



# McDonald's UK ALLERGEN

in-restaurant information guide  
for customers

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**Valid from 2<sup>nd</sup> September 2020**

Printed August 2020 for McDonald's UK restaurants only

We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period.

The purpose of this Allergen In-Restaurant Information Booklet is to help you choose menu items within our restaurants, if you or someone you care for has:

- A food allergy or food intolerance
- Coeliac disease

This booklet provides allergen information in **bold**, CAPITALS via the ingredient declarations. Please ensure you thoroughly read the ingredient declarations.

This booklet highlights the following fourteen major allergens:

- Cereals Containing Gluten – Wheat, Rye, Barley, Oats, Spelt, Kamut
- Crustaceans
- Egg
- Fish
- Lupin
- Milk
- Molluscs
- Nuts – Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut and Queensland Nut
- Peanut
- Soya (excludes Fully Refined Soya Bean Oil)
- Sesame
- Celery and Celeriac
- Mustard
- Sulphur Dioxide and Sulphites (levels greater than 10ppm)

## Allergen Updates:



Occasionally we make changes to our recipes which may alter the allergen status of the product. To ensure we make it clear to customers when the allergens within a product have changed, we use our 'allergen update' logo. This will highlight when customers may need to check the ingredient list to ensure the food is still suitable.

## Nut and Cross Contamination Statement:

We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request.

While there are no nut or peanut ingredients in the products listed in this booklet we can't guarantee that our food is completely nut or peanut free.

McDonald's is a member of the Anaphylaxis Campaign which raises awareness of the needs of people at risk from severe allergic reactions.

Please note our French Fries, Hash Browns, Potato Rosti and other promotional potato products can be cooked in the same oil as other vegetarian products. Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds. Allergen information for all these products can be found in the relevant section of this booklet.

If we can help by providing further information on any of our products, please let us know and we will be more than happy to do so.

**For any further information please contact our Customer Services Team via our website - [www.mcdonalds.co.uk](http://www.mcdonalds.co.uk)**

**More information can also be found on The Anaphylaxis Campaign Website - [www.anaphylaxis.org.uk](http://www.anaphylaxis.org.uk)**

**Please note: We are currently operating a reduced menu. Some items are not currently available and some ingredients may not be available during this period. This booklet may not cover test products. If you require allergen information about test products, please ask a member of staff or consult the website. While the ingredient information is based on standard product formulations, variations may occur. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials used in the restaurants. All information applies to UK restaurants only and is correct at time of going to print – see date on front cover – but is subject to change without notice.**

**Please check the website [www.mcdonalds.co.uk](http://www.mcdonalds.co.uk) for the most up to date information.**

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## Big Mac®

### Big Mac Bun:

**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Sugar, **SESAME** Seeds, Rapeseed Oil, Salt, Yeast, **WHEAT** Gluten, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Raising Agent (Monocalcium Phosphate), Preservative (Calcium Propionate), Antioxidant (Ascorbic Acid).

**N.B. May contain traces of milk, barley and rye.**

### Beef Patty:

100% Pure Beef.

A little salt and pepper is added to season after cooking.

### Lettuce:

100% Iceberg Lettuce.

### Big Mac Sauce:

**EITHER:** Water, Rapeseed Oil, Spirit Vinegar, Gherkin, Sugar, Modified Maize Starch, Free Range **EGG** Yolk, Spices (contains **MUSTARD**), Salt, Glucose-Fructose Syrup, Thickener (Xanthan Gum), Natural Flavourings, Firming Agent (Calcium Chloride), Preservative (Potassium Sorbate).

**OR:** Water, Rapeseed Oil, Spirit Vinegar, Gherkins, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Free Range **EGG** Yolk, Spices (contains **MUSTARD**), Salt, Thickener (Xanthan Gum), Natural Flavourings, Yeast Extract, Firming Agent (Calcium Chloride).

### Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

### Dill Pickle Slices:

Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

### Onions:

100% White Onions.



## Quarter Pounder™ with Cheese and Double Quarter Pounder with Cheese

### Beef Patty:

100% Pure Beef.

A little salt and pepper is added to season after cooking.

### Quarter Pounder Bun:

**EITHER:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Sugar, **SESAME** Seeds, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), **WHEAT** Gluten, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

**OR:** **WHEAT** Flour, Water, Sugar, Yeast, **SESAME** Seeds, Vegetable Oil (Rapeseed), Salt, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids).

**N.B. All the above may contain traces of milk, barely and rye.**

### Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

### Tomato Ketchup:

60% Tomato Puree (equivalent to 168g Tomatoes / 100g Ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

### Dill Pickle Slices:

Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

### Onions:

100% White Onions.

### Mustard:

**EITHER:** Water, Spirit Vinegar, **MUSTARD** Seed (14%), Salt, Spices, Spice Extract.

**OR:** Water, Spirit Vinegar, **MUSTARD** Seed (13%), Salt, Spices, Natural Cloves Flavour, Spice Extract.

**Allergen Information:** For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.



## Cheeseburger

### Bun:

**EITHER: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), **WHEAT** Gluten, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

**OR: WHEAT** Flour, Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

**OR: WHEAT** Flour, Water, Glucose Fructose Syrup, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid).

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Beef Patty:

100% Pure Beef.

A little salt and pepper is added to season after cooking.

### Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

### Tomato Ketchup:

60% Tomato Puree (equivalent to 168g Tomatoes / 100g Ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

### Dill Pickle Slices:

Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

### Onions:

100% White Onions.

### Mustard:

**EITHER:** Water, Spirit Vinegar, **MUSTARD** Seed (14%), Salt, Spices, Spice Extract.

**OR:** Water, Spirit Vinegar, **MUSTARD** Seed (13%), Salt, Spices, Natural Cloves Flavour, Spice Extract.

## Hamburger

Please note the ingredients for the Hamburger are the same as Cheeseburger above but without cheddar cheese slice (processed).



## Bacon Double Cheeseburger

### Beef Patty:

100% Pure Beef.

A little salt and pepper is added to season after cooking.

### Bun:

**EITHER: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), **WHEAT** Gluten, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

**OR: WHEAT** Flour, Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

**OR: WHEAT** Flour, Water, Glucose Fructose Syrup, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid).

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

### Streaky Bacon:

**EITHER:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Pork Belly, Salt, Smoke Water, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

### Tomato Ketchup:

60% Tomato Puree (equivalent to 168g Tomatoes / 100g Ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

### Dill Pickle Slices:

Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

### Onions:

100% White Onions.

### Mustard:

**EITHER:** Water, Spirit Vinegar, **MUSTARD** Seed (14%), Salt, Spices, Spice Extract.

**OR:** Water, Spirit Vinegar, **MUSTARD** Seed (13%), Salt, Spices, Natural Cloves Flavour, Spice Extract.

## Triple Cheeseburger & Double Cheeseburger

Please note the ingredients for the Triple Cheeseburger & Double Cheeseburger are the same as Bacon Double Cheeseburger above but without streaky bacon.

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

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## Chicken McNuggets®

**EITHER:** Chicken Breast Meat (45%), Water, Vegetable Oils (Sunflower, Rapeseed), Maize Flour, Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Starches, **WHEAT** Semolina, Breadcrumbs (contains **WHEAT**), Natural Flavourings (contains **CELERY**), Potassium Chloride, Dried Glucose Syrup, **WHEAT** Gluten, Salt, Raising Agents (Sodium Carbonates), Pepper, **CELERY**, Dextrose.

**OR:** Chicken Breast Meat (45%), Water, Vegetable Oils (Sunflower, Rapeseed), Maize Flour, **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Starch, **WHEAT** Semolina, Breadcrumbs (**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Natural Flavourings (contains **CELERY**), **WHEAT** Gluten, Potassium Chloride, Dried Glucose Syrup, Salt, Raising Agents (Sodium Carbonates), Spices (contains **CELERY**), Dextrose.

**N.B. All of the above may contain traces of milk and mustard.**

Prepared in the restaurants using non-hydrogenated vegetable oil.



## Chicken Selects®

**EITHER:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contains **CELERY**), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains **CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

**OR:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contains **CELERY**), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), **WHEAT** Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

**N.B. All the above may contain traces of milk and mustard.**

Prepared in the restaurants using non-hydrogenated vegetable oil.



## Spicy Chicken Snack Wrap®

### Chicken Select:

**EITHER:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contains **CELERY**), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains **CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

**OR:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contains **CELERY**), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), **WHEAT** Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

**N.B. All the above may contain traces of milk and mustard.**

Prepared in the restaurants using a non-hydrogenated vegetable oil.

### Small Tortilla Wrap:

**EITHER:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR:** **WHEAT** Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), **WHEAT** Starch, Salt, Deactivated Yeast.

**OR:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), **WHEAT** Fibre, Rapeseed Oil, Wholemeal **WHEAT** Flour, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast, Salt, **WHEAT** Starch.

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Hot & Spicy Mayo:

Water, Rapeseed Oil (24.5%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, Spices (contains **MUSTARD**), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Birdseye Chilli, Acid (Lactic Acid), Colour (Paprika Extract).

### Lettuce:

100% Iceberg Lettuce.

### Cheddar Cheese Slice (Processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

**Allergen Information:** For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.



## McChicken® Sandwich

### Coated Chicken Patty:

Chicken Breast Meat (53%), Water, Vegetable Oils (Sunflower, Rapeseed), Starch, **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), **WHEAT** Semolina, Maize Flour, **WHEAT** Gluten, Natural Flavourings, Salt, **MUSTARD** Flour, Potassium Chloride, Raising Agents (Diphosphates, Sodium Carbonates), Sugar.

**N.B. May contain traces of milk and celery.**

Prepared in the restaurants using non-hydrogenated vegetable oil.

### Sesame Bun:

**EITHER:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Sugar, **SESAME** Seeds, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), **WHEAT** Gluten, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

**N.B. May contain traces of milk, barley and rye.**

**OR:** **WHEAT** Flour, Water, Sugar, Yeast, **SESAME** Seeds, Vegetable Oil (Rapeseed), Salt, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids).

**N.B. All the above may contain traces of milk, barley and rye.**

### Lettuce:

100% Iceberg Lettuce.

### Sandwich Sauce:

Water, Rapeseed Oil, Sugar, Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk, Salt, Thickener (Xanthan Gum), Spices (contain **MUSTARD**), Lemon Juice Concentrate, Preservative (Potassium Sorbate), Natural Onion Flavouring, Dried Garlic, Colours (Curcumin & Paprika Extract).



## Chicken Legend® with Cool Mayo or Hot & Spicy Mayo or BBQ Sauce

### Chicken Legend Patty:

**EITHER:** Chicken Breast Meat (59%), **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Sunflower, Rapeseed), Breadcrumbs (**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Water, Starch, **WHEAT** Semolina, **WHEAT** Gluten, Spices (contain **CELERY**), Salt, Raising Agents (Diphosphates, Sodium Carbonates), Natural Flavourings, Parsley, Whey Protein Concentrate (from **MILK**), **MUSTARD** Flour, Yeast Extract, Acid (Citric Acid), Spice Extract, Potassium Chloride.

**OR:** Chicken Breast Meat (59%), **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Sunflower, Rapeseed), Water, Breadcrumbs (**WHEAT** Flour, Salt, Yeast), Starch, **WHEAT** Semolina, **WHEAT** Gluten, Spices (contains **CELERY**), Natural Flavouring, Salt, Yeast Extract, Raising Agent (Diphosphates, Sodium Carbonate), Parsley, Whey Protein Concentrate (from **MILK**), Acid (Citric Acid), **MUSTARD** Flour, Potassium Chloride, Spice Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

### Brown Bakehouse Roll:

**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, **RYE** Flour, Dried **WHEAT** Sourdough, Rapeseed Oil, Salt, Sugar, Dextrose, Yeast, **BARLEY**, Antioxidant (Ascorbic Acid).

**N.B. May contain traces of sesame seeds\* and milk.**

### Cool Mayo:

Water, Rapeseed Oil (23.5%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

**OR**

### Hot & Spicy Mayo:

Water, Rapeseed Oil (24.5%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, Spices (contain **MUSTARD**), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Birdseye Chilli, Acid (Lactic Acid), Colour (Paprika Extract).

**OR**

### Smoky BBQ Sauce:

Water, Glucose-Fructose Syrup, Sugar, Spirit Vinegar, Tomato Paste, Cane Molasses, Modified Maize Starch, Dried Glucose Syrup, Salt, Spices (contain **MUSTARD**), Preservative (Potassium Sorbate), Smoke Flavourings.

### Lettuce:

100% Lettuce.

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

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## Mayo Chicken

### Bun:

**EITHER:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), **WHEAT** Gluten, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

**OR:** **WHEAT** Flour, Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

**OR:** **WHEAT** Flour, Water, Glucose Fructose Syrup, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid).

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Chicken Patty:

Chicken Breast Meat (44%), Water, **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Breadcrumbs (**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Rusk (**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Sunflower Oil), Vegetable Oils (Sunflower, Rapeseed), **WHEAT** Semolina, Starch, Modified Starch (contains **WHEAT**), Salt, Raising Agents (Diphosphates, Sodium Carbonates, Calcium Phosphates), Natural Flavourings, Potassium Chloride, Yeast Extract, White Pepper, Garlic Powder, Dextrose.

**N.B. May contain traces of celery, milk and mustard.**

Prepared in the restaurants using non-hydrogenated vegetable oil.

### Lettuce:

100% Iceberg Lettuce.

### Cool Mayo:

Water, Rapeseed Oil (23.5%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

## Bacon Mayo Chicken

The ingredients for the Bacon Mayo Chicken are the same as Mayo Chicken above with the addition of:

### Streaky Bacon:

**EITHER:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Pork Belly, Salt, Smoke Water, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).



## Crispy Chicken Happy Meal Wrap

### Chicken Selects:

**EITHER:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain **CELERY**), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains **CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

**OR:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain **CELERY**), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), **WHEAT** Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

**N.B. All the above may contain traces of milk and mustard.**

Prepared in the restaurants using non-hydrogenated vegetable oil.

### Small Tortilla Wrap:

**EITHER:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR:** **WHEAT** Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), **WHEAT** Starch, Salt, Deactivated Yeast.

**OR:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), **WHEAT** Fibre, Rapeseed Oil, Wholemeal **WHEAT** Flour, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast, Salt, **WHEAT** Starch.

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Lettuce:

100% Iceberg Lettuce.

### Tomato Ketchup:

60% Tomato Puree (equivalent to 168g Tomatoes / 100g Ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.





## Grilled Chicken Happy Meal Wrap

### Small Tortilla Wrap:

**EITHER: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR: WHEAT** Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), **WHEAT** Starch, Salt, Deactivated Yeast.

**OR: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), **WHEAT** Fibre, Rapeseed Oil, Wholemeal **WHEAT** Flour, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast, Salt, **WHEAT** Starch.

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Grilled Chicken:

Chicken Breast Meat, Starches, Dextrose, Salt, Natural Flavourings, Pea Fibre, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Produced with 104g raw chicken fillet for 100g finished product.

### Lettuce:

100% Iceberg Lettuce.

### Tomato Ketchup:

60% Tomato Puree (equivalent to 168g Tomatoes / 100g Ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.



## Veggie Dippers

### Red Pepper & Pesto Goujon:

Yellow Split Peas, Tomato, Breadcrumbs (8%) (Rice Flour, Gram Flour, Maize Flour, Amaranth Flour, Maize Starch, Teff Flour, Salt, Dried Glucose Syrup, Dextrose, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Cooked Arborio Rice, Rice Flour, Sundried Tomato Pesto (7%) (Water, Sundried Tomato Puree (Water, Tomato, Salt), Tomato Paste, Red Wine Vinegar, Olive Oil (Refined Olive Oil, Extra Virgin Olive Oil), Basil, Red Onion, White Sugar, Garlic Puree, Cornflour, Black Pepper), Red Pepper (7%), Water, Sunflower Oil, Maize Starch, Onion, Rapeseed Oil, Maize Flour, Basil, Garlic Puree, Salt, Black Pepper, Thickener (Xanthan Gum).

Prepared in the restaurants using a non-hydrogenated vegetable oil.

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.



## Vegetable Deluxe

### Red Pepper & Pesto Goujon:

Yellow Split Peas, Tomato, Breadcrumb (8%) (Rice Flour, Gram Flour, Maize Flour, Amaranth Flour, Maize Starch, Teff Flour, Salt, Dried Glucose Syrup, Dextrose, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Cooked Arborio Rice, Rice Flour, Sundried Tomato Pesto (7%) (Water, Sundried Tomato Puree (Water, Tomato, Salt), Tomato Paste, Red Wine Vinegar, Olive Oil (Refined Olive Oil, Extra Virgin Olive Oil), Basil, Red Onion, White Sugar, Garlic Puree, Cornflour, Black Pepper), Red Pepper (7%), Water, Sunflower Oil, Maize Starch, Onion, Rapeseed Oil, Maize Flour, Basil, Garlic Puree, Salt, Black Pepper, Thickener (Xanthan Gum).

Prepared in the restaurants using a non-hydrogenated vegetable oil.

### Sesame Bun:

**EITHER: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Sugar, **SESAME** Seeds, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), **WHEAT** Gluten, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

**OR: WHEAT** Flour, Water, Sugar, Yeast, **SESAME** Seeds, Vegetable Oil (Rapeseed), Salt, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids).

**N.B. All the above may contain traces of milk, barley and rye.**

### Lettuce:

100% Iceberg Lettuce.

### Sandwich Sauce:

Water, Rapeseed Oil, Sugar, Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk, Salt, Thickener (Xanthan Gum), Spices (contain **MUSTARD**), Lemon Juice Concentrate, Preservative (Potassium Sorbate), Natural Onion Flavouring, Dried Garlic, Colours (Curcumin & Paprika Extract).



## Filet-O-Fish®

### Fish Filet Portion:

Hoki or Alaska Pollock Fillet (**FISH**) (75%), **WHEAT** Flour, Water, Modified **WHEAT** Starch, Corn Flour, Salt, Corn Starch, Yeast, Thickener (Sodium Carboxymethyl Cellulose).

Prepared in the restaurants using non-hydrogenated vegetable oil.

### Bun:

**EITHER: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), **WHEAT** Gluten, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

**OR: WHEAT** Flour, Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

**OR: WHEAT** Flour, Water, Glucose Fructose Syrup, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid).

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Tartare Sauce:

**EITHER:** Water, Rapeseed Oil, Gherkin, Spirit Vinegar, Onion, Free Range **EGG** Yolk, Modified Maize Starch, Sugar, Salt, Thickener (Xanthan Gum), **MUSTARD** Flour, Capers, Preservative (Potassium Sorbate), Firming Agent (Calcium Chloride), Dried Parsley, Flavourings.

**OR:** Water, Rapeseed Oil, Gherkins, Spirit Vinegar, Onions, Modified Maize Starch, Free Range **EGG** Yolk, Sugar, Salt, Thickener (Xanthan Gum), **MUSTARD** Flour, Capers, Preservative (Potassium Sorbate), Firming Agent (Calcium Chloride), Dried Parsley, Natural Flavouring.

### Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

## Fish Fingers

Hoki or Alaska Pollock Fillet (**FISH**) (65%), **WHEAT** Flour, Water, Modified **WHEAT** Starch, Corn Flour, Salt, Corn Starch, Yeast, Thickener (Sodium Carboxymethyl Cellulose).

Prepared in the restaurants using non-hydrogenated vegetable oil.

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

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## Fries

Potatoes, Blend of Non-Hydrogenated Vegetable Oils (Sunflower, Rapeseed), Dextrose (predominantly added at the beginning of the potato season).

Prepared in the restaurants using non-hydrogenated vegetable oil. Salt is added after cooking.

**N.B. Please note our Fries can be cooked in the same oil as the Red Pepper & Pesto Goujon. See page 10.**



## Carrot Bag

Carrot (100%).



## Espresso (Double and Single)



### Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**N.B. May contain traces of milk.**

## Black Coffee



### Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**N.B. May contain traces of milk.**

## White Coffee

### Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

### Milk:

Organic Semi-Skimmed **MILK**.

## Cappuccino

### Milk:

Organic Semi-Skimmed **MILK**.

### Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

### Chocolatey Powder:

Sugar, Cocoa, Salt, Flavourings.

**N.B. May contain traces of milk.**



## Flat White

### Milk:

Organic Semi-Skimmed **MILK**.

### Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

## Latte

### Milk:

Organic Semi-Skimmed **MILK**.

### Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

## Toffee Latte

### Milk:

Organic Semi-Skimmed **MILK**.

### Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

### Toffee Syrup:

Water, Sugar, Natural Flavourings, Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Colour (Plain Caramel).

### Spray Cream:

Cream (20% fat) (**MILK**), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabiliser (Carrageenan).

### Toffee Drizzle:

Glucose Syrup, Sweetened Condensed Whole **MILK** (Whole **MILK**, Sugar), Glucose-Fructose Syrup, Butter (**MILK**), Salt, Stabiliser (Sodium Citrates), Thickener (Pectin).

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## Hot Chocolate

### Hot Water

#### Chocolatey Syrup:

Sugar, Skimmed **MILK**, 10% Fat Reduced Cocoa, Vegetable Oil (Palm), Whey Powder (**MILK**), Salt, Stabiliser (Trisodium Citrate), Flavouring, Emulsifier (**SOYA** Lecithin).



## Tea



Blended Black Tea, Water.

PG tips Tea is from sustainable farms certified by the Rainforest Alliance™.

**N.B. May contain traces of milk.**

## Milk Portion

Semi-Skimmed **MILK**.

## Canderel Yellow Sweetener Sachet

Dextrose, Sweetener (Sucralose (1.4%)), Anti-Caking Agent (Silicon Dioxide).

## White Sugar Sachet

100% Sugar.



## Robyns Fruit Shoot®

### Low Calorie Apple & Blackcurrant Soft Drink with Sweeteners and Vitamins:

Water, Fruit Juices from Concentrate (Apple 6%, Blackcurrant 2%, Plum), Acid (Citric Acid), Natural Colour (Anthocyanins), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Dicarboxylate), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Sweeteners (Acesulfame K, Sucralose), Vitamins (Niacin, B6, Biotin).

## Organic Milk (Semi-Skimmed)

100% Organic Semi-Skimmed **MILK**.

## Buxton® Natural Mineral Water available in 250ml & 500ml

Natural Mineral Water.

## Tropicana® Orange Juice

100% Orange Juice (not from concentrate).

## Oasis®

Water, Sugar, Fruit Juices From Concentrate 5% (Apple 1.7%, Strawberry 1.5%, Redcurrant 1.2%, Cherry 0.6%), Citric Acid, Natural Berry Flavouring with Other Natural Flavourings, Fruit and Vegetable Concentrates (Blueberry, Blackcurrant, Carrot, Apple, Hibiscus), Stabiliser (Polyphosphates), Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate, Sodium Benzoate), Sweeteners (Aspartame\*, Acesulfame K).

\*contains a source of Phenylalanine.

## Irn Bru®

### Available in selected restaurants in Scotland.

Carbonated Water, Sugar, Acid (Citric Acid), Flavourings (including Caffeine & Quinine), Colour (Paprika Extract), Sweeteners (Aspartame\*, Acesulfame K), Antioxidant (Ascorbic Acid), Preservative (Potassium Sorbate).

\*contains a source of Phenylalanine.





## Coca-Cola® Classic

Carbonated Water, Sugar, Colour (Sulphite Ammonia Caramel), Phosphoric Acid, Flavourings (including Caffeine).

## Diet Coke®

Carbonated Water, Colour (Caramel), Sweeteners (Aspartame\*, Acesulfame K), Flavourings (including Caffeine), Phosphoric Acid, Citric Acid, Preservative (Sodium Benzoate), Acidity Regulator (Sodium Citrate), Anti-foaming Agent (Dimethyl Polysiloxane).

\*contains a source of Phenylalanine.

## Coca-Cola® Zero Sugar

Carbonated Water, Colour (Caramel), Phosphoric Acid, Sweeteners (Aspartame\*, Acesulfame K), Flavourings (including Caffeine), Acidity Regulator (Sodium Citrate), Preservative (Sodium Benzoate), Anti-Foaming Agent (Dimethyl Polysiloxane).

\*contains a source of Phenylalanine.

## Fanta® Orange

### For UK except Northern Ireland:

Carbonated Water, Sugar, Orange Juice from Concentrate (1%), Citric Acid, Vegetable Concentrate (Carrot), Sweeteners (Acesulfame-K, Sucralose), Malic Acid, Preservatives (Potassium Sorbate, Sodium Benzoate), Natural Orange Flavourings with other Natural Flavourings, Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Stabiliser (Guar Gum), Anti-Foaming Agent (Dimethylpolysiloxane).

### For Northern Ireland only:

Carbonated Water, Sugar, Citric Acid, Malic Acid, Stabilisers (Acacia Gum, Sucrose Acetate Isobutyrate, Glycerol Esters of Wood Rosins), Sweeteners (Acesulfame K, Aspartame\*), Acidity Regulator (Sodium Gluconate), Natural Orange Flavourings with Other Natural Flavourings, Antioxidant (Ascorbic Acid), Preservatives (Potassium Sorbate, Sodium Benzoate), Colour (Carotenes), Anti-Foaming Agent (Dimethylpolysiloxane).

\*contains a source of Phenylalanine.

## Sprite® No Sugar

Carbonated Water, Citric Acid, Flavourings, Sweeteners (Aspartame\*, Acesulfame K), Preservative (Sodium Benzoate), Acidity Regulator (Sodium Citrate).

\*contains a source of Phenylalanine.



## Banana, Chocolate, Strawberry or Vanilla Milkshake

### Milkshake Base:

**EITHER:** Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan, Carob Gum).

**OR:** Reconstituted Skimmed **MILK**, Sugar, Cream (**MILK**), Skimmed **MILK** Powder, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Natural Flavouring.

### Banana Flavour Milkshake Syrup:

Water, Sugar, Glucose Syrup, Natural Flavouring, Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Paprika Extract, Curcumin).

**OR**

### Chocolate Flavoured Milkshake Syrup:

Water, Glucose Syrup, Alkalisated Fat Reduced Cocoa Powder (7%), Colour (Plain Caramel), Fructose Syrup, Caramel (Sugar, Glucose-Fructose Syrup, Water), Salt, Cocoa Mass (0.7%), Butter (**MILK**), Natural Flavourings, Acidity Regulators (Phosphoric Acid, Citric Acid), Emulsifier (Lecithins), Preservative (Potassium Sorbate).

**OR**

### Strawberry Flavour Milkshake Syrup:

Water, Sugar, Glucose Syrup, Strawberry Juice Concentrate (1.6%), Beetroot Juice Concentrate, Acid (Citric Acid), Natural Flavouring, Preservative (Potassium Sorbate).

**OR**

### Vanilla Flavour Milkshake Syrup:

Water, Sugar, Caramelised Sugar Syrup, Natural Flavouring, Acid (Citric Acid), Preservative (Potassium Sorbate), Black Carrot Juice Concentrate, Maltodextrin.



## Mango & Pineapple Iced Fruit Smoothie

### Mango & Pineapple Smoothie Mix:

Fruit Juice and Puree (partly from concentrates) (Pineapple (32%), Pear, White Grape, Mango (17%)), Stabilisers (Cellulose Gum, Xanthan Gum, Pectin), Acidulant (Citric Acid), Natural Flavouring.

**N.B. May contain traces of milk.**

### Ice:

100% Crushed Ice.

### Yogurt Base Mix:

Skimmed **MILK**, Cream (**MILK**), Lactose (from **MILK**), Milk Proteins (**MILK**), Skimmed **MILK** Powder, Modified Maize Starch, Stabiliser (Pectin), Bacterial Cultures.

## Frozen Strawberry Lemonade

### Ice:

100% Crushed Ice.

### Lemonade Base Mix:

Water, Lemon Juice, Glucose Syrup, Sugar, Concentrated Orange Juice, Natural Lemon Flavouring with Other Natural Flavourings, Acidity Regulator (Citric Acid), Natural Flavouring, Antioxidant (Ascorbic Acid), Thickener (Xanthan Gum), Colour (Lutein).

**N.B. May contain traces of milk.**

### Strawberry Syrup:

Fructose Syrup, Humectant (Glycerol), Sugar, Glucose Syrup, Water, Concentrated Strawberry Juice (1.5%), Concentrated Lemon Juice, Natural Flavourings, Concentrated Elderberry Juice, Acidity Regulator (Citric Acid), Colour (Anthocyanins), Safflower Extract, Thickener (Xanthan Gum).



## Iced Latte

### Ice:

100% Crushed Ice.

### Milk Base Mix:

Water, Skimmed **MILK** Powder, Sugar, Cream (**MILK**), Stabilisers (Guar Gum, Carrageenan), Dextrose, Acidity Regulator (Pentasodium Triphosphate), Natural Flavouring.

### Double Espresso Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**N.B. May contain traces of milk.**

## Caramel Iced Frappé

### Ice:

100% Crushed Ice.

### Caramel Frappé Base Mix:

Skimmed **MILK**, Cream (**MILK**), Sugar, Skimmed **MILK** Powder, Fructose, Dextrose, Soluble Coffee, Natural Flavourings, Stabilisers (Guar Gum, Carrageenan, Triphosphates).

### Spray Cream:

Cream (20% fat) (**MILK**), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabiliser (Carrageenan).

### Caramel Drizzle Sauce:

Glucose Syrup, Sweetened Condensed Whole **MILK** (Whole **MILK**, Sugar), Glucose-Fructose Syrup, Butter (**MILK**), Salt, Stabiliser (Sodium Citrates), Thickener (Pectin).

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## The Fajita Chicken One

(with a choice of Crispy or Grilled Chicken)

### Chicken Selects:

**EITHER:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain **CELERY**), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains **CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

**OR:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain **CELERY**), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), **WHEAT** Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

**N.B. All the above may contain traces of milk and mustard.**

Prepared in the restaurants using non-hydrogenated vegetable oil.

**OR**

### Grilled Chicken:

Chicken Breast Meat, Starches, Dextrose, Salt, Natural Flavourings, Pea Fibre, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Produced with 104g raw chicken fillet for 100g finished product.

### Large Tortilla Wrap:

**EITHER:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR:** **WHEAT** Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), **WHEAT** Starch, Salt, Deactivated Yeast.

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Lettuce:

100% Lettuce.

### Pepper Jack Cheese Slice (processed):

Monterey Jack Cheese (53%) (**MILK**), Water, Butter (**MILK**), Milk Proteins (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Whey Powder (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Dried Red Bell Peppers (0.4%), Dried Jalapeño Peppers (0.4%), Jalapeño Pepper Extract, Anti-Caking Agent (Sunflower Lecithin).

### Mexican Salsa:

Water, Sugar, Tomato Paste (12%), Spirit Vinegar, Green Bell Pepper, Modified Maize Starch, Spices, Salt, Oregano, Preservative (Potassium Sorbate).

### Jalapeño Slices:

Fermented Jalapeño Peppers, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Preservative (Potassium Sorbate).

### Red Onion:

100% Red Onion.

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

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## The BBQ & Bacon Chicken One (with a choice of Crispy or Grilled Chicken)

### Chicken Selects:

**EITHER:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain **CELERY**), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains **CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

**OR:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain **CELERY**), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), **WHEAT** Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

**N.B. All the above may contain traces of milk and mustard.**

Prepared in the restaurants using non-hydrogenated vegetable oil.

**OR**

### Grilled Chicken:

Chicken Breast Meat, Starches, Dextrose, Salt, Natural Flavourings, Pea Fibre, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Produced with 104g raw chicken fillet for 100g finished product.

### Large Tortilla Wrap:

**EITHER:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR:** **WHEAT** Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), **WHEAT** Starch, Salt, Deactivated Yeast.

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Tomato Slice:

100% Tomato.

### Smoky BBQ Sauce:

Water, Glucose-Fructose Syrup, Sugar, Spirit Vinegar, Tomato Paste, Cane Molasses, Modified Maize Starch, Dried Glucose Syrup, Salt, Spices (contain **MUSTARD**), Preservative (Potassium Sorbate), Smoke Flavourings.

### Lettuce:

100% Lettuce.

### Cool Mayo:

Water, Rapeseed Oil (23.5%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

### Streaky Bacon:

**EITHER:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Pork Belly, Salt, Smoke Water, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

**Allergen Information:** For allergens including cereals containing gluten see ingredients in **BOLD**. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.



## The Sweet Chilli Chicken One (with a choice of Crispy or Grilled Chicken)

### Chicken Selects:

**EITHER:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain **CELERY**), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains **CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

**OR:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain **CELERY**), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), **WHEAT** Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

**N.B. All the above may contain traces of milk and mustard.**

Prepared in the restaurants using non-hydrogenated vegetable oil.

**OR**

### Grilled Chicken:

Chicken Breast Meat, Starches, Dextrose, Salt, Natural Flavourings, Pea Fibre, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Produced with 104g raw chicken fillet for 100g finished product.

### Large Tortilla Wrap:

**EITHER:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR:** **WHEAT** Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), **WHEAT** Starch, Salt, Deactivated Yeast.

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Cucumber:

100% Cucumber.

### Lettuce:

100% Lettuce.

### Cool Mayo:

Water, Rapeseed Oil (23.5%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

### Sweet Chilli Sauce:

Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Spirit Vinegar, Red Chillies (3.5%), Salt, Vegetable Oils (Rapeseed & Sunflower), Garlic, Dried Chillies, Dried Red Bell Peppers, Acid (Citric Acid), Preservative (Potassium Sorbate), Colour (Paprika Extract), Thickeners (Xanthan Gum & Guar Gum), White Wine Vinegar.

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

**Allergen Information:** For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.





## The Garlic Mayo Chicken One (with a choice of Crispy or Grilled Chicken)

### Chicken Selects:

**EITHER:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain **CELERY**), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains **CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

**OR:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain **CELERY**), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), **WHEAT** Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

**N.B. All the above may contain traces of milk and mustard.**

Prepared in the restaurants using non-hydrogenated vegetable oil.

**OR**

### Grilled Chicken:

Chicken Breast Meat, Starches, Dextrose, Salt, Natural Flavourings, Pea Fibre, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Produced with 104g raw chicken fillet for 100g finished product.

### Large Tortilla Wrap:

**EITHER:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR:** **WHEAT** Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), **WHEAT** Starch, Salt, Deactivated Yeast.

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Cucumber:

100% Cucumber.

### Tomato Slice:

100% Tomato.

### Garlic Mayo:

Water, Rapeseed Oil (27%), Sour Cream (from **MILK**), Spirit Vinegar, Sugar, Modified Maize Starch, Free Range **EGG** Yolk (3.0%), Garlic Puree (2.0%), Salt, Spices (contain **MUSTARD**), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

### Lettuce:

100% Lettuce.

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

**Allergen Information:** For allergens including cereals containing gluten see ingredients in **BOLD**. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.



## The Spicy Veggie One

### Red Pepper & Pesto Goujon:

Yellow Split Peas, Tomato, Breadcrumb (8%) (Rice Flour, Gram Flour, Maize Flour, Amaranth Flour, Maize Starch, Teff Flour, Salt, Dried Glucose Syrup, Dextrose, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Cooked Arborio Rice, Rice Flour, Sundried Tomato Pesto (7%) (Water, Sundried Tomato Puree (Water, Tomato, Salt), Tomato Paste, Red Wine Vinegar, Olive Oil (Refined Olive Oil, Extra Virgin Olive Oil), Basil, Red Onion, White Sugar, Garlic Puree, Cornflour, Black Pepper), Red Pepper (7%), Water, Sunflower Oil, Maize Starch, Onion, Rapeseed Oil, Maize Flour, Basil, Garlic Puree, Salt, Black Pepper, Thickener (Xanthan Gum).

Prepared in the restaurants using a non-hydrogenated vegetable oil.

### Large Tortilla Wrap:

**EITHER: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR: WHEAT** Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), **WHEAT** Starch, Salt, Deactivated Yeast.

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Tomato Slice:

100% Tomato.

### Lettuce:

100% Lettuce.

### Spicy Relish:

Tomato Puree, Sugar, Gherkins, Bell Pepper, Spirit Vinegar, Water, Jalapeño-Chilli (6%), Spices (contain **MUSTARD**), Salt, Modified Maize Starch, Lemon Juice Concentrate, Thickener (Xanthan Gum), Natural Flavouring, Firming Agent (Calcium Chloride).

### Red Onion Rings:

100% Red Onions.



## Grilled Chicken and Bacon Salad

### Grilled Chicken:

Chicken Breast Meat, Starches, Dextrose, Salt, Natural Flavourings, Pea Fibre, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Produced with 104g raw chicken fillet for 100g finished product.

### Lettuce:

100% Lettuce.

### Tomato Slice:

100% Tomato.

### Cucumber:

100% Cucumber.

### Streaky Bacon:

**EITHER:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Pork Belly, Salt, Smoke Water, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

### Red Onion Rings:

100% Red Onions.

## Grilled Chicken Salad

Please note the ingredients for the Grilled Chicken Salad are the same as the Grilled Chicken and Bacon Salad above but without the streaky bacon.

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

**Allergen Information:** For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.



## Side Salad

**Lettuce:**

100% Lettuce.

**Tomato Slice:**

100% Tomato.

**Cucumber:**

100% Cucumber.

## Salad Dressings

Information for Salad Dressings can be found on page 30.



## Crispy Chicken and Bacon Salad

**Chicken Legend Patty:**

**EITHER:** Chicken Breast Meat (59%), **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Sunflower, Rapeseed), Breadcrumbs (**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Water, Starch, **WHEAT** Semolina, **WHEAT** Gluten, Spices (contain **CELERY**), Salt, Raising Agents (Diphosphates, Sodium Carbonates), Natural Flavourings, Parsley, Whey Protein Concentrate (from **MILK**), **MUSTARD** Flour, Yeast Extract, Acid (Citric Acid), Spice Extract, Potassium Chloride.

**OR:** Chicken Breast Meat (59%), **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Sunflower, Rapeseed), Water, Breadcrumbs (**WHEAT** Flour, Salt, Yeast), Starch, **WHEAT** Semolina, **WHEAT** Gluten, Spices (contains **CELERY**), Natural Flavouring, Salt, Yeast Extract, Raising Agent (Diphosphates, Sodium Carbonate), Parsley, Whey Protein Concentrate (from **MILK**), Acid (Citric Acid), **MUSTARD** Flour, Potassium Chloride, Spice Extract.

**Lettuce:**

100% Lettuce.

**Tomato Slice:**

100% Tomato.

**Cucumber:**

100% Cucumber.

**Streaky Bacon:**

**EITHER:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Pork Belly, Salt, Smoke Water, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

## Crispy Chicken Salad

Please note the ingredients for the Crispy Chicken Salad are the same as the Crispy Chicken and Bacon Salad above but without the streaky bacon.



## Breakfast Wrap with Tomato Ketchup or Brown Sauce

### Large Tortilla Wrap:

**EITHER: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

**OR: WHEAT** Flour, Water, Humectant (Glycerol), Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Raising Agents (Diphosphates, Potassium Carbonates), Stabilisers (Sodium Carboxymethyl Cellulose, Cellulose Gum), **WHEAT** Starch, Salt, Deactivated Yeast.

**N.B. All the above may contain traces of sesame seeds\*, milk, barley and rye.**

### Folded Egg:

Pasteurised Free Range Liquid **EGG**, Pasteurised Whole **MILK**.

**N.B. Cooked in the restaurants using Liquid Vegetable & Dairy Fat Blend (see ingredients below) which contains MILK.**

### Potato Rosti:

Potatoes, Blend of Non-Hydrogenated Vegetable Oils (Sunflower, Rapeseed), Stabiliser (Diphosphates), Dextrose.

Prepared in the restaurants using non-hydrogenated vegetable oil.

**N.B. Please note our Potato Rosti can be cooked in the same oil as the Red Pepper & Pesto Goujon. See page 10**

### Pork Sausage Patty:

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

### Tomato Ketchup:

60% Tomato Puree (equivalent to 168g Tomatoes / 100g Ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

**OR**

### Brown Sauce:

Water, Sugar, Spirit Vinegar, Malt Vinegar (from **BARLEY**), Dates, Tomato Paste, Cane Molasses, **RYE** Flour, Modified Maize Starch, Salt, Invert Sugar Syrup, Natural Flavourings, Soy Sauce (Water, **SOYA** Extract (Water, **SOYA** Beans, Salt, **WHEAT** Flour (with Calcium Carbonate, Iron, Niacin, Thiamin)), Salt, Glucose, Spirit Vinegar, **BARLEY** Malt Extract), Spices, **BARLEY** Malt Extract, Preservative (Potassium Sorbate).

### Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

### Streaky Bacon:

**EITHER:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Pork Belly, Salt, Smoke Water, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

### Liquid Vegetable & Dairy Fat Blend:

**EITHER:** Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).

**OR:** Sunflower Oil (75%), Butter Oil (**MILK**) (21%), Emulsifiers (Mono- & Diglycerides of Fatty Acids, Sunflower Lecithin), Whey Powder (**MILK**), Antioxidants (Fatty Acid Esters of Ascorbic Acid, Alpha-Tocopherol), Butter Flavouring (**MILK**).

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

**Allergen Information:** For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.



## Sausage & Egg McMuffin® and Double Sausage & Egg McMuffin® or Bacon & Egg McMuffin® and Double Bacon & Egg McMuffin®

### English Muffin:

**EITHER:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Muffin Topping (Yellow Polenta, Rice Flour), Muffin Mix (**WHEAT** Gluten, Dough Acidifier (**RYE**), Preservative (Calcium Propionate), Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Acidity Regulator (Tartaric Acid), Antioxidant (Ascorbic Acid), Yeast, Sugar, Rapeseed Oil, De-activated Yeast.

**OR:** **WHEAT** Flour, Water, Corn Semolina, Yeast, Dextrose, Salt, **WHEAT** Gluten, Emulsifier (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Whole **WHEAT** Flour, Whole **RYE** Flour.

**N.B. All the above my contain traces of sesame seeds\*\*.**

### Pork Sausage Patty:

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

### OR

### Back Bacon\*:

Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate). \*This bacon is smoked using beechwood.

### Egg:

Free Range **EGG**. UK or Irish sourced free range eggs produced to Lion Quality standards or equivalent.

**N.B. Cooked in the restaurants using Liquid Vegetable & Dairy Fat Blend (see ingredients below) which contains MILK.**

### Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

### Liquid Vegetable & Dairy Fat Blend:

**EITHER:** Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).

**OR:** Sunflower Oil (75%), Butter Oil (**MILK**) (21%), Emulsifiers (Mono- & Diglycerides of Fatty Acids, Sunflower Lecithin), Whey Powder (**MILK**), Antioxidants (Fatty Acid Esters of Ascorbic Acid, Alpha-Tocopherol), Butter Flavouring (**MILK**).



## Egg & Cheese McMuffin®

### English Muffin:

**EITHER:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Muffin Topping (Yellow Polenta, Rice Flour), Muffin Mix (**WHEAT** Gluten, Dough Acidifier (**RYE**), Preservative (Calcium Propionate), Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Acidity Regulator (Tartaric Acid), Antioxidant (Ascorbic Acid), Yeast, Sugar, Rapeseed Oil, De-activated Yeast.

**OR:** **WHEAT** Flour, Water, Corn Semolina, Yeast, Dextrose, Salt, **WHEAT** Gluten, Emulsifier (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Whole **WHEAT** Flour, Whole **RYE** Flour.

**N.B. All the above my contain traces of sesame seeds\*\*.**

### Egg:

Free Range **EGG**.

UK or Irish sourced free range eggs produced to Lion Quality standards or equivalent.

**N.B. Cooked in the restaurants using Liquid Vegetable & Dairy Fat Blend (see ingredients below) which contains MILK.**

### Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

### Liquid Vegetable & Dairy Fat Blend:

**EITHER:** Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).

**OR:** Sunflower Oil (75%), Butter Oil (**MILK**) (21%), Emulsifiers (Mono- & Diglycerides of Fatty Acids, Sunflower Lecithin), Whey Powder (**MILK**), Antioxidants (Fatty Acid Esters of Ascorbic Acid, Alpha-Tocopherol), Butter Flavouring (**MILK**).

\*\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

**Allergen Information:** For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.





## Bacon Roll with Tomato Ketchup or Brown Sauce

### Roll:

**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Sugar, Rapeseed Oil, Fermented **WHEAT** Bran Sourdough, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

**N.B. May contain traces of sesame seeds\*\*, milk, barley and rye.**

### Back Bacon\*:

Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

\*This bacon is smoked using beechwood.

### Tomato Ketchup:

60% Tomato Puree (equivalent to 168g Tomatoes / 100g Ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

**OR**

### Brown Sauce:

Water, Sugar, Spirit Vinegar, Malt Vinegar (from **BARLEY**), Dates, Tomato Paste, Cane Molasses, **RYE** Flour, Modified Maize Starch, Salt, Invert Sugar Syrup, Natural Flavourings, Soy Sauce (Water, **SOYA** Extract (Water, **SOYA** Beans, Salt, **WHEAT** Flour (with Calcium Carbonate, Iron, Niacin, Thiamin)), Salt, Glucose, Spirit Vinegar, **BARLEY** Malt Extract), Spices, **BARLEY** Malt Extract, Preservative (Potassium Sorbate).



## Sausage, Egg & Cheese Bagel

### Bagel:

**WHEAT** Flour (contains Calcium Carbonate, Iron, Thiamin, Niacin), Water, **RYE** Flour, Sugar, Yeast, Salt, Rapeseed Oil, Preservative (Calcium Propionate), **BARLEY** Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.

**N.B. May contain traces of sesame seeds\*\* and milk.**

### Folded Egg:

Pasteurised Free Range Liquid **EGG**, Pasteurised Whole **MILK**.

**N.B. Cooked in the restaurants using Liquid Vegetable & Dairy Fat Blend (see ingredients below) which contains MILK.**

### Pork Sausage Patty:

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

### Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

### Liquid Vegetable & Dairy Fat Blend:

**EITHER:** Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).

**OR:** Sunflower Oil (75%), Butter Oil (**MILK**) (21%), Emulsifiers (Mono- & Diglycerides of Fatty Acids, Sunflower Lecithin), Whey Powder (**MILK**), Antioxidants (Fatty Acid Esters of Ascorbic Acid, Alpha-Tocopherol), Butter Flavouring (**MILK**).

\*\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.



## Pancakes & Sausage with Syrup\*

### Pancakes:

**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Free Range Whole **EGG**, Whey Powder (**MILK**), Sugar, Sunflower Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Sunflower Lecithin), Salt, Spirit Vinegar, Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Flavouring.

### Pork Sausage Patty:

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

### Pancake Syrup:

Glucose Syrup, Sugar, Water, Natural Flavourings, Caramelised Sugar Syrup, Preservative (Potassium Sorbate).

## Pancakes & Syrup\*

Please note the ingredients for the Pancakes & Syrup are the same as Pancakes & Sausage with Syrup above but without pork sausage patty.

## Muffin with Jam\*

### English Muffin:

**EITHER: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamine), Water, Muffin Topping (Yellow Polenta, Rice Flour), Muffin Mix (**WHEAT** Gluten, Dough Acidifier (**RYE**), Preservative (Calcium Propionate), Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Acidity Regulator (Tartaric Acid), Antioxidant (Ascorbic Acid), Yeast, Sugar, Rapeseed Oil, De-activated Yeast.

**OR: WHEAT** Flour, Water, Corn Semolina, Yeast, Dextrose, Salt, **WHEAT** Gluten, Emulsifier (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Whole **WHEAT** Flour, Whole **RYE** Flour.

**N.B. All of the above may contain traces of sesame seeds\*\***

### Strawberry Jam:

Strawberries, Sugar, Brown Cane Sugar, Concentrated Lemon Juice, Gelling Agent (Fruit Pectin).

Prepared with 50g fruit per 100g.

### Liquid Vegetable & Dairy Fat Blend:

**EITHER:** Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).

**OR:** Sunflower Oil (75%), Butter Oil (**MILK**) (21%), Emulsifiers (Mono- & Diglycerides of Fatty Acids, Sunflower Lecithin), Whey Powder (**MILK**), Antioxidants (Fatty Acid Esters of Ascorbic Acid, Alpha-Tocopherol), Butter Flavouring (**MILK**).



## Quaker Oat So Simple® Porridge\*

### Milk:

100% Organic Semi-Skimmed **MILK**.

### Oats:

Quaker Wholegrain Rolled **OATS**, Stabiliser (**SOYA** Lecithin).

**N.B. May contain traces of wheat, barley and rye.**

## Quaker Oat So Simple® Apple and Blueberry Porridge

### Milk:

100% Organic Semi-Skimmed **MILK**.

### Oats - Apple & Blueberry:

Quaker Wholegrain Rolled **OATS** (77%), Sugar, Dried Apple Pieces (1%), Dried Blueberries (1%), Natural Flavouring, Salt, Sunflower Oil.

**N.B. May contain traces of barley, soya and wheat.**

## Toasted Bagel\*

### Bagel:

**WHEAT** Flour (contains Calcium Carbonate, Iron, Thiamin, Niacin), Water, **RYE** Flour, Sugar, Yeast, Salt, Rapeseed Oil, Preservative (Calcium Propionate), **BARLEY** Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.

**N.B. May contain traces of sesame seeds\*\* and milk.**

## Philadelphia® Light - Medium Fat Soft Cheese (optional):

Medium Fat Soft **CHEESE**, Salt, Stabilisers (Locust Bean Gum, Carrageenan), Acid (Citric Acid).

\* Ingredient declarations for optional condiments (Lurpak Spreadable, Strawberry Jam etc.) can be found on page 30.

\*\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

**Allergen Information:** For allergens including cereals containing gluten see ingredients in **BOLD**. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.



## Cheesy Bacon Flatbread

### Flatbread:

**EITHER: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Spirit Vinegar, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphate), Salt, Skimmed **MILK** Powder.

**OR: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Spirit Vinegar, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate, Calcium Phosphate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Stabiliser (Carboxy Methyl Cellulose), Skimmed **MILK** Powder, **WHEAT** Starch.

**N.B. Both the above may contain traces of sesame seeds\*, barley and rye.**

### Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin).

### Streaky Bacon:

**EITHER:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Pork Belly, Salt, Smoke Water, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).



## Hash Brown

Potatoes, Blend of Non-Hydrogenated Vegetable Oils (Sunflower, Rapeseed), Salt, Maize Flour, Dehydrated Potato, Dextrose, Stabiliser (Diphosphates), Black Pepper Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

**N.B. Please note our Hash Browns can be cooked in the same oil as the Red Pepper & Pesto Goujon. See page 20**

\*Please note all our buns, rolls, bagels, tortilla wraps and flatbreads are toasted in the same toaster as buns topped with sesame seeds.

**Allergen Information:** For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.



## McFlurry® with Oreo® or Smarties® or Maltesers®

Applies to Mini McFlurry®

### Ice Cream:

**EITHER:** Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**OR:** Reconstituted Skimmed **MILK**, Cream (**MILK**), Sugar, **MILK** Protein, Glucose Syrup, Skimmed **MILK** Powder, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**OR:** Reconstituted Skimmed **MILK**, Cream (**MILK**), Sugar, Whey Powder (**MILK**), Glucose Syrup, Skimmed **MILK** Powder, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

### Oreo® Crumb:

**WHEAT** Flour, Sugar, Rapeseed Oil, Fat Reduced Cocoa Powder (6.5%), Glucose-Fructose Syrup, **WHEAT** Starch, Raising Agents (Potassium Carbonates, Ammonium Carbonates, Sodium Carbonates), Palm Oil, Salt, Emulsifier (**SOYA** Lecithin), Flavouring.

N.B. May contain traces of milk.

**OR:**

### Smarties® Mini:



**EITHER:** Sugar, Cocoa Butter, Skimmed **MILK** Powder, Cocoa Mass, Butterfat (from **MILK**), **WHEAT** Flour, Lactose and Proteins from Whey (from **MILK**), Rice Starch, Emulsifier (Sunflower Lecithin), Fruit and Vegetable Concentrates (Safflower, Radish, Black Carrot, Lemon, Hibiscus), Spirulina Concentrate, Glazing agents (Carnauba Wax, Beeswax White), Natural Vanilla Flavouring.

**OR:** Sugar, Cocoa Butter, Skimmed **MILK** Powder, Cocoa Mass, **WHEAT** Flour, Butterfat (from **MILK**), Lactose and Proteins from Whey (from **MILK**), Rice Starch, Emulsifier (Sunflower Lecithin), Fruit and Vegetable Concentrates (Safflower, Radish, Black Carrot, Lemon, Hibiscus), Spirulina Concentrate, Glazing Agents (Carnauba Wax, Beeswax White), Natural Flavourings.

N.B. Both of the above may contain traces of barley and soya.

**OR:**

### Maltesers® Clusters:

Milk Chocolate (76%) (Sugar, Cocoa Butter, Skimmed **MILK** Powder, Cocoa Mass, Lactose (from **MILK**), Vegetable Fat (Palm), Whey Powder (from **MILK**), **MILK** Fat, Emulsifier (**SOYA** Lecithin), Natural Vanilla Extract), Honeycomb Pieces (20%) (Glucose Syrup, **BARLEY** Malt Extract, Skimmed **MILK** Powder, Vegetable Fat (Palm), **WHEAT** Flour, Sugar, Raising Agents (Calcium Phosphates, Sodium Carbonates, Potassium Carbonates), **WHEAT** Gluten, Whey Powder (from **MILK**), Salt), Cocoa Butter, Glazing Agent (Gum Arabic, Shellac), Sucrose, Glucose Syrup, Vegetable Oil (Coconut).

N.B. May contain traces of oat.



## Hot Apple Pie

Water, Apple (23%), **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Modified Maize Starch, Palm Oil, Rapeseed Oil, Dextrose, Salt, Invert Sugar Syrup, Spices, Lemon Juice Concentrate, Flavouring, Acidity Regulator (Citric Acid).

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of milk and barley.



## Fruit Bag

### Apple & Grapes:

Apple Slices (75%), Grape (25%).

**Allergen Information:** For allergens including cereals containing gluten see ingredients in BOLD. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.



## Ice Cream Cone with a Flake

### Ice Cream:

**EITHER:** Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**OR:** Reconstituted Skimmed **MILK**, Cream (**MILK**), Sugar, **MILK** Protein, Glucose Syrup, Skimmed **MILK** Powder, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**OR:** Reconstituted Skimmed **MILK**, Cream (**MILK**), Sugar, Whey Powder (**MILK**), Glucose Syrup, Skimmed **MILK** Powder, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

### Cadbury® Chocolate Flake 99:

**MILK**, Sugar, Cocoa Butter, Cocoa Mass, Whey Powder (from **MILK**), Vegetable Fats (Palm, Shea), Emulsifier (Ammonium Phosphatides), Flavourings.

### Ice Cream Cone:

**WHEAT** Flour, Vegetable Oil (Rapeseed), Sugar, Potato Starch, Emulsifier (**SOYA** Lecithin), Raising Agents (Sodium Bicarbonate, Magnesium Carbonate), **MILK** Proteins.

## Ice Cream Cone

Please note the ingredients for the Ice Cream Cone are the same as Ice Cream Cone with a Flake above but without Cadbury Chocolate Flake 99.



## Triple Chocolate Cookie

**EITHER: WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), White Chocolate (10%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Soluble Corn Fibre, Plain Chocolate (7%) (Sugar, Cocoa Mass, Cocoa Butter, Whey Powder (**MILK**), Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Milk Chocolate (7%) (Sugar, Whole **MILK** Powder, Cocoa Butter, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Sugar, Soft Light Brown Sugar (Sugar, Cane Molasses), Vegetable Oils (Palm, Rapeseed), Butter (**MILK**), Fat Reduced Cocoa Powder (3%), Invert Sugar Syrup, Fructo-Oligosaccharides, Humectant (Glycerol), Whey Solids (**MILK**), Modified Starch (Maize), Emulsifiers (Sodium Stearoyl-2-Lactylate, Mono- and Diglycerides of Fatty Acids), Free Range Whole **EGG** Powder, Raising Agents (Sodium Hydrogen Carbonate, Disodium Diphosphate), Natural Flavouring, Salt.

**OR: WHEAT** Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), White Chocolate (10%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Soluble Corn Fibre, Plain Chocolate (7%) (Sugar, Cocoa Mass, Cocoa Butter, Whey Powder (**MILK**), Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Milk Chocolate (7%) (Sugar, Whole **MILK** Powder, Cocoa Butter, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Sugar, Soft Light Brown Sugar (Sugar, Cane Molasses), Vegetable Oils (Palm, Rapeseed), Butter (**MILK**), Fat Reduced Cocoa Powder (3%), Invert Sugar Syrup, Fructo- Oligosaccharides, Humectant (Glycerol), Whey Solids (**MILK**), Water, Modified Starch (Maize), Free Range Whole **EGG** Powder, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Natural Flavouring, Salt.

**N.B.** All of the above may contain traces of oat.





## Sugar Donut

**WHEAT** Flour, Water, **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Sugar, Dextrose, **SOYA** Flour, Yeast, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, **SOYA** Lecithin), Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate, Calcium Phosphates), Salt, Free Range Whole **EGG** Powder, Antioxidant (Ascorbic Acid).

**N.B.** May contain traces of milk and oat.

## Mixed Berry Muffin

**WHEAT** Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Raspberry Jam (8%) (Sugar, Glucose Syrup, Water, Concentrated Raspberry Puree, Thickener (Pectin), Acidity Regulators (Citric Acid, Trisodium Citrate), Colour (Anthocyanins), Flavouring), **OAT** Granola (6%) (Rolled **OATS**, Soft Light Brown Sugar (Sugar, Cane Molasses), **WHEAT** Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil), Corn Fibre, Free Range Whole **EGG** Powder, Vegetable Oil (Rapeseed), Redcurrants (4%), Blackcurrants (4%), Blueberries (3%), **OAT** Fibre (3%), Modified Starch (Maize), Skimmed **MILK** Powder, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate, Calcium Phosphates), Emulsifier (Mono- and Diglycerides of Fatty Acids), **WHEAT** Gluten, **OAT** Flour, Salt, Antioxidants (Citric Acid, Ascorbic Acid), Natural Flavourings.

**N.B.** May contain traces of soya.



## Chocolate Brownie

Sugar, Butter (**MILK**), Plain Chocolate (12%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), **WHEAT** Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Water, Free Range Whole **EGG** Powder, Vegetable Oil (Rapeseed), Cocoa Mass (3%), Skimmed **MILK** Powder, Fat Reduced Cocoa Powder (2%), Salt, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate).

**N.B.** May contain traces of oat.

## Millionaire's Donut

**WHEAT** Flour, Caramel Flavour Filling (21%) (Chicory Root Fibre, Sweetened Condensed Whole **MILK**, Water, Butter (**MILK**), Salt, Thickener (Pectins), Natural Flavour), Water, Caramel Flavour Coating (12%) (Vegetable Fats (Palm, Palm Kernel, Shea, Rapeseed), Sugar, Dried Glucose Syrup, Skimmed **MILK** Powder, Butter (**MILK**), Fat Reduced Cocoa Powder, Emulsifier (Sunflower Lecithin), Salt, Colour (Paprika Extract), Natural Flavour), Vegetable Fats (Palm, Rapeseed), Biscuit Pieces (5%) (**WHEAT** Flour, Sugar, Palm Oil, Skimmed **MILK** Powder, Glucose-Fructose Syrup, Salt, Raising Agent (Sodium Hydrogen Carbonate), Natural Flavour), Cocoa Drizzle (4%) (Vegetable Fats (Palm, Palm Kernel, Shea, Rapeseed), Dried Glucose Syrup, Fat Reduced Cocoa Powder (0.7%), Sugar, Whey Powder (from **MILK**), Emulsifier (Sunflower Lecithin), Salt, Natural Vanilla Flavour, Acidity Regulator (Citric Acid)), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Natural Flavouring), Yeast, Free Range Whole **EGG** Powder, Invert Sugar Syrup, Skimmed **MILK** Powder, Sugar, **WHEAT** Gluten, Salt, Potato Fibre, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Antioxidant (Ascorbic Acid).

**N.B.** May contain traces of soya and oat.

## Condiments and Sauces

### Tomato Ketchup:

60% Tomato Puree (equivalent to 168g Tomatoes / 100g Ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

### Barbeque Dip:

Glucose-Fructose Syrup, Tomato Puree, Water, Sugar, Red Wine Vinegar, Spirit Vinegar, Modified Maize Starch, Salt, Caramelised Sugar Syrup, Rapeseed Oil, Smoke Flavourings, Thickener (Xanthan Gum), Spices (contain **MUSTARD**), Preservative (Potassium Sorbate).

### Sweet Curry Dip:

Water, Glucose-Fructose Syrup, Apricot Puree Concentrate, Sugar, Spirit Vinegar, Modified Maize Starch, Ground Coriander Seed, Spices (contain **CELERY & MUSTARD**), Salt, Rapeseed Oil, Tomato Paste, Dried Onion, Caramelised Sugar Syrup, Preservative (Potassium Sorbate), Acid (Citric Acid), Thickener (Xanthan Gum), Dried Garlic, Colours (Curcumin & Paprika Extract), Herbs.

### Sweet & Sour Dip:

Glucose-Fructose Syrup, Water, Apricot Puree, Spirit Vinegar, Soy Sauce (Water, **SOYA** Extract (Water, **SOYA** Beans, Salt, **WHEAT** Flour (with Calcium Carbonate, Iron, Niacin, Thiamin)), Salt, Glucose, Maltodextrin, Spirit Vinegar, **BARLEY** Malt Extract), Modified Maize Starch, Sugar, Rapeseed Oil, Thickener (Xanthan Gum), Spices (contain **CELERY**), Salt, Preservative (Potassium Sorbate), Natural Flavourings, Dried Red Bell Pepper, Caramelised Sugar Syrup.

### Smoky BBQ Dip:

Reconstituted Tomato Puree (40%), Glucose-Fructose Syrup, Honey (7%), Spirit Vinegar, Modified Maize Starch, Cane Molasses, Caramelised Sugar Syrup, Salt, Chipotle Chilli Paste (Rapeseed Oil, Water, Dried Chipotle Chilli Pepper, White Wine Vinegar, Acid (Malic Acid)), Spices, Smoke Flavouring, Dried Red Bell Pepper, Rapeseed Oil, Acid (Tartaric Acid), Preservative (Potassium Sorbate), Natural Flavouring, Black Pepper, Thickener (Xanthan Gum).

### Sweet Chilli Dip:

Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Spirit Vinegar, Red Chillies (3.5%), Salt, Vegetable Oils (Rapeseed & Sunflower), Garlic, Dried Chillies, Dried Red Bell Peppers, Acid (Citric Acid), Preservative (Potassium Sorbate), Colour (Paprika Extract), Thickeners (Xanthan Gum & Guar Gum), White Wine Vinegar.

### Sour Cream & Chive Dip:

**EITHER:** Water, Rapeseed Oil, Sour Cream (from **MILK**) (10%), Chives (3.5%), Free Range **EGG** Yolk, Modified Maize Starch, Low Fat Yoghurt (from **MILK**), Natural Flavourings (contain **MILK**), Onion, Acids (Acetic Acid, Lactic Acid), Salt, Thickeners (Guar Gum, Xanthan Gum), Preservative (Potassium Sorbate), Spice.

**OR:** Water, Rapeseed Oil, Sour Cream (from **MILK**) (9%), Spirit Vinegar, Modified Starch, Chives (3.5%), Free Range **EGG** Yolk, Low Fat Yoghurt (from **MILK**), Onion, Salt, Thickeners (Guar Gum, Xanthan Gum), Acid (Lactic Acid), Preservative (Potassium Sorbate), Natural Flavouring.

### Balsamic Dressing:

Water, Balsamic Vinegar (24%), Muscovado Sugar, Cornstarch, Rapeseed Oil, Treacle, Salt, Colour (Plain Caramel), Preservative (Potassium Sorbate), Garlic Puree, Natural Flavourings, Black Pepper, Thickener (Xanthan Gum).

### Lurpak® Spreadable:

#### Blended Spread 78% (52% milk fat & 26% rapeseed oil)

Butter (64%) (**MILK**), Rapeseed Oil, Water, Lactic Culture (**MILK**), Salt.

### Flora® Original:

Plant Oils (Sunflower, Rapeseed, Palm, Linseed), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Vinegar, Natural Flavourings, Vitamin A.

**N.B. May contain traces of milk.**

### Philadelphia® Light - Medium Fat Soft Cheese:

Medium Fat Soft **CHEESE**, Salt, Stabilisers (Locust Bean Gum, Carrageenan), Acid (Citric Acid).

### Strawberry Jam:

Strawberries, Sugar, Brown Cane Sugar, Concentrated Lemon Juice, Gelling Agent (Fruit Pectin).

Prepared with 50g fruit per 100g.

### Pancake Syrup:

Glucose Syrup, Sugar, Water, Natural Flavourings, Caramelised Sugar Syrup, Preservative (Potassium Sorbate).



## Mozzarella Dippers

### Applies to Mozzarella Dippers Sharebox

Mozzarella Cheese (**MILK**) (41%), **WHEAT** Flour, Water, Vegetable Oil (Sunflower, Rapeseed), **WHEAT** Starch, Potato Starch, Potato Flakes, Thickener (Methylcellulose), Yeast, Salt, Modified Potato Starch, Dextrose, **WHEAT** Gluten, Parsley, Spice, Rosemary Extract, Natural Colour (Paprika Extract).

**N.B. May contain traces of mustard and celery**

Prepared in the restaurants using non-hydrogenated vegetable oil.

### Salsa Dip:

Tomato Paste (27%), Water, Onion, Dried Glucose Syrup, Sugar, Spirit Vinegar, Salt, Chilli Pepper, Garlic, Lemon Juice Concentrate, Modified Maize Starch, Dried Red Bell Pepper, Acid (Acetic Acid), Herb, Spice, Preservative (Potassium Sorbate).



## Cadbury Dairy Milk McFlurry®

### Applies to Mini Cadbury Dairy Milk McFlurry

#### Ice Cream:

**EITHER:** Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**OR:** Reconstituted Skimmed **MILK**, Cream (**MILK**), Sugar, **MILK** Protein, Glucose Syrup, Skimmed **MILK** Powder, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**OR:** Reconstituted Skimmed **MILK**, Cream (**MILK**), Sugar, Whey Powder (**MILK**), Glucose Syrup, Skimmed **MILK** Powder, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

#### Chocolate Sauce:

Sweetened Condensed Whole **MILK** (Whole **MILK**, Sugar), Sugar, Water, Glucose Syrup, Dark Chocolate (10%) (Sugar, Cocoa Mass, Cocoa Butter, Butter Fat (**MILK**), Reduced Fat Cocoa Powder, Emulsifier (Lecithins)), Whole Milk Chocolate (5%) (Sugar, Cocoa Mass, Whole **MILK** Powder, Cocoa Butter, Emulsifier (Lecithins), Modified Starch, Salt, Stabiliser (Sodium Citrates).

**N.B. May contain traces of soya.**

#### Crazy Paving Chocolate:

**MILK**, Sugar, Cocoa Butter, Cocoa Mass, Vegetable Fats (Palm, Shea), Emulsifier (Glycerol), Flavourings.

## Cadbury Dairy Milk Caramel® McFlurry®

### Applies to Mini Cadbury Dairy Milk Caramel McFlurry

#### Ice Cream:

**EITHER:** Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**OR:** Reconstituted Skimmed **MILK**, Cream (**MILK**), Sugar, **MILK** Protein, Glucose Syrup, Skimmed **MILK** Powder, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

**OR:** Reconstituted Skimmed **MILK**, Cream (**MILK**), Sugar, Whey Powder (**MILK**), Glucose Syrup, Skimmed **MILK** Powder, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

#### Caramel Sauce:

Glucose Syrup, Sweetened Condensed Whole **MILK** (Whole **MILK**, Sugar), Glucose-Fructose Syrup, Butter (**MILK**), Modified Starch, Flavouring, Stabiliser (Sodium Citrates), Salt.

#### Crazy Paving Chocolate:

**MILK**, Sugar, Cocoa Butter, Cocoa Mass, Vegetable Fats (Palm, Shea), Emulsifier (Glycerol), Flavourings.

**Allergen Information:** For allergens including cereals containing gluten see ingredients in **BOLD**. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. See page 2 for further details.

