We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

Drinks

		Vegetarian	Cereals containing gluten: Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Coca-Cola® Zero Sugar®	*SMALL*	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Sprite No Sugar®	*SMALL*	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Diet Coke®	*SMALL*	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Coca-Cola® Classic	*SMALL*	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Fanta Orange® Zero	*SMALL*	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Oasis® Zero Summer Fruits	*SMALL*	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
IRN BRU (Scotland only)	*SMALL*	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Banana Milkshake	*SMALL*	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Chocolate Milkshake	*SMALL*	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Strawberry Milkshake	*SMALL*	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Vanilla Milkshake	*SMALL*	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Tropicana® Orange Juice		VE																			
Tropicana® Apple Juice		VE																			
Bottled Water	*STILL*	VE																			
Robinsons Fruit Shoot		VE																			
Flat White	*8oz*	V											✓								
Toffee Latte	*REGULAR*	V											✓								
	LARGE	V											✓								
Latte	*REGULAR*	V											✓								
	LARGE	V											✓								
Cappuccino	*REGULAR*	V											✓								
	LARGE	V											✓								
Americano	*REGULAR*	V											*								
	LARGE	V											*								
White Coffee	*REGULAR*	V											✓								
	LARGE	V											✓								
Hot Chocolate	*REGULAR*	V							✓				✓								
	LARGE	V							✓				✓								
PG tips Tea (with 1 Milk)	*REGULAR*	V											✓								
PG tips Tea (with 2 Milks)	*LARGE*	V											✓								
Espresso	*SINGLE*	V											*								
	DOUBLE	V											*								
Iced Latte	*REGULAR*	V											✓								
	LARGE	V											✓								
Caramel Iced Frappé	*REGULAR*	V	*						*				✓								
	LARGE	V	*						*				✓								
Mango & Pineapple Smoothie	*REGULAR*	V	*						*				*								
	LARGE	V	*						*				*								

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Breakfast

Served until 11:00am

	Vegetarian	Cereals containing gluten: Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Breakfast Wrap with Ketchup		✓	*	*							*	✓	✓							
Breakfast Wrap with Brown Sauce		✓	*	✓							*	✓	✓							
Breakfast Roll with Tomato Ketchup		✓	*	*							*	✓	✓							
Breakfast Roll with Brown Sauce		✓	*	✓							*	✓	✓							
Bacon Roll with Tomato Ketchup		✓	*	*							*	*								
Bacon Roll with Brown Sauce		✓	*	✓							*	*								
Sausage & Egg McMuffin®		✓	✓								*	✓	✓							
Bacon & Egg McMuffin®		✓	✓								*	✓	✓							
Double Sausage & Egg McMuffin®		✓	✓								*	✓	✓							
Double Bacon & Egg McMuffin®		✓	✓								*	✓	✓							
Egg & Cheese McMuffin®		✓	✓								*	✓	✓							
Mighty McMuffin® with Tomato Ketchup		✓	✓								*	✓	✓							
Mighty McMuffin® with Brown Sauce		✓	✓	✓							*	✓	✓							
Muffin with Jam	V	✓	✓								*	✓								
Porridge (GB only) § ¥	V	*		*	✓							✓								
Flahavan's® Porridge Oats (Plain) with Milk (NI only) § ¥	V	*	*	*	✓							✓								
Pancakes & Syrup	V	✓										✓	✓							
Pancakes with Sausage & Syrup		✓										✓	✓							
Cheesy Bacon Flatbread		✓	*	*							*	✓								
Hash Brown†	VE																			

September Food Promotion 2025

10/09/25 - 21/10/25

Subject to availability.

	Vegetarian	Cereals containing gluten: Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Philly Cheese Stack		✓	*	*							✓	✓								
Chicken Big Mac®		✓	*	*							✓	✓	✓			✓		✓		
Mozzarella Dippers		✓										✓				*				
Mozzarella Dippers Sharebox®		✓										✓				*				
Salsa Dip	VE																			
The Fajita Chicken One - Grilled		✓	*	*							*	✓	✓					✓		
The Fajita Chicken One - Crispy		✓	*	*							*	✓	✓			✓		✓		
Toffee Crisp® McFlurry®	V	✓		✓	*			✓				✓								
Toffee Crisp® Mini McFlurry®	V	✓		✓	*			✓				✓								
Frank's RedHot® Mayo dip	V												✓							
Regular Frozen Strawberry Lemonade	V											*								
Large Frozen Strawberry Lemonade	V											*								
Honeycomb Latte - Regular	V	*		*	*			✓				✓								
Honeycomb Latte - Large	V	*		*	*			✓				✓								
Green Apple X Sprite	VE																			
Mango Passionfruit X Sprite	VE																			
Jaffa Cakes McFlurry®	V	✓		*	*			✓				✓								
Jaffa Cakes Mini McFlurry®	V	✓		*	*			✓				✓								
Available in participating restaurants only																				
Fish Bites - 5 pieces		✓												✓						
Saver Bacon Roll with Ketchup		✓	*	*							*	*								
Saver Bacon Roll with Brown Sauce		✓	*	✓							*	*								
Sausage Sandwich with Ketchup		✓	*	*							*	✓								
Sausage Sandwich with Brown Sauce		✓	*	✓							*	✓								
Caramel Syrup	V																			
Vanilla Syrup	V																			

McDonald's® UK ALLERGEN

information guide

SEPTEMBER FOOD PROMOTION

Valid from 10th September to 21st October 2025

For more information please visit our website and view the menu section www.mcdonalds.co.uk/nutrition

Recipes change every now and again, so please check the leaflet regularly.

Additional Allergen Information

We prepare our food in kitchens where allergens are present and shared equipment is used. Although we handle your meal with care, we cannot ensure it is allergen free, even if requested ingredients are removed. While there are no nuts or peanuts in our products, we cannot guarantee they are completely nut or peanut-free.

Please note:

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers.
- Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.
- Always check the packaging / product label for ingredients list and allergen Anformation

For any further information please contact our Customer Services Team via our website – www.mcdonalds.co.uk

✓	Contains indicated allergen
*	May contain traces of indicated allergen (presence cannot be excluded)
V	Suitable for vegetarians
VE	Suitable for vegans
†	Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers
0	Zero amount present
Ş	Does not include optional condiments
¥	Available in selected restaurants only

Information correct at time of print, Sept 2025.

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to UK only and is subject to change without notice. Please check www.mcdonalds.co.uk/nutrition for the most up-to-date information.

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Main Menu

	Vegetarian	Cereals containing gluten: Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Big Mac®		✓	*	*							✓	✓	✓					✓		
Quarter Pounder™ with Cheese		✓	*	*							✓	✓						✓		
Double Quarter Pounder™ with Cheese		✓	*	*							✓	✓						✓		
McCrispy®		✓	✓	*							✓	*	✓			*		✓		
McSpicy®		✓	*	*							✓	*				*		✓		
McChicken® Sandwich		✓	*	*							✓	*				*		✓		
Filet-o-Fish®		✓									*	✓	✓	✓				✓		
Double Filet-o-Fish®		✓									*	✓	✓	✓				✓		
McPlant®	VE	✓	*	*							✓	*						✓		
Vegetable Deluxe	VE	✓	*	*							✓	*						✓		
Chicken Selects® x 3		✓										*				✓				
Chicken Selects® x 5		✓										*				✓				
Chicken McNuggets® x 4		✓										*				✓				
Chicken McNuggets® x 6		✓										*				✓				
Chicken McNuggets® x 9		✓										*				✓				
Chicken McNuggets® x 20 (serves 4)		✓										*				✓				
9 Chicken Selects® Sharebox®		✓										*				✓				
The McDonald's Chicken Sharebox®		✓										*				✓				
Veggie Dippers x 4	VE																			
Hamburger		✓	*	*							*	*						✓		
Cheeseburger		✓	*	*							*	✓						✓		
Double Cheeseburger		✓	*	*							*	✓						✓		
Bacon Double Cheeseburger		✓	*	*							*	✓						✓		
Triple Cheeseburger		✓	*	*							*	✓						✓		
Chilli Double Cheeseburger		✓	*	*							*	✓				*		✓		
Mayo Chicken		✓	*	*							*	*	✓			✓		✓		
Bacon Mayo Chicken		✓	*	*							*	*	✓			✓		✓		

Happy Meal®

	Vegetarian	Cereals containing gluten: Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Hamburger		✓	*	*							*	*						✓		
Cheeseburger		✓	*	*							*	✓						✓		
Chicken McNuggets® x 4		✓										*				✓				
Fish Fingers x 3		✓												✓						
Veggie Dippers x 2	VE																			
Small Fries†	VE																			
Fruit Bag – Apple Slices	VE																			
Fruit Bag – Pineapple Stick	VE																			
Fruit Bag – Melon Chunks	VE																			
Carrot Bag	VE																			
Cucumber Sticks	VE																			
Organic Semi-Skimmed Milk	V											✓								
Robinsons Fruit Shoot	VE																			
Tropicana® Orange Juice	VE																			
Bottled Water (still)	VE																			

Fries†

	Vegetarian	Cereals containing gluten: Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Small	VE																			
Medium	VE																			
Large	VE																			

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Salads

	Vegetarian	Cereals containing gluten: Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Grilled Chicken Salad		*										*								
Grilled Chicken & Bacon Salad		*										*								
Crispy Chicken Salad		✓										*				*				
Crispy Chicken & Bacon Salad		✓										*				*				
Side Salad	V	*										*								
Balsamic Dressing – 30g	VE																			

Big Flavour Wraps

		Vegetarian	Cereals containing gluten: Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
The Sweet Chilli Chicken One	*GRILLED*		✓	*	*							*	*	✓					✓		
	CRISPY		✓	*	*							*	*	✓			✓		✓		
The BBQ & Bacon Chicken One	*GRILLED*		✓	*	*							*	*	✓					✓		
	CRISPY		✓	*	*							*	*	✓			✓		✓		
The Caesar & Bacon Chicken One	*GRILLED*		✓	*	*							*	✓	✓					✓		
	CRISPY		✓	*	*							*	✓	✓			✓		✓		
The Spicy Veggie One		VE	✓	*	*							*	*						✓		

Condiments & Sauces

		Vegetarian	Cereals containing gluten: Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Tomato Ketchup	*25ml*	VE																			
BBQ Dip	*25ml*	VE																	✓		
Sweet Curry Dip	*25ml*	VE															✓		✓		
Sweet & Sour Dip	*25ml*	VE	✓		✓				✓								✓				
Smoky BBQ Dip	*40g*	V																			
Sweet Chilli Dip	*40g*	VE																			
Lurpak® Spreadable	*8g*	V											✓								
Strawberry Jam	*15g*	V																			
Pancake Syrup	*40g*	V																			
Flora® Original	*10g*	V											*								
Golden Syrup	*20g*	V																			
Sweet & Smoky BBQ Dip	*40g*	V																			
Garlic Mayo Dip	*40g*	V												✓					✓		

Desserts

	Vegetarian	Cereals containing gluten: Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Chocolate Brownie	V	✓			*			✓				✓	✓							
Mixed Berry Muffin	V	✓			✓			*				✓	✓							
Triple Chocolate Cookie	V	✓			*			✓				✓	✓							
Sugar Donut	V	✓			*			✓				*	✓							
Hot Apple Pie		✓										*								
McFlurry® Maltesers®	V	✓		✓	*			✓				✓								
McFlurry® Smarties®	V	✓		✓	*			*				✓								
McFlurry® Oreo®	V	✓		*	*			✓				✓								
Mini McFlurry® Maltesers®	V	✓		✓	*			✓				✓								
Mini McFlurry® Smarties®	V	✓		✓	*			*				✓								
Mini McFlurry® Oreo®	V	✓		*	*			✓				✓								