McDonald's New Zealand
Allergen Matrix

Information correct as at May 2026

We operate restaurants that handle Gluten, Wheat, Egg, Milk, Soy, Sesame, Fish, Peanut, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Sulphites.

While we identify and manage allergen risks, our menu items may be prepared on the same equipment and in the same kitchen area as menu items that do contain these allergens. Check our website's allergen section regularly, as changes may occur.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have no Halal certified restaurants, and no ingredients or menu items are certified Halal.

The nutrition and ingredient information provided is based on standard product formulations, standard product assembly, and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may differ from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Please refer to our Ingredient Information, available on our website www.mcdonalds.co.nz. If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at http://mcdonalds.co.nz/contactus or on 0800 539 4303.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

Chart key:
P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.
M: Ingredient may be present

Allergen Summary:

As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut									Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio	Walnut								
BEEF																								
Big Arch®	P	P	P	P	P	P																P		
Big Mac® and Double Big Mac®	P	P	P	P	P	P																P	P	
Quarter Pounder® and Double Quarter	P	P	M	P	P	P																P		
Cheeseburger, Double Cheeseburger and Triple Cheeseburger	P	P	M	P	P	P																P		
Hamburger	P	P	M	M	P	P																P		
Almighty Texan BBQ	P	P	P	P	P	P											P					P		
Serious Beef	P	P	P	P	P	P																P		
CHICKEN AND FISH																								
Chicken McNuggets	P	P	M	M	M																			
Chicken McBites	P	P	M	P	M																			
Chicken McWings	P	P	M	M	M																			
McChicken® and Double McChicken®	P	P	P	M	P	P																P		
Grilled Chicken Bacon Deluxe	P	P	P	P	P	P																P	P	P
Cheesy Chicken Burger	P	P	P	P	P	P																P		
McCrispy® and Double McCrispy®	P	P	P	M	P	P														P		P		
McCrispy® Bacon Deluxe Burger	P	P	P	P	P	P														P		P		
McSpicy Burger	P	P	P	P		P																P		
Filet-o-Fish® and Double Filet-o-Fish®	P	P	P	P	P	P											P					P		
SALAD																								
Salad Burger	P	P	P	P	P	P																P		
WRAPS																								
McCrispy Chicken Snack Wrap®	P	P	P	M	P	M																P		
Grilled Chicken Snack Wrap®	P	P	P	M	P	M																P		
Grilled Chicken McWrap®	P	P	P	P	P	M																P		P
Crispy Chicken McWrap®	P	P	P	M	M	M																P		
FRIES																								
Fries	M	M	M	M	M																			
FRUIT AND SALADS																								
Apple Slices																								
Garden Salad																								
CONDIMENTS																								
Balsamic Dressing					P															P		P	P	
Barbeque Dipping Sauce	P	P			P																	P		
Sweet and Sour Dipping Sauce	P	P			P																	P		
Ketchup			P	P																		P		
Mayonnaise			P																					
BREAKFAST																								
Bacon & Egg McMuffin®	P	P	P	P	P	M																P		
Sausage & Egg McMuffin®	P	P	P	P	P	M																P		
Sausage McMuffin®	P	P	M	P	P	M																P		
Chicken McMuffin®	P	P	P	P	P	M																P		
Chicken and Bacon McMuffin®	P	P	P	P	P	M																P		
Big Brekkie Beef Burger	P	P	P	P	P	P											P					P	P	P
Mega Brekkie McWrap	P	P	P	P	P	M																P		
Massive McMuffin®	P	P	P	P	P	M																P	P	P
Hotcakes with Whipped Butter and Hotcake Syrup	P	P	P	P																		P	P	P
Hash Brown	M	M	M	M	M																			
BLT Bagel®	P	P	P	M	P	M																P		
NYC Benedict Bagel®	P	P	P	P	P	M																P		

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Information correct at time of publishing
Developed and authorised by McDonald's Quality Assurance

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								Tree nut																
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio	Walnut	Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
COLD BEVERAGES																								
Keri® Apple & Blackcurrant Fruit																								
Keri® Orange Juice																						P		P
Keri® Orange & Apple Juice																								P
Coke®																							P	P
Coke® Zero Sugar																						P	P	P
Sprite® Zero Sugar																						P		P
Fanta® Orange																						P	P	P
Fanta® Raspberry																						P	P	P
L&P®																						P	P	P
Frozen Coke®																							P	P
Frozen Coke® Zero Sugar																						P	P	P
Frozen Coke® McFloat®				P																			P	P
Frozen Coke® Zero Sugar McFloat®				P																		P	P	P
Frozen Flavours																						P	P	P
Frozen Flavours McFloat®				P																		P	P	P
SHAKES																								
Banana Shake				P																		P		P
Chocolate Shake				P																		P		P
Strawberry Shake				P																		P		P
ICED TEA																								
Fuze Tea® Peach Black Iced Tea																						P		P
WATER																								
Pump® Mini Water																								
Kiwi Blue 600mL Water																								
TEA																								
English Breakfast Tea																								
Earl Grey Tea																								
Green Tea																								
Peppermint Tea																								
DESSERTS																								
Apple Pie	P	P			P															P		P		P
M&M's MINIS® McFlurry®				P	P			M	M	M	M	M	M	M	M	M							P	P
M&M's MINIS® Chocolate McFlurry®				P	P			M	M	M	M	M	M	M	M	M							P	P
Oreo® Cookie McFlurry®	P	P		P	P		M																	P
Oreo® Cookie Chocolate McFlurry®	P	P		P	P		M																	P
Soft Serve Cone	P	P		P	P																			
Chocolate Soft Serve Cone	P	P		P	P																			
Soft Serve Cone with Flake®	P	P		P	P		M	M			M													P
Chocolate Soft Serve Cone with Flake®	P	P		P	P		M	M			M													P
Flake®	M	M		P	P		M	M			M													P
Choc McDip®	P	P		P	P						M													P
Choc McDip® Chocolate	P	P		P	P						M													P
Plain Sundae				P																				
Plain Chocolate Sundae				P																				
Caramel Sundae				P																				P
Caramel Chocolate Sundae				P																				P
Hot Fudge Sundae				P	P																	P		P
Hot Fudge Chocolate Sundae				P	P																	P		P
Strawberry Sundae				P																P		P	P	P
Strawberry Chocolate Sundae				P																P		P	P	P
Choc Top Super Sundae				P							M											P		P
Choc Top Chocolate Super Sundae				P							M											P		P
HOT BEVERAGES																								
Espresso																								
Long Black																								
Fluffy - Full Cream Milk	M			P	M			M																P
Fluffy - Skim Milk	M			P	M			M																P
Fluffy - Soy Milk	M			M	P			M																P
Fluffy - Almond Milk	M			M	M			P																P

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Fluffy - Oat Milk	P			M	M			M																P
Macchiato - Full Cream Milk	M			P	M			M																
Macchiato - Skim Milk	M			P	M			M																
Macchiato - Soy Milk	M			M	P			M																
Macchiato - Almond Milk	M			M	M			P																
Macchiato - Oat Milk	P			M	M			M																
Piccolo Latte - Full Cream Milk	M			P	M			M																
Piccolo Latte - Skim Milk	M			P	M			M																
Piccolo Latte - Soy Milk	M			M	P			M																
Piccolo Latte - Almond Milk	M			M	M			P																
Piccolo Latte - Oat Milk	P			M	M			M																
Flat White - Full Cream Milk	M			P	M			M																
Flat White - Skim Milk	M			P	M			M																
Flat White - Soy Milk	M			M	P			M																
Flat White - Almond Milk	M			M	M			P																
Flat White - Oat Milk	P			M	M			M																
Cappuccino - Full Cream Milk	M			P	M			M																P
Cappuccino - Skim Milk	M			P	M			M																P
Cappuccino - Soy Milk	M			M	P			M																P
Cappuccino - Almond Milk	M			M	M			P																P
Cappuccino - Oat Milk	P			M	M			M																
Latte - Full Cream Milk	M			P	M			M																
Latte - Skim Milk	M			P	M			M																
Latte - Soy Milk	M			M	P			M																
Latte - Almond Milk	M			M	M			P																
Latte - Oat Milk	P			M	M			M																
Flavoured Latte - Full Cream Milk	M			P	M			M														P		
Flavoured Latte - Skim Milk	M			P	M			M														P		
Flavoured Latte - Soy Milk	M			M	P			M														P		
Flavoured Latte - Almond Milk	M			M	M			P														P		
Flavoured Latte - Oat Milk	P			M	M			M														P		
Mocha - Full Cream Milk	M			P	M			M																P
Mocha - Skim Milk	M			P	M			M																P
Mocha - Soy Milk	M			M	P			M																P
Mocha - Almond Milk	M			M	M			P																P
Mocha - Oat Milk	P			M	M			M																P
Hot Chocolate - Full Cream Milk	M			P	M			M																P
Hot Chocolate - Skim Milk	M			P	M			M																P
Hot Chocolate - Soy Milk	M			M	P			M																P
Hot Chocolate - Almond Milk	M			M	M			P																P
Hot Chocolate - Oat Milk	P			M	M			M																P
Chai Latte - Full Cream Milk	P			P	M			M												P			P	P
Chai Latte - Skim Milk	P			P	M			M												P			P	P
Chai Latte - Soy Milk	P			P	P			M												P			P	P
Chai Latte - Almond Milk	P			P	M			P												P			P	P
Chai Latte - Oat Milk	P			P	M			M												P			P	P
Matcha Latte - Full Cream Milk	M			P	M			M																
Matcha Latte - Skim Milk	M			P	M			M																
Matcha Latte - Soy Milk	M			M	P			M																
Matcha Latte - Almond Milk	M			M	M			P																
Matcha Latte - Oat Milk	P			M	M			M																
TEA																								
English Breakfast Tea																								
Earl Grey Tea																								
Green Tea																								
Peppermint Tea																								
Iced Long Black																								
Iced Chocolate - Full Cream Milk	M			P	M			M														P		P

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								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio	Walnut								
COLD BEVERAGES																								
Iced Long Black																								
Iced Chocolate - Full Cream Milk	M			P	M			M														P		P
Iced Chocolate - Skim Milk	M			P	M			M														P		P
Iced Chocolate - Soy Milk	M			P	P			M														P		P
Iced Chocolate - Almond Milk	M			P	M			P														P		P
Iced Chocolate - Oat Milk	P			P	M			M														P		P
Iced Chai - Full Cream Milk	P			P	M			M												P			P	P
Iced Chai - Skim Milk	P			P	M			M												P			P	P
Iced Chai - Soy Milk	P			P	P			M												P			P	P
Iced Chai - Almond Milk	P			P	M			P												P			P	P
Iced Chai - Oat Milk	P			P	M			M												P			P	P
Iced Latte - Full Cream Milk	M			P	M			M														P		
Iced Latte - Skim Milk	M			P	M			M														P		
Iced Latte - Soy Milk	M			M	P			M														P		
Iced Latte - Almond Milk	M			M	M			P														P		
Iced Latte - Oat Milk	P			M	M			M														P		
Flavoured Iced Latte - Full Cream Mil	M			P	M			M														P		
Flavoured Iced Latte - Skim Milk	M			P	M			M														P		
Flavoured Iced Latte - Soy Milk	M			M	P			M														P		
Flavoured Iced Latte - Almond Milk	M			M	M			P														P		
Flavoured Iced Latte - Oat Milk	P			M	M			M														P		
Iced Mocha - Full Cream Milk	M			P	M			M														P		P
Iced Mocha - Skim Milk	M			P	M			M														P		P
Iced Mocha - Soy Milk	M			M	P			M														P		P
Iced Mocha - Almond Milk	M			M	M			P														P		P
Iced Mocha - Oat Milk	P			M	M			M														P		P
Iced Matcha Latte - Full Cream Milk	M			P	M			M																
Iced Matcha Latte - Skim Milk	M			P	M			M																
Iced Matcha Latte - Soy Milk	M			M	P			M																
Iced Matcha Latte - Almond Milk	M			M	M			P																
Iced Matcha Latte - Oat Milk	P			M	M			M																
Iced Strawberry Matcha Latte - Full Cream Milk	M			P	M			M														P		
Iced Strawberry Matcha Latte - Skim Milk	M			P	M			M														P		
Iced Strawberry Matcha Latte - Soy Milk	M			M	P			M														P		
Iced Strawberry Matcha Latte - Almond Milk	M			M	M			P														P		
Iced Strawberry Matcha Latte - Oat	P			M	M			M														P		
McCafe Food																								
Biscoff McPop	P	P	P	P	P	M		M		M	M		M		M	M								
Berry McPop	P	P	P	P	M	M		M		M	M		M		M	M								
Choc McPop	P	P	P	P	P	M		M		M	M		M		M	M								
Cinnamon Cobblestone	P	P	P	P	P	M	M	M	M	M	M	M	M	M	M	M							P	P
Blueberry Muffin	P	P	P	P	P	M	M	M	M	M	M	M	M	M	M	M								P
Walnut, Carrot and Bran Muffin	P	P	P	M	P	M	M									P								P
Chocolate Chip Muffin	P	P	P	P	P	M	M	M	M	M	M	M	M	M	M	M								P
Raspberry and White Chocolate Muffin	P	P	P	P	P	M	M	M	M	M	M	M	M	M	M	M								P

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	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut									Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio	Walnut								
Limited Time Offers																								
Korean BBQ Dipping Sauce																						P		
Dunked Korean Sticky BBQ McCrispy	P	P	P	M	M	P														P		P		
Dunked Korean Sticky BBQ McSpicy	P	P	P	M	M	P																P		
Purple Demon Sauce			P																			P	P	
The Derpy McFlurry				P																		P	P	P
The Derpy Chocolate McFlurry				P																		P	P	P
Vanilla Oreo Shake	P	P		P	P																	P		P
Banana Oreo Shake	P	P		P	P																	P		P
Strawberry Oreo Shake	P	P		P	P																	P		P
Chocolate Oreo Shake	P	P		P	P																	P		P
Vanilla Shake				P																		P		P
McGriddles	P	P		P	P																			
Sausage and Egg McGriddles	P	P	P	P	P																			
Sausage McGriddles	P	P	M	P	P																			
Bacon and Egg McGriddles	P	P	P	P	P																			
Green Apple Popping Pearls																							P	P
Frozen Lift with Green Apple																							P	P
Frozen L&P®																						P	P	P
Frozen L&P® McFloat®				P																		P	P	P
Frozen L&P® Chocolate McFloat®				P																		P	P	P
Frozen Lift®																						P		

Change Tracker:

Date	Document Number/Revision	Document Title	Issued	Upload Date	Description
19/05/2026	1	NZ Allergen Matrix_May 2026	19/05/2026	19/05/2026	Initial document upload