

Breakfast

Served until 11:00am

	Energy per portion		Vegetarian	Cereals containing gluten							Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut														
Bacon & Egg McMuffin®	1404	335		x	x									*	x	x							
Sausage & Egg McMuffin®	1768	423		x	x									*	x	x							
Egg & Cheese McMuffin®	1236	295		x	x									*	x	x							
Double Bacon & Egg McMuffin®	1573	376		x	x									*	x	x							
Double Sausage & Egg McMuffin®	2301	551		x	x									*	x	x							
Pancakes & Syrup	2019	477	V	x											x	x							
Pancakes with Sausage & Syrup	2580	612		x											x	x							
Flahavan's® Porridge Oats (Plain) with Milk³	820	194	V	*	*	*	x								x								
Hash Brown†	532	127	VE																				
Bacon & Cheese Toastie	933	222		x										*	x	*							
Cheese Toastie	1035	247		x										*	x	*							
Breakfast Roll with Brown Sauce	2098	500		x	x	x				x				*	x	x							
Breakfast Roll with Tomato Ketchup	2082	496		x	*	*								*	x	x							
Bacon Roll with Brown Sauce	1414	336		x	x	x				x				*	*								
Bacon Roll with Tomato Ketchup	1397	332		x	*	*								*	*								
Muffin and Jam	903	214	V	x	x									*	x								

February Food Event

15/02/23 to 28/03/23

Subject to availability.

	Energy per portion		Vegetarian	Cereals containing gluten							Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut														
Grand Big Mac®	2892	693		x	*	*								x	x	x					x		
Grand Big Mac® Bacon	3085	739		x	*	*								x	x	x					x		
Chilli Cheese Bites	966	231		x										x					*		*		
Chilli Cheese Bites Sharebox® - serves 3	2898	693		x										x					*		*		
Rich Tomato Dip - 25ml	175	41	V																				
Galaxy® Caramel McFlurry®	1536	366	V	*		*	*			x					x								
Mini Galaxy® Caramel McFlurry®	768	183	V	*		*	*			x					x								
Galaxy® Chocolate McFlurry®	1513	360	V	*		*	*			x					x								
Mini Galaxy® Chocolate McFlurry®	756	180	V	*		*	*			x					x								
Shamrock Milkshake - small	818	194	V												x								
Shamrock Milkshake - medium	1552	368	V												x								
Shamrock Milkshake - large	1975	469	V												x								
Mozzarella Dippers	1073	256		x											x				*		*		
Mozzarella Dippers Sharebox® (serves 3)	3218	769		x											x				*		*		
Salsa Dip - 25ml	169	40	V																				

Information correct at time of print, January 2023.

V = Suitable for vegetarians. VE = Suitable for vegans. X = Contains indicated allergen. * = May contain traces of indicated allergen (presence cannot be excluded). † Please note our Fries and Hash Browns may be cooked in the same oil as the other vegan products. 0 = Zero amount present. \$ = Does not include optional condiments. We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period. Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. While the ingredient information is based on standard product formulations, variations may occur. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to Ireland only and is subject to change without notice. Please check www.mcdonalds.ie for the most up-to-date information. Galaxy is a trademark of Mars or Affiliates, used under license.



We only use 100% Irish Beef.
Oh, and a pinch of salt and pepper.



We only use 100% Irish milk for our teas, coffees and Happy Meal® milk bottles



We only use 100% chicken breast meat.
Across our whole range.

We also shell out for over two million eggs every year, from Greenfield Foods in Co. Monaghan.



For more information on the ingredients within our products please visit our website www.mcdonalds.ie/nutrition

Additional Allergen Information

We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate we cannot guarantee any item is allergen free even after ingredients have been removed on request. While there are no nut or peanut ingredients in the products listed on this leaflet we can't guarantee that our food is completely nut or peanut free.

Please note:

- Our French Fries and Hash Browns can be cooked in the same oil as Veggie Dippers.
- Our buns, rolls, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese during the preparation of a large number of our menu items, we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Delivery orders: We also cannot guarantee your meal will not come in to contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.

For any further information please contact our Customer Services Team via our website - www.mcdonalds.ie



McDonald's Ireland ALLERGEN

information guide

FEBRUARY FOOD EVENT 2023
Valid from 15th February to 28th March 2023



For more information please visit our website and view the menu section www.mcdonalds.ie/nutrition

We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period.

