fat (g)	0.6	0.3	1.0	0.3	1.3	0.3
Carbohydrate (g)	7.5	3.3	11.6	3.1	14.0	3.1
Sugars (g)	5.3	2.3	7.9	2.1	9.5	2.1
Sodium (mg)	141	63	234	63	288	63

### Cappuccino - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
 COFFEE EXTRACT: Coffee, Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Almond.**  
**May be present: Milk, Gluten, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	321	145	520	141	635	140
Energy (Cal)	77	35	124	34	152	34
Protein (g)	1.7	0.8	2.8	0.8	3.4	0.8
Fat, total (g)	4.5	2.0	7.5	2.0	9.2	2.0
Saturated Fat (g)	0.4	0.2	0.7	0.2	0.8	0.2
Carbohydrate (g)	7.0	3.2	10.8	2.9	13.0	2.9
Sugars (g)	4.4	2.0	6.5	1.8	7.8	1.7
Sodium (mg)	95	43	157	42	192	43

### Cappuccino - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
 COFFEE EXTRACT: Coffee, Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Gluten.**  
**May be present: Milk, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	513	227	843	223	1030	224
Energy (Cal)	123	54	201	53	247	53
Protein (g)	1.3	0.6	2.1	0.6	2.6	0.6
Fat, total (g)	5.0	2.2	8.4	2.2	10.3	2.2
Saturated Fat (g)	0.8	0.3	1.3	0.3	1.6	0.3
Carbohydrate (g)	17.4	7.7	28.3	7.5	34.7	7.5
Sugars (g)	7.4	3.3	11.6	3.1	14.0	3.0
Sodium (mg)	109	48	181	48	222	48

### Flat White - Skim Milk

SKIM MILK: Skim **Milk**.  
 COFFEE EXTRACT: Coffee, Water.

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	310	139	493	139	571	132
Energy (Cal)	74	33	118	33	137	32
Protein (g)	7.6	3.4	12.1	3.4	13.7	3.2
Fat, total (g)	0.2	0.1	0.3	0.1	0.4	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
Carbohydrate (g)	10.2	4.6	16.2	4.6	19.1	4.4
Sugars (g)	10.2	4.6	16.2	4.6	19.1	4.4
Sodium (mg)	87	39	139	39	168	39

### Flat White - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
 COFFEE EXTRACT: Coffee, Water.

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	530	232	842	232	1030	233
Energy (Cal)	127	55	201	55	247	56
Protein (g)	6.4	2.8	10.2	2.8	12.4	2.8
Fat, total (g)	7.0	3.0	11.1	3.0	13.6	3.1
Saturated Fat (g)	5.1	2.2	8.1	2.2	9.9	2.2
Carbohydrate (g)	9.2	4.0	14.6	4.0	17.9	4.0
Sugars (g)	9.2	4.0	14.6	4.0	17.9	4.0
Sodium (mg)	75	33	119	33	145	33

### Flat White - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).  
 COFFEE EXTRACT: Coffee, Water.

**Contains: Soy, Caffeine.**  
**May be present: Gluten, Milk, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	350	154	557	154	682	155
Energy (Cal)	84	37	133	37	163	37
Protein (g)	6.0	2.6	9.6	2.6	11.7	2.7
Fat, total (g)	3.6	1.6	5.7	1.6	7.0	1.6
Saturated Fat (g)	0.6	0.3	1.0	0.3	1.2	0.3
Carbohydrate (g)	6.2	2.7	9.9	2.7	12.1	2.7
Sugars (g)	4.0	1.8	6.4	1.8	7.8	1.8
Sodium (mg)	140	62	223	62	273	62

## Hot Beverages

### Flat White - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
COFFEE EXTRACT: Coffee, Water.

**Contains: Almond, Caffeine.**

**May be present: Gluten, Milk, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	298	133	474	133	581	134
Energy (Cal)	71	32	113	32	139	32
Protein (g)	1.6	0.7	2.5	0.7	3.1	0.7
Fat, total (g)	4.5	2.0	7.2	2.0	8.8	2.0
Saturated Fat (g)	0.4	0.2	0.6	0.2	0.8	0.2
Carbohydrate (g)	5.7	2.6	9.1	2.5	11.2	2.6
Sugars (g)	3.2	1.4	5.0	1.4	6.2	1.4
Sodium (mg)	93	41	148	41	181	42

### Flat White - Oat Milk

OAT MILK: Water, Ground Oats (contains Gluten), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
COFFEE EXTRACT: Coffee, Water.

**Contains: Gluten, Caffeine.**

**May be present: Milk, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	495	216	787	215	964	217
Energy (Cal)	118	52	188	51	230	52
Protein (g)	1.2	0.5	1.9	0.5	2.3	0.5
Fat, total (g)	5.1	2.2	8.1	2.2	9.9	2.2
Saturated Fat (g)	0.8	0.3	1.2	0.3	1.5	0.3
Carbohydrate (g)	16.4	7.2	26.1	7.1	32.0	7.2
Sugars (g)	6.3	2.7	10.0	2.7	12.2	2.7
Sodium (mg)	108	47	171	47	210	47

### Latte - Skim Milk

SKIM MILK: Skim **Milk**.  
COFFEE EXTRACT: Coffee, Water.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	310	139	445	139	588	139
Energy (Cal)	74	33	106	33	140	33
Protein (g)	7.6	3.4	11.0	3.4	14.5	3.4
Fat, total (g)	0.2	0.1	0.3	0.1	0.4	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
Carbohydrate (g)	10.2	4.6	14.6	4.6	19.3	4.6
Sugars (g)	10.2	4.6	14.6	4.6	19.3	4.6
Sodium (mg)	87	39	126	39	166	39

### Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
COFFEE EXTRACT: Coffee, Water.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	530	232	761	229	1010	232
Energy (Cal)	127	55	182	55	240	56
Protein (g)	6.4	2.8	9.2	2.8	12.1	2.8
Fat, total (g)	7.0	3.0	10.0	3.0	13.2	3.1
Saturated Fat (g)	5.1	2.2	7.3	2.2	9.6	2.2
Carbohydrate (g)	9.2	4.0	13.2	4.0	17.4	4.0
Sugars (g)	9.2	4.0	13.2	4.0	17.4	4.0
Sodium (mg)	75	33	107	32	142	33

### Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).  
COFFEE EXTRACT: Coffee, Water.

**Contains: Soy, Caffeine.**

**May be present: Gluten, Milk, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	350	154	503	152	665	154
Energy (Cal)	84	37	120	36	159	37
Protein (g)	6.0	2.6	8.6	2.6	11.4	2.6
Fat, total (g)	3.6	1.6	5.2	1.6	6.8	1.6
Saturated Fat (g)	0.6	0.3	0.9	0.3	1.1	0.3
Carbohydrate (g)	6.2	2.7	8.9	2.7	11.8	2.7
Sugars (g)	4.0	1.8	5.8	1.7	7.6	1.8
Sodium (mg)	140	62	201	61	266	62

## Hot Beverages

### Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
COFFEE EXTRACT: Coffee, Water.

**Contains: Almond, Caffeine.**  
**May be present: Gluten, Milk, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	298	133	428	131	565	133
Energy (Cal)	71	32	102	31	135	32
Protein (g)	1.6	0.7	2.3	0.7	3.0	0.7
Fat, total (g)	4.5	2.0	6.5	2.0	8.6	2.0
Saturated Fat (g)	0.4	0.2	0.6	0.2	0.7	0.2
Carbohydrate (g)	5.7	2.6	8.2	2.5	10.9	2.6
Sugars (g)	3.2	1.4	4.6	1.4	6.0	1.4
Sodium (mg)	93	41	134	41	176	41

### Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
COFFEE EXTRACT: Coffee, Water.

**Contains: Gluten, Caffeine.**  
**May be present: Milk, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	495	216	711	213	939	216
Energy (Cal)	118	52	170	51	224	52
Protein (g)	1.2	0.5	1.7	0.5	2.3	0.5
Fat, total (g)	5.1	2.2	7.3	2.2	9.6	2.2
Saturated Fat (g)	0.8	0.3	1.1	0.3	1.5	0.3
Carbohydrate (g)	16.4	7.2	23.6	7.0	31.1	7.2
Sugars (g)	6.3	2.7	9.0	2.7	11.9	2.7
Sodium (mg)	108	47	155	46	205	47

### Piccolo Latte- Skim Milk

SKIM MILK: Skim **Milk**.  
COFFEE EXTRACT: Coffee, Water.

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Piccolo Latte- Skim Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	120	116
Energy (Cal)	29	28
Protein (g)	3.0	2.9
Fat, total (g)	0.1	0.1
Saturated Fat (g)	0.1	0.1
Carbohydrate (g)	3.9	3.8
Sugars (g)	3.9	3.8
Sodium (mg)	34	33

### Piccolo Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
COFFEE EXTRACT: Coffee, Water.

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Piccolo Latte - Lactose Free Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	204	194
Energy (Cal)	49	46
Protein (g)	2.5	2.4
Fat, total (g)	2.7	2.5
Saturated Fat (g)	2.0	1.9
Carbohydrate (g)	3.6	3.4
Sugars (g)	3.6	3.4
Sodium (mg)	29	28

### Piccolo Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).  
COFFEE EXTRACT: Coffee, Water.

**Contains: Soy, Caffeine.**  
**May be present: Gluten, Milk, Almond due to equipment cross contact.**

	Piccolo Latte - Soy Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	135	129
Energy (Cal)	32	31
Protein (g)	2.3	2.2
Fat, total (g)	1.4	1.3
Saturated Fat (g)	0.2	0.2
Carbohydrate (g)	2.4	2.3
Sugars (g)	1.6	1.5
Sodium (mg)	54	52

## Hot Beverages

### Piccolo Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
COFFEE EXTRACT: Coffee, Water.

**Contains: Almond, Caffeine.**  
**May be present: Gluten, Milk, Soy due to equipment cross contact.**

	Piccolo Latte - Almond Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	115	111
Energy (Cal)	28	27
Protein (g)	0.6	0.6
Fat, total (g)	1.7	1.7
Saturated Fat (g)	0.2	0.1
Carbohydrate (g)	2.2	2.1
Sugars (g)	1.2	1.2
Sodium (mg)	36	35

### Piccolo Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
COFFEE EXTRACT: Coffee, Water.

**Contains: Gluten, Caffeine.**  
**May be present: Milk, Soy, Almond due to equipment cross contact.**

	Piccolo Latte - Oat Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	191	181
Energy (Cal)	46	43
Protein (g)	0.5	0.5
Fat, total (g)	2.0	1.9
Saturated Fat (g)	0.3	0.3
Carbohydrate (g)	6.3	6.0
Sugars (g)	2.4	2.3
Sodium (mg)	42	40

### Matcha Latte (Skim Milk)

SKIM MILK: Skim **Milk**.  
MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	895	443	1310	399	1560	392
Energy (Cal)	213	106	312	95	372	93
Protein (g)	7.7	3.8	12.8	3.9	15.2	3.8
Fat, total (g)	0.2	0.1	0.3	0.1	0.4	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
Carbohydrate (g)	36.9	18.3	50.4	15.4	60.3	15.2
Sugars (g)	25.3	12.5	35.9	11.0	42.8	10.8
Sodium (mg)	128	63	197	60	234	59

### Matcha Latte (Lactose Free Milk)

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	960	464	1420	423	1700	414
Energy (Cal)	229	111	339	101	405	99
Protein (g)	6.6	3.2	10.9	3.2	13	3.2
Fat, total (g)	6.1	2.9	10.5	3.1	12.6	3.1
Saturated Fat (g)	4.4	2.1	7.7	2.3	9.2	2.2
Carbohydrate (g)	36.1	17.4	49.0	14.6	58.6	14.3
Sugars (g)	24.4	11.8	34.4	10.3	41.2	10.1
Sodium (mg)	117	57	177	53	212	52

### Matcha Latte (Soy Milk)

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).  
MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

**Contains: Soy, Caffeine.**  
**May be present: Gluten, Milk, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	811	394	1160	348	1390	342
Energy (Cal)	194	94	278	83	332	82
Protein (g)	6.2	3.0	10.3	3.1	12.3	3.0
Fat, total (g)	3.1	1.5	5.4	1.6	6.5	1.6
Saturated Fat (g)	0.5	0.3	0.9	0.3	1.1	0.3
Carbohydrate (g)	33.5	16.3	44.5	13.3	53.2	13.1
Sugars (g)	19.9	9.7	26.6	8	31.8	7.8
Sodium (mg)	174	85	277	83	329	81

## Hot Beverages

### Matcha Latte (Almond Milk)

ALMOND MILK: Water, **Almond**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

**Contains: Almond, Caffeine.**

**May be present: Gluten, Milk, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	760	374	1070	326	1280	320
Energy (Cal)	181	89	255	78	305	76
Protein (g)	2.4	1.2	3.7	1.1	4.4	1.1
Fat, total (g)	3.9	1.9	6.8	2.1	8.1	2.0
Saturated Fat (g)	0.3	0.2	0.6	0.2	0.7	0.2
Carbohydrate (g)	33.0	16.3	43.7	13.3	52.3	13.1
Sugars (g)	19.2	9.4	25.3	7.7	30.3	7.6
Sodium (mg)	133	65	205	62	244	61

### Matcha Latte (Oat Milk)

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

**Contains: Gluten, Caffeine.**

**May be present: Soy, Milk, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	868	419	1260	375	1500	368
Energy (Cal)	207	100	301	89	359	88
Protein (g)	1.9	0.9	2.8	0.8	3.3	0.8
Fat, total (g)	4.2	2.0	7.3	2.2	8.7	2.1
Saturated Fat (g)	0.7	0.3	1.2	0.4	1.5	0.4
Carbohydrate (g)	38.6	18.6	53.4	15.9	63.8	15.6
Sugars (g)	19.8	9.5	26.3	7.8	31.5	7.7
Sodium (mg)	172	83	272	81	324	79

### Caramel Flavoured Latte - Skim Milk

SKIM MILK: Skim **Milk**.  
COFFEE EXTRACT: Coffee, Water.  
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	386	184	666	195	906	207
Energy (Cal)	92	44	159	47	217	49
Protein (g)	6.6	3.2	10.6	3.1	13.6	3.1
Fat, total (g)	0.2	0.1	0.3	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
Carbohydrate (g)	15.7	7.5	28.0	8.2	38.9	8.9
Sugars (g)	15.7	7.5	27.9	8.2	38.8	8.9
Sodium (mg)	76	36	122	36	156	36

### Caramel Flavoured Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
COFFEE EXTRACT: Coffee, Water.  
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	577	269	972	279	1300	290
Energy (Cal)	138	64	232	67	310	69
Protein (g)	5.5	2.6	8.9	2.5	11.4	2.5
Fat, total (g)	6.0	2.8	9.7	2.8	12.4	2.8
Saturated Fat (g)	4.4	2.1	7.1	2.0	9.1	2.0
Carbohydrate (g)	14.9	6.9	26.6	7.6	37.2	8.3
Sugars (g)	14.9	6.9	26.5	7.6	37.1	8.3
Sodium (mg)	65	30	104	30	133	30

### Caramel Flavoured Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).  
COFFEE EXTRACT: Coffee, Water.  
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

**Contains: Soy, Caffeine.**

**May be present: Gluten, Milk, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	421	197	722	208	978	219
Energy (Cal)	101	47	173	50	234	52
Protein (g)	5.2	2.4	8.4	2.4	10.7	2.4
Fat, total (g)	3.1	1.5	5.0	1.4	6.4	1.4
Saturated Fat (g)	0.5	0.2	0.8	0.2	1.1	0.2
Carbohydrate (g)	12.3	5.8	22.5	6.5	31.9	7.1
Sugars (g)	10.4	4.9	19.4	5.6	27.8	6.2
Sodium (mg)	122	57	195	56	250	56

## Hot Beverages

### Caramel Flavoured Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
 COFFEE EXTRACT: Coffee, Water.  
 CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

**Contains: Almond, Caffeine.**  
**May be present: Gluten, Milk, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	376	178	650	189	885	201
Energy (Cal)	90	43	155	45	212	48
Protein (g)	1.4	0.7	2.2	0.6	2.9	0.6
Fat, total (g)	3.9	1.9	6.3	1.8	8.1	1.8
Saturated Fat (g)	0.3	0.2	0.5	0.2	0.7	0.2
Carbohydrate (g)	11.9	5.6	21.8	6.4	31.0	7.0
Sugars (g)	9.6	4.6	18.2	5.3	26.3	6.0
Sodium (mg)	81	38	129	38	166	38

### Caramel Flavoured Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
 COFFEE EXTRACT: Coffee, Water.  
 CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

**Contains: Gluten, Caffeine.**  
**May be present: Milk, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	547	254	923	264	1240	275
Energy (Cal)	131	61	221	63	295	66
Protein (g)	1.0	0.5	1.7	0.5	2.1	0.5
Fat, total (g)	4.4	2.0	7.1	2.0	9.1	2.0
Saturated Fat (g)	0.7	0.3	1.1	0.3	1.4	0.3
Carbohydrate (g)	21.1	9.8	36.7	10.5	50.1	11.1
Sugars (g)	12.3	5.7	22.5	6.4	31.8	7.1
Sodium (mg)	94	43	150	43	193	43

### Vanilla Flavoured Latte - Skim Milk

SKIM MILK: Skim **Milk**.  
 COFFEE EXTRACT: Coffee, Water.  
 VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer(415).

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	386	184	666	195	906	207
Energy (Cal)	92	44	159	47	217	49
Protein (g)	6.6	3.2	10.6	3.1	13.6	3.1
Fat, total (g)	0.2	0.1	0.3	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
Carbohydrate (g)	15.7	7.5	28.0	8.2	38.9	8.9
Sugars (g)	15.7	7.5	27.9	8.2	38.8	8.9
Sodium (mg)	76	36	122	36	156	36

### Vanilla Flavoured Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
 COFFEE EXTRACT: Coffee, Water.  
 VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer(415).

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	577	269	972	279	1300	290
Energy (Cal)	138	64	232	67	310	69
Protein (g)	5.5	2.6	8.9	2.5	11.4	2.5
Fat, total (g)	6.0	2.8	9.7	2.8	12.4	2.8
Saturated Fat (g)	4.4	2.1	7.1	2.0	9.1	2.0
Carbohydrate (g)	14.9	6.9	26.6	7.6	37.2	8.3
Sugars (g)	14.9	6.9	26.5	7.6	37.1	8.3
Sodium (mg)	65	30	104	30	133	30

### Vanilla Flavoured Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).  
 COFFEE EXTRACT: Coffee, Water.  
 VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer(415).

**Contains: Soy, Caffeine.**  
**May be present: Gluten, Milk, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	421	197	722	208	978	219
Energy (Cal)	101	47	173	50	234	52
Protein (g)	5.2	2.4	8.4	2.4	10.7	2.4
Fat, total (g)	3.1	1.5	5.0	1.4	6.4	1.4
Saturated Fat (g)	0.5	0.2	0.8	0.2	1.1	0.2
Carbohydrate (g)	12.3	5.8	22.5	6.5	31.9	7.1
Sugars (g)	10.4	4.9	19.4	5.6	27.8	6.2
Sodium (mg)	122	57	195	56	250	56

## Hot Beverages

### Vanilla Flavoured Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
 COFFEE EXTRACT: Coffee, Water.  
 VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer(415).

**Contains: Almond, Caffeine.**  
**May be present: Gluten, Milk, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	376	178	650	189	885	201
Energy (Cal)	90	43	155	45	212	48
Protein (g)	1.4	0.7	2.2	0.6	2.9	0.6
Fat, total (g)	3.9	1.9	6.3	1.8	8.1	1.8
Saturated Fat (g)	0.3	0.2	0.5	0.2	0.7	0.2
Carbohydrate (g)	11.9	5.6	21.8	6.4	31.0	7.0
Sugars (g)	9.6	4.6	18.2	5.3	26.3	6.0
Sodium (mg)	81	38	129	38	166	38

### Vanilla Flavoured Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
 COFFEE EXTRACT: Coffee, Water.  
 VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer(415).

**Contains: Gluten, Caffeine.**  
**May be present: Milk, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	547	254	923	264	1240	275
Energy (Cal)	131	61	221	63	295	66
Protein (g)	1.0	0.5	1.7	0.5	2.1	0.5
Fat, total (g)	4.4	2.0	7.1	2.0	9.1	2.0
Saturated Fat (g)	0.7	0.3	1.1	0.3	1.4	0.3
Carbohydrate (g)	21.1	9.8	36.7	10.5	50.1	11.1
Sugars (g)	12.3	5.7	22.5	6.4	31.8	7.1
Sodium (mg)	94	43	150	43	193	43

### Hazelnut Flavoured Latte - Skim Milk

SKIM MILK: Skim **Milk**.  
 COFFEE EXTRACT: Coffee, Water.  
 HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	386	184	666	195	906	207
Energy (Cal)	92	44	159	47	217	49
Protein (g)	6.6	3.2	10.6	3.1	13.6	3.1
Fat, total (g)	0.2	0.1	0.3	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
Carbohydrate (g)	15.7	7.5	28.0	8.2	38.9	8.9
Sugars (g)	15.7	7.5	27.9	8.2	38.8	8.9
Sodium (mg)	76	36	122	36	156	36

### Hazelnut Flavoured Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
 COFFEE EXTRACT: Coffee, Water.  
 HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	577	269	972	279	1300	290
Energy (Cal)	138	64	232	67	310	69
Protein (g)	5.5	2.6	8.9	2.5	11.4	2.5
Fat, total (g)	6.0	2.8	9.7	2.8	12.4	2.8
Saturated Fat (g)	4.4	2.1	7.1	2.0	9.1	2.0
Carbohydrate (g)	14.9	6.9	26.6	7.6	37.2	8.3
Sugars (g)	14.9	6.9	26.5	7.6	37.1	8.3
Sodium (mg)	65	30	104	30	133	30

### Hazelnut Flavoured Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).  
 COFFEE EXTRACT: Coffee, Water.  
 HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

**Contains: Soy, Caffeine.**  
**May be present: Gluten, Milk, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	421	197	722	208	978	219
Energy (Cal)	101	47	173	50	234	52
Protein (g)	5.2	2.4	8.4	2.4	10.7	2.4
Fat, total (g)	3.1	1.5	5.0	1.4	6.4	1.4
Saturated Fat (g)	0.5	0.2	0.8	0.2	1.1	0.2
Carbohydrate (g)	12.3	5.8	22.5	6.5	31.9	7.1
Sugars (g)	10.4	4.9	19.4	5.6	27.8	6.2
Sodium (mg)	122	57	195	56	250	56

## Hot Beverages

### Hazelnut Flavoured Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
 COFFEE EXTRACT: Coffee, Water.  
 HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

**Contains: Almond, Caffeine.**  
**May be present: Gluten, Milk, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	376	178	650	189	885	201
Energy (Cal)	90	43	155	45	212	48
Protein (g)	1.4	0.7	2.2	0.6	2.9	0.6
Fat, total (g)	3.9	1.9	6.3	1.8	8.1	1.8
Saturated Fat (g)	0.3	0.2	0.5	0.2	0.7	0.2
Carbohydrate (g)	11.9	5.6	21.8	6.4	31.0	7.0
Sugars (g)	9.6	4.6	18.2	5.3	26.3	6.0
Sodium (mg)	81	38	129	38	166	38

### Hazelnut Flavoured Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
 COFFEE EXTRACT: Coffee, Water.  
 HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

**Contains: Gluten, Caffeine.**  
**May be present: Milk, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	547	254	923	264	1240	275
Energy (Cal)	131	61	221	63	295	66
Protein (g)	1.0	0.5	1.7	0.5	2.1	0.5
Fat, total (g)	4.4	2.0	7.1	2.0	9.1	2.0
Saturated Fat (g)	0.7	0.3	1.1	0.3	1.4	0.3
Carbohydrate (g)	21.1	9.8	36.7	10.5	50.1	11.1
Sugars (g)	12.3	5.7	22.5	6.4	31.8	7.1
Sodium (mg)	94	43	150	43	193	43

### Mocha - Skim Milk

SKIM MILK: Skim **Milk**.  
 COFFEE EXTRACT: Coffee, Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	613	231	958	261	1280	288
Energy (Cal)	147	55	229	62	305	69
Protein (g)	10.0	3.8	14.0	3.8	17.4	3.9
Fat, total (g)	0.8	0.3	1.3	0.4	1.8	0.4
Saturated Fat (g)	0.6	0.2	0.9	0.3	1.3	0.3
Carbohydrate (g)	23.6	8.9	37.9	10.3	51.5	11.6
Sugars (g)	22.8	8.6	36.5	9.9	49.4	11.1
Sodium (mg)	134	51	197	54	253	57

### Mocha - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
 COFFEE EXTRACT: Coffee, Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	862	318	1290	342	1670	367
Energy (Cal)	206	76	307	82	399	88
Protein (g)	8.6	3.2	12.1	3.2	15.2	3.3
Fat, total (g)	8.4	3.1	11.4	3.0	13.8	3.0
Saturated Fat (g)	6.1	2.2	8.2	2.2	9.9	2.2
Carbohydrate (g)	22.5	8.3	36.5	9.7	49.8	11.0
Sugars (g)	21.7	8.0	35.1	9.3	47.7	10.5
Sodium (mg)	120	44	178	48	231	51

### Mocha - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavourings, Salt, Food Acids (340, 331).  
 COFFEE EXTRACT: Coffee, Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Soy, Caffeine.**  
**May be present: Milk, Gluten, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	659	244	1020	272	1350	299
Energy (Cal)	158	58	243	65	323	71
Protein (g)	8.2	3.0	11.6	3.1	14.5	3.2
Fat, total (g)	4.6	1.7	6.4	1.7	7.9	1.7
Saturated Fat (g)	1.0	0.4	1.5	0.4	2.0	0.4
Carbohydrate (g)	19.1	7.1	32.1	8.6	44.5	9.8
Sugars (g)	15.9	5.9	27.4	7.3	38.5	8.5
Sodium (mg)	194	72	276	74	347	77

## Hot Beverages

### Mocha - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
 COFFEE EXTRACT: Coffee, Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Almond, Caffeine.**  
**May be present: Milk, Gluten, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	600	225	940	255	1260	282
Energy (Cal)	143	54	225	61	301	67
Protein (g)	3.2	1.2	5.0	1.4	6.7	1.5
Fat, total (g)	5.6	2.1	7.7	2.1	9.5	2.1
Saturated Fat (g)	0.8	0.3	1.2	0.3	1.6	0.4
Carbohydrate (g)	18.6	7.0	31.3	8.5	43.6	9.8
Sugars (g)	14.9	5.6	26.1	7.1	37.0	8.3
Sodium (mg)	140	53	205	56	263	59

### Mocha - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
 COFFEE EXTRACT: Coffee, Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Gluten, Caffeine.**  
**May be present: Milk, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	822	302	1230	327	1580	355
Energy (Cal)	196	72	295	78	377	85
Protein (g)	2.7	1.0	4.4	1.2	5.9	1.3
Fat, total (g)	6.3	2.3	8.6	2.3	10.2	2.3
Saturated Fat (g)	1.2	0.4	1.8	0.5	2.3	0.5
Carbohydrate (g)	30.6	11.2	47.2	12.5	61.6	13.9
Sugars (g)	18.4	6.8	30.7	8.2	42.1	9.5
Sodium (mg)	157	58	228	60	283	64

### Hot Chocolate - Skim Milk

SKIM MILK: Skim **Milk**.  
 WATER: Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	788	327	1270	308	1510	334
Energy (Cal)	188	78	303	74	360	80
Protein (g)	9.8	4.1	17.1	4.2	18.5	4.1
Fat, total (g)	1.2	0.5	1.8	0.4	2.3	0.5
Saturated Fat (g)	0.8	0.3	1.3	0.3	1.6	0.4
Carbohydrate (g)	32.4	13.4	51.1	12.4	62.1	13.8
Sugars (g)	30.9	12.8	49.0	11.9	59.3	13.1
Sodium (mg)	149	62	250	61	283	63

### Hot Chocolate - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
 WATER: Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	996	405	1650	392	1900	411
Energy (Cal)	238	97	394	94	453	98
Protein (g)	8.6	3.5	14.9	3.5	16.3	3.5
Fat, total (g)	7.6	3.1	13.6	3.2	14.3	3.1
Saturated Fat (g)	5.4	2.2	9.8	2.3	10.2	2.2
Carbohydrate (g)	31.5	12.8	49.4	11.8	60.4	13.1
Sugars (g)	30.0	12.2	47.3	11.3	57.6	12.5
Sodium (mg)	137	56	228	54	261	57

### Hot Chocolate - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).  
 WATER: Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Soy.**  
**May be present: Milk, Gluten, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	827	337	1340	319	1580	344
Energy (Cal)	198	81	320	76	377	82
Protein (g)	8.3	3.4	14.3	3.4	15.6	3.4
Fat, total (g)	4.4	1.8	7.7	1.8	8.3	1.8
Saturated Fat (g)	1.2	0.5	2.0	0.5	2.3	0.5
Carbohydrate (g)	28.7	11.7	44.3	10.6	55.1	12.0
Sugars (g)	25.1	10.3	38.3	9.2	48.5	10.6
Sodium (mg)	199	81	341	82	377	82

## Hot Beverages

### Hot Chocolate - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
 WATER: Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Almond.**  
**May be present: Milk, Gluten, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	777	321	1250	301	1490	328
Energy (Cal)	186	77	298	72	355	78
Protein (g)	4.1	1.7	6.6	1.6	7.9	1.7
Fat, total (g)	5.3	2.2	9.4	2.3	10.0	2.2
Saturated Fat (g)	1.0	0.4	1.6	0.4	1.9	0.4
Carbohydrate (g)	28.2	11.6	43.4	10.5	54.3	12.0
Sugars (g)	24.3	10.0	36.9	8.9	47.0	10.4
Sodium (mg)	152	64	259	63	293	65

### Hot Chocolate - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
 WATER: Water.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Gluten.**  
**May be present: Milk, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	963	390	1590	376	1830	397
Energy (Cal)	230	93	380	90	438	95
Protein (g)	3.7	1.5	5.9	1.4	7.1	1.5
Fat, total (g)	5.8	2.4	10.3	2.4	10.9	2.4
Saturated Fat (g)	1.4	0.6	2.3	0.5	2.6	0.6
Carbohydrate (g)	38.3	15.5	62.0	14.7	73.1	15.8
Sugars (g)	27.3	11.0	42.3	10.0	52.4	11.3
Sodium (mg)	168	68	285	68	319	69

### Chai Latte - Skim Milk

SKIM MILK: Skim **Milk**.  
 WATER: Water.  
 CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**),  
 Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

**Contains: Gluten, Milk, Sulphites, Caffeine.**  
**May be present: Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	569	253	960	292	1350	322
Energy (Cal)	136	60	234	70	323	77
Protein (g)	8.5	3.8	13.1	3.9	16.8	4.0
Fat, total (g)	1.0	0.4	1.8	0.6	2.7	0.6
Saturated Fat (g)	0.6	0.3	1.1	0.3	1.6	0.4
Carbohydrate (g)	22.8	10.1	40.4	12.1	56.7	13.5
Sugars (g)	21.4	9.5	37.7	11.3	52.6	12.5
Sodium (mg)	112	50	180	54	237	56

### Chai Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
 WATER: Water.  
 CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**),  
 Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

**Contains: Gluten, Milk, Sulphites, Caffeine.**  
**May be present: Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	789	342	1310	381	1760	408
Energy (Cal)	189	82	312	91	420	98
Protein (g)	7.3	3.2	11.3	3.3	14.5	3.4
Fat, total (g)	7.7	3.4	11.9	3.5	15.2	3.5
Saturated Fat (g)	5.5	2.4	8.4	2.4	10.6	2.5
Carbohydrate (g)	21.8	9.5	38.9	11.3	54.9	12.8
Sugars (g)	20.5	8.9	36.2	10.6	50.8	11.8
Sodium (mg)	100	43	161	47	213	50

### Chai Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavourings, Salt, Food Acids (340, 331).  
 WATER: Water.  
 CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**),  
 Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

**Contains: Gluten, Milk, Soy, Sulphites, Caffeine.**  
**May be present: Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	609	266	1300	304	1430	333
Energy (Cal)	146	63	310	73	341	80
Protein (g)	6.9	3.0	10.7	2.5	13.8	3.2
Fat, total (g)	4.4	1.9	6.9	1.6	9.0	2.1
Saturated Fat (g)	1.0	0.4	1.7	0.4	2.3	0.5
Carbohydrate (g)	18.8	8.2	34.5	8.1	49.4	11.5
Sugars (g)	15.3	6.7	28.5	6.7	41.3	9.6
Sodium (mg)	165	72	259	61	334	78

## Hot Beverages

### Chai Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

**Contains: Gluten, Milk, Almond, Sulphites, Caffeine.**  
**May be present: Soy, due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	557	246	962	285	1330	314
Energy (Cal)	133	59	230	68	318	75
Protein (g)	2.5	1.1	4.2	1.2	5.6	1.3
Fat, total (g)	5.3	2.3	8.3	2.5	10.7	2.5
Saturated Fat (g)	0.8	0.4	1.4	0.4	1.9	0.5
Carbohydrate (g)	18.4	8.1	33.8	10.0	48.5	11.5
Sugars (g)	14.4	6.4	27.3	8.1	39.7	9.4
Sodium (mg)	118	52	188	56	247	58

### Chai Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

**Contains: Gluten, Milk, Sulphites, Caffeine.**  
**May be present: Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	754	326	1250	364	1690	392
Energy (Cal)	180	78	300	87	404	94
Protein (g)	2.1	0.9	3.6	1.0	4.9	1.1
Fat, total (g)	5.9	2.5	9.1	2.6	11.7	2.7
Saturated Fat (g)	1.2	0.5	2.0	0.6	2.6	0.6
Carbohydrate (g)	29.0	12.5	49.7	14.4	68.2	15.8
Sugars (g)	17.5	7.6	31.9	9.3	45.4	10.5
Sodium (mg)	133	57	210	61	274	64

## COLD BEVERAGES

### Iced Chocolate - Skim Milk

SKIM MILK: Skim **Milk**.  
ICE: Water.  
CHOCOLATE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Natural Flavourings.  
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	938	293	1300	274	1620	270
Energy (Cal)	222	70	311	65	386	64
Protein (g)	8.4	2.6	13.1	2.8	16.6	2.8
Fat, total (g)	6.2	2.0	6.5	1.4	6.7	1.1
Saturated Fat (g)	4.5	1.4	4.7	1.0	4.9	0.8
Carbohydrate (g)	32.1	10.1	48.4	10.2	62.9	10.5
Sugars (g)	28.9	9.1	43.5	9.2	56.4	9.4
Sodium (mg)	168	53	258	54	332	55

### Iced Chocolate - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
ICE: Water.  
CHOCOLATE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Natural Flavourings.  
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1220	345	1720	334	2220	328
Energy (Cal)	291	82	411	80	531	78
Protein (g)	8.2	2.3	12.2	2.4	16.3	2.4
Fat, total (g)	13.7	3.9	18.0	3.5	22.2	3.3
Saturated Fat (g)	9.9	2.8	13.0	2.5	16.1	2.4
Carbohydrate (g)	32.6	9.2	48.3	9.4	64.0	9.5
Sugars (g)	29.3	8.3	43.5	8.4	57.6	8.5
Sodium (mg)	167	47	250	49	332	49

### Iced Chocolate - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavourings, Salt, Food Acids (340, 331).  
ICE: Water.  
CHOCOLATE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Natural Flavourings.  
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Soy.**  
**May be present: Gluten, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1010	288	1410	275	1810	268
Energy (Cal)	242	69	337	66	432	64
Protein (g)	7.7	2.2	11.5	2.3	15.4	2.3
Fat, total (g)	9.9	2.8	12.1	2.4	14.4	2.1
Saturated Fat (g)	4.6	1.3	5.0	1.0	5.5	0.8
Carbohydrate (g)	29.3	8.3	43.3	8.4	57.2	8.5
Sugars (g)	23.7	6.7	34.7	6.8	45.8	6.8
Sodium (mg)	240	68	361	70	482	71

## COLD BEVERAGES

### Iced Chocolate - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
 ICE: Water.  
 CHOCOLATE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Natural Flavours.  
 WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Almond.**  
**May be present: Gluten, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	962	276	1330	262	1690	254
Energy (Cal)	230	66	317	62	405	61
Protein (g)	2.9	0.8	4.1	0.8	5.3	0.8
Fat, total (g)	11.0	3.2	13.8	2.7	16.7	2.5
Saturated Fat (g)	4.7	1.4	5.1	1.0	5.4	0.8
Carbohydrate (g)	28.8	8.3	42.5	8.4	56.1	8.4
Sugars (g)	22.7	6.5	33.3	6.6	43.8	6.6
Sodium (mg)	187	54	280	55	374	56

### Iced Chocolate - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.  
 ICE: Water.  
 CHOCOLATE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Natural Flavours.  
 WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Gluten, Milk.**  
**May be present: Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1100	341	1580	327	1980	323
Energy (Cal)	264	82	379	78	473	77
Protein (g)	2.2	0.7	3.2	0.7	4.0	0.7
Fat, total (g)	10.8	3.3	14.0	2.9	16.2	2.7
Saturated Fat (g)	5.0	1.6	5.6	1.1	6.0	1.0
Carbohydrate (g)	38.1	11.8	58.0	12.0	4.4	12.3
Sugars (g)	25.2	7.8	37.6	7.7	5.6	8.0
Sodium (mg)	187	58	289	60	372	61

### Iced Mocha - Skim Milk

SKIM MILK: Skim **Milk**.  
 COFFEE EXTRACT: Coffee, Water.  
 ICE: Water.  
 CHOCOLATE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Natural Flavours.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	789	246	1350	275	1830	300
Energy (Cal)	189	59	324	66	437	72
Protein (g)	7.1	2.2	10.9	2.2	13.2	2.2
Fat, total (g)	0.5	0.2	0.7	0.1	1.0	0.2
Saturated Fat (g)	0.4	0.1	0.6	0.1	0.8	0.1
Carbohydrate (g)	37.8	11.8	66.6	13.5	91.4	15.0
Sugars (g)	34.6	10.8	62.4	12.7	85.1	13.9
Sodium (mg)	152	47	219	45	292	48

### Iced Mocha - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
 COFFEE EXTRACT: Coffee, Water.  
 ICE: Water.  
 CHOCOLATE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Natural Flavours.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Caffeine.**  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	975	300	1640	330	2170	351
Energy (Cal)	233	72	392	79	520	84
Protein (g)	6.0	1.9	9.2	1.8	11.2	1.8
Fat, total (g)	6.2	1.9	9.6	1.9	11.6	1.9
Saturated Fat (g)	4.5	1.4	6.9	1.4	8.4	1.4
Carbohydrate (g)	36.9	11.4	65.2	13.1	89.9	14.5
Sugars (g)	33.8	10.4	61.0	12.3	83.6	13.5
Sodium (mg)	141	43	202	41	273	44

## COLD BEVERAGES

### Iced Mocha - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).  
COFFEE EXTRACT: Coffee, Water.

ICE: Water.

CHOCOLATE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Natural Flavours.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Soy, Caffeine.**

**May be present: Milk, Gluten, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	823	254	1620	313	1890	307
Energy (Cal)	197	61	386	75	452	73
Protein (g)	5.7	1.8	8.8	1.7	10.6	1.7
Fat, total (g)	3.4	1.0	5.2	1.0	6.3	1.0
Saturated Fat (g)	0.7	0.2	1.1	0.2	1.4	0.2
Carbohydrate (g)	34.4	10.6	73.4	14.2	85.2	13.8
Sugars (g)	29.4	9.1	65.8	12.7	75.5	12.2
Sodium (mg)	196	61	302	58	375	61

### Iced Mocha - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
COFFEE EXTRACT: Coffee, Water.

ICE: Water.

CHOCOLATE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Natural Flavours.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Almond, Caffeine.**

**May be present: Milk, Gluten, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	779	242	1340	271	1810	296
Energy (Cal)	186	58	320	65	433	71
Protein (g)	2.0	0.6	2.9	0.6	3.7	0.6
Fat, total (g)	4.2	1.3	6.4	1.3	7.8	1.3
Saturated Fat (g)	0.6	0.2	0.8	0.2	1.1	0.2
Carbohydrate (g)	34.0	10.6	60.8	12.3	84.5	13.8
Sugars (g)	28.7	8.9	53.2	10.8	74.1	12.1
Sodium (mg)	156	49	226	46	301	49

### Iced Mocha - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.

COFFEE EXTRACT: Coffee, Water.

ICE: Water.

CHOCOLATE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Natural Flavours.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Gluten, Caffeine.**

**May be present: Milk, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	945	290	1590	320	2120	342
Energy (Cal)	226	69	381	76	506	82
Protein (g)	1.6	0.5	2.4	0.5	3.1	0.5
Fat, total (g)	4.6	1.4	7.1	1.4	8.6	1.4
Saturated Fat (g)	0.9	0.3	1.3	0.3	1.7	0.3
Carbohydrate (g)	43.0	13.2	74.7	15.0	101.0	16.3
Sugars (g)	31.3	9.6	57.2	11.5	79.0	12.7
Sodium (mg)	169	52	245	49	324	52

### Iced Chai Latte - Skim Milk

SKIM MILK: Skim **Milk**.

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**),

Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

**Contains: Gluten, Milk, Sulphites, Caffeine.**

**May be present: Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	585	188	1040	220	1390	244
Energy (Cal)	140	45	249	52	332	58
Protein (g)	8.9	2.9	14.7	3.1	17.7	3.1
Fat, total (g)	1.0	0.3	1.9	0.4	2.7	0.5
Saturated Fat (g)	0.6	0.2	1.1	0.2	1.6	0.3
Carbohydrate (g)	23.3	7.5	42.5	8.9	58.0	10.2
Sugars (g)	22.0	7.1	39.8	8.4	53.9	9.5
Sodium (mg)	117	38	198	42	248	43

## COLD BEVERAGES

### Iced Chai Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

**Contains: Gluten, Milk, Sulphites, Caffeine.**

**May be present: Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	816	258	1420	292	1820	314
Energy (Cal)	195	62	338	70	436	75
Protein (g)	7.6	2.4	12.6	2.6	15.3	2.6
Fat, total (g)	8.1	2.6	13.3	2.8	16.1	2.8
Saturated Fat (g)	5.7	1.8	9.4	1.9	11.2	1.9
Carbohydrate (g)	22.3	7.0	40.8	8.4	56.1	9.7
Sugars (g)	20.9	6.6	38.1	7.9	52.0	9.0
Sodium (mg)	103	33	176	36	223	38

### Iced Chai Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavourings, Salt, Food Acids (340, 331).

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

**Contains: Gluten, Milk, Soy, Sulphites, Caffeine.**

**May be present: Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	627	199	1110	230	1470	254
Energy (Cal)	150	47	266	55	351	61
Protein (g)	7.2	2.3	11.9	2.5	14.5	2.5
Fat, total (g)	4.6	1.4	7.6	1.6	9.4	1.6
Saturated Fat (g)	1.0	0.3	1.8	0.4	2.4	0.4
Carbohydrate (g)	19.2	6.1	35.8	7.4	50.2	8.7
Sugars (g)	15.5	4.9	29.4	6.1	41.8	7.2
Sodium (mg)	172	55	287	60	352	61

### Iced Chai Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

**Contains: Gluten, Milk, Sulphites, Almond, Caffeine.**

**May be present: Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	572	183	1020	214	1370	239
Energy (Cal)	137	44	245	51	327	57
Protein (g)	2.6	0.8	4.5	0.9	5.8	1.0
Fat, total (g)	5.5	1.8	9.2	1.9	11.3	2.0
Saturated Fat (g)	0.8	0.3	1.5	0.3	2.0	0.3
Carbohydrate (g)	18.6	6.0	35.0	7.3	49.2	8.6
Sugars (g)	14.6	4.7	27.9	5.8	40.1	7.0
Sodium (mg)	123	39	207	43	259	45

### Iced Chai Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

**Contains: Gluten, Milk, Sulphites, Caffeine.**

**May be present: Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	779	245	1360	279	1760	301
Energy (Cal)	186	59	324	67	420	72
Protein (g)	2.1	0.7	3.8	0.8	5.0	0.9
Fat, total (g)	6.1	1.9	10.1	2.1	12.4	2.1
Saturated Fat (g)	1.2	0.4	2.1	0.4	2.7	0.5
Carbohydrate (g)	29.9	9.4	53.0	10.9	70.3	12.1
Sugars (g)	17.9	5.6	33.2	6.8	46.2	7.9
Sodium (mg)	138	43	232	48	288	49

### Iced Latte - Skim Milk

SKIM MILK: Skim **Milk**.

ICE: Water.

SUGAR SYRUP: Sucrose Syrup (Cane), Preservatives (211, 202), Food Acid (330).

COFFEE EXTRACT: Coffee, Water.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	448	146	761	163	1010	175
Energy (Cal)	107	35	182	39	241	42
Protein (g)	7.4	2.4	11.6	2.5	14.1	2.4
Fat, total (g)	0.2	0.1	0.3	0.1	0.4	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
Carbohydrate (g)	18.5	6.0	32.6	7.0	44.5	7.7
Sugars (g)	18.5	6.0	32.6	7.0	44.5	7.7
Sodium (mg)	85	28	133	28	162	28

### Iced Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

ICE: Water.

SUGAR SYRUP: Sucrose Syrup (Cane), Preservatives (211, 202), Food Acid (330).

COFFEE EXTRACT: Coffee, Water.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	662	212	1090	231	1420	242
Energy (Cal)	158	51	261	55	338	58
Protein (g)	6.2	2.0	9.7	2.0	11.8	2.0
Fat, total (g)	6.8	2.2	10.5	2.2	12.8	2.2
Saturated Fat (g)	4.9	1.6	7.7	1.6	9.4	1.6
Carbohydrate (g)	17.5	5.6	31.1	6.6	42.7	7.3
Sugars (g)	17.5	5.6	31.1	6.6	42.7	7.3
Sodium (mg)	73	23	113	24	139	24

## COLD BEVERAGES

### Iced Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).

ICE: Water.

SUGAR SYRUP: Sucrose Syrup (Cane), Preservatives (211, 202), Food Acid (330).

COFFEE EXTRACT: Coffee, Water.

**Contains: Soy, Caffeine.**

**May be present: Gluten, Milk, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	487	157	822	174	1080	186
Energy (Cal)	116	37	196	42	259	44
Protein (g)	5.9	1.9	9.1	1.9	11.1	1.9
Fat, total (g)	3.5	1.1	5.4	1.1	6.6	1.1
Saturated Fat (g)	0.6	0.2	0.9	0.2	1.1	0.2
Carbohydrate (g)	14.6	4.7	26.6	5.6	37.2	6.4
Sugars (g)	12.5	4.0	23.3	4.9	33.2	5.7
Sodium (mg)	137	44	213	45	260	44

### Iced Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

ICE: Water.

SUGAR SYRUP: Sucrose Syrup (Cane), Preservatives (211, 202), Food Acid (330).

COFFEE EXTRACT: Coffee, Water.

**Contains: Almond, Caffeine.**

**May be present: Gluten, Milk, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	436	141	743	159	988	171
Energy (Cal)	104	34	178	38	236	41
Protein (g)	1.6	0.5	2.4	0.5	3.0	0.5
Fat, total (g)	4.4	1.4	6.8	1.5	8.3	1.4
Saturated Fat (g)	0.4	0.1	0.6	0.1	0.7	0.1
Carbohydrate (g)	14.2	4.6	25.8	5.5	36.3	6.3
Sugars (g)	11.7	3.8	22.0	4.7	31.6	5.5
Sodium (mg)	91	29	141	30	172	30

### Iced Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.

ICE: Water.

SUGAR SYRUP: Sucrose Syrup (Cane), Preservatives (211, 202), Food Acid (330).

COFFEE EXTRACT: Coffee, Water.

**Contains: Gluten, Caffeine.**

**May be present: Milk, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	628	201	1040	219	1350	230
Energy (Cal)	150	48	249	52	323	55
Protein (g)	1.2	0.4	1.8	0.4	2.2	0.4
Fat, total (g)	4.9	1.6	7.7	1.6	9.4	1.6
Saturated Fat (g)	0.7	0.2	1.2	0.2	1.4	0.2
Carbohydrate (g)	24.6	7.8	42.0	8.8	56.1	9.5
Sugars (g)	14.7	4.7	26.7	5.6	37.3	6.4
Sodium (mg)	105	34	164	34	200	34

### Iced Matcha Latte (Skim Milk)

SKIM MILK: Skim **Milk**.

ICE: Water.

MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	883	448	1260	402	1580	388
Energy (Cal)	211	107	309	96	377	92
Protein (g)	7.5	3.8	11.6	3.9	15.6	3.8
Fat, total (g)	0.2	0.1	0.3	0.1	0.4	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
Carbohydrate (g)	36.7	18.6	50.2	15.6	60.8	14.9
Sugars (g)	25.0	12.7	35.6	11.1	43.4	10.6
Sodium (mg)	126	64	194	60	239	58

### Iced Matcha Latte (Lactose Free Milk)

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

ICE: Water.

MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	946	469	1410	426	1720	411
Energy (Cal)	226	112	336	102	411	98
Protein (g)	6.4	3.2	10.7	3.3	13.3	3.2
Fat, total (g)	5.9	2.9	10.4	3.1	12.9	3.1
Saturated Fat (g)	4.3	2.1	7.6	2.3	9.4	2.2
Carbohydrate (g)	35.8	17.8	48.7	14.8	59.0	14.1
Sugars (g)	24.2	12.0	34.2	10.3	41.6	9.9
Sodium (mg)	115	57	176	53	215	51

### Iced Matcha Latte (Soy Milk)

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).

ICE: Water.

MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

**Contains: Soy, Caffeine.**

**May be present: Gluten, Milk, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	802	400	1150	351	1410	337
Energy (Cal)	192	96	276	84	336	81
Protein (g)	6.1	3.0	10.2	3.1	12.6	3.0
Fat, total (g)	3.0	1.5	5.3	1.6	6.6	1.6
Saturated Fat (g)	0.5	0.3	0.9	0.3	1.1	0.3
Carbohydrate (g)	33.3	16.6	44.3	13.5	53.5	12.9
Sugars (g)	19.8	9.9	26.5	8.1	32.0	7.7
Sodium (mg)	170	85	273	83	336	81

## COLD BEVERAGES

### Iced Matcha Latte (Almond Milk)

ALMOND MILK: Water, **Almond**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
ICE: Water.

MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

**Contains: Almond, Caffeine.**

**May be present: Gluten, Milk, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	753	380	1070	316	1300	316
Energy (Cal)	179	90	254	75	309	75
Protein (g)	2.4	1.2	3.6	1.1	4.4	1.1
Fat, total (g)	3.8	1.9	6.7	2.0	8.4	2.0
Saturated Fat (g)	0.3	0.2	0.6	0.2	0.7	0.2
Carbohydrate (g)	23.9	16.6	43.6	12.8	52.6	12.8
Sugars (g)	19.1	9.6	25.2	7.4	30.5	7.4
Sodium (mg)	130	66	203	61	249	61

### Iced Matcha Latte (Oat Milk)

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.

ICE: Water.

MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

**Contains: Gluten, Caffeine.**

**May be present: Soy, Milk, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	858	424	1250	377	1530	364
Energy (Cal)	205	101	298	90	364	87
Protein (g)	1.9	0.9	2.8	0.8	3.4	0.8
Fat, total (g)	4.1	2.0	7.2	2.2	8.9	2.1
Saturated Fat (g)	0.7	0.3	1.2	0.4	1.5	0.4
Carbohydrate (g)	38.3	18.9	53.0	16.0	64.4	15.4
Sugars (g)	19.7	9.7	26.2	7.9	31.7	7.6
Sodium (mg)	168	83	269	81	331	79

### Iced Strawberry Matcha Latte (Skim Milk)

SKIM MILK: Skim **Milk**.

ICE: Water.

MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1120	347	1520	471	1650	486
Energy (Cal)	280	87	376	116	406	120
Protein (g)	6.4	2.0	11.4	3.5	11.6	3.4
Fat, total (g)	0.1	0.0	0.3	0.1	0.3	0.1
Saturated Fat (g)	0.1	0.0	0.3	0.1	0.3	0.1
Carbohydrate (g)	53.1	16.4	66.4	20.5	73.4	21.6
Sugars (g)	41.3	12.8	51.6	16.0	55.7	16.4
Sodium (mg)	114	35	181	56	194	57

### Iced Strawberry Matcha Latte (Lactose Free Milk)

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

ICE: Water.

MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1160	572	1620	478	1750	504
Energy (Cal)	290	143	399	118	430	124
Protein (g)	5.5	2.7	9.7	2.9	10.0	2.9
Fat, total (g)	4.7	2.3	9.7	2.7	9.1	2.6
Saturated Fat (g)	3.4	1.7	6.6	2.0	6.6	1.9
Carbohydrate (g)	52.3	25.7	65.1	19.2	72.1	20.8
Sugars (g)	40.4	19.9	50.3	14.9	54.5	15.7
Sodium (mg)	104	51	164	48	177	51

### Iced Strawberry Matcha Latte (Soy Milk)

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).

ICE: Water.

MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).

**Contains: Soy, Caffeine.**

**May be present: Gluten, Milk, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1050	319	1400	424	1520	441
Energy (Cal)	264	80	347	105	377	109
Protein (g)	5.2	1.6	9.3	2.8	9.5	2.8
Fat, total (g)	2.4	0.7	4.7	1.4	4.7	1.4
Saturated Fat (g)	0.4	0.1	0.8	0.2	0.8	0.2
Carbohydrate (g)	50.3	15.3	61.2	18.6	68.2	19.8
Sugars (g)	37.0	11.2	43.6	13.2	47.7	13.8
Sodium (mg)	149	45	250	76	263	76

### Iced Strawberry Matcha Latte (Almond Milk)

ALMOND MILK: Water, **Almond**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

ICE: Water.

MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).

**Contains: Almond, Caffeine.**

**May be present: Gluten, Milk, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1010	498	1140	559	1270	576
Energy (Cal)	254	125	285	139	315	143
Protein (g)	2.3	1.1	2.5	1.2	2.8	1.3
Fat, total (g)	3.1	1.5	3.1	1.5	3.1	1.4
Saturated Fat (g)	0.3	0.1	0.3	0.1	0.3	0.1
Carbohydrate (g)	50.0	24.6	57.1	27.9	64.1	29.1
Sugars (g)	36.4	17.9	40.5	19.8	44.6	20.3
Sodium (mg)	117	58	131	64	144	65

## COLD BEVERAGES

### Iced Strawberry Matcha Latte (Oat Milk)

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.

ICE: Water.

MATCHA POWDER: Sugar, Maltodextrin, Matcha, Salt, Colours (100, 141).

STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).

**Contains: Gluten, Caffeine.**

**May be present: Soy, Milk, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1090	537	1230	591	1350	605
Energy (Cal)	273	134	305	147	336	150
Protein (g)	1.9	0.9	2.1	1.0	2.4	1.1
Fat, total (g)	3.2	1.6	3.4	1.6	3.4	1.5
Saturated Fat (g)	0.5	0.3	0.6	0.3	0.6	0.3
Carbohydrate (g)	54.2	26.7	61.5	29.6	68.5	30.6
Sugars (g)	36.8	18.1	41	19.8	45.1	20.2
Sodium (mg)	146	72	162	78	175	78

### Deluxe Caramel Flavoured Iced Coffee - Skim Milk

MILK: Skim **Milk**.

ICE: Water.

CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	892	263	1160	238	1380	231
Energy (Cal)	213	63	278	57	330	55
Protein (g)	7.5	2.2	11.3	2.3	13.8	2.3
Fat, total (g)	5.8	1.7	5.9	1.2	6.0	1.0
Saturated Fat (g)	4.2	1.3	4.3	0.9	4.4	0.7
Carbohydrate (g)	32.1	9.5	44.1	9.0	54.3	9.1
Sugars (g)	31.8	9.4	43.8	8.9	53.9	9.0
Sodium (mg)	89	26	132	27	160	27

### Deluxe Caramel Flavoured Iced Coffee - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

ICE: Water.

CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1090	318	1480	297	1760	291
Energy (Cal)	261	76	353	71	422	70
Protein (g)	6.4	1.9	9.6	1.9	11.6	1.9
Fat, total (g)	12.1	3.5	15.5	3.1	17.8	2.9
Saturated Fat (g)	8.7	2.5	11.2	2.3	12.9	2.1
Carbohydrate (g)	31.2	9.1	42.7	8.6	52.6	8.7
Sugars (g)	30.9	9.0	42.4	8.5	52.2	8.6
Sodium (mg)	77	22	114	23	138	23

### Deluxe Caramel Flavoured Iced Coffee - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).

ICE: Water.

CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Soy, Caffeine.**

**May be present: Gluten, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	929	271	1220	246	1450	240
Energy (Cal)	222	65	292	59	347	57
Protein (g)	6.1	1.8	9.0	1.8	11.0	1.8
Fat, total (g)	9.0	2.6	10.7	2.2	11.9	2.0
Saturated Fat (g)	4.6	1.3	4.9	1.0	5.1	0.8
Carbohydrate (g)	28.4	8.3	38.5	7.8	47.4	7.8
Sugars (g)	26.2	7.6	35.1	7.1	43.2	7.1
Sodium (mg)	137	40	207	42	252	42

### Deluxe Caramel Flavoured Iced Coffee - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

ICE: Water.

CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Almond, Caffeine.**

**May be present: Gluten, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	881	259	1150	233	1360	227
Energy (Cal)	211	62	274	56	325	54
Protein (g)	2.0	0.6	2.8	0.6	3.3	0.6
Fat, total (g)	9.8	2.9	12.1	2.5	13.5	2.3
Saturated Fat (g)	4.4	1.3	4.6	0.9	4.7	0.8
Carbohydrate (g)	28.0	8.2	37.8	7.7	46.5	7.8
Sugars (g)	25.4	7.5	33.9	6.9	41.8	7.0
Sodium (mg)	94	28	140	28	170	28

## COLD BEVERAGES

### Deluxe Caramel Flavoured Iced Coffee - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.

ICE: Water.

CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Gluten, Milk, Caffeine.**

**May be present: Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1060	308	1430	286	1700	280
Energy (Cal)	254	74	341	68	407	67
Protein (g)	1.6	0.5	2.2	0.4	2.6	0.4
Fat, total (g)	10.3	3.0	12.8	2.6	14.5	2.4
Saturated Fat (g)	4.8	1.4	5.1	1.0	5.4	0.9
Carbohydrate (g)	37.8	11.0	52.9	10.6	65.1	10.7
Sugars (g)	28.2	8.2	38.2	7.7	47.2	7.8
Sodium (mg)	107	31	161	32	196	32

### Deluxe Hazelnut Flavoured Iced Coffee - Skim Milk

MILK: Skim **Milk**.

ICE: Water.

HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	892	263	1160	238	1380	231
Energy (Cal)	213	63	278	57	330	55
Protein (g)	7.5	2.2	11.3	2.3	13.8	2.3
Fat, total (g)	5.8	1.7	5.9	1.2	6.0	1.0
Saturated Fat (g)	4.2	1.3	4.3	0.9	4.4	0.7
Carbohydrate (g)	32.1	9.5	44.1	9.0	54.3	9.1
Sugars (g)	31.8	9.4	43.8	8.9	53.9	9.0
Sodium (mg)	89	26	132	27	160	27

### Deluxe Hazelnut Flavoured Iced Coffee - Lactose Free Milk

LACTOSE FREE MILK: Milk, Enzyme (Lactase).

ICE: Water.

HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1090	318	1480	297	1760	291
Energy (Cal)	261	76	353	71	422	70
Protein (g)	6.4	1.9	9.6	1.9	11.6	1.9
Fat, total (g)	12.1	3.5	15.5	3.1	17.8	2.9
Saturated Fat (g)	8.7	2.5	11.2	2.3	12.9	2.1
Carbohydrate (g)	31.2	9.1	42.7	8.6	52.6	8.7
Sugars (g)	30.9	9.0	42.4	8.5	52.2	8.6
Sodium (mg)	77	22	114	23	138	23

### Deluxe Hazelnut Flavoured Iced Coffee- Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).

ICE: Water.

HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Soy, Caffeine.**

**May be present: Gluten, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	929	271	1220	246	1450	240
Energy (Cal)	222	65	292	59	347	57
Protein (g)	6.1	1.8	9.0	1.8	11.0	1.8
Fat, total (g)	9.0	2.6	10.7	2.2	11.9	2.0
Saturated Fat (g)	4.6	1.3	4.9	1.0	5.1	0.8
Carbohydrate (g)	28.4	8.3	38.5	7.8	47.4	7.8
Sugars (g)	26.2	7.6	35.1	7.1	43.2	7.1
Sodium (mg)	137	40	207	42	252	42

## COLD BEVERAGES

### Deluxe Hazelnut Flavoured Iced Coffee - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

ICE: Water.

HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Almond, Caffeine.**

**May be present: Gluten, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	881	259	1150	233	1360	227
Energy (Cal)	211	62	274	56	325	54
Protein (g)	2.0	0.6	2.8	0.6	3.3	0.6
Fat, total (g)	9.8	2.9	12.1	2.5	13.5	2.3
Saturated Fat (g)	4.4	1.3	4.6	0.9	4.7	0.8
Carbohydrate (g)	28.0	8.2	37.8	7.7	46.5	7.8
Sugars (g)	25.4	7.5	33.9	6.9	41.8	7.0
Sodium (mg)	94	28	140	28	170	28

### Deluxe Hazelnut Flavoured Iced Coffee - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.

ICE: Water.

HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Gluten, Milk, Caffeine.**

**May be present: Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1060	308	1430	286	1700	280
Energy (Cal)	254	74	341	68	407	67
Protein (g)	1.6	0.5	2.2	0.4	2.6	0.4
Fat, total (g)	10.3	3.0	12.8	2.6	14.5	2.4
Saturated Fat (g)	4.8	1.4	5.1	1.0	5.4	0.9
Carbohydrate (g)	37.8	11.0	52.9	10.6	65.1	10.7
Sugars (g)	28.2	8.2	38.2	7.7	47.2	7.8
Sodium (mg)	107	31	161	32	196	32

### Deluxe Vanilla Flavoured Iced Coffee - Skim Milk

MILK: Skim **Milk**.

ICE: Water.

VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	892	263	1160	238	1380	231
Energy (Cal)	213	63	278	57	330	55
Protein (g)	7.5	2.2	11.3	2.3	13.8	2.3
Fat, total (g)	5.8	1.7	5.9	1.2	6.0	1.0
Saturated Fat (g)	4.2	1.3	4.3	0.9	4.4	0.7
Carbohydrate (g)	32.1	9.5	44.1	9.0	54.3	9.1
Sugars (g)	31.8	9.4	43.8	8.9	53.9	9.0
Sodium (mg)	89	26	132	27	160	27

### Deluxe Vanilla Flavoured Iced Coffee - Lactose Free Milk

LACTOSE FREE MILK: Milk, Enzyme (Lactase).

ICE: Water.

VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Caffeine.**

**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1090	318	1480	297	1760	291
Energy (Cal)	261	76	353	71	422	70
Protein (g)	6.4	1.9	9.6	1.9	11.6	1.9
Fat, total (g)	12.1	3.5	15.5	3.1	17.8	2.9
Saturated Fat (g)	8.7	2.5	11.2	2.3	12.9	2.1
Carbohydrate (g)	31.2	9.1	42.7	8.6	52.6	8.7
Sugars (g)	30.9	9.0	42.4	8.5	52.2	8.6
Sodium (mg)	77	22	114	23	138	23

## COLD BEVERAGES

### Deluxe Vanilla Flavoured Iced Coffee - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).

ICE: Water.

VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Soy, Caffeine.**

**May be present: Gluten, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	929	271	1220	246	1450	240
Energy (Cal)	222	65	292	59	347	57
Protein (g)	6.1	1.8	9.0	1.8	11.0	1.8
Fat, total (g)	9.0	2.6	10.7	2.2	11.9	2.0
Saturated Fat (g)	4.6	1.3	4.9	1.0	5.1	0.8
Carbohydrate (g)	28.4	8.3	38.5	7.8	47.4	7.8
Sugars (g)	26.2	7.6	35.1	7.1	43.2	7.1
Sodium (mg)	137	40	207	42	252	42

### Deluxe Vanilla Flavoured Iced Coffee - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

ICE: Water.

VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Milk, Almond, Caffeine.**

**May be present: Gluten, Soy due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	881	259	1150	233	1360	227
Energy (Cal)	211	62	274	56	325	54
Protein (g)	2.0	0.6	2.8	0.6	3.3	0.6
Fat, total (g)	9.8	2.9	12.1	2.5	13.5	2.3
Saturated Fat (g)	4.4	1.3	4.6	0.9	4.7	0.8
Carbohydrate (g)	28.0	8.2	37.8	7.7	46.5	7.8
Sugars (g)	25.4	7.5	33.9	6.9	41.8	7.0
Sodium (mg)	94	28	140	28	170	28

### Deluxe Vanilla Flavoured Iced Coffee - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.

ICE: Water.

VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

COFFEE EXTRACT: Coffee, Water.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE POWDER: Sugar, Cocoa Powder, Starch (Maize, Tapioca), Flavour.

**Contains: Gluten, Milk, Caffeine.**

**May be present: Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1060	308	1430	286	1700	280
Energy (Cal)	254	74	341	68	407	67
Protein (g)	1.6	0.5	2.2	0.4	2.6	0.4
Fat, total (g)	10.3	3.0	12.8	2.6	14.5	2.4
Saturated Fat (g)	4.8	1.4	5.1	1.0	5.4	0.9
Carbohydrate (g)	37.8	11.0	52.9	10.6	65.1	10.7
Sugars (g)	28.2	8.2	38.2	7.7	47.2	7.8
Sodium (mg)	107	31	161	32	196	32

## Extras

### Flavoured Coffee Syrup Shot - Hot Drinks

CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).  
 VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).  
 HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	93	935	187	935	280	935
Energy (Cal)	22	223	45	223	67	223
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	6.9	69.3	13.9	69.3	20.8	69.3
Sugars (g)	6.9	68.8	13.8	68.8	20.7	68.8
Sodium (mg)	0	1	0	1	0	1

### Flavoured Coffee Syrup Shot - Iced Drinks

CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).  
 VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).  
 HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	280	935	374	935	467	935
Energy (Cal)	67	223	89	223	112	223
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	20.8	69.3	27.7	69.3	34.6	69.3
Sugars (g)	20.7	68.8	27.5	68.8	34.4	68.8
Sodium (mg)	0	1	0	1	0	1

### Marshmallows

Sugar, Glucose Syrup, Invert Sugar, Gelatine, Flavours, Colour (120), Cornstarch.

May be present: Milk.

	Marshmallows	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	268	1490
Energy (Cal)	64	356
Protein (g)	0.5	2.6
Fat, total (g)	0.2	1.0
Saturated Fat (g)	0.2	1.0
Carbohydrate (g)	14.8	82.3
Sugars (g)	12.2	67.9
Sodium (mg)	11	59

### Honey

Honey.

	Honey	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	184	1420
Energy (Cal)	44	340
Protein (g)	0.0	0.3
Fat, total (g)	0.0	0.1
Saturated Fat (g)	0.0	0.1
Carbohydrate (g)	10.8	83.1
Sugars (g)	10.7	82.5
Sodium (mg)	2	15

## Change Tracker:

Date	Document Number/Revision	Document Title	Issued	Upload Date	Description
14/04/2026	33	Aus McCafe Beverages_April 2026	15/04/2026	15/04/2026	Update: Removed dual Hot chocolate power information, removed hot chocolate May be present allergens
27/01/2026	32	Aus McCafe Beverages_January 2026	27/01/2026	27/01/2026	Update: Includes milk alternatives only; Remove: Hot choc powder formulation as part of transition
13/01/2026	31	Aus McCafe Beverages_January 2026	13/01/2026	14/01/2026	Update: Add Matcha range.
9/12/2025	30	Aus McCafe Beverages_December 2025	9/12/2025	10/12/2025	Update: Hot Choc Powder Transition, new "May be present" Allergens
3/09/2025	29	Aus McCafe Beverages_September 2025	3/09/2025	4/09/2025	Formulation update Chai
1/11/2024	28	Aus McCafe Beverages_November 2024	1/11/2024	1/11/2024	Updated iced latte names
21/10/2024	27	Aus McCafe Beverages_October 2024	21/10/2024	21/10/2024	Updated iced latte ingredient list
10/04/2024	26	Aus McCafe Beverages_April 2024	10/04/2024	10/04/2024	Updated allergen matrix
9/02/2024	25	Aus McCafe Beverages_February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements