



We only use 100% Irish Beef.

Oh, and a pinch of salt and pepper.



We only use 100% Irish milk for our teas, coffees and Happy Meal® milk bottles.



We only use 100% chicken breast meat.

Across our whole range.

We also shell out for over two million eggs every year, from Greenfield Foods in Co. Monaghan.

Additional Allergen Information

We prepare our food in kitchens where allergens are present and shared equipment is used. Although we handle your meal with care, we cannot ensure it is allergen free, even if requested ingredients are removed. While there are no nuts or peanuts in our products, we cannot guarantee they are completely nut or peanut-free.

Please note:

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers.
Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.

For any further information please contact our Customer Services Team via our website - www.mcdonalds.ie

Contains indicated allergen

* May contain traces of indicated allergen (presence cannot be excluded)

V Suitable for vegetarians

VE Suitable for vegans

† Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers

0 Zero amount present

§ Does not include optional condiments

Information correct at time of print, February 2025.

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to Ireland only and is subject to change without notice. Please check www.mcdonalds.ie/nutrition for the most up-to-date information.



We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

Main Menu

Table with columns for Energy per portion (kJ, kcal), Vegetarian, Cereals containing gluten (Wheat, Rye, Barley, Oats, Spelt, Kamut, Soya, Nuts, Peanuts, Sesame, Milk, Eggs, Fish, Crustaceans, Celery, Sulphur Dioxide & Sulphites, Mustard, Molluscs, Lupin) and various menu items like Big Mac, Quarter Pounder, etc.

Happy Meal®

Table with columns for Energy per portion (kJ, kcal), Vegetarian, Cereals containing gluten (Wheat, Rye, Barley, Oats, Spelt, Kamut, Soya, Nuts, Peanuts, Sesame, Milk, Eggs, Fish, Crustaceans, Celery, Sulphur Dioxide & Sulphites, Mustard, Molluscs, Lupin) and Happy Meal items like Hamburger, Cheeseburger, etc.

Fries†

Table with columns for Energy per portion (kJ, kcal), Vegetarian, Cereals containing gluten (Wheat, Rye, Barley, Oats, Spelt, Kamut, Soya, Nuts, Peanuts, Sesame, Milk, Eggs, Fish, Crustaceans, Celery, Sulphur Dioxide & Sulphites, Mustard, Molluscs, Lupin) and Fries sizes: Small, Medium, Large.

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Salads

Table with columns for Energy per portion (kJ, kcal), Vegetarian, Cereals containing gluten (Wheat, Rye, Barley, Oats, Spelt, Kamut, Soya, Nuts, Peanuts, Sesame, Milk, Eggs, Fish, Crustaceans, Celery, Sulphur Dioxide & Sulphites, Mustard, Molluscs, Lupin) and salad items like Grilled Chicken Salad, Crispy Chicken Salad, etc.

Big Flavour Wraps

Table with columns for Energy per portion (kJ, kcal), Vegetarian, Cereals containing gluten (Wheat, Rye, Barley, Oats, Spelt, Kamut, Soya, Nuts, Peanuts, Sesame, Milk, Eggs, Fish, Crustaceans, Celery, Sulphur Dioxide & Sulphites, Mustard, Molluscs, Lupin) and wrap items like The Sweet Chilli Chicken One, The BBQ & Bacon Chicken One, etc.

Condiments & Sauces

Table with columns for Energy per portion (kJ, kcal), Vegetarian, Cereals containing gluten (Wheat, Rye, Barley, Oats, Spelt, Kamut, Soya, Nuts, Peanuts, Sesame, Milk, Eggs, Fish, Crustaceans, Celery, Sulphur Dioxide & Sulphites, Mustard, Molluscs, Lupin) and condiment items like Tomato Ketchup, Mayo Dip, BBQ Dip, etc.

Desserts

Table with columns for Energy per portion (kJ, kcal), Vegetarian, Cereals containing gluten (Wheat, Rye, Barley, Oats, Spelt, Kamut, Soya, Nuts, Peanuts, Sesame, Milk, Eggs, Fish, Crustaceans, Celery, Sulphur Dioxide & Sulphites, Mustard, Molluscs, Lupin) and dessert items like Chocolate Brownie, Mixed Berry Muffin, Triple Chocolate Cookie, etc.