

## Breakfast

Served until 11:00am

	Energy per portion		Vegetarian	Cereals containing gluten							Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut														
<b>Bacon &amp; Egg McMuffin®</b>	1404	335		X	X									X	X								
<b>Sausage &amp; Egg McMuffin®</b>	1768	423		X	X								*	X	X								
<b>Egg &amp; Cheese McMuffin®</b>	1236	295		X	X								*	X	X								
<b>Double Bacon &amp; Egg McMuffin®</b>	1573	376		X	X								*	X	X								
<b>Double Sausage &amp; Egg McMuffin®</b>	2301	551		X	X								*	X	X								
<b>Cheesy Bacon Flatbread</b>	1168	278		X	*	*							*	X									
<b>Pancakes &amp; Syrup</b>	2019	477	V	X										X	X								
<b>Pancakes with Sausage &amp; Syrup</b>	2580	612		X										X	X								
<b>Porridge (GB only) § ¥</b>	653	154	V	*		*	X							X									
<b>Flahavan's® Porridge Oats (Plain) with Milk (NI only) § ¥</b>	820	194	V	*	*	*	X							X									
<b>Hash Brown†</b>	532	127	VE																				
<b>Bacon Roll with Brown Sauce</b>	1414	336		X	X	X				X			*	*									
<b>Bacon Roll with Tomato Ketchup</b>	1397	332		X	*	*							*	*									
<b>Muffin with Jam</b>	903	214	V	X	X								*	X									
<b>Breakfast Roll with Brown Sauce</b>	2098	500		X	X	X				X			*	X	X								
<b>Breakfast Roll with Tomato Ketchup</b>	2082	496		X	*	*							*	X	X								
<b>Mini Potato Waffles</b>	838	201	VE																				
<b>Mighty McMuffin® - with Brown Sauce</b>	2163	517		X	X	X				X			*	X	X								
<b>Mighty McMuffin® - with Tomato Ketchup</b>	2153	515		X	X								*	X	X								

‡ Available in selected restaurants only.

## Festive Food Event

23/11/22 to 3/1/23

Subject to availability.

	Energy per portion		Vegetarian	Cereals containing gluten							Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut														
<b>Big Tasty®</b>	3337	799		X	*	*							X	X	X								
<b>Big Tasty® with Bacon</b>	3530	845		X	*	*							X	X	X								
<b>Cheese Melt Dippers</b>	1014	243		X									X	X				*		*			
<b>Cheese Melt Dippers Sharebox - serves 3</b>	3041	729		X									X					*		*			
<b>Tangy Tomato Dip - 25ml</b>	175	41	V			X																	
<b>Celebration® McFlurry®</b>	1494	356	V	X		X	*			X				X									
<b>Mini Celebration® McFlurry®</b>	747	178	V	X		X	*			X				X									
<b>Festive Pie</b>	1265	302		X										X									
<b>Nacho Cheese Wedges</b>	888	213		X										X				*		*			
<b>Nacho Cheese Wedges Sharebox® - serves 3</b>	2663	639		X										X				*		*			
<b>Sour Cream &amp; Chive Dip - 25ml</b>	280	68	V											X	X								

## McCafé Drinks

Subject to availability.

		Energy per portion		Vegetarian	Cereals containing gluten							Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut														
<b>Caramel Waffle Latte</b>	<b>REGULAR</b>	776	184	V											X									
	<b>LARGE</b>	939	223	V											X									
<b>Hot Chocolate Deluxe</b>		846	201	V						X					X									

### Information correct at time of print, October 2022.

V = Suitable for vegetarians. VE = Suitable for vegans. X = Contains indicated allergen. \* = May contain traces of indicated allergen (presence cannot be excluded). † Please note our Fries and Hash Browns may be cooked in the same oil as the other vegan products. 0 = Zero amount present. § = Does not include optional condiments. We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period. Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. While the ingredient information is based on standard product formulations, variations may occur. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to UK only and is subject to change without notice. Please check www.mcdonalds.com for the most up-to-date information.



For more information on the ingredients within our products please visit our website [www.mcdonalds.co.uk/nutrition](http://www.mcdonalds.co.uk/nutrition)

### Additional Allergen Information

We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate we cannot guarantee any item is allergen free even after ingredients have been removed on request. While there are no nut or peanut ingredients in the products listed on this leaflet we can't guarantee that our food is completely nut or peanut free.

Please note:

- Our French Fries and Hash Browns can be cooked in the same oil as Veggie Dippers
- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese during the preparation of a large number of our menu items, we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Delivery orders: We also cannot guarantee your meal will not come in to contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.

For any further information please contact our Customer Services Team via our website - [www.mcdonalds.co.uk](http://www.mcdonalds.co.uk)



# McDonald's® UK ALLERGEN

information guide

## FESTIVE FOOD EVENT 2022

Valid from 23<sup>rd</sup> November to 3<sup>rd</sup> January 2023



For more information please visit our website and view the menu section [www.mcdonalds.co.uk/nutrition](http://www.mcdonalds.co.uk/nutrition)

We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period.

