

We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

## Drinks

	Energy per portion		Vegetarian	Cereals containing gluten																				
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin		
				VE																				
<b>Coca-Cola® Zero Sugar®</b>	SMALL	4	1	VE																				
	MEDIUM	6	1	VE																				
	LARGE	7	2	VE																				
<b>Sprite No Sugar®</b>	SMALL	13	3	VE																				
	MEDIUM	20	4	VE																				
	LARGE	25	5	VE																				
<b>Diet Coke®</b>	SMALL	4	1	VE																				
	MEDIUM	6	1	VE																				
	LARGE	7	2	VE																				
<b>Coca-Cola® Classic</b>	SMALL	451	106	VE																				
	MEDIUM	721	170	VE																				
	LARGE	901	212	VE																				
<b>Fanta Orange® Zero</b>	SMALL	13	3	VE																				
	MEDIUM	20	4	VE																				
	LARGE	25	5	VE																				
<b>Chocolate Milkshake</b>	SMALL	808	192	V									✓											
	MEDIUM	1536	364	V									✓											
	LARGE	1972	468	V									✓											
<b>Strawberry Milkshake</b>	SMALL	792	188	V									✓											
	MEDIUM	1501	356	V									✓											
	LARGE	1932	458	V									✓											
<b>Vanilla Milkshake</b>	SMALL	810	192	V									✓											
	MEDIUM	1543	366	V									✓											
	LARGE	1977	469	V									✓											
<b>Tropicana® Orange Juice</b>		430	100	VE																				
<b>Bottled Water</b>	STILL	0	0	VE																				
<b>Robinsons Fruit Shoot</b>		36	8	VE																				
<b>Flat White</b>	8oz	362	86	V									✓											
<b>Toffee Latte</b>	REGULAR	785	187	V									✓											
	LARGE	975	232	V									✓											
<b>Latte</b>	REGULAR	610	145	V									✓											
	LARGE	828	197	V									✓											
<b>Cappuccino</b>	REGULAR	406	97	V									✓											
	LARGE	537	128	V									✓											
<b>Americano</b>	REGULAR	23	6	V										*										
	LARGE	32	8	V										*										
<b>White Coffee</b>	REGULAR	229	54	V									✓											
	LARGE	313	74	V									✓											
<b>Hot Chocolate</b>	REGULAR	727	173	V									✓											
	LARGE	974	231	V						✓			✓											
<b>Lyons Tea (with 1 Milk)</b>	REGULAR	26	6	V									✓											
<b>Lyons Tea (with 2 Milks)</b>	LARGE	50	12	V									✓											
<b>Espresso</b>	SINGLE	3	1	V										*										
	DOUBLE	5	1	V										*										
<b>Frozen Strawberry Lemonade</b>	REGULAR	854	201	V *										*										
	LARGE	1085	255	V *										*										
<b>Iced Latte</b>	REGULAR	574	136	V									✓											
	LARGE	699	166	V									✓											
<b>Caramel Iced Frappé</b>	REGULAR	1337	319	V *									✓											
	LARGE	1674	399	V *									✓											
<b>Mango &amp; Pineapple Smoothie</b>	REGULAR	767	180	V *										*										
	LARGE	1001	235	V *										*										

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## Breakfast

Served until 11:00am

	Energy per portion		Vegetarian	Cereals containing gluten																				
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin		
				VE																				
<b>Breakfast Roll with Tomato Ketchup</b>	2082	496		✓	*	*								✓	✓									
<b>Breakfast Roll with Brown Sauce</b>	2098	500		✓	*	*								✓	✓									
<b>Bacon Roll with Tomato Ketchup</b>	1397	332		✓	*	*								✓	✓									
<b>Bacon Roll with Brown Sauce</b>	1414	336		✓	*	*								✓	✓									
<b>Sausage &amp; Egg McMuffin®</b>	1768	423		✓	✓									✓	✓									
<b>Bacon &amp; Egg McMuffin®</b>	1404	335		✓	✓									✓	✓									
<b>Double Sausage &amp; Egg McMuffin®</b>	2301	551		✓	✓									✓	✓									
<b>Double Bacon &amp; Egg McMuffin®</b>	1573	376		✓	✓									✓	✓									
<b>Egg &amp; Cheese McMuffin®</b>	1236	295		✓	✓									✓	✓									
<b>Mighty McMuffin® with Tomato Ketchup</b>	2153	515		✓	✓									✓	✓									
<b>Mighty McMuffin® with Brown Sauce</b>	2163	517		✓	✓									✓	✓									
<b>Muffin with Jam</b>	903	214	V	✓	✓									✓	✓									
<b>Flahavan's® Porridge Oats (Plain) with Milk S</b>	820	194	V	*	*	*	✓						✓											
<b>Pancakes &amp; Syrup</b>	1933	456	V	✓										✓	✓									
<b>Pancakes with Sausage &amp; Syrup</b>	2466	584		✓										✓	✓									
<b>Bacon &amp; Cheese Toastie</b>	933	222		✓										✓	*									
<b>Cheese Toastie</b>	1035	247		✓										✓	*									
<b>Hash Brown†</b>	532	127	VE																					

## May Food Event 2024

29/05/24 to 16/07/24

Subject to availability.

	Energy per portion		Vegetarian	Cereals containing gluten																				
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin		
				VE																				
<b>The Hat Trick</b>	3029	726		✓	*	*								✓	✓									
<b>9 Chicken Selects® Sharebox®</b>	4507	1078		✓																				



**We only use 100% Irish Beef.**  
Oh, and a pinch of salt and pepper.



**We only use 100% Irish milk for our teas, coffees and Happy Meal® milk bottles.**



**We only use 100% chicken breast meat.**  
Across our whole range.

**We also shell out for over two million eggs every year, from Greenfield Foods in Co. Monaghan.**

### Additional Allergen Information

We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate, we cannot guarantee any item is allergen free, even after ingredients have been removed on request. While there are no nut or peanut ingredients in the products listed on this leaflet, we cannot guarantee that our food is completely nut or peanut free.

#### Please note:

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers.
- Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.

**For any further information please contact our Customer Services Team via our website – [www.mcdonalds.ie](http://www.mcdonalds.ie)**

✓ Contains indicated allergen

\* May contain traces of indicated allergen (presence cannot be excluded)

V Suitable for vegetarians

VE Suitable for vegans

† Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers

0 Zero amount present

§ Does not include optional condiments

**Information correct at time of print, May 2024.**

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to UK only and is subject to change without notice. Please check [www.mcdonalds.ie/nutrition](http://www.mcdonalds.ie/nutrition) for the most up-to-date information.

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## Main Menu

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
				Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Big Mac®	2061	493		✓	*	*						✓	✓	✓					✓			
Quarter Pounder™ with Cheese	2132	509		✓	*	*						✓	✓						✓			
Double Quarter Pounder™ with Cheese	3098	742		✓	*	*						✓	✓						✓			
McCrispy®	2031	484		✓	*	*						✓	*	✓				*	✓			
McSpicy®	1903	454		✓	*	*						✓	*					*	✓			
McChicken® Sandwich	1558	371		✓	*	*						✓	*					*	✓			
Filet-o-Fish®	1323	315		✓									✓	✓	✓				✓			
McPlant®	1783	426	VE	✓	*	*						✓	*						✓			
Vegetable Deluxe	1524	363	VE	✓	*	*						✓	*						✓			
Chicken Selects® x 3	1502	359		✓									*						✓		*	
Chicken Selects® x 5	2504	599		✓									*						✓		*	
Chicken McNuggets® x 6	1092	261		✓									*						✓		*	
Chicken McNuggets® x 9	1637	391		✓									*						✓		*	
Chicken McNuggets® x 20 (serves 4)	3638	869		✓									*						✓		*	
Veggie Dippers x 4	1339	321	VE																			
Hamburger	1040	248		✓	*	*							*	*					✓			
Cheeseburger	1235	294		✓	*	*							*	✓					✓			
Double Cheeseburger	1818	435		✓	*	*							*	✓					✓			
Bacon Double Cheeseburger	2011	481		✓	*	*							*	✓					✓			
Triple Cheeseburger	2400	575		✓	*	*							*	✓					✓			
Mayo Chicken	1184	282		✓	*	*						*	*	✓					✓			
Bacon Mayo Chicken	1377	328		✓	*	*						*	*	✓					✓			

## Happy Meal®

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
				Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Hamburger	1040	248		✓	*	*							*						✓			
Cheeseburger	1235	294		✓	*	*							*	✓					✓			
Chicken McNuggets® x 4	728	174		✓									*						✓		*	
Fish Fingers x 3	651	155		✓											✓							
Veggie Dippers x 2	670	160	VE																			
Small Fries†	990	237	VE																			
Fruit Bag – Apple & Grape	194	46	VE																			
Fruit Bag – Pineapple Stick	155	37	VE																			
Fruit Bag – Melon	73	17	VE																			
Carrot Bag	141	34	VE																			
Cucumber Sticks	52	12	VE																			
Low Fat Irish Milk – 250ml	512	122	V										✓									
Robinsons Fruit Shoot	36	8	VE																			
Tropicana® Orange Juice	430	100	VE																			
Bottled Water (still)	0	0	VE																			

## Fries†

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
				Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Small	990	237	VE																			
Medium	1410	337	VE																			
Large	1855	444	VE																			

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## Salads

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
				Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Grilled Chicken Salad	586	139		*															*			
Grilled Chicken & Bacon Salad	779	185		*															*			
Crispy Chicken Salad	1148	274		✓															*			
Crispy Chicken & Bacon Salad	1341	320		✓															*		*	
Side Salad	77	18	V	*															*			
Balsamic Dressing – 30g	96	23	VE																			

## Big Flavour Wraps

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
				Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
The Sweet Chilli Chicken One	GRILLED	1435	340		✓	*	*												*	*		
	CRISPY	1966	469		✓	*	*												*	*		
The BBQ & Bacon Chicken One	GRILLED	1536	364		✓	*	*												*	*		
	CRISPY	2067	493		✓	*	*												*	*		
The Caesar & Bacon Chicken One	GRILLED	1694	403		✓	*	*												*	*		
	CRISPY	2226	532		✓	*	*												*	*		
The Spicy Veggie One		1532	365	VE	✓	*	*												*	*		

## Condiments & Sauces

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
				Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Tomato Ketchup	10g	50	12	VE																		
Mayo Dip	19g	505	123	V										✓								
BBQ Dip	30g	188	44	VE																		
Sweet Curry Dip	30g	207	47	VE																		