The purpose of this Allergen In-Restaurant Information Booklet is to help you choose menu items within our restaurants, if you or someone you care for has:

- A food allergy or food intolerance
- Coeliac disease

This booklet provides allergen information in **bold, CAPITALS** via the ingredient declarations. Please ensure you thoroughly read the ingredient declarations.

This booklet highlights the following fourteen major allergens:

- Cereals Containing Gluten – Wheat, Rye, Barley, Oats, Spelt, Kamut
- Crustaceans
- Egg
- Fish
- Lupin
- Milk
- Molluscs
- Nuts – Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut and Queensland Nut
- Peanut
- Soya (excludes Fully Refined Soya Bean Oil)
- Sesame
- Celery and Celeraic
- Mustard
- Sulphur Dioxide and Sulphites (levels greater than 10ppm)

**Nut and Cross Contamination Statement:**

We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request.

While there are no nut or peanut ingredients in the products listed in this booklet we can’t guarantee that our food is completely nut or peanut free.

McDonald’s is a member of the Anaphylaxis Campaign which raises awareness of the needs of people at risk from severe allergic reactions.

Please note our French Fries, Hash Browns, Potato Rosti and other promotional potato products can be cooked in the same oil as other vegetarian products. Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds. Allergen information for all these products can be found in the relevant section of this booklet.

If we can help by providing further information on any of our products, please let us know and we will be more than happy to do so.

**For any further information please contact our Customer Services Team via +44 (0) 370 524 4622 or www.mcdonalds.co.uk.**

**More information can also be found on The Anaphylaxis Campaign Website - www.anaphylaxis.org.uk**

**Please note:**

Some menu items listed in this booklet may not be available in all restaurants. This booklet may not cover test products. If you require allergen information about test products, please ask a member of staff or consult the website. While the ingredient information is based on standard product formulations, variations may occur. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials used in the restaurants. All information applies to UK restaurants only and is correct at time of going to print – see date on front cover – but is subject to change without notice.

Please check the website www.mcdonalds.co.uk for the most up to date information.
Big Mac®

**Big Mac Bun:**

**EITHER:** WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, SESAME Seeds, Rapeseed Oil, Salt, Yeast, WHEAT Gluten, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Raising Agent (Monocalcium Phosphate), Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

**OR:** WHEAT Flour, Water, Sugar, Sunflower Oil, SESAME Seeds, Yeast, Iodised Salt, Dough Conditioner (Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids)), WHEAT Flour, Anti-caking Agent (Calcium Carbonate), Antioxidant (Ascorbic Acid).

N.B. All the above may contain traces of milk, barley and rye.

**Beef Patty:**

100% Pure Beef.
A little salt and pepper is added to season after cooking.

**Lettuce:**

100% Iceberg Lettuce.

**Big Mac Sauce:**

Water, Rapeseed Oil, Spirit Vinegar, Gherkin, Sugar, Modified Maize Starch, Free Range EGG Yolk, Spices (contain MUSTARD), Salt, Glucose-Fructose Syrup, Thickener (Xanthan Gum), Natural Flavourings, Firming Agent (Calcium Chloride), Preservative (Potassium Sorbate).

**Cheddar Cheese Slice (processed):**

Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Natural Cheese Flavouring (MILK), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

**Dill Pickle Slices:**

Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

**Onions:**

100% White Onions.

Quarter Pounder™ with Cheese

**Beef Patty:**

100% Pure Beef.
A little salt and pepper is added to season after cooking.

**Quarter Pounder Bun:**

**EITHER:** WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, SESAME Seeds, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), WHEAT Gluten, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

**OR:** WHEAT Flour, Water, Sugar, Sunflower Oil, SESAME Seeds, Yeast, Iodised Salt, Dough Conditioner (Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids)), WHEAT Flour, Anti-caking Agent (Calcium Carbonate), Antioxidant (Ascorbic Acid).

N.B. All the above may contain traces of milk, barley and rye.

**Cheddar Cheese Slice (processed):**

Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Natural Cheese Flavouring (MILK), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

**Tomato Ketchup:**

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

**Dill Pickle Slices:**

Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

**Onions:**

100% White Onions.

**Mustard:**

Water, Spirit Vinegar, MUSTARD Seed (13%), Salt, Spices, Spice Extract.
**Cheeseburger**

**Bun:**
- EITHER: WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartrate Acid Esters of Mono- and Diglycerides of Fatty Acids), WHEAT Gluten, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).
- OR: WHEAT Flour, Water, Sugar, Sunflower Oil, Yeast, Iodised Salt, Dough Conditioner (Emulsifier (Mono- and Diacetyl Tartrate Acid Esters of Mono- and Diglycerides of Fatty Acids), WHEAT Flour, Anti-caking Agent (Calcium Carbonate), Antioxidant (Ascorbic Acid)).

N.B. All the above may contain traces of sesame seeds*, milk, barley and rye.

**Beef Patty:**
100% Pure Beef.
A little salt and pepper is added to season after cooking.

**Cheddar Cheese Slices (processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Natural Cheese Flavouring (MILK), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

**Tomato Ketchup:**
66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

**Dill Pickle Slices:**
Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

**Onions:**
100% White Onions.

**Mustard:**
Water, Spirit Vinegar, MUSTARD Seed (13%), Salt, Spices, Spice Extract.

**Hamburger**

Please note the ingredients for the Hamburger are the same as Cheeseburger above but without cheddar cheese slice (processed).

**Bacon Double Cheeseburger**

**Beef Patty:**
100% Pure Beef.
A little salt and pepper is added to season after cooking.

**Bun:**
- EITHER: WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartrate Acid Esters of Mono- and Diglycerides of Fatty Acids), WHEAT Gluten, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).
- OR: WHEAT Flour, Water, Sugar, Sunflower Oil, Yeast, Iodised Salt, Dough Conditioner (Emulsifier (Mono- and Diacetyl Tartrate Acid Esters of Mono- and Diglycerides of Fatty Acids), WHEAT Flour, Anti-caking Agent (Calcium Carbonate), Antioxidant (Ascorbic Acid)).

N.B. All the above may contain traces of sesame seeds*, milk, barley and rye.

**Cheddar Cheese Slices (processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Natural Cheese Flavouring (MILK), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

**Streaky Bacon:**
- EITHER: Smoked Pork Belly, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
- OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**Tomato Ketchup:**
66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

**Dill Pickle Slices:**
Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

**Onions:**
100% White Onions.

**Mustard:**
Water, Spirit Vinegar, MUSTARD Seed (13%), Salt, Spices, Spice Extract.

**Triple Cheeseburger & Double Cheeseburger**

Please note the ingredients for the Triple Cheeseburger & Double Cheeseburger are the same as Bacon Double Cheeseburger above but without streaky bacon.

*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.*

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Chicken McNuggets®

EITHER: Chicken Breast Meat (45%), Water, Vegetable Oils (Sunflower, Rapeseed), Maize Flour, Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Starches, WHEAT Semolina, Breadcrumb (contains WHEAT), Natural Flavourings (contains CELERY), Potassium Chloride, Dried Glucose Syrup, WHEAT Gluten, Salt, Raising Agents (Sodium Carbonates), Pepper, CELERY, Dextrose.

OR: Chicken Breast Meat (45%), Water, Vegetable Oils (Sunflower, Rapeseed), Maize Flour, WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Starch, WHEAT Semolina, Breadcrumb (WHEAT Flour contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Natural Flavourings (contains CELERY), WHEAT Gluten, Potassium Chloride, Dried Glucose Syrup, Salt, Raising Agents (Sodium Carbonates), Spices (contains CELERY), Dextrose.

N.B. All of the above may contain traces of milk and mustard.

Prepared in the restaurants using non-hydrogenated vegetable oil.

Chicken Selects®

EITHER: Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contains CELERY), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxymethyl Cellulose), Yeast.

OR: Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contains CELERY), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), WHEAT Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains CELERY), Dextrose, Stabiliser (Carageenan), Flavouirng Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

N.B. All the above may contain traces of milk and mustard.

Prepared in the restaurants using a non-hydrogenated vegetable oil.

Spicy Chicken Snack Wrap®

Chicken Select:

EITHER: Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contains CELERY), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Onion Powder, Garlic Powder, Spice Extract (contains CELERY), Stabiliser (Carageenan), Dextrose, Flavouring.

OR: Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contains CELERY), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), WHEAT Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains CELERY), Dextrose, Stabiliser (Carageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

N.B. All the above may contain traces of milk and mustard.

Prepared in the restaurants using a non-hydrogenated vegetable oil.

Small Tortilla Wrap:

EITHER: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

OR: WHEAT Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), WHEAT Starch, Salt, Deactivated Yeast.

OR: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), WHEAT Fibre, Rapeseed Oil, Wholemeal WHEAT Flour, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast, Salt, WHEAT Starch.

N.B. All the above may contain traces of sesame seeds*, milk, barley and rye.

Hot & Spicy Mayo:

EITHER: Water, Rapeseed Oil (29%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3.0%), Sugar, Salt, Spices (contain MUSTARD), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Birdseye Chili, Lemon Juice Concentrate, Colour (Paprika Extract).

OR: Water, Rapeseed Oil (24.5%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3%), Sugar, Salt, Spices (contain MUSTARD), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Birdseye Chili, Acid (Lactic Acid), Colour (Paprika Extract).

N.B. All the above may contain traces of sesame seeds, milk, eggs, mustard and rye.

Lettuce:

100% Iceberg Lettuce.

Cheddar Cheese Slice (Processed):

Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (3%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Natural Cheese Flavouring (MILK), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

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**Chicken Legend® with Cool Mayo or Hot & Spicy Mayo or BBQ Sauce**

**Chicken Legend Patty:**
EITHER: Chicken Breast Meat (59%), **WHEAT** Flour (contains Calcium Carbonate, Iron, Nicin, Thiamin), Vegetable Oils (Sunflower, Rapeseed), Breadcrumbs (WHEAT Flour (contains Calcium Carbonate, Iron, Nicin, Thiamin), Yeast, Salt), Water, Starch, **WHEAT** Semolina, **WHEAT** Gluten, Spices (contains **CELERY**), Salt, Raising Agents (Diphosphates, Sodium Carbonates), Natural Flavourings, Parsley, Whey Protein Concentrate (from **MILK**), **MUSTARD** Flour, Yeast Extract, Acid (Citric Acid), Spice Extract, Potassium Chloride.

OR: Chicken Breast Meat (59%), Fortified **WHEAT** Flour and **WHEAT** Flour Blend (**WHEAT** Flour, Calcium Carbonate, Iron, Nicin, Thiamin), Vegetable Oils (Sunflower, Rapeseed), Water, Breadcrumbs (contains **WHEAT**), Starch, **WHEAT** Semolina, **WHEAT** Gluten, Spices (contains **CELERY**), Natural Flavouring, Salt, Yeast Extract, Raising Agent (Diphosphates, Sodium Carbonates), Parsley, Whey Protein Concentrate (from **MILK**), Acid (Citric Acid), **MUSTARD** Flour, Potassium Chloride, Spice Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

**Brown Bakehouse Roll:**
EITHER: **WHEAT** Flour, Water, **RYE** Flour, **WHEAT** Bran, Yeast, Rapeseed Oil, Salt, Dextrose, Sugar, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted **WHEAT** Flour, **WHEAT** Fibre, Flour Treatment Agent (Ascorbic Acid), Malted **BARLEY**.

OR: **WHEAT** Flour (contains Calcium Carbonate, Iron, Nicin, Thiamine), Water, **RYE** Flour, Dried **WHEAT** Sourdough, Rapeseed Oil, Salt, Sugar, Dextrose, Yeast, **BARLEY**, Antioxidant (Ascorbic Acid).

N.B. All the above may contain traces of sesame seeds* and milk.

**Cool Mayo:**
Water, Rapeseed Oil (23.5%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

OR

**Hot & Spicy Mayo:**
EITHER: Water, Rapeseed Oil (29%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3.0%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Birdseye Chilli, Lemon Juice Concentrate, Colour (Paprika Extract).

OR

**Smoky BBQ Sauce:**
Water, Glucose-Fructose Syrup, Sugar, Spirit Vinegar, Tomato Paste, Cane Molasses, Modified Maize Starch, Dried Glucose Syrup, Salt, Spices (contain **MUSTARD**), Preservative (Potassium Sorbate), Smoke Flavourings.

**Lettuce:**
100% Lettuce.

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*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.*

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**Main Menu**

**Mayo Chicken**

**Bun:**

**EITHER:** WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), WHEAT Gluten, Preservative (Saccharin), Raising Agents (Disodium Diphosphate, Sodium Carbonates), De-activated Yeast, Antioxidant (Ascorbic Acid).

**OR:** WHEAT Flour, Water, Sugar, Sunflower Oil, Yeast, Iodised Salt, Dough Conditioner (Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), WHEAT Flour, Anti-caking Agent (Calcium Carbonate), Antioxidant (Ascorbic Acid)).

N.B. All the above may contain traces of sesame seeds*, milk, barley and rye.

**Chicken Patty:**

Chicken Breast Meat (44%), Water, WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt, Rusk (WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Sunflower Oil), Vegetable Oils (Sunflower, Rapeseed), WHEAT Semolina, Starch, Modified Starch (contains WHEAT), Salt, Raising Agents (Diphosphates, Sodium Carbonates, Calcium Phosphates), Natural Flavourings, Potassium Chloride, Yeast Extract, White Pepper, Garlic Powder, Dextrose.

N.B. May contain traces of celery, milk and mustard.

Prepared in the restaurants using non-hydrogenated vegetable oil.

**Lettuce:**

100% Iceberg Lettuce.

**Cool Mayo:**

Water, Rapeseed Oil (23.5%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3%), Sugar, Salt, MUSTARD Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

**Bacon Mayo Chicken**

The ingredients for the Bacon Mayo Chicken are the same as Mayo Chicken above with the addition of:

**Streaky Bacon:**

**EITHER:** Smoked Pork Belly, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

**OR:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**Crispy Chicken Happy Meal Wrap**

**Chicken Selects:**

**EITHER:** Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain CELERY), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains CELERY), Stabiliser (Carrageenan), Dextrose, Flavouring.

**OR:** Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain CELERY), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), WHEAT Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains CELERY), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polyosorbate 80), Rosemary Extract.

N.B. All the above may contain traces of milk and mustard.

Prepared in the restaurants using non-hydrogenated vegetable oil.

**Small Tortilla Wrap:**

**EITHER:** WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR:** WHEAT Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), WHEAT Starch, Salt, De-activated Yeast.

**OR:** WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), WHEAT Fibre, Rapeseed Oil, Wholemeal WHEAT Flour, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast, Salt, WHEAT Starch.

N.B. All the above may contain traces of sesame seeds*, milk, barley and rye.

**Lettuce:**

100% Iceberg Lettuce.

**Tomato Ketchup:**

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

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**Allergen Information:** For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.
**Grilled Chicken Happy Meal Wrap**

**Small Tortilla Wrap:**

**EITHER:** WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR:** WHEAT Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), WHEAT Starch, Salt, Deactivated Yeast.

**OR:** WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), WHEAT Fibre, Rapeseed Oil, Wholemeal WHEAT Flour, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast, Salt, WHEAT Starch.

N.B. All the above may contain traces of sesame seeds*, milk, barley and rye.

**Grilled Chicken:**

Chicken Breast Meat, Starches, Dextrose, Salt, Natural Flavourings, Pea Fibre, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Produced with 104g raw chicken fillet for 100g finished product.

**Lettuce:**

100% Iceberg Lettuce.

**Tomato Ketchup:**

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

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**Veggie Dippers**

**Red Pepper & Pesto Goujon:**

Yellow Split Peas, Tomato, Breadcrumb (8%) (Rice Flour, Gram Flour, Maize Flour, Amaranth Flour, Maize Starch, Teff Flour, Salt, Dried Glucose Syrup, Dextrose, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Cooked Arborio Rice, Rice Flour, Sundried Tomato Pesto (7%) (Water, Sundried Tomato Puree (Water, Tomato, Salt), Tomato Paste, Red Wine Vinegar, Olive Oil (Refined Olive Oil, Extra Virgin Olive Oil), Basil, Red Onion, White Sugar, Garlic Puree, Cornflour, Black Pepper), Red Pepper (7%), Water, Sunflower Oil, Maize Starch, Onion, Rapeseed Oil, Maize Flour, Basil, Garlic Puree, Salt, Black Pepper, Thickener (Xanthan Gum).

Prepared in the restaurants using a non-hydrogenated vegetable oil.

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*NPlease note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.*
Vegetable Deluxe

Red Pepper & Pesto Goujon:
Yellow Split Peas, Tomato, Breadcrumb (8%) (Rice Flour, Gram Flour, Maize Flour, Amaranth Flour, Maize Starch, Teff Flour, Salt, Dried Glucose Syrup, Dextrose, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Cooked Arborio Rice, Rice Flour, Sundried Tomato Pesto (7%) (Water, Sundried Tomato Puree (Water, Tomato, Salt), Tomato Paste, Red Wine Vinegar, Olive Oil (Refined Olive Oil, Extra Virgin Olive Oil), Basil, Red Onion, White Sugar, Garlic Puree, Cornflour, Black Pepper), Red Pepper (7%), Water, Sunflower Oil, Maize Starch, Onion, Rapeseed Oil, Maize Flour, Basil, Garlic Puree, Salt, Black Pepper, Thickener (Xanthan Gum).

Prepared in the restaurants using a non-hydrogenated vegetable oil.

Sesame Bun:
EITHER: WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, SESAME Seeds, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), WHEAT Gluten, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

OR: WHEAT Flour, Water, Sugar, Sunflower Oil, SESAME Seeds, Yeast, Iodised Salt, Dough Conditioner (Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), WHEAT Flour, Anti-caking Agent (Calcium Carbonate), Antioxidant (Ascorbic Acid)).

N.B. All the above may contain traces of sesame seeds* and milk.

Lettuce:
100% Iceberg Lettuce.

Sandwich Sauce:
Water, Rapeseed Oil, Sugar, Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk, Salt, Thickener (Xanthan Gum), Spices (contain MUSTARD), Lemon Juice Concentrate, Preservative (Potassium Sorbate), Natural Onion Flavouring, Dried Garlic, Colours (Curcumin & Paprika Extract).

Filet-O-Fish®

Fish Filet Portion:
Hoki or Alaska Pollock Fillet (FISH) (75%), WHEAT Flour, Water, Modified WHEAT Starch, Corn Flour, Salt, Corn Starch, Yeast, Thickener (Sodium Carboxymethyl Cellulose).

Prepared in the restaurants using non-hydrogenated vegetable oil.

Bun:
EITHER: WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), WHEAT Gluten, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

OR: WHEAT Flour, Water, Sugar, Sunflower Oil, Yeast, Iodised Salt, Dough Conditioner (Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), WHEAT Flour, Anti-caking Agent (Calcium Carbonate), Antioxidant (Ascorbic Acid)).

N.B. All the above may contain traces of sesame seeds* and milk.

Tartare Sauce:
Water, Rapeseed Oil, Gherkin, Spirit Vinegar, Onion, Free Range EGG Yolk, Modified Maize Starch, Sugar, Salt, Thickener (Xanthan Gum), MUSTARD Flour, Capers, Preservative (Potassium Sorbate), Firming Agent (Calcium Chloride), Dried Parsley, Flavourings.

Cheddar Cheese Slice (processed):
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Natural Cheese Flavouring (MILK), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

Fish Fingers
Hoki or Alaska Pollock Fillet (FISH) (65%), WHEAT Flour, Water, Modified WHEAT Starch, Corn Flour, Salt, Corn Starch, Yeast, Thickener (Sodium Carboxymethyl Cellulose).

Prepared in the restaurants using non-hydrogenated vegetable oil.

*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.
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Fries
Potatoes, Vegetable Oil (Sunflower, Rapeseed), Dextrose (predominantly added at beginning of the potato season). Prepared in the restaurants using non-hydrogenated vegetable oil. Salt is added after cooking.

N.B. Please note our Fries can be cooked in the same oil as the Red Pepper & Pesto Goujon. See page 10.

Carrot Bag
Carrot (100%).
Drinks

**Espresso (Double and Single) 🍼**

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

N.B. May contain traces of milk.

**Black Coffee 🍃**

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

N.B. May contain traces of milk.

**White Coffee 🍃**

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**Milk:**
Organic Semi-Skimmed MILK.

**Cappuccino 🍃**

**Milk:**
Organic Semi-Skimmed MILK.

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**Chocolatey Powder:**
Sugar, Cocoa, Salt, Flavourings.

N.B. May contain traces of milk.

**Flat White 🍃**

**Milk:**
Organic Semi-Skimmed MILK.

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**Latte 🍃**

**Milk:**
Organic Semi-Skimmed MILK.

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**Toffee Latte 🍃**

**Milk:**
Organic Semi-Skimmed MILK.

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**Toffee Syrup:**
Water, Sugar, Natural Flavourings, Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Colour (Plain Caramel).

**Spray Cream:**
Cream (20% fat) (MILK), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabiliser (Carrageenan).

**Toffee Drizzle:**
Glucose Syrup, Sweetened Condensed Whole MILK (Whole MILK, Sugar), Glucose-Fructose Syrup, BUTTER, Salt, Stabiliser (Sodium Citrates), Thickener (Pectin).

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**Drinks**

### Hot Chocolate

**Hot Water**

**Chocolatey Syrup:**
Sugar, Skimmed MILK, 10% Fat Reduced Cocoa, Vegetable Oil (Palm), Whey Powder (MILK), Salt, Stabiliser (Trisodium Citrate), Flavouring, Emulsifier (SOYA Lecithin).

### Tea

**Blended Black Tea, Water.**

PG tips Tea is from sustainable farms certified by the Rainforest Alliance™.

N.B. May contain traces of milk.

### Milk Portion

**Organic Semi-Skimmed MILK.**

### Canderel Yellow Sweetener Sachet

Dextrose, Sweetener (Sucralose (1.4%)), Anti-Caking Agent (Silicon Dioxide).

### White Sugar Sachet

100% Sugar.

### Robinsons Fruit Shoot®

**Low Calorie Apple & Blackcurrant Soft Drink with Sweeteners and Vitamins:**
Water, Fruit Juices from Concentrate (Apple 6%, Blackcurrant 2%, Plum), Acid (Citric Acid), Natural Colour (Anthocyanins), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Dicarbonate), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Sweeteners (Acesulfame K, Sucralose), Vitamins (Niacin, B6, Biotin).

### Organic Milk (Semi-Skimmed)

100% Organic Semi-Skimmed MILK.

### Buxton® Natural Mineral Water available in 250ml & 500ml

Natural Mineral Water.

### Tropicana® Orange Juice

100% Pure Unsweetened Orange Juice (not from concentrate).

### Oasis®

Water, Sugar, Fruit Juices From Concentrate 5% (Apple 1.7%, Strawberry 1.5%, Redcurrant 1.2%, Cherry 0.6%), Citric Acid, Natural Berry Flavouring with Other Natural Flavourings, Fruit and Vegetable Concentrates (Blueberry, Blackcurrant, Carrot, Apple, Hibiscus), Stabiliser (Polyphosphates), Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate, Sodium Benzoate), Sweeteners (Aspartame*, Acesulfame K).

*contains a source of Phenylalanine.

### Irn Bru®

**Available in selected restaurants in Scotland.**
Carbonated Water, Sugar, Acid (Citric Acid), Flavourings (including Caffeine & Quinine), Colour (Paprika Extract), Sweeteners (Aspartame*, Acesulfame K), Antioxidant (Ascorbic Acid), Preservative (Potassium Sorbate).

*contains a source of Phenylalanine.

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Drinks

Coca-Cola® Classic
Carbonated Water, Sugar, Colour (Sulphite Ammonia Caramel), Phosphoric Acid, Flavourings (including Caffeine).

Diet Coke®
Carbonated Water, Colour (Caramel), Sweeteners (Aspartame*, Acesulfame K), Flavourings (including Caffeine), Phosphoric Acid, Citric Acid, Preservative (Sodium Benzoate), Acidity Regulator (Sodium Citrate), Anti-foaming Agent (Dimethyl Polysiloxane).

Coca-Cola® Zero Sugar
Carbonated Water, Colour (Caramel), Phosphoric Acid, Sweeteners (Aspartame*, Acesulfame K), Flavourings (including Caffeine), Acidity Regulator (Sodium Citrate), Preservative (Sodium Benzoate), Anti-foaming Agent (Dimethyl Polysiloxane).

Fanta® Orange
For UK except Northern Ireland:
Carbonated Water, Sugar, Orange Juice from Concentrate (1%), Citric Acid, Vegetable Concentrate (Carrot), Sweeteners (Acesulfame-K, Sucralose), Malic Acid, Preservatives (Potassium Sorbate, Sodium Benzoate), Natural Orange Flavourings with other Natural Flavourings, Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Stabiliser (Guar Gum), Anti-foaming Agent (Dimethylpolysiloxane).

For Northern Ireland only:
Carbonated Water, Sugar, Citric Acid, Malic Acid, Stabilisers (Acacia Gum, Sucrose Acetate Isobutyrate, Glycerol Esters of Wood Rosins), Sweeteners (Acesulfame K, Aspartame*), Acidity Regulator (Sodium Gluconate), Natural Orange Flavourings with other Natural Flavourings, Antioxidant (Ascorbic Acid), Preservatives (Potassium Sorbate, Sodium Benzoate), Colour (Carotenes), Anti-foaming Agent (Dimethylpolysiloxane).

*contains a source of Phenylalanine.

Banana, Chocolate, Strawberry or Vanilla Milkshake
Milkshake Base:
EITHER: Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan, Carob Gum).
OR: Reconstituted Skimmed MILK, Sugar, Cream (MILK), Skimmed MILK Powder, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Natural Flavouring.

Banana Flavour Milkshake Syrup:
Water, Sugar, Glucose Syrup, Natural Flavouring, Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Paprika Extract, Curcumin).

OR

Chocolate Flavoured Milkshake Syrup:
Water, Glucose Syrup, Alkalised Fat Reduced Cocoa Powder (7%), Colour (Plain Caramel), Fructose Syrup, Caramel (Sugar, Glucose-Fructose Syrup, Water), Salt, Cocoa Mass (0.7%), Butter (MILK), Natural Flavourings, Acidity Regulators (Phosphoric Acid, Citric Acid), Emulsifier (Lecithins), Preservative (Potassium Sorbate).

OR

Strawberry Flavour Milkshake Syrup:
Water, Sugar, Glucose Syrup, Strawberry Juice Concentrate (1.6%), Beetroot Juice Concentrate, Acid (Citric Acid), Natural Flavouring, Preservative (Potassium Sorbate).

OR

Vanilla Flavour Milkshake Syrup:
Water, Sugar, Caramelised Sugar Syrup, Natural Flavouring, Acid (Citric Acid), Preservative (Potassium Sorbate), Black Carrot Juice Concentrate, Maltodextrin.

*contains a source of Phenylalanine.

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Mango & Pineapple Iced Fruit Smoothie

**Mango & Pineapple Smoothie Mix:**
Fruit Juice and Puree (partly from concentrates) (Pineapple (32%), Pear, White Grape, Mango (17%)), Stabilisers (Cellulose Gum, Xanthan Gum, Pectin), Acidulant (Citric Acid), Natural Flavouring.

**Ice:**
100% Crushed Ice.

**Yogurt Base Mix:**
Skimmed MILK, Cream (MILK), Lactose (from MILK), Milk Proteins (MILK), Skimmed MILK Powder, Modified Maize Starch, Stabiliser (Pectin), Bacterial Cultures.

Frozen Strawberry Lemonade

**Ice:**
100% Crushed Ice.

**Lemonade Base Mix:**
EITHER: Water, Lemon Juice, Dried Glucose Syrup, Sugar, Concentrated Orange Juice, Natural Lemon Flavouring with Other Natural Flavours, Acidifier (Citric Acid), Natural Flavouring, Antioxidant (Ascorbic Acid), Thickener (Xanthan Gum), Colour (Lutein).

OR: Water, Lemon Juice, Glucose Syrup, Sugar, Concentrated Orange Juice, Natural Lemon Flavouring with Other Natural Flavours, Acidifier (Citric Acid), Natural Flavouring, Antioxidant (Ascorbic Acid), Thickener (Xanthan Gum), Colour (Lutein).

N.B. All the above may contain traces of milk.

**Strawberry Syrup:**
Fructose Syrup, Humectant (Glycerol), Sugar, Glucose Syrup, Water, Concentrated Strawberry Juice (1.5%), Concentrated Lemon Juice, Natural Flavourings, Concentrated Elderberry Juice, Acidifier (Citric Acid), Colour (Anthocyanins), Safflower Extract, Thickener (Xanthan Gum).

Iced Latte

**Ice:**
100% Crushed Ice.

**Milk Base Mix:**
Water, Skimmed MILK Powder, Sugar, Cream (MILK), Stabilisers (Guar Gum, Carrageenan), Dextrose, Acidity Regulator (Pentasodium Triphosphate), Natural Flavouring.

**Double Espresso Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

N.B. May contain traces of milk.

Caramel Iced Frappé

**Ice:**
100% Crushed Ice.

**Caramel Frappé Base Mix:**
Skimmed MILK, Cream (MILK), Sugar, Skimmed MILK Powder, Fructose, Dextrose, Soluble Coffee, Natural Flavourings, Stabilisers (Guar Gum, Carrageenan, Triphosphates).

**Spray Cream:**
Cream (MILK), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabiliser (Carrageenan).

**Caramel Drizzle Sauce:**
Glucose Syrup, Sweetened Condensed Whole MILK (Whole MILK, Sugar), Glucose-Fructose Syrup, BUTTER, Salt, Stabiliser (Sodium Citrates), Thickener (Pectin).

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**The Fajita Chicken One**  
(with a choice of Crispy or Grilled Chicken)

**Chicken Selects:**

**EITHER:** Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain CELERY), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Onion Powder, Garlic Powder, Spice Extract (contains CELERY), Stabiliser (Carrageenan), Dextrose, Flavouring.  
**OR:** Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain CELERY), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), WHEAT Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains CELERY), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

N.B. All the above may contain traces of milk and mustard.  
Prepared in the restaurants using non-hydrogenated vegetable oil.

**OR**

**Grilled Chicken:**  
Chicken Breast Meat, Starches, Dextrose, Salt, Natural Flavourings, Pea Fibre, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).  
Produced with 104g raw chicken fillet for 100g finished product.

**Large Tortilla Wrap:**

**EITHER:** WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.  
**OR:** WHEAT Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), WHEAT Starch, Salt, Deactivated Yeast.

N.B. All the above may contain traces of sesame seeds*, milk, barley and rye.

<table>
<thead>
<tr>
<th>Lettuce:</th>
<th>100% Lettuce.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pepper Jack Cheese Slice (processed):</td>
<td>Monterey Jack Cheese (53%) (MILK), Water, Butter (MILK), Milk Proteins (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Whey Powder (MILK), Natural Cheese Flavouring (MILK), Salt, Dried Red Bell Peppers (0.4%), Dried Jalapeño Peppers (0.4%), Jalapeño Pepper Extract, Anti-Caking Agent (Sunflower Lecithin).</td>
</tr>
<tr>
<td>Mexican Salsa:</td>
<td>Water, Sugar, Tomato Paste (12%), Spirit Vinegar, Green Bell Pepper, Modified Maize Starch, Spices, Salt, Oregano, Preservative (Potassium Sorbate).</td>
</tr>
<tr>
<td>Red Onion:</td>
<td>100% Red Onion.</td>
</tr>
</tbody>
</table>

*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

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The BBQ & Bacon Chicken One (with a choice of Crispy or Grilled Chicken)

Chicken Selects:
EITHER: Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain CELERY), Acidity Regulators (Sodium Carbonate, Trissodium Citrate), WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains CELERY), Stabiliser (Carrageenan), Dextrose, Flavouring.
OR: Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain CELERY), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), WHEAT Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains CELERY), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

N.B. All the above may contain traces of milk and mustard.

Prepared in the restaurants using non-hydrogenated vegetable oil.

Grilled Chicken:
Chicken Breast Meat, Starches, Dextrose, Salt, Natural Flavourings, Pea Fibre, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).
Produced with 104g raw chicken fillet for 100g finished product.

Large Tortilla Wrap:
EITHER: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.
OR: WHEAT Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), WHEAT Starch, Salt, Deactivated Yeast.

N.B. All the above may contain traces of sesame seeds*, milk, barley and rye.

Tomato Slice:
100% Tomato.

Smoky BBQ Sauce:
Water, Glucose-Fructose Syrup, Sugar, Spirit Vinegar, Tomato Paste, Cane Molasses, Modified Maize Starch, Dried Glucose Syrup, Salt, Spices (contain MUSTARD), Preservative (Potassium Sorbate), Smoke Flavourings.

Lettuce:
100% Lettuce.

Cool Mayo:
Water, Rapeseed Oil (23.5%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3%), Sugar, Salt, MUSTARD Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

Streaky Bacon:
EITHER: Smoked Pork Belly, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Pork Belly, Salt, Smoke Water, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

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The Sweet Chilli Chicken One
(with a choice of Crispy or Grilled Chicken)

Chicken Selects:

**EITHER:** Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain CELERY), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains CELERY), Stabiliser (Carrageenan), Dextrose, Flavouring.

**OR:** Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain CELERY), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), WHEAT Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains CELERY), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

N.B. All the above may contain traces of milk and mustard.

 Prepared in the restaurants using non-hydrogenated vegetable oil.

**OR**

**Grilled Chicken:**

Chicken Breast Meat, Starches, Dextrose, Salt, Natural Flavourings, Pea Fibre, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Produced with 104g raw chicken fillet for 100g finished product.

Large Tortilla Wrap:

**EITHER:** WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR:** WHEAT Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), WHEAT Starch, Salt, Deactivated Yeast.

N.B. All the above may contain traces of sesame seeds*, milk, barley and rye.

Cucumber:

100% Cucumber.

Lettuce:

100% Lettuce.

Cool Mayo:

Water, Rapeseed Oil (23.5%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3%), Sugar, Salt, MUSTARD Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

Sweet Chilli Sauce:

Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Spirit Vinegar, Red Chillies (3.5%), Salt, Vegetable Oils (Rapeseed & Sunflower), Garlic, Dried Chillies, Dried Red Bell Peppers, Acid (Citric Acid), Preservative (Potassium Sorbate), Colour (Paprika Extract), Thickeners (Xanthan Gum & Guar Gum), White Wine Vinegar.

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The Garlic Mayo Chicken One
(with a choice of Crispy or Grilled Chicken)

Chicken Selects:
EITHER: Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain **CELERY**), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains **CELERY**), Stabiliser (Carageenan), Dextrose, Flavouring.
OR: Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain **CELERY**), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), **WHEAT** Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

N.B. All the above may contain traces of milk and mustard.
Prepared in the restaurants using non-hydrogenated vegetable oil.

OR

Grilled Chicken:
Chicken Breast Meat, Starches, Dextrose, Salt, Natural Flavourings, Pea Fibre, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).
Produced with 104g raw chicken fillet for 100g finished product.

Large Tortilla Wrap:
EITHER: **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.
OR: **WHEAT** Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), **WHEAT** Starch, Salt, Deactivated Yeast.

N.B. All the above may contain traces of sesame seeds*, milk, barley and rye.

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Cucumber:
100% Cucumber.

Tomato Slice:
100% Tomato.

Garlic Mayo:
Water, Rapeseed Oil (27%), Sour Cream (from **MILK**), Spirit Vinegar, Sugar, Modified Maize Starch, Free Range **EGG** Yolk (3.0%), Garlic Puree (2.0%), Salt, Spices (contain **MUSTARD**), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

Lettuce:
100% Lettuce.

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*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.
The Spicy Veggie One

Red Pepper & Pesto Goujon:
Yellow Split Peas, Tomato, Breadcrumb (8%) (Rice Flour, Gram Flour, Maize Flour, Amaranth Flour, Maize Starch, Teff Flour, Salt, Dried Glucose Syrup, Dextrose, Emulsifier (Mono- and Diglycerides of Fatty Acids), Cooked Arborio Rice, Rice Flour, Sundried Tomato Pesto (7%) (Water, Sundried Tomato Puree (Water, Tomato, Salt), Tomato Paste, Red Wine Vinegar, Olive Oil (Refined Olive Oil, Extra Virgin Olive Oil), Basil, Red Onion, White Sugar, Garlic Puree, Cornflour, Black Pepper), Red Pepper (7%), Water, Sunflower Oil, Maize Starch, Onion, Rapeseed Oil, Maize Flour, Basil, Garlic Puree, Salt, Black Pepper, Thickener (Xanthan Gum).
Prepared in the restaurants using a non-hydrogenated vegetable oil.

Large Tortilla Wrap:
EITHER: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.
OR: WHEAT Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), WHEAT Starch, Salt, Deactivated Yeast.

N.B. All the above may contain traces of sesame seeds*, milk, barley and rye.

Tomato Slice:
100% Tomato.

Lettuce:
100% Lettuce.

Spicy Relish:
Tomato Puree, Sugar, Gherkins, Bell Pepper, Spirit Vinegar, Water, Jalapeño-Chilli (6%), Spices (contain MUSTARD), Salt, Modified Maize Starch, Lemon Juice Concentrate, Thickener (Xanthan Gum), Natural Flavouring, Firming Agent (Calcium Chloride).

Red Onion Rings:
100% Red Onions.

Grilled Chicken and Bacon Salad

Grilled Chicken:
Chicken Breast Meat, Starches, Dextrose, Salt, Natural Flavourings, Pea Fibre, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).
Produced with 104g raw chicken fillet for 100g finished product.

Lettuce:
100% Lettuce.

Tomato Slice:
100% Tomato.

Cucumber:
100% Cucumber.

Streaky Bacon:
EITHER: Smoked Pork Belly, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Pork Belly, Salt, Smoke Water, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

Red Onion Rings:
100% Red Onions.

Grilled Chicken Salad

Please note the ingredients for the Grilled Chicken Salad are the same as the Grilled Chicken and Bacon Salad above but without the streaky bacon.

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Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.
**Side Salad**

**Lettuce:**
100% Lettuce.

**Tomato Slice:**
100% Tomato.

**Cucumber:**
100% Cucumber.

**Red Onion Rings:**
100% Red Onions.

**Salad Dressings**

Information for Salad Dressings can be found on page 30.

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**Crispy Chicken and Bacon Salad**

**Chicken Legend Patty:**

**EITHER:** Chicken Breast Meat (59%), WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Sunflower, Rapeseed), Breadcrumbs (WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Water, Starch, WHEAT Semolina, WHEAT Gluten, Spices (contain CELERY), Salt, Raising Agents (Diphosphates, Sodium Carbonates), Natural Flavourings, Parsley, Whey Protein Concentrate (from MILK), MUSTARD Flour, Yeast Extract, Acid (Citric Acid), Spice Extract, Potassium Chloride.

**OR:** Chicken Breast Meat (59%), Fortified WHEAT Flour and WHEAT Flour Blend (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Sunflower, Rapeseed), Water, Breadcrumbs (contain WHEAT), Starch, WHEAT Semolina, WHEAT Gluten, Spices (contains CELERY), Natural Flavouring, Salt, Yeast Extract, Raising Agent (Diphosphates, Sodium Carbonates), Parsley, Whey Protein Concentrate (from MILK), Acid (Citric Acid), MUSTARD Flour, Potassium Chloride, Spice Extract.

Prepared in the restaurant using non-hydrogenated vegetable oil.

**Streaky Bacon:**

**EITHER:** Smoked Pork Belly, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

**OR:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Pork Belly, Salt, Smoke Water, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**Red Onion Rings:**
100% Red Onions.

**Crispy Chicken Salad**

Please note the ingredients for the Crispy Chicken Salad are the same as the Crispy Chicken and Bacon Salad above but without the streaky bacon.
Breakfast Wrap with Tomato Ketchup or Brown Sauce

**Large Tortilla Wrap:**
**EITHER:** WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR:** WHEAT Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), WHEAT Starch, Salt, Deactivated Yeast.

*N.B. All the above may contain traces of sesame seeds*, milk, barley and rye.

**Folded Egg:**
Pasteurised Free Range Liquid EGG, Pasteurised Whole MILK.

*N.B. Cooked in the restaurants using Liquid Vegetable & Dairy Fat Blend (see ingredients below) which contains MILK.*

**Potato Rosti:**
Potatoes, Vegetable Oils (Sunflower, High Oleic Sunflower, Rapeseed, High Oleic Rapeseed), Dehydrated Potato Flake, Dextrose, Stabiliser (Disodium Diphosphate).

Prepared in the restaurants using non-hydrogenated vegetable oil.

*N.B. Please note our Potato Rosti can be cooked in the same oil as the Red Pepper & Pesto Goujon. See page 10*

**Pork Sausage Patty:**
Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

**Tomato Ketchup:**
66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

**OR**

**Brown Sauce:**

**Cheddar Cheese Slice (processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Natural Cheese Flavouring (MILK), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

**Streaky Bacon:**
**EITHER:** Smoked Pork Belly, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

**OR:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**Liquid Vegetable & Dairy Fat Blend:**
Vegetable Oil (Rapeseed), Water, Butter Oil (MILK), Buttermilk Powder (MILK), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (MILK)), Colour (Natural Beta Carotene).

*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.*
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**Breakfast**

**Egg & Cheese McMuffin®**

**English Muffin:**
**WHEAT** Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Muffin Topping (Yellow Polenta, Rice Flour), Muffin Mix (**WHEAT** Gluten, Dough Acidifier (**RYE**), Preservative (Calcium Propionate), Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Acidity Regulator (Tartaric Acid), Antioxidant (Ascorbic Acid), Yeast, Sugar, Rapeseed Oil, De-activated Yeast.

N.B. May contain traces of sesame seeds**.

**Egg:**
Free Range **EGG**.

UK sourced free range eggs produced to Lion Quality standards.

N.B. Cooked in the restaurants using **Liquid Vegetable & Dairy Fat Blend** (see ingredients below) which contains **MILK**.

**Cheddar Cheese Slice (processed):**
Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

**Liquid Vegetable & Dairy Fat Blend:**
Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).

**Sausage & Egg McMuffin® and Double Sausage & Egg McMuffin® or Bacon & Egg McMuffin® and Double Bacon & Egg McMuffin®**

**English Muffin:**
**WHEAT** Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Muffin Topping (Yellow Polenta, Rice Flour), Muffin Mix (**WHEAT** Gluten, Dough Acidifier (**RYE**), Preservative (Calcium Propionate), Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Acidity Regulator (Tartaric Acid), Antioxidant (Ascorbic Acid), Yeast, Sugar, Rapeseed Oil, De-activated Yeast.

N.B. May contain traces of sesame seeds**.

**Egg:**
Free Range **EGG**.

UK sourced free range eggs produced to Lion Quality standards.

N.B. Cooked in the restaurants using **Liquid Vegetable & Dairy Fat Blend** (see ingredients below) which contains **MILK**.

**Pork Sausage Patty:**
Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

OR

**Back Bacon**:*
Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

*This bacon is smoked using beechwood.

**Liquid Vegetable & Dairy Fat Blend:**
Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).

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Breakfast

**Bacon Roll with Tomato Ketchup or Brown Sauce**

**Roll:**
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Rapeseed Oil, Fermented WHEAT Bran Sourdough, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

*May contain traces of sesame seeds**, milk, barley and rye.*

**Back Bacon***:
Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

*This bacon is smoked using beechwood.

**Tomato Ketchup:**
66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

**OR**

**Brown Sauce:**

**Sausage, Egg & Cheese Bagel**

**Bagel:**
WHEAT Flour (contains Calcium Carbonate, Iron, Thiamin, Niacin), Water, RYE Flour, Sugar, Yeast, Salt, Rapeseed Oil, Preservative (Calcium Propionate), BARLEY Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.

*N.B. May contain traces of sesame seeds**, milk.*

**Folded Egg:**
Pasteurised Free Range Liquid EGG, Pasteurised Whole MILK.

*N.B. Cooked in the restaurants using Liquid Vegetable & Dairy Fat Blend (see ingredients below) which contains MILK.*

**Pork Sausage Patty:**
Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

**Cheddar Cheese Slice (processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Natural Cheese Flavouring (MILK), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

**Liquid Vegetable & Dairy Fat Blend:**
Vegetable Oil (Rapeseed), Water, Butter Oil (MILK), Buttermilk Powder (MILK), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (MILK)), Colour (Natural Beta Carotene).

**Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.**

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Pancakes & Sausage with Syrup*

**Pancakes:**
WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Free Range Whole EGG, Whey Powder (MILK), Sugar, Sunflower Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Sunflower Lecithin), Salt, Spirit Vinegar, Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Flavouring.

**Pork Sausage Patty:**
Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

**Pancake Syrup:**
Glucose Syrup, Sugar, Water, Natural Flavourings, Caramelised Sugar Syrup, Preservative (Potassium Sorbate).

Please note the ingredients for the Pancakes & Syrup are the same as Pancakes & Sausage with Syrup above but without pork sausage patty.

Quaker Oat So Simple® Porridge*

**Milk:**
100% Organic Semi-Skimmed MILK.

**Oats:**
Quaker Wholegrain Rolled OATS, Stabiliser (SOYA Lecithin).
N.B. May contain traces of wheat, barley and rye.

Quaker Oat So Simple® Apple and Cherry Porridge

Subject to Availability

**Milk:**
100% Organic Semi-Skimmed MILK.

**Oats – Apple & Cherry:**
Quaker Wholegrain Rolled OATS (75%), Sugar, Dried Apple Slices (4%), Freeze Dried Cherry Pieces (3%), Natural Flavourings.
N.B. May contain traces of soya, wheat, barley and rye.

Toasted Bagel*

**Bagel:**
WHEAT Flour (contains Calcium Carbonate, Iron, Thiamin, Niacin), Water, RYE Flour, Sugar, Yeast, Salt, Rapeseed Oil, Preservative (Calcium Propionate), BARLEY Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.
N.B. May contain traces of sesame seeds** and milk.

**Philadelphia® Light – Medium Fat Soft Cheese (optional):**
Medium Fat Soft CHEESE, Salt, Stabilisers (Locust Bean Gum, Carrageenan), Acid (Citric Acid).

*Ingredient declarations for optional condiments (Lurpak Spreadable, Strawberry Jam etc.) can be found on page 30.*

**Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.**

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Cheesy Bacon Flatbread

Flatbread:
**EITHER: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Spirit Vinegar, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphate), Salt, Skimmed **MILK** Powder.

**OR: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Spirit Vinegar, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate, Calcium Phosphate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Stabiliser (Carboxy Methyl Cellulose), Skimmed **MILK** Powder, **WHEAT** Starch.

N.B. Both the above may contain traces of sesame seeds*, barley and rye.

Cheddar Cheese Slice (processed):
Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

Streaky Bacon:
**EITHER:** Smoked Pork Belly, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

**OR:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Pork Belly, Salt, Smoke Water, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

Hash Brown

Potatoes, Blend of Non-Hydrogenated Vegetable Oil (Rapeseed, Sunflower), Salt, Cornflour, Dehydrated Potato, Dextrose, Stabiliser (Disodium Diphosphate), Black Pepper Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. Please note our Hash Browns can be cooked in the same oil as the Red Pepper & Pesto Goujon. See page 20.

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McFlurry® with Oreo® or Smarties® or Maltesers®

Applies to Mini McFlurry®

Ice Cream:
EITHER: Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.
OR: Reconstituted Skimmed MILK, Cream (MILK), Sugar, MILK Protein, Glucose Syrup, Skimmed MILK Powder, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Oreo® Crumb:
WHEAT Flour, Sugar, Rapeseed Oil, Fat Reduced Cocoa Powder (6.5%), Glucose-Fructose Syrup, WHEAT Starch, Raising Agents (Potassium Carbonates, Ammonium Carbonates, Sodium Carbonates), Palm Oil, Salt, Emulsifier (SOYA Lecithin), Flavouring.

N.B. May contain traces of milk.

OR:
Smarties® Mini:
Sugar, Cocoa Butter, Skimmed MILK Powder, Cocoa Mass, Butterfat (from MILK), WHEAT Flour, Lactose and Proteins from Whey (from MILK), Rice Starch, Emulsifier (Sunflower Lecithin), Fruit and Vegetable Concentrates (Safflower, Radish, Black Carrot, Lemon, Hibiscus), Spirulina Concentrate, Glazing Agents (Carnuba Wax, Beeswax White), Natural Vanilla Flavouring.

N.B. May contain traces of soya.

OR:
Maltesers® Clusters:
Milk Chocolate (76%) (Sugar, Cocoa Butter, Skimmed MILK Powder, Cocoa Mass, Lactose (from MILK), Vegetable Fat (Palm), Whey Powder (from MILK), MILK Fat, Emulsifier (SOYA Lecithin), Natural Vanilla Extract), Honeycomb Pieces (20%) (Glucose Syrup, BARLEY Malt Extract, Skimmed MILK Powder, Vegetable Fat (Palm), WHEAT Flour, Sugar, Raising Agents (Calcium Phosphates, Sodium Carbonates, Potassium Carbonates), WHEAT Gluten, Whey Powder (from MILK), Salt), Cocoa Butter, Glazing Agent (Gum Arabic, Shellac), Sucrose, Glucose Syrup, Vegetable Oil (Coconut).

N.B. May contain traces of oat.

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Desserts

Ice Cream Cone with a Flake

**Ice Cream:**

**EITHER:** Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**OR:** Reconstituted Skimmed **MILK**, Cream (**MILK**), Sugar, **MILK** Protein, Glucose Syrup, Skimmed **MILK** Powder, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**Cadbury® Chocolate Flake 99:**


**Ice Cream Cone:**

**WHEAT** Flour, Vegetable Oil (Rapeseed), Sugar, Potato Starch, Emulsifier (**SOYA** Lecithin), Raising Agents (Sodium Bicarbonate, Magnesium Carbonate), **MILK** Proteins.

Ice Cream Cone

Please note the ingredients for the Ice Cream Cone are the same as Ice Cream Cone with a Flake above but without Cadbury Chocolate Flake 99.

Triple Chocolate Cookie

**EITHER:** **WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), White Chocolate (10%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Soluble Corn Fibre, Plain Chocolate (7%) (Sugar, Cocoa Mass, Cocoa Butter, Whey Powder (**MILK**), Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Milk Chocolate (7%) (Sugar, Whole **MILK** Powder, Cocoa Butter, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Sugar, Soft Light Brown Sugar (Sugar, Cane Molasses), Vegetable Oils (Palm, Rapeseed), Butter (**MILK**), Fat Reduced Cocoa Powder (3%), Invert Sugar Syrup, Fructo-Oligosaccharides, Humectant (Glycerol), Whey Solids (**MILK**), Modified Starch (Maize), Emulsifiers (Sodium Stearoyl-2-Lactylate, Mono- and Diglycerides of Fatty Acids), Free Range Whole **EGG** Powder, Raising Agents (Sodium Hydrogen Carbonate, Disodium Diphosphate), Natural Flavouring, Salt.

**OR:** **WHEAT** Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), White Chocolate (10%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Soluble Corn Fibre, Plain Chocolate (7%) (Sugar, Cocoa Mass, Cocoa Butter, Whey Powder (**MILK**), Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Milk Chocolate (7%) (Sugar, Whole **MILK** Powder, Cocoa Butter, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Sugar, Soft Light Brown Sugar (Sugar, Cane Molasses), Vegetable Oils (Palm, Rapeseed), Butter (**MILK**), Fat Reduced Cocoa Powder (3%), Invert Sugar Syrup, Fructo-Oligosaccharides, Humectant (Glycerol), Whey Solids (**MILK**), Water, Modified Starch (Maize), Free Range Whole **EGG** Powder, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Natural Flavouring, Salt.

N.B. All of the above may contain traces of oat.
SUGAR DONUT

WHEAT Flour, Water, WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Sugar, Dextrose, SOYA Flour, Yeast, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, SOYA Lecithin), Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate, Calcium Phosphates), Salt, Free Range Whole EGG Powder, Antioxidant (Ascorbic Acid).

N.B. May contain traces of milk and oat.

MIXED BERRY MUFFIN

WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Raspberry Jam (8%) (Sugar, Glucose Syrup, Water, Concentrated Raspberry Puree, Thickener (Pectin), Acidity Regulators (Citric Acid, Trisodium Citrate), Colour (Anthocyanins), Flavouring), OAT Granola (6%) (Rolled OATS, Soft Light Brown Sugar (Sugar, Cane Molasses), WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil), Corn Fibre, Free Range Whole EGG Powder, Vegetable Oil (Rapeseed), Redcurrants (4%), Blackcurrants (3%), OAT Fibre (3%), Modified Starch (Maize), Skimmed MILK Powder, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate, Calcium Phosphates), Emulsifier (Mono- and Diglycerides of Fatty Acids), WHEAT Gluten, OAT Flour, Salt, Antioxidants (Citric Acid, Ascorbic Acid), Natural Flavourings.

N.B. May contain traces of soya.

CHOCOLATE BROWNIE

SUGAR, BUTTER (MILK), Plain Chocolate (12%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Water, Free Range Whole EGG Powder, Vegetable Oil (Rapeseed), Cocoa Mass (3%), Skimmed MILK Powder, Fat Reduced Cocoa Powder (2%), Salt, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate).

N.B. May contain traces of soya.

MILLIONAIRE’S DONUT

WHEAT Flour, Caramel Flavour Filling (21%) (Chicory Root Fibre, Sweetened Condensed Whole MILK, Water, BUTTER (MILK), Salt, Thickener (Pectins), Natural Flavour), Water, Caramel Flavour Coating (12%) (Vegetable Fats (Palm, Palm Kernel, Shea, Rapeseed), Sugar, Dried Glucose Syrup, Skimmed MILK Powder, BUTTER (MILK), Fat Reduced Cocoa Powder, Emulsifier (Sunflower Lecithin), Salt, Colour (Paprika Extract), Natural Flavour), Vegetable Fats (Palm, Rapeseed), Biscuit Pieces (5%) (WHEAT Flour, Sugar, Palm Oil, Skimmed MILK Powder, Glucose-Fructose Syrup, Salt, Raising Agent (Sodium Hydrogen Carbonate), Natural Flavour), Cocoa Drizzle (4%) (Vegetable Fats (Palm, Palm Kernel, Shea, Rapeseed), Dried Glucose Syrup, Fat Reduced Cocoa Powder (0.7%), Sugar, Whey Powder (from MILK), Emulsifier (Sunflower Lecithin), Salt, Natural Vanilla Flavour, Acidity Regulator (Citric Acid)), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Natural Flavouring), Yeast, Free Range Whole EGG Powder, Invert Sugar Syrup, Skimmed MILK Powder, Sugar, WHEAT Gluten, Salt, Potato Fibre, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Antioxidant (Ascorbic Acid).

N.B. May contain traces of soya and oat.
**Condiments and Sauces**

**Tomato Ketchup:**
66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose–Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

**Barbeque Dip:**
**EITHER:** Tomato Puree, Sugar, Water, Glucose–Fructose Syrup, Red Wine Vinegar, Spirit Vinegar, Salt, Modified Maize Starch, Rapeseed Oil, Spices (contain MUSTARD), Caramel Sugar Syrup, Thickener (Xanthan Gum), Smoke Flavouring, Spice Extract.  
**OR:** Tomato Puree, Sugar, Water, Red Wine Vinegar, Spirit Vinegar, Dextrose, Salt, Modified Maize Starch, Sunflower Oil, Spices (contain MUSTARD), Caramel Sugar Syrup, Thickeners (Xanthan Gum), Smoke Flavouring, Spice Extract.

**Sweet Curry Dip:**
**EITHER:** Water, Glucose–Fructose Syrup, Apricot Puree Concentrate, Sugar, Spirit Vinegar, Modified Maize Starch, Ground Coriander Seed, Salt, Spices (contain CELERY & MUSTARD), Rapeseed Oil, Tomato Paste, Dried Onion, Caramelised Sugar Syrup, Preservative (Potassium Sorbate), Acid (Citric Acid), Thickener (Xanthan Gum), Dried Garlic, Colours (Curcumin & Paprika Extract), Herbs.  
**OR:** Water, Glucose–Fructose Syrup, Apricot Puree Concentrate, Sugar, Spirit Vinegar, Modified Maize Starch, Ground Coriander Seed, Spices (contain CELERY & MUSTARD), Salt, Rapeseed Oil, Tomato Paste, Dried Onion, Caramelised Sugar Syrup, Preservative (Potassium Sorbate), Acid (Citric Acid), Thickener (Xanthan Gum), Dried Garlic, Colours (Curcumin & Paprika Extract).  

**Sweet & Sour Dip:**
Glucose–Fructose Syrup, Water, Apricot Puree, Spirit Vinegar, Soy Sauce (Water, SOYA Extract [Water, SOYA Beans, Salt, WHEAT Flour (with Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Maltodextrin, Spirit Vinegar, BARLEY Malt Extract), Modified Maize Starch, Sugar, Rapeseed Oil, Thickener (Xanthan Gum), Spices (contain CELERY), Salt, Preservative (Potassium Sorbate), Natural Flavourings, Dried Red Bell Pepper, Caramelised Sugar Syrup.

**Smoky BBQ Dip:**
Reconstituted Tomato Puree (40%), Glucose–Fructose Syrup, Honey (7%), Spirit Vinegar, Modified Maize Starch, Cane Molasses, Caramelised Sugar Syrup, Salt, Chipotle Chili Paste (Rapeseed Oil, Water, Dried Chipotle Chilli Pepper, White Vinegar, Acid (Malic Acid)), Spices, Smoke Flavouring, Dried Red Bell Pepper, Rapeseed Oil, Acid (Tartaric Acid), Preservative (Potassium Sorbate), Natural Flavouring, Black Pepper, Thickener (Xanthan Gum).

**Sweet Chilli Dip:**
Water, Sugar, Glucose–Fructose Syrup, Modified Maize Starch, Spirit Vinegar, Red Chilies (3.5%), Salt, Vegetable Oils (Rapeseed & Sunflower), Garlic, Dried Chilies, Dried Red Bell Peppers, Acid (Citric Acid), Preservative (Potassium Sorbate), Colour (Paprika Extract), Thickeners (Xanthan Gum & Guar Gum), White Wine Vinegar.

**Sour Cream & Chive Dip:**
**EITHER:** Water, Rapeseed Oil, Sour Cream (from MILK) (10%), Chives (3.5%), Free Range EGG Yolk, Modified Maize Starch, Low Fat Yoghurt (from MILK), Natural Flavourings (contain MILK), Onion, Acids (Acetic Acid, Lactic Acid), Salt, Thickeners (Guar Gum, Xanthan Gum), Preservative (Potassium Sorbate), Spice.  
**OR:** Water, Rapeseed Oil, Sour Cream (from MILK) (9%), Spirit Vinegar, Modified Starch, Chives (3.5%), Free Range EGG Yolk, Low Fat Yoghurt (from MILK), Onion, Salt, Thickeners (Guar Gum, Xanthan Gum), Acid (Lactic Acid), Preservative (Potassium Sorbate), Natural Flavouring.

**Balsamic Dressing:**
Water, Balsamic Vinegar (24%), Muscovado Sugar, Cornstarch, Rapeseed Oil, Trecacle, Salt, Colour (Plain Caramel), Preservative (Potassium Sorbate), Garlic Puree, Natural Flavourings, Black Pepper, Thickener (Xanthan Gum).

**Lurpak® Spreadable:**
Blended Spread 78% (52% milk fat & 26% rapeseed oil) Butter (64%) (MILK), Rapeseed Oil, Water, Lactic Culture (MILK), Salt.

**Flora® Original:**
Plant Oils (Sunflower, Rapeseed, Palm, Linseed), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Vinegar, Natural Flavourings, Vitamin A.

**Philadelphia® Light – Medium Fat Soft Cheese:**
Medium Fat Soft CHEESE, Salt, Stabilisers (Locust Bean Gum, Carrageenan), Acid (Citric Acid).

**Strawberry Jam:**
Strawberries, Sugar, Brown Cane Sugar, Concentrated Lemon Juice, Gelling Agent (Fruit Pectin). Prepared with 50g fruit per 100g.

**Pancake Syrup:**
Glucose Syrup, Sugar, Water, Natural Flavourings, Caramelised Sugar Syrup, Preservative (Potassium Sorbate).
Grand Big Mac™ Bacon

**Beef Patty:**
100% Pure Beef.
A little salt and pepper is added to season after cooking.

**Grand Big Mac Bun:**
EITHER: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Yeast, SESAME Seeds, Rapeseed Oil, Salt, WHEAT Gluten, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).
OR: WHEAT Flour, Water, Sugar, SESAME Seeds, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

**OR:** WHEAT Flour, Water, Glucose-Fructose Syrup, Rapeseed Oil, SESAME Seeds, Salt, Yeast, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid).

N.B. All of the above may contain traces of milk, barley and rye.

**Lettuce:**
100% Lettuce.

**Big Mac Sauce:**
Water, Rapeseed Oil, Spirit Vinegar, Gherkin, Sugar, Modified Maize Starch, Free Range EGG Yolk, Spices (contain MUSTARD), Salt, Glucose-Fructose Syrup, Thickener (Xanthan Gum), Natural Flavourings, Firming Agent (Calcium Chloride), Preservative (Potassium Sorbate).

**Cheddar Cheese Slice (processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Natural Cheese Flavouring (MILK), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

**Streaky Bacon:**
EITHER: Smoked Pork Belly, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**Onion:**
100% White Onions

**Dill Pickle Slices:**
Gherkins, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

Grand Big Mac™
Please note the ingredients for the Grand Big Mac are the same as Grand Big Mac with Bacon above but without streaky bacon.
Promotional

Sticky ‘n’ Sweet BBQ Chicken

Glazed Sesame Topped Bun:

**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Sugar, Butterpowder Blend (Butter Powder (Butter Fat (**MILK**)), Skimmed **MILK** Powder, **MILK** Protein), Skimmed **MILK** Powder, Natural Flavouring), Glaze (Water, Pea Protein, Dextrose), **SESAME** Seeds, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid), Ground Turmeric.

N.B. May contain traces of barley and rye.

Chicken Selects:

**EITHER:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain **CELERY**), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), **WHEAT** Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

**OR:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contains **CELERY**), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains **CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

N.B. All the above may contain traces of milk and mustard.

Prepared in the restaurants using non-hydrogenated vegetable oil.

Coleslaw:

Cabbage (White Cabbage, Pink Cabbage), Mayonnaise (Rapeseed Oil, Water, Pasteurised Free Range **EGG** Yolk, Spirit Vinegar, Sugar, Lemon Juice, Salt, Single Cream (**MILK**)), Carrot, Onion, Stabilisers (Guar Gum, Xanthan Gum), Rapeseed Oil.

Smoky Flavoured Cheese Slice (processed):

Cheddar Cheese (70%) (**MILK**), Water, Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Whey Powder (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Smokey Flavouring, Anti-Caking Agent (Sunflower Lecithin).

Streaky Bacon:

**EITHER:** Smoked Pork Belly, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

**OR:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

Lettuce:

100% Lettuce.

Allergen Information: For allergens including cereals containing gluten see ingredients in **BOLD**. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.
Promotional

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**Mozzarella Dippers**

**Applies to Mozzarella Dippers Sharebox**

Mozzarella Cheese (MILK) (41%), WHEAT Flour, Water, Vegetable Oil (Sunflower, Rapeseed), WHEAT Starch, Potato Starch, Potato Flakes, Thickener (Methylcellulose), Yeast, Salt, Modified Potato Starch, Dextrose, WHEAT Gluten, Parsley, Spice, Rosemary Extract, Natural Colour (Paprika Extract)

N.B. May contain traces of mustard and celery

Prepared in the restaurants using non-hydrogenated vegetable oil

**Salsa Dip:**

Tomato Paste (27%), Water, Onion, Dried Glucose Syrup, Sugar, Spirit Vinegar, Salt, Chilli Pepper, Garlic, Lemon Juice Concentrate, Modified Maize Starch, Dried Red Bell Pepper, Acid (Acetic Acid), Herb, Spice, Preservative (Potassium Sorbate).

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**Big Mac® Special Sauce**

Water, Rapeseed Oil, Spirit Vinegar, Gherkin, Sugar, Modified Maize Starch, Free Range EGG Yolk, Spices (contain MUSTARD), Salt, Glucose-Fructose Syrup, Thickener (Xanthan Gum), Natural Flavourings, Firming Agent (Calcium Chloride), Preservative (Potassium Sorbate).

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**Flake® Chocolate McFlurry®**

**Applies to Mini Flake® Chocolate McFlurry®**

**Ice Cream:**

**EITHER:** Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**OR:** Reconstituted Skimmed MILK, Cream (MILK), Sugar, MILK Protein, Glucose Syrup, Skimmed MILK Powder, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**Chocolatey Sauce:**

Sweetened Condensed WholeMILK (Whole MILK 19%, Sugar), Sugar, Water, Coconut Fat, CREAM Powder, Reduced Fat Cocoa Powder 3%, Modified Starch, Stabiliser (Potassium Citrates), Salt.

**Flake Pieces:**

MILK, Sugar, Cocoa Butter, Cocoa Mass, Whey Powder (from MILK), Vegetable Fats (Palm, Shea), Emulsifier (Ammonium Phosphatides), Flavourings.

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**Flake® Raspberry McFlurry®**

**Applies to Mini Flake® Raspberry McFlurry®**

**Ice Cream:**

**EITHER:** Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**OR:** Reconstituted Skimmed MILK, Cream (MILK), Sugar, MILK Protein, Glucose Syrup, Skimmed MILK Powder, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**Raspberry Sauce:**

Raspberries 45%, Sugar, Glucose Syrup, Water, Thickener (Pectin), Acid (Citric Acid).

**Flake Pieces:**

MILK, Sugar, Cocoa Butter, Cocoa Mass, Whey Powder (from MILK), Vegetable Fats (Palm, Shea), Emulsifier (Ammonium Phosphatides), Flavourings.

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