

We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

Drinks

	Vegetarian	Cereals containing gluten						
		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya
Coca-Cola® Zero Sugar®	SMALL VE							
	MEDIUM VE							
	LARGE VE							
Sprite No Sugar®	SMALL VE							
	MEDIUM VE							
	LARGE VE							
Diet Coke®	SMALL VE							
	MEDIUM VE							
	LARGE VE							
Coca-Cola® Classic	SMALL VE							
	MEDIUM VE							
	LARGE VE							
Fanta Orange® Zero	SMALL VE							
	MEDIUM VE							
	LARGE VE							
Chocolate Milkshake	SMALL V							✓
	MEDIUM V							✓
	LARGE V							✓
Strawberry Milkshake	SMALL V							✓
	MEDIUM V							✓
	LARGE V							✓
Vanilla Milkshake	SMALL V							✓
	MEDIUM V							✓
	LARGE V							✓
Tropicana® Orange Juice	VE							
Tropicana® Apple Juice	VE							
Bottled Water	STILL VE							
Robinsons Fruit Shoot	VE							
Flat White	8oz V							✓
Toffee Latte	REGULAR V							✓
	LARGE V							✓
Latte	REGULAR V							✓
	LARGE V							✓
Cappuccino	REGULAR V							✓
	LARGE V							✓
Americano	REGULAR V							*
	LARGE V							*
White Coffee	REGULAR V							✓
	LARGE V							✓
Hot Chocolate	REGULAR V					✓		✓
	LARGE V					✓		✓
Lyons Tea (with 1 Milk)	REGULAR V					✓		✓
Lyons Tea (with 2 Milks)	LARGE V					✓		✓
Espresso	SINGLE V					*		
	DOUBLE V					*		
Iced Latte	REGULAR V							✓
	LARGE V							✓
Caramel Iced Frappé	REGULAR V	*				*		✓
	LARGE V	*				*		✓
Mango & Pineapple Smoothie	REGULAR V	*			*	*		*
	LARGE V	*			*	*		*

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Breakfast

Served until 11:00am

	Vegetarian	Cereals containing gluten						
		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya
Breakfast Wrap with Ketchup	✓	*	*	*				
Breakfast Wrap with Brown Sauce	✓	*	*	✓				
Sausage & Egg McMuffin®	✓	✓						
Bacon & Egg McMuffin®	✓	✓						
Double Sausage & Egg McMuffin®	✓	✓						
Double Bacon & Egg McMuffin®	✓	✓						
Egg & Cheese McMuffin®	✓	✓						
Sausage Sandwich with Ketchup	✓	*	*					
Sausage Sandwich with Brown Sauce	✓	*	✓					
Muffin with Jam	V	✓	✓					
Flahavan's® Porridge Oats (Plain) with Milk §	V	*	*	*	✓			
Pancakes & Syrup	V	✓						
Pancakes with Sausage & Syrup	✓							
Bacon & Cheese Toastie	✓						*	✓
Cheese Toastie	✓						*	✓
Hash Brown†	VE							

January Food Promotion 2026

05/01/26 - 02/02/26

Subject to availability.

	Vegetarian	Cereals containing gluten						
		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya
Surf & Turf	✓	*	*	Oats				
Chicken Cheeseburger	✓	*	*					*
Big Arch®	✓	*	*					✓
Chicken Big Mac®	✓	*	*					✓
Chilli Cheese Bites - 4 pieces	✓							*
Chilli Cheese Bites Sharebox® - 12 pieces	✓							*
Rich Tomato Dip	VE							
Big Mac® Dip	V							✓
The Fajita Chicken One - Grilled	✓	*	*				*	✓
The Fajita Chicken One - Crispy	✓	*	*				*	✓
Apple Pie McFlurry®	✓	*						
Galaxy Caramel McFlurry®	V	*	*	*				✓
Galaxy Caramel Mini McFlurry®	V	*	*	*				✓
Expresso Shake	V							✓
Frozen Strawberry Lemonade - Regular	V						*	
Frozen Strawberry Lemonade - Large	V						*	
Coconut latte - Regular	V						✓	
Coconut latte - Large	V						✓	
Coconut Hot Chocolate	V				✓		✓	



McDonald's Ireland ALLERGEN information guide

JANUARY FOOD PROMOTION
Valid from 5th January to 2nd February 2026



For more information please visit our website and view the menu section www.mcdonalds.ie/nutrition

Recipes change every now and again, so please check the leaflet regularly.

Additional Allergen Information

We prepare our food in kitchens where allergens are present and shared equipment is used. Although we handle your meal with care, we cannot ensure it is allergen free, even if requested ingredients are removed. While there are no nuts or peanuts in our products, we cannot guarantee they are completely nut or peanut-free.

Please note:

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers.
- Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.
- Always check the packaging / product label for ingredients list and allergen information.

For any further information please contact our Customer Services Team via our website – www.mcdonalds.ie

✓ Contains indicated allergen

* May contain traces of indicated allergen (presence cannot be excluded)

V Suitable for vegetarians

VE Suitable for vegans

† Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers

0 Zero amount present

§ Does not include optional condiments

¥ Available in selected restaurants only

Information correct at time of print, January 2026.

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to Ireland only and is subject to change without notice. Please check www.mcdonalds.ie/nutrition for the most up-to-date information.

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Main Menu

	Vegetarian	Cereals containing gluten																		
		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Big Mac®	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Quarter Pounder™ with Cheese	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Double Quarter Pounder™ with Cheese	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
McCrispy®	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
McSpicy®	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
McChicken® Sandwich	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Filet-o-Fish®	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Double Filet-o-Fish®	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
McPlant®	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Vegetable Deluxe	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Chicken Selects® x 3	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Chicken Selects® x 5	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Chicken McNuggets® x 4	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Chicken McNuggets® x 6	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Chicken McNuggets® x 9	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Chicken McNuggets® x 20 (serves 4)	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
9 Chicken Selects® Sharebox®	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
The McDonald's Chicken Sharebox®	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Veggie Dippers x 4	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Hamburger	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Cheeseburger	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Double Cheeseburger	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Mayo Chicken	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

Happy Meal®

	Vegetarian	Cereals containing gluten																		
		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Hamburger	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Cheeseburger	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Chicken McNuggets® x 4	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Veggie Dippers x 2	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
McFish®	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Small Fries†	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Fruit Bag – Apple Slices	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Fruit Bag – Pineapple Stick	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Fruit Bag – Melon Chunks	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Carrot Bag	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Cucumber Sticks	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Low Fat Irish Milk – 250ml	V	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Robinsons Fruit Shoot	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Tropicana® Orange Juice	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Bottled Water (still)	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

Fries†

	Vegetarian	Cereals containing gluten																		
		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Small	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Medium	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Large	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

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Salads

	Vegetarian	Cereals containing gluten																		
		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Grilled Chicken Salad	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Grilled Chicken & Bacon Salad	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Crispy Chicken Salad	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Crispy Chicken & Bacon Salad	✓	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Side Salad	V	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Balsamic Dressing – 30g	VE	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

Big Flavour Wraps

| |
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