

Additional Allergen Information

We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate, we cannot guarantee any item is allergen free, even after ingredients have been removed on request. While there are no nut or peanut ingredients in the products listed on this leaflet, we cannot guarantee that our food is completely nut or peanut free.

Please note:

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers.
- Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.

For any further information please contact our Customer Services Team via our website – www.mcdonalds.co.uk

✓ Contains indicated allergen

* May contain traces of indicated allergen (presence cannot be excluded)

V Suitable for vegetarians

VE Suitable for vegans

† Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers

0 Zero amount present

§ Does not include optional condiments

Information correct at time of print, March 2024.

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to UK only and is subject to change without notice. Please check www.mcdonalds.co.uk/nutrition for the most up-to-date information.



We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

Main Menu

	Energy per portion		Cereals containing gluten																				
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
Big Mac®	2058	493		✓	*	*																	
Quarter Pounder™ with Cheese	2122	507		✓	*	*																	
Double Quarter Pounder™ with Cheese	3088	739		✓	*	*																	
McCrispy®	2031	484		✓	†	*																	
McSpicy®	1894	451		✓	*	*																	
McChicken® Sandwich	1549	369		✓	*	*																	
Filet-o-Fish®	1339	319		✓																			
McPlant®	1798	429	VE	✓	*	*																	
Vegetable Deluxe	1515	361	VE	✓	*	*																	
Chicken Selects® x 3	1502	359		✓																			
Chicken Selects® x 5	2504	599		✓																			
Chicken McNuggets® x 6	1092	261		✓																			
Chicken McNuggets® x 9	1637	391		✓																			
Chicken McNuggets® x 20 (serves 4)	3638	869		✓																			
Veggie Dippers x 4	1339	321	VE																				
Hamburger	1056	251		✓	*	*																	
Cheeseburger	1251	298		✓	*	*																	
Double Cheeseburger	1834	438		✓	*	*																	
Bacon Double Cheeseburger	2027	484		✓	*	*																	
Triple Cheeseburger	2416	578		✓	*	*																	
Mayo Chicken	1200	285		✓	*	*																	
Bacon Mayo Chicken	1393	332		✓	*	*																	

Happy Meal®

	Energy per portion		Cereals containing gluten																				
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
Hamburger	1056	251		✓	*	*																	
Cheeseburger	1251	298		✓	*	*																	
Chicken McNuggets® x 4	728	174		✓																			
Fish Fingers x 3	651	155		✓																			
Veggie Dippers x 2	670	160	VE																				
Small Fries†	990	237	VE																				
Fruit Bag – Apple & Grape	194	46	VE																				
Fruit Bag – Pineapple Stick	155	37	VE																				
Fruit Bag – Melon	73	17	VE																				
Carrot Bag	141	34	VE																				
Cucumber Sticks	52	12	VE																				
Organic Semi-Skimmed Milk	524	125	V																				
Robinsons Fruit Shoot	36	8	VE																				
Tropicana® Orange Juice	430	100	VE																				
Bottled Water (still)	0	0	VE																				

Fries†

	Energy per portion		Cereals containing gluten																				
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
Small	990	237	VE																				
Medium	1410	337	VE																				
Large	1855	444	VE																				

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Salads

	Energy per portion		Cereals containing gluten																				
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
Grilled Chicken Salad	586	139		*																			
Grilled Chicken & Bacon Salad	779	185		*																			
Crispy Chicken Salad	1148	274		✓																			
Crispy Chicken & Bacon Salad	1341	320		✓																			
Side Salad	77	18	V	*																			
Balsamic Dressing – 30g	96	23	VE																				

Big Flavour Wraps

	Energy per portion		Cereals containing gluten																				
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
The Sweet Chilli Chicken One	GRILLED	1435	340		✓	*	*																
	CRISPY	1966	469		✓	*	*																
The BBQ & Bacon Chicken One	GRILLED	1536	364		✓	*	*																
	CRISPY	2067	493		✓	*	*																
The Caesar & Bacon Chicken One	GRILLED	1694	403		✓	*	*																
	CRISPY	2226	532		✓	*	*																
The Spicy Veggie One	1532	365	VE	✓	*	*																	

Condiments & Sauces

	Energy per portion		Cereals containing gluten																				
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
Tomato Ketchup	24g	114	27	VE																			
BBQ Dip	30g	188	44	VE																			
Sweet Curry Dip	30g	207	47	VE																			
Sweet & Sour Dip	30g	179	42	VE	✓		✓																
Smoky BBQ Dip	40g	284	67	V																			
Sweet Chilli Dip	40g	299	71	VE																			
Sour Cream & Chive Dip	40g	470	114	V																			
Lurpak® Spreadable	8g	232	57	V																			
Strawberry Jam	15g	166	39	V																			
Pancake Syrup	40g	560	132	V																			
Flora® Original	10g	259	62	V																			
Golden Syrup	20g	270	63	V				</															