

Additional Allergen Information

We prepare our food in kitchens where allergens are present and shared equipment is used. Although we handle your meal with care, we cannot ensure it is allergen free, even if requested ingredients are removed. While there are no nuts or peanuts in our products, we cannot guarantee they are completely nut or peanut-free.

Please note:

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers.
- Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.

For any further information please contact our Customer Services Team via our website – www.mcdonalds.co.uk

- ✓ Contains indicated allergen
- * May contain traces of indicated allergen (presence cannot be excluded)
- V Suitable for vegetarians
- VE Suitable for vegans
- † Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers
- 0 Zero amount present
- S Does not include optional condiments

Information correct at time of print, May 2025.

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to UK only and is subject to change without notice. Please check www.mcdonalds.co.uk/nutrition for the most up-to-date information.



We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

Main Menu

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Big Mac®	2063	494		✓	*	*																
Quarter Pounder™ with Cheese	2135	511		✓	*	*																
Double Quarter Pounder™ with Cheese	3101	743		✓	*	*																
McCrispy®	2031	484		✓	✓	*																
McSpicy®	1903	454		✓	*	*												*				
McChicken® Sandwich	1558	371		✓	*	*												*				
Filet-o-Fish®	1324	316		✓																		
McPlant®	1783	426	VE	✓	*	*																
Veggie Deluxe	1524	363	VE	✓	*	*																
Chicken Selects® x 3	1502	359		✓										*								
Chicken Selects® x 5	2504	599		✓										*								
Chicken McNuggets® x 4	728	174		✓										*								
Chicken McNuggets® x 6	1092	261		✓										*								
Chicken McNuggets® x 9	1637	391		✓										*								
Chicken McNuggets® x 20 (serves 4)	3638	869		✓										*								
9 Chicken Selects® Sharebox®	4507	1078		✓										*								
The McDonald's Chicken Sharebox®	5188	1240		✓										*								
Veggie Dippers x 4	1339	321	VE																			
Hamburger	1040	248		✓	*	*								*	*						✓	
Cheeseburger	1237	295		✓	*	*								*	*						✓	
Double Cheeseburger	1822	436		✓	*	*								*	*						✓	
Bacon Double Cheeseburger	2015	483		✓	*	*								*	*						✓	
Triple Cheeseburger	2406	577		✓	*	*								*	*						✓	
Chilli Double Cheeseburger	1843	441		✓	*	*								*	*			*			✓	
Mayo Chicken	1186	282		✓	*	*								*	*						✓	
Bacon Mayo Chicken	1380	329		✓	*	*								*	*						✓	

Happy Meal®

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Hamburger	1040	248		✓	*	*								*	*						✓	
Cheeseburger	1237	295		✓	*	*								*	*						✓	
Chicken McNuggets® x 4	728	174		✓										*							✓	
Fish Fingers x 3	651	155		✓												✓						
Veggie Dippers x 2	670	160	VE																			
Small Fries†	990	237	VE																			
Fruit Bag – Apple Slices	193	46	VE																			
Fruit Bag – Pineapple Stick	168	40	VE																			
Fruit Bag – Melon	80	19	VE																			
Carrot Bag	124	30	VE																			
Cucumber Sticks	52	13	VE																			
Organic Semi-Skimmed Milk	524	125	V																			
Robinsons Fruit Shoot	36	8	VE																			
Tropicana® Orange Juice	430	100	VE																			
Bottled Water (still)	0	0	VE																			

Fries†

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Small	990	237	VE																			
Medium	1410	337	VE																			
Large	1855	444	VE																			

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Salads

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Grilled Chicken Salad	586	139		*																		
Grilled Chicken & Bacon Salad	779	185		*																		
Crispy Chicken Salad	1148	274		✓																		
Crispy Chicken & Bacon Salad	1341	320		✓																	*	
Side Salad	77	18	V	*																		
Balsamic Dressing – 30g	96	23	VE																			

Big Flavour Wraps

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
The Sweet Chilli Chicken One	GRILLED	1435	340		✓	*	*															
	CRISPY	1966	469		✓	*	*															
The BBQ & Bacon Chicken One	GRILLED	1536	364		✓	*	*															
	CRISPY	2067	493		✓	*	*															
The Caesar & Bacon Chicken One	GRILLED	1694	403		✓	*	*															
	CRISPY	2226	532		✓	*	*															
The Spicy Veggie One		1532	365	VE	✓	*	*															

Condiments & Sauces

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Tomato Ketchup	25g	114	27	VE																		
BBQ Dip	25g	188	44	VE																		
Sweet Curry Dip	25g	207	47	VE																		
Sweet & Sour Dip	25g	179	42	VE	✓		✓			✓												
Smoky BBQ Dip	40g	284	67	V																		
Sweet Chilli Dip	40g	299	71	VE																		
Lurpak® Spreadable	8g	232	57	V																		
Strawberry Jam	15g	166	39	V																		
Pancake Syrup	40g	560	132	V																		
Flora® Original	10g	259	62	V										*								
Golden Syrup	20g	270	63	V																		
Sweet & Smoky BBQ Dip	40g	256	60	V																		
Garlic Mayo Dip	40g	486	118	V											✓						✓	

Desserts

	Energy per portion		Vegetarian	Cereals containing gluten																		
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Chocolate Brownie	1318	316	V	✓						✓												
Mixed Berry Muffin	1255	298	V	✓				✓		*												
Triple Chocolate Cookie	1342	320	V	✓																		