

We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

Drinks

		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
			Wheat	Rye	Barley	Oats	Spelt	Kamut													
Coca-Cola® Zero Sugar®	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Sprite No Sugar®	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Diet Coke®	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Coca-Cola® Classic	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Fanta Orange® Zero	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Chocolate Milkshake	SMALL	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Strawberry Milkshake	SMALL	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Vanilla Milkshake	SMALL	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Tropicana® Orange Juice		VE																			
Tropicana® Apple Juice		VE																			
Bottled Water	STILL	VE																			
Robinsons Fruit Shoot		VE																			
Flat White	8oz	V											✓								
Toffee Latte	REGULAR	V											✓								
	LARGE	V											✓								
Latte	REGULAR	V											✓								
	LARGE	V											✓								
Cappuccino	REGULAR	V											✓								
	LARGE	V											✓								
Americano	REGULAR	V											*								
	LARGE	V											*								
White Coffee	REGULAR	V											✓								
	LARGE	V											✓								
Hot Chocolate	REGULAR	V							✓				✓								
	LARGE	V							✓				✓								
Lyons Tea (with 1 Milk)	REGULAR	V											✓								
Lyons Tea (with 2 Milks)	LARGE	V											✓								
Espresso	SINGLE	V										*									
	DOUBLE	V										*									
Frozen Strawberry Lemonade	REGULAR	V											*								
	LARGE	V											*								
Caramel Iced Frappé	REGULAR	V											✓								
	LARGE	V											✓								
Mango & Pineapple Smoothie	REGULAR	V										*									
	LARGE	V										*									

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Breakfast

Served until 11:00am

	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Breakfast Wrap with Ketchup		✓	*	*							*	✓	✓							
Breakfast Wrap with Brown Sauce		✓	*	✓							*	✓	✓							
Sausage & Egg McMuffin®		✓	✓								*	✓	✓							
Bacon & Egg McMuffin®		✓	✓								*	✓	✓							
Double Sausage & Egg McMuffin®		✓	✓								*	✓	✓							
Double Bacon & Egg McMuffin®		✓	✓								*	✓	✓							
Egg & Cheese McMuffin®		✓	✓								*	✓	✓							
Sausage Sandwich with Ketchup		✓	*	*							*	✓								
Sausage Sandwich with Brown Sauce		✓	*	✓							*	✓								
Muffin with Jam	V	✓	✓	✓							*	✓								
Flahavan's® Porridge Oats (Plain) with Milk \$	V	*	*	*	✓															
Pancakes & Syrup	V	✓										✓	✓							
Pancakes with Sausage & Syrup		✓										✓	✓							
Bacon & Cheese Toastie		✓									*	✓	*							
Cheese Toastie		✓									*	✓	*							
Hash Brown	VE																			

World Menu Heist Promotion 2026

29/09/2026 - 24/11/2026
Subject to availability.

	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Big Rosti		✓	*	*							*	✓	✓			✓		✓		
Maple & Cheddar Chicken		✓	*	*							✓	✓	✓			*		✓		
McExtreme		✓	*	*							✓	✓	✓			✓		✓		
Snack Wrap®		✓	*	*							*	*	✓			✓		✓		
Chicken McWings - 3 pieces		✓									*					*				
Chicken McWings - 5 pieces		✓									*					*				
Szechuan Sauce	VE	✓		✓				✓												
Mac & Cheese Triangles - 4 pieces		✓										✓				*				
Mac & Cheese Triangles Sharebox® - 12 pieces		✓										✓				*				
Paprika McShaker® Fries - Medium	VE																			
Paprika McShaker® Fries - Large	VE																			
Tikka Chicken Wrap		✓	*	*							*	*	✓			✓		✓		
S'mores McFlurry®	V	✓		*	*			*				✓								
S'mores Mini McFlurry®	V	✓		*	*			*				✓								
Twix® White Salted Caramel McFlurry®	V	✓		*	*			*				✓								
Twix® White Salted Caramel Mini McFlurry®	V	✓		*	*			*				✓								
Peach X Sprite® Zero - Medium	VE																			
Guava X Sprite® Zero - Medium	VE																			
Green Apple X Sprite® Zero - Medium	VE																			
Sour Cherry Fizz - Medium	VE																			
Vanilla Syrup	VE																			
Salted Caramel Syrup	VE																			
Chicken & Bacon McMuffin®		✓	✓									✓	✓			✓		✓		
Chicken & Egg McMuffin®		✓	✓									✓	✓			✓		✓		
Mini Hash Browns Sharebox® - 15 pieces	VE																			



McDonald's Ireland
ALLERGEN

information guide

WORLD MENU HEIST PROMOTION
Valid from 29th September to 24th November 2026



For more information please visit our website and view the menu section www.mcdonalds.ie/nutrition
Recipes change every now and again, so please check the leaflet regularly.

Additional Allergen Information

We prepare our food in kitchens where allergens are present and shared equipment is used. Although we handle your meal with care, we cannot ensure it is allergen free, even if requested ingredients are removed. While there are no nuts or peanuts in our products, we cannot guarantee they are completely nut or peanut-free.

Please note:

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other McDonald’s orders or orders from other businesses at the same time as your McDonald’s order.
- Always check the packaging / product label for ingredients list and allergen information.

For any further information please contact our Customer Services Team via our website – www.mcdonalds.ie

- ✓

Contains indicated allergen
- *

May contain traces of indicated allergen (presence cannot be excluded)
- V

Suitable for vegetarians
- VE

Suitable for vegans
- 0

Zero amount present
- §

Does not include optional condiments
- ¥

Available in selected restaurants only

Information correct at time of print, September 2026.

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to Ireland only and is subject to change without notice. Please check www.mcdonalds.ie/nutrition for the most up-to-date information.



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Main Menu

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Big Mac®		✓	*	*							✓	✓	✓					✓		
Big Arch®		✓	*	*							✓	✓	✓					✓		
Quarter Pounder™ with Cheese		✓	*	*							✓	✓						✓		
Double Quarter Pounder™ with Cheese		✓	*	*							✓	*						✓		
McCrispy®		✓	*	*							✓	*	✓			*		✓		
Spicy McCrispy®		✓	*	*							✓	*	✓			*				
Cheese & Bacon McCrispy®		✓	*	*							✓	*	✓			*		✓		
McChicken® Sandwich		✓	*	*							✓	*				*		✓		
Filet-o-Fish®		✓								*	✓	✓	✓					✓		
Double Filet-o-Fish®		✓								*	✓	✓	✓					✓		
McPlant®	VE	✓	*	*							✓	*						✓		
Chicken Selects® x 3		✓									*					✓				
Chicken Selects® x 5		✓									*					✓				
Chicken McNuggets® x 4		✓									*					✓				
Chicken McNuggets® x 6		✓									*					✓				
Chicken McNuggets® x 9		✓									*					✓				
Chicken McNuggets® x 20 (serves 4)		✓									*					✓				
9 Chicken Selects® Sharebox®		✓									*					✓				
The McDonald’s Chicken Sharebox®		✓									*					✓				
Hamburger		✓	*	*							*	*						✓		
Cheeseburger		✓	*	*							*	✓						✓		
Double Cheeseburger		✓	*	*							*	✓						✓		
Mayo Chicken		✓	*	*							*	*	✓			✓		✓		

Happy Meal®

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Hamburger		✓	*	*							*	*						✓		
Cheeseburger		✓	*	*							*	✓						✓		
Chicken McNuggets® x 4		✓									*	*				✓				
McFish®		✓	*	*							*	*		✓						
Small Fries	VE																			
Fruit Bag – Apple Slices	VE																			
Fruit Bag – Pineapple Stick	VE																			
Fruit Bag – Melon Chunks	VE																			
Carrot Bag	VE																			
Cucumber Sticks	VE																			
Organic Semi-Skimmed Milk	V											✓								
Robinsons Fruit Shoot	VE																			
Tropicana® Orange Juice	VE																			
Bottled Water (still)	VE																			

Fries

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Small	VE																			
Medium	VE																			
Large	VE																			

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Wraps and Salads

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Sweet Chilli Chicken Wrap		✓	*	*							*	*	✓			✓		✓		
BBQ & Bacon Chicken Wrap		✓	*	*							*	*	✓			✓		✓		
Crispy Chicken Salad		✓									*					*				
Crispy Chicken & Bacon Salad		✓									*					*				
Side Salad	V	✓										*								
Balsamic Dressing – 30g	VE																			

Condiments & Sauces

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Tomato Ketchup	10g	VE																		
Mayo Dip	19g	V											✓					✓		
BBQ Dip	25ml	VE																✓		
Sweet Curry Dip	25ml	VE														✓		✓		
Sweet & Sour Dip	25ml	VE	✓	✓				✓								✓				
Sweet Chilli Dip	40g	VE														✓				
Spicy Mayo Dip	40g												✓							
Butter	7g	V										✓								
Strawberry Jam	15g	V																		
Pancake Syrup	40g	V																		
Sweet & Smoky BBQ Dip	40g	V																		
Garlic Mayo Dip	40g	V											✓					✓		

Desserts

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Chocolate Brownie	V	✓			*			✓				✓	✓							
Mixed Berry Muffin	V	✓			✓			*				✓	✓							
Sugar Donut	V	✓			*			✓				*	✓							
Hot Apple Pie		✓										*								
McFlurry® Smarties®	V	✓		✓	*			*				✓								
McFlurry® Oreo®	V	✓		*	*			✓				✓								
Mini McFlurry® Smarties®	V	✓		✓	*			*				✓								
Mini McFlurry® Oreo®	V	✓		*	*			✓				✓								