

## Breakfast

Served until 11:00am

	Energy per portion		Vegetarian	Cereals containing gluten										Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut																	
<b>Bacon &amp; Egg McMuffin®</b>	1404	335		x	x												*	x	x							
<b>Sausage &amp; Egg McMuffin®</b>	1768	423		x	x												*	x	x							
<b>Egg &amp; Cheese McMuffin®</b>	1236	295		x	x												*	x	x							
<b>Double Bacon &amp; Egg McMuffin®</b>	1573	376		x	x												*	x	x							
<b>Double Sausage &amp; Egg McMuffin®</b>	2301	551		x	x												*	x	x							
<b>Pancakes &amp; Syrup</b>	2019	477	V	x														x	x							
<b>Pancakes with Sausage &amp; Syrup</b>	2580	612		x														x	x							
<b>Flahavan's® Porridge Oats (Plain) with Milk<sup>3</sup></b>	820	194	V	*	*	*	x											x								
<b>Hash Brown†</b>	532	127	VE																							
<b>Bacon &amp; Cheese Toastie</b>	933	222		x													*	x	*							
<b>Cheese Toastie</b>	1035	247		x													*	x	*							
<b>Breakfast Roll with Brown Sauce</b>	2098	500		x	x	x					x						*	x	x							
<b>Breakfast Roll with Tomato Ketchup</b>	2082	496		x	*	*											*	x	x							
<b>Bacon Roll with Brown Sauce</b>	1414	336		x	x	x					x						*	*	*							
<b>Bacon Roll with Tomato Ketchup</b>	1397	332		x	*	*											*	*	*							
<b>Muffin and Jam</b>	903	214	V	x	x												*	x								

## Monopoly Food Event

7/9/22 to 18/10/22

Subject to availability.

	Energy per portion		Vegetarian	Cereals containing gluten										Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut																	
<b>Big Tasty®</b>	3337	799		x	*	*											x	x	x							
<b>Big Tasty® with Bacon</b>	3530	845		x	*	*											x	x	x							
<b>Mozzarella Dippers</b>	1073	256		x														x			*		*			
<b>Mozzarella Dippers Sharebox® (serves 3)</b>	3218	769		x														x			*		*			
<b>Salsa Dip - 25ml</b>	169	40	V																							
<b>Spicy Chicken McNuggets x 6</b>	1063	254		x														*			*		*			
<b>Spicy Chicken McNuggets x 9</b>	1594	381		x														*			*		*			
<b>Spicy Chicken McNuggets x 20 (serves 4)</b>	3543	846		x														*			*		*			
<b>Spicy Chilli Dip - 25ml</b>	92	22	V																		*		*			
<b>Mars® McFlurry®</b>	1506	358	V	*		x	*				x							x								
<b>Mini Mars® McFlurry®</b>	753	179	V	*		x	*				x							x								
<b>Twix® McFlurry®</b>	1510	359	V	x		*	*				x							x								
<b>Mini Twix® McFlurry®</b>	755	180	V	x		*	*				x							x								

## McCafé Drinks

From 7/9/22

Subject to availability.

	Energy per portion		Vegetarian	Cereals containing gluten										Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut																	
<b>Salted Caramel Latte</b>	<i>REGULAR</i>	691	164	V														x								
	<i>LARGE</i>	867	206	V														x								

### Information correct at time of print, August 2022.

V = Suitable for vegetarians. VE = Suitable for vegans. X = Contains indicated allergen. \* = May contain traces of indicated allergen (presence cannot be excluded). † Please note our Fries and Hash Browns may be cooked in the same oil as the other vegan products. 0 = Zero amount present. S = Does not include optional condiments. We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period. Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. While the ingredient information is based on standard product formulations, variations may occur. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to Ireland only and is subject to change without notice. Please check [www.mcdonalds.ie](http://www.mcdonalds.ie) for the most up-to-date information.



We only use 100% Irish Beef.  
Oh, and a pinch of salt and pepper.



We only use 100% Irish milk for our teas, coffees and Happy Meal® milk bottles



We only use 100% chicken breast meat.  
Across our whole range.

We also shell out for over two million eggs every year, from Greenfield Foods in Co. Monaghan.



For more information on the ingredients within our products please visit our website [www.mcdonalds.ie/nutrition](http://www.mcdonalds.ie/nutrition)

### Additional Allergen Information

We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate we cannot guarantee any item is allergen free even after ingredients have been removed on request. While there are no nut or peanut ingredients in the products listed on this leaflet we can't guarantee that our food is completely nut or peanut free.

Please note:

- Our French Fries and Hash Browns can be cooked in the same oil as Veggie Dippers.
- Our buns, rolls, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese during the preparation of a large number of our menu items, we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Delivery orders: We also cannot guarantee your meal will not come in to contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.

For any further information please contact our Customer Services Team via our website - [www.mcdonalds.ie](http://www.mcdonalds.ie)



For more information please visit our website and view the menu section [www.mcdonalds.ie/nutrition](http://www.mcdonalds.ie/nutrition)

We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period.

**MONOPOLY 2022**  
Valid from 7<sup>th</sup> September to 18<sup>th</sup> October

## Main Menu

	Energy per portion		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut													
<b>Big Mac®</b>	2058	493		x	*	*						x	x	x						x		
<b>Quarter Pounder™ with Cheese</b>	2122	507		x	*	*						x	x							x		
<b>Double Quarter Pounder™ with Cheese</b>	3088	739		x	*	*						x	x							x		
<b>Filet-o-Fish®</b>	1339	319		x								*	x	x	x					x		
<b>McChicken® Sandwich</b>	1549	369		x	*	*						x	*				*			x		
<b>Chicken McNuggets® x 6</b>	1092	261		x								*	*				x			*		
<b>Chicken McNuggets® x 9</b>	1637	391		x								*	*				x			*		
<b>Chicken McNuggets® x 20 (serves 4)</b>	3638	869		x								*	*				x			*		
<b>Chicken Legend® - Cool Mayo</b>	2162	515		x	x	x						*	x	x			x			x		
<b>Chicken Legend® - BBQ</b>	2038	484		x	x	x						*	x				x			x		
<b>Chicken Legend® - Hot &amp; Spicy Mayo</b>	2177	519		x	x	x						*	x	x			x			x		
<b>Chicken Selects® x 3</b>	1502	359		x								*	*				x			*		
<b>Chicken Selects® x 5</b>	2504	599		x								*	*				x			*		
<b>Hamburger</b>	1056	251		x	*	*						*	*							x		
<b>Cheeseburger</b>	1251	298		x	*	*						*	x							x		
<b>Double Cheeseburger</b>	1834	438		x	*	*						*	x							x		
<b>Bacon Double Cheeseburger</b>	2027	484		x	*	*						*	x							x		
<b>Triple Cheeseburger</b>	2416	578		x	*	*						*	x							x		
<b>Mayo Chicken</b>	1200	285		x	*	*						*	*	x			x			x		
<b>Bacon Mayo Chicken</b>	1393	332		x	*	*						*	*	x			x			x		
<b>Vegetable Deluxe</b>	1515	361	V	x	*	*						x	*							x		
<b>Veggie Dippers x 4</b>	1339	321	VE																			
<b>McPlant®</b>	1798	429	VE	x	*	*						x	*							x		

## Happy Meal®

	Energy per portion		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut													
<b>Hamburger</b>	1056	251		x	*	*						*	*							x		
<b>Cheeseburger</b>	1251	298		x	*	*						*	x							x		
<b>Chicken McNuggets® x 4</b>	728	174		x								*	*				x			*		
<b>Fish Fingers x 3</b>	651	155		x											x							
<b>Veggie Dippers x 2</b>	670	160	VE																			
<b>Small Fries†</b>	990	237	VE																			
<b>Fruit Bag - Apple &amp; Grape</b>	194	46	VE																			
<b>Fruit Bag - Pineapple Stick</b>	155	37	VE																			
<b>Fruit Bag - Melon</b>	73	17	VE																			
<b>Carrot Bag</b>	141	34	VE																			
<b>Cucumber Sticks</b>	52	12	VE																			
<b>Low Fat Irish Milk - 250ml</b>	512	122	V										x									
<b>Robinsons Fruit Shoot</b>	36	8	VE																			
<b>Tropicana® Orange Juice</b>	430	103	VE																			
<b>Bottled Water (still)</b>	0	0	VE																			

## Fries†

	Energy per portion		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut														
<b>Small</b>	990	237	VE																				
<b>Medium</b>	1410	337	VE																				
<b>Large</b>	1855	444	VE																				

## Salads

	Energy per portion		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut														
<b>Side Salad</b>	77	18	V																				
<b>Crispy Chicken &amp; Bacon Salad</b>	1320	315		x										*				x		x			
<b>Crispy Chicken Salad</b>	1109	265		x										*				x		x			
<b>Grilled Chicken &amp; Bacon Salad</b>	770	183												*									
<b>Grilled Chicken Salad</b>	560	133												*									
<b>Balsamic Dressing - 30g</b>	96	23	VE																				

## Big Flavour Wraps

	Energy per portion		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut														
<b>The Garlic Mayo Chicken One</b>	<i>CRISPY</i>	2014	481		x	*	*						*	x	x			x		x			
	<i>GRILLED</i>	1396	332		x	*	*						*	x	x					x			
<b>The Sweet Chilli Chicken One</b>	<i>CRISPY</i>	1966	469		x	*	*						*	*	*			x		x			
	<i>GRILLED</i>	1348	320		x	*	*						*	*	x					x			
<b>The BBQ &amp; Bacon Chicken One</b>	<i>CRISPY</i>	2067	493		x	*	*						*	*	x			x		x			
	<i>GRILLED</i>	1449	344		x	*	*						*	*	x					x			
<b>The Spicy Veggie One</b>		1532	365	VE	x	*	*						*	*						x			

## Condiments & Sauces

	Energy per portion		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut														
<b>Tomato Ketchup</b>	<i>10g</i>	50	12	VE																			
<b>Mayo Dip</b>	<i>20g</i>	511	124	V											x					x			
<b>BBQ Dip</b>	<i>30g</i>	188	44	VE																x			
<b>Sweet Curry Dip</b>	<i>30g</i>	207	47	VE																x			
<b>Sweet &amp; Sour Dip</b>	<i>30g</i>	179	42	VE	x		x			x										x			
<b>Smoky BBQ Dip</b>	<i>50g</i>	357	84	V																x			
<b>Sweet Chilli Dip</b>	<i>50g</i>	378	89	V																			
<b>Sour Cream &amp; Chive Dip</b>	<i>50g</i>	578	140	V										x	x								
<b>Butter</b>	<i>7g</i>	208	51	V										x									
<b>Strawberry Jam</b>	<i>15g</i>	166	39	V										x									
<b>Pancake Syrup</b>	<i>40g</i>	560	132	V																			

## Desserts

	Energy per portion		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut														
<b>Millionaire's Donut</b>	1041	250	V	x						*				x	x								
<b>Chocolate Brownie</b>	1318	316	V	x			*			x	</												