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## **McDonald's New Zealand Limited Time Offer Menu Allergen - Ingredients - Nutrition Information**

### **Information correct as at June 2026**

We operate restaurants that handle Gluten, Wheat, Egg, Milk, Soy, Sesame, Fish, Peanut, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Sulphites.

While we identify and manage allergen risks, our menu items may be prepared on the same equipment and in the same kitchen area as menu items that do contain these allergens. Check our website's allergen section regularly, as changes may occur.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have no Halal certified restaurants, and no ingredients or menu items are certified Halal.

The nutrition and ingredient information provided is based on standard product formulations, standard product assembly, and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may differ from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Please refer to our Ingredient Information, available on our website [www.mcdonalds.co.nz](http://www.mcdonalds.co.nz). If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)



## Limited Time Offers

### Big Mac Dipping Sauce

Vegetable Oil (Includes Antioxidant (307)), Water, Sweet Relish [Diced Gherkin, Sugar, Vinegar, Invert Sugar Syrup, Salt, Thickener (415), Firming Agent (509), Natural Flavour], Mustard (Water, Vinegar, Mustard Seed, Salt, Sugar, Spices), **Egg** Yolk, Vinegar, Sugar, Thickeners (1442, 415, 405), Vegetable Powders, Mustard Flour, Salt, Preservative (202), Spice, Colours (160c, 150c), Natural Flavour.

**Contains: Egg.**

	Big Mac Dipping Sauce	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	353	1410
Energy (Cal)	84	336
Protein (g)	0.3	1.2
Fat, total (g)	7.9	31.6
Saturated Fat (g)	0.6	2.4
Carbohydrate (g)	3.0	12.0
Sugars (g)	2.2	8.8
Sodium (mg)	118	472

### GOAL-den McFlurry

SUNDAE MIX: Skim **Milk**, Sugar, Cream (**Milk**), **Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Like Flavour.

OR Reconstituted Skim **Milk**, Sugar, Cream (**Milk**), Maltodextrin, Glucose, Natural Flavours (**Milk**), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.

CARAMILK SAUCE: Sugar, Water, Brown Sugar, Sweetened Condensed **Milk** (**Milk**, Sugar, Lactose (**Milk**)), Cocoa Butter, **Milk** Solids [Emulsifier (322) (**Soy**)], Humectant (422), Thickeners (1442, 415), Invert Sugar, Emulsifier (322) (**Soy**), Mineral Salt (339), Preservative (202), Salt, Colour (161b), Cocoa Powder.

CARAMILK FLAKE GARNISH: Full Cream **Milk**, Sugar, Cocoa Butter, **Milk** Solids, Emulsifier (322 - **Soy**), Flavour.

**Contains: Milk, Soy.**

**May Be Present: Peanut, Almonds, Hazelnut.**

	GOAL-den McFlurry	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1660	879
Energy (Cal)	398	211
Protein (g)	7.5	4.0
Fat, total (g)	14.2	7.5
Saturated Fat (g)	9.2	4.9
Carbohydrate (g)	58.2	30.8
Sugars (g)	53.0	28.1
Sodium (mg)	343	182

### GOAL-den Chocolate McFlurry

CHOCOLATE SUNDAE MIX: Reconstituted Skim **Milk** (**Milk**), Sugar, Cream (**Milk**), Cocoa Powder, Glucose Syrup, Natural Flavours (**Milk**), Emulsifier (471), Vegetable Gums (412, 407, 466), Natural Colours (160b, 120, 141), Salt.

CARAMILK SAUCE: Sugar, Water, Brown Sugar, Sweetened Condensed **Milk** (**Milk**, Sugar, Lactose (**Milk**)), Cocoa Butter, **Milk** Solids [Emulsifier (322) (**Soy**)], Humectant (422), Thickeners (1442, 415), Invert Sugar, Emulsifier (322) (**Soy**), Mineral Salt (339), Preservative (202), Salt, Colour (161b), Cocoa Powder.

CARAMILK FLAKE GARNISH: Full Cream **Milk**, Sugar, Cocoa Butter, **Milk** Solids, Emulsifier (322 - **Soy**), Flavour.

**Contains: Milk, Soy.**

**May Be Present: Peanut, Almonds, Hazelnut.**

	GOAL-den Chocolate McFlurry	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1620	857
Energy (Cal)	388	205
Protein (g)	8.3	4.4
Fat, total (g)	14.0	7.4
Saturated Fat (g)	9.1	4.8
Carbohydrate (g)	55.3	29.3
Sugars (g)	52.0	27.5
Sodium (mg)	102	54

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## Change Tracker:

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description
9/06/2026	66	NZ LTO Menu_June 2026	9/06/2026	10/06/2026	Add: GOAL-den Chocolate McFlurry
20/05/2026	65	NZ LTO Menu_May 2026	20/05/2026	20/05/2026	Update: Transition to the brandsite
14/04/2026	64	NZ LTO Menu_April 2026 (v2)	14/04/2026	15/04/2026	Add: Korean Sticky BBQ Dipping Sauce, Korean BBQ Dunked range
7/04/2026	63	NZ LTO Menu_April 2026	7/04/2026	8/04/2026	Add: Purple Demon Sauce, Derpy McFlurry; Remove: Hot Honey range, Monica's Marinara, Raspberry Custard Pie, McPops, Honeycomb McFlurry
10/03/2026	62	NZ LTO Menu_March 2026	10/03/2026	11/03/2026	Add: Oreo Shake Range; Vanilla Shake; McGriddle Range
10/02/2026	61	NZ LTO Menu_February 2026	10/02/2026	11/02/2026	Add: Monica's Marinara Dipping Sauce, Raspberry Custard Pie
2/12/2025	60	NZ LTO Menu_December 2025	2/12/2025	3/12/2025	Add: Hot Honey Chicken Range, Honeycomb McFlurry, Apple Flavour Popping Pearls, Ranch and Buffalo Sauce; Remove McHappy Cookies.
11/11/2025	59	NZ LTO Menu_November 2025	11/11/2025	12/11/2025	Add: Hot Honey Dipping Sauce
22/10/2025	58	NZ LTO Menu_October 2025	21/10/2025	22/10/2025	Add: McHappy Cookies; Remove: McRib, McDonaldland Shake, Choc Custard Pie, Onion Rings, BBQ Bandit, Cookietime McFlurry
2/09/2025	57	NZ LTO Menu_September 2025	2/09/2025	3/09/2025	Add: McPops; Cookie Time McFlurry; Remove Flake McFlurry.
11/08/2025	56	NZ LTO Menu_August 2025	12/08/2025	13/08/2025	Add: McDonaldland Shake;
9/07/2025	54	NZ LTO Menu_July 2025	9/07/2025	11/07/2025	Remove: Biscoff Shake; Vanilla Shake; Nether Dipping Sauce
27/05/2025	53	NZ LTO Menu_May 2025	27/05/2025	28/05/2025	Add: Biscoff Shake, Vanilla Shake; Remove Delivereasy exclusivity, Shamrock Shake, Hawaiian range, Hot Cross Bun Pie
22/05/2025	52	NZ LTO Menu_May 2025	22/05/2025	23/05/2025	Add: Biscoff McFlurry for Delivery/Easy exclusive
1/04/2025	51	NZ LTO Menu_April 2025	1/04/2025	2/04/2025	Add: Nether Dipping Sauce
11/03/2025	50	NZ LTO Menu_March 2025	11/03/2025	12/03/2025	Add: Shamrock Shake
10/02/2025	49	NZ LTO Menu_February 2025	10/02/2025	12/02/2025	Add: Hawaiian window; Hot Cross Bun Pie; Remove Grimace Shake; Kiwi Burger; Kiwi Angus; Chili Cheese Bites; Flake McFlurry
2/12/2024	48	NZ LTO Menu_December 2024	2/12/2024	4/12/2024	Updated to include Summer Range; Kiwi burgers, chili cheese bites, frozen L&P, Cadbury Flake McFlurry; removed Crunchie McFlurry.
21/10/2024	47	NZ LTO Menu_October 2024	21/10/2024	23/10/2024	Updated to include Grimace Shake, removed Mozzarella Sticks with Tomato Chilli Jam
29/08/2024	46	NZ LTO Menu_September 2024	29/08/2024	3/09/2024	Updated to include Crunchie McFlurry and Mozzarella Sticks with Tomato Chilli Jam, removed Chicken Big Mac and Sweet Mustard Dipping Sauce, Banana Caramel Pie & McFlurry, QP BBQ Bacon & Crispy Onions
23/07/2024	45	NZ LTO Menu_July 2024	23/07/2024	24/07/2024	Updated to include Chicken Big Mac
29/05/2024	44	NZ LTO Menu_June 2024	29/05/2024	7/06/2024	Updated to include Winter LTO items BBQ & Crispy Onion QP, Sweet Mustard Dipping Sauce, Banana Caramel Pie + McFlurry
10/04/2024	43	NZ LTO Menu_April 2024	10/04/2024	10/04/2024	Remove Kiwi Burger, Kiwi Angus, Kit Kat McFlurry, Chilli Cheese Bites; add Spicy range.
9/02/2024	42	NZ LTO Menu_February 2024	20/02/2024	20/02/2024	Updated to PEAL Legislative requirements