McDonald’s UK ALLERGEN

in-restaurant information guide

Valid from 2nd May 2018 for the duration of the Great Tastes of America Promotion

Printed 11th May 2018 for McDonald’s UK restaurants only
Introduction

The purpose of this Allergen In-Restaurant Information Booklet is to help you choose menu items within our restaurants, if you or someone you care for has:

- A food allergy or food intolerance
- Coeliac disease

This booklet provides allergen information in **bold**, CAPITALS via the ingredient declarations. Please ensure you thoroughly read the ingredient declarations.

This booklet highlights the following fourteen major allergens:

- Cereals Containing Gluten – Wheat, Rye, Barley, Oats, Spelt, Kamut
- Crustaceans
- Egg
- Fish
- Lupin
- Milk
- Molluscs
- Nuts – Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut and Queensland Nut
- Peanut
- Soya (excludes Fully Refined Soya Bean Oil)
- Sesame
- Celery and Celeriac
- Mustard
- Sulphur Dioxide and Sulphites (levels greater than 10ppm)

Nut and Cross Contamination Statement:

We produce our food in a kitchen (area) where allergens are handled and while we try to keep things separate we cannot guarantee any item is allergen free.

We can’t guarantee that our food is completely peanut or nut free.

McDonald’s is a member of the Anaphylaxis Campaign which raises awareness of the needs of people at risk from severe allergic reactions.

Please note our French Fries, Hash Browns, Potato Rosti and other promotional potato products can be cooked in the same oil as the Spicy Veggie Patty. Allergen information for all these products can be found in the relevant section of this booklet.

If we can help by providing further information on any of our products, please let us know and we will be more than happy to do so.

For any further information please contact our Customer Services Team via +44 (0) 370 524 4622 or www.mcdonalds.co.uk.

More information can also be found on The Anaphylaxis Campaign Website - www.anaphylaxis.org.uk

Please note:

Some menu items listed in this booklet may not be available in all restaurants. This booklet may not cover test products. If you require allergen information about test products, please ask a member of staff or consult the website. While the ingredient information is based on standard product formulations, variations may occur. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials used in the restaurants. All information applies to UK restaurants only and is correct at time of going to print – see date on front cover – but is subject to change without notice.

Please check the website www.mcdonalds.co.uk for the most up to date information.
**Big Mac®**

**Big Mac Bun:**
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, SESAME Seeds, Rapeseed Oil, Salt, Yeast, WHEAT Gluten, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Raising Agent (Monocalcium Phosphate), Preservative (Calcium Propionate), Antioxidant (Ascorbic Acid), WHEAT Starch.

N.B. May contain traces of nuts, peanuts, milk, rye and barley.

**Beef Patty:**
100% Pure Beef.
A little salt and pepper is added to season after cooking.

**Lettuce:**
100% Iceberg Lettuce.

**Big Mac Sauce:**
Water, Rapeseed Oil, Spirit Vinegar, Gherkin, Sugar, Modified Maize Starch, Free Range EGG Yolk, Spices (contain MUSTARD), Salt, Glucose–Fructose Syrup, Thickener (Xanthan Gum), Natural Flavourings, Firming Agent (Calcium Chloride), Preservative (Potassium Sorbate).

**Cheddar Cheese Slice (processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), MILK Proteins, Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti–Caking Agent (Sunflower Lecithin Oil).

**Dill Pickle Slices:**
Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

**Onions:**
100% White Onions.

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**Quarter Pounder™ with Cheese**

**Beef Patty:**
100% Pure Beef.
A little salt and pepper is added to season after cooking.

**Quarter Pounder Bun:**
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, SESAME Seeds, Rapeseed Oil, Salt, Yeast, WHEAT Gluten, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Raising Agent (Monocalcium Phosphate), Preservative (Calcium Propionate), De–activated Yeast, Antioxidant (Ascorbic Acid), WHEAT Starch.

N.B. May contain traces of nuts, peanuts, milk, rye and barley.

**Cheddar Cheese Slice (processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), MILK Proteins, Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti–Caking Agent (Sunflower Lecithin Oil).

**Tomato Ketchup:**
66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose–Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

**Dill Pickle Slices:**
Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

**Onions:**
100% White Onions.

**Mustard:**
Water, Spirit Vinegar, MUSTARD Seed (13%), Salt, Spices, Spice Extract.

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Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD
Hamburger

Bun:
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Yeast, Rapeseed Oil, Salt, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), WHEAT Fibre, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid), WHEAT Starch.

N.B. May contain traces of nuts, peanuts, sesame seeds, milk, rye and barley.

Beef Patty:
100% Pure Beef.
A little salt and pepper is added to season after cooking.

Tomato Ketchup:
66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

Dill Pickle Slices:
Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

Onions:
100% White Onions.

Mustard:
Water, Spirit Vinegar, MUSTARD Seed (13%), Salt, Spices, Spice Extract.

Cheeseburger and Double Cheeseburger

Bun:
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Yeast, Rapeseed Oil, Salt, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), WHEAT Fibre, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid), WHEAT Starch.

N.B. May contain traces of nuts, peanuts, sesame seeds, milk, rye and barley.

Beef Patty:
100% Pure Beef.
A little salt and pepper is added to season after cooking.

Cheddar Cheese Slice (processed):
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), MILK Proteins, Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Tomato Ketchup:
66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

Dill Pickle Slices:
Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

Onions:
100% White Onions.

Mustard:
Water, Spirit Vinegar, MUSTARD Seed (13%), Salt, Spices, Spice Extract.
Chicken McNuggets®

Chicken Breast Meat (45%), Water, Vegetable Oils (Sunflower, Rapeseed), Maize Flour, Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Starches, WHEAT Semolina, Breadcrumb (contains WHEAT), Potassium Chloride, Dried Glucose Syrup, WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Natural Flavouring, Salt, Spices (contains CELERY), Modified Starch, Dextrose.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of milk, mustard and egg.

Chicken Selects®

EITHER: Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contains CELERY), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains CELERY), Stabiliser (Carrageenan), Dextrose, Flavouring.

OR: Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contains CELERY), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), WHEAT Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains CELERY), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of mustard, egg and milk.

Crispy Chicken Wrap

Chicken Selects:

EITHER: Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contains CELERY), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Natural Flavouring, Salt, Spices (contains CELERY), Modified Starch, Dextrose.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of mustard, egg and milk.

Small Tortilla Wrap:

EITHER: WHEAT Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

OR: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

N.B. May contain traces of sesame seeds, milk, rye and barley.

Lettuce:

100% Iceberg Lettuce.

Tomato Ketchup:

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.
McChicken® Sandwich

**Coated Chicken Patty:**
Chicken Breast Meat (56%), Water, Vegetable Oil (Sunflower, Rapeseed), Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Starch, Maize Flour, Flavouring, MUSTARD Flour, Potassium Chloride, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Salt, Modified Starch.
Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of egg, milk and celery.

**Sesame Bun:**
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, SESAME Seeds, Rapeseed Oil, Salt, Yeast, WHEAT Gluten, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid), WHEAT Starch.

N.B. May contain traces of nuts, peanuts, milk, barley and rye.

**Lettuce:**
100% Iceberg Lettuce.

**Sandwich Sauce:**
Water, Rapeseed Oil, Sugar, Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk, Salt, Thickener (Xanthan Gum), Spices (contain MUSTARD), Lemon Juice Concentrate, Preservative (Potassium Sorbate), Natural Onion Flavouring, Dried Garlic, Colours (Curcumin & Paprika Extract).

Chicken Legend® with Cool Mayo

**Chicken Legend Patty:**
EITHER: Chicken Breast Meat (59%), WHEAT Flour, Water, Breadcrumb, (WHEAT Flour, Salt, Yeast), Starch, WHEAT Semolina, Vegetable Oil (Rapeseed, Sunflower), Spices (contains CELERY), Flavourings, Salt, Free Range EGG Albumen Powder, Yeast Extract, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Parsley, Whey Protein Concentrate (from MILK), Acidity Regulator (Citric Acid), MUSTARD Flour, Potassium Chloride, Spice Extracts.

OR: Chicken Breast Meat (59%), Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Breadcrumb (contains WHEAT), Vegetable Oil (Rapeseed, Sunflower), Starch, WHEAT Semolina, Spices (contains CELERY), Natural Flavourings, Free Range EGG Alumen, Salt, Raising Agent (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, Parsley, Potassium Chloride, Whey Protein Concentrate (from MILK), Citric Acid, MUSTARD Flour, Spice Extract.
Prepared in the restaurant using non-hydrogenated vegetable oil.

**Brown Bakehouse Roll:**
WHEAT Flour, Water, RYE Flour, WHEAT Bran, Yeast, Vegetable Oil (Rapeseed), Salt, Dextrose, Sugar, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted WHEAT Flour, WHEAT Fibre, Flour Treatment Agent (Ascorbic Acid), Malted BARLEY Flour.

N.B. May contain traces of sesame seeds and milk.

**Cool Mayo:**
Water, Rapeseed Oil (28%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3%), Sugar, Salt, MUSTARD Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

**Lettuce:**
100% Lettuce.
Chicken Legend® with Hot & Spicy Mayo

**Chicken Legend Patty:**

**EITHER:** Chicken Breast Meat (59%), WHEAT Flour, Water, Breadcrumb, (WHEAT Flour, Salt, Yeast), Starch, WHEAT Semolina, Vegetable Oil (Rapeseed, Sunflower), Spices (contains CELERY), Flavourings, Salt, Free Range EGG Albumen Powder, Yeast Extract, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Parsley, Whey Protein Concentrate (from MILK), Acidity Regulator (Citric Acid), MUSTARD Flour, Potassium Chloride, Spice Extracts.

**OR:** Chicken Breast Meat (59%), Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Breadcrumb (contains WHEAT), Vegetable Oil (Rapeseed, Sunflower), Starch, WHEAT Semolina, Spices (contains CELERY), Natural Flavourings, Free Range EGG Albumen, Salt, Raising Agent (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, Parsley, Potassium Chloride, Whey Protein Concentrate (from MILK), Citric Acid, MUSTARD Flour, Spice Extract.

*Prepared in the restaurant using non-hydrogenated vegetable oil.*

**Brown Bakehouse Roll:**

WHEAT Flour, Water, RYE Flour, WHEAT Bran, Yeast, Vegetable Oil (Rapeseed), Salt, Dextrose, Sugar, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted WHEAT Flour, WHEAT Fibre, Flour Treatment Agent (Ascorbic Acid), Malted BARLEY Flour.

*N.B. May contain traces of sesame seeds and milk.*

**Hot & Spicy Mayo:**

Water, Rapeseed Oil (29%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3.0%), Sugar, Salt, Spices (contain MUSTARD), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Birdseye Chili, Lemon Juice Concentrate, Colour (Paprika Extract).

**Lettuce:**

100% Lettuce.

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Chicken Legend® with BBQ Sauce

**Chicken Legend Patty:**

**EITHER:** Chicken Breast Meat (59%), WHEAT Flour, Water, Breadcrumb, (WHEAT Flour, Salt, Yeast), Starch, WHEAT Semolina, Vegetable Oil (Rapeseed, Sunflower), Spices (contains CELERY), Flavourings, Salt, Free Range EGG Albumen Powder, Yeast Extract, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Parsley, Whey Protein Concentrate (from MILK), Acidity Regulator (Citric Acid), MUSTARD Flour, Potassium Chloride, Spice Extracts.

**OR:** Chicken Breast Meat (59%), Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Breadcrumb (contains WHEAT), Vegetable Oil (Rapeseed, Sunflower), Starch, WHEAT Semolina, Spices (contains CELERY), Natural Flavourings, Free Range EGG Albumen, Salt, Raising Agent (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, Parsley, Potassium Chloride, Whey Protein Concentrate (from MILK), Citric Acid, MUSTARD Flour, Spice Extract.

*Prepared in the restaurant using non-hydrogenated vegetable oil.*

**Brown Bakehouse Roll:**

WHEAT Flour, Water, RYE Flour, WHEAT Bran, Yeast, Vegetable Oil (Rapeseed), Salt, Dextrose, Sugar, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted WHEAT Flour, WHEAT Fibre, Flour Treatment Agent (Ascorbic Acid), Malted BARLEY Flour.

*N.B. May contain traces of sesame seeds and milk.*

**Smoky BBQ Sauce:**

Water, Glucose-Fructose Syrup, Sugar, Spirit Vinegar, Tomato Paste, Cane Molasses, Modified Maize Starch, Dried Glucose Syrup, Salt, spices (contain MUSTARD), Preservative (Potassium Sorbate), Smoke Flavourings.

**Lettuce:**

100% Lettuce.

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Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD
Mayo Chicken

**Bun:**
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Yeast, Rapeseed Oil, Salt, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), WHEAT Fibre, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid), WHEAT Starch.

N.B. May contain traces of nuts, peanuts, sesame seeds, milk, rye and barley.

**Chicken Patty:**
Chicken Breast Meat (44%), Water, Fortified WHEAT Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Sunflower, Rapeseed), Breadcrumb (contains WHEAT), Rusk (contains WHEAT), WHEAT Semolina, Starch, Modified Starch (contains WHEAT), Salt, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphates), Natural Flavouring, Potassium Chloride, Dextrose, Garlic Powder, Pepper, Yeast Extract. Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of celery, egg, milk and mustard.

**Lettuce:**
100% Iceberg Lettuce.

**Cool Mayo:**
Water, Rapeseed Oil (28%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3%), Sugar, Salt, MUSTARD Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

BBQ Chicken BLC

**Bun:**
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Yeast, Rapeseed Oil, Salt, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), WHEAT Fibre, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid), WHEAT Starch.

N.B. May contain traces of nuts, peanuts, sesame seeds, milk, rye and barley.

**Chicken Patty:**
Chicken Breast Meat (44%), Water, Fortified WHEAT Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Sunflower, Rapeseed), Breadcrumb (contains WHEAT), Rusk (contains WHEAT), WHEAT Semolina, Starch, Modified Starch (contains WHEAT), Salt, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphates), Natural Flavouring, Potassium Chloride, Dextrose, Garlic Powder, Pepper, Yeast Extract. Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of celery, egg, milk and mustard.

**Cheddar Cheese Slice (Processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), MILK Proteins, Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

**Streaky Bacon:**
EITHER: Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Smoked Pork Belly, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Pork Belly, Salt, Acidity Regulator (Potassium Lactate), Glucose Syrup, Smoke Flavours, Flavour, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Sodium Ascorbate, Preservative (Sodium Nitrite).

**Lettuce:**
100% Iceberg Lettuce.

**Smoky BBQ Sauce:**
Water, Glucose-Fructose Syrup, Sugar, Spirit Vinegar, Tomato Paste, Cane Molasses, Modified Maize Starch, Dried Glucose Syrup, Salt, Spices (contain MUSTARD), Preservative (Potassium Sorbate), Smoke Flavourings.
Spicy Chicken Snack Wrap

Chicken Select:
EITHER: Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain CELERY), Acidity Regulators (Sodium Carbonates, Trisodium Citrate), WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains CELERY), Stabiliser (Carageenan), Dextrose, Flavouring.
OR: Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain CELERY), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), WHEAT Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains CELERY), Dextrose, Stabiliser (Carageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.
Prepared in the restaurants using a non-hydrogenated vegetable oil.
N.B. May contain traces of egg, milk and mustard.

Small Tortilla Wrap:
EITHER: WHEAT Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).
OR: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.
N.B. May contain traces of sesame seeds, milk, rye and barley.

Hot & Spicy Mayo:
Water, Rapeseed Oil (29%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3.0%), Sugar, Salt, Spices (contain MUSTARD), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Birdseye Chilli, Lemon Juice Concentrate, Colour (Paprika Extract).

Lettuce:
100% Iceberg Lettuce.

Cheddar Cheese Slice (Processed):
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), MILK Proteins, Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).
Vegetable Deluxe

**Spicy Veggie Patty:**
Chickpeas (30%), Breadcrumbs (Rice Flour, Gram Flour, Maize Starch, Salt, Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Dextrose), Onion (11%), Water, Yellow Split Peas (8%), Potato (7%), Sunflower Oil, Dehydrated Potato, Maize Flour, Maize Starch, Rapeseed Oil, Rice Flour, Potato Starch, Cumin, Sugar, Salt, Coriander Leaf, Garlic Powder, Garlic Puree, Stabiliser (Xanthan Gum), Colour (Paprika Extract).
Prepared in the restaurants using non-hydrogenated vegetable oil.

**Sesame Bun:**
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, SESAME Seeds, Rapeseed Oil, Salt, Yeast, WHEAT Gluten, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid), WHEAT Starch.
N.B. May contain traces of nuts, peanuts, milk, rye and barley.

**Lettuce:**
100% Iceberg Lettuce.

**Sandwich Sauce:**
Water, Rapeseed Oil, Sugar, Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk, Salt, Thickener (Xanthan Gum), Spices (contain MUSTARD), Lemon Juice Concentrate, Preservative (Potassium Sorbate), Natural Onion Flavouring, Dried Garlic, Colours (Curcumin & Paprika Extract).

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Spicy Vegetable Deluxe

**Spicy Veggie Patty:**
Chickpeas (30%), Breadcrumbs (Rice Flour, Gram Flour, Maize Starch, Salt, Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Dextrose), Onion (11%), Water, Yellow Split Peas (8%), Potato (7%), Sunflower Oil, Dehydrated Potato, Maize Flour, Maize Starch, Rapeseed Oil, Rice Flour, Potato Starch, Cumin, Sugar, Salt, Coriander Leaf, Garlic Powder, Garlic Puree, Stabiliser (Xanthan Gum), Colour (Paprika Extract).
Prepared in the restaurants using non-hydrogenated vegetable oil.

**Sesame Bun:**
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, SESAME Seeds, Rapeseed Oil, Salt, Yeast, WHEAT Gluten, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid), WHEAT Starch.
N.B. May contain traces of nuts, peanuts, milk, rye and barley.

**Cucumber:**
100% Cucumber.

**Lettuce:**
100% Iceberg Lettuce.

**Cool Mayo:**
Water, Rapeseed Oil (28%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3%), Sugar, Salt, MUSTARD Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

**Sweet Chilli Sauce:**
Sugar, Water, Spirit Vinegar, Modified Maize Starch, Red Chillies (5%), Salt, Vegetable Oils (Rapeseed & Sunflower), Dried Chillies, Garlic, Dried Red Bell Peppers, Acid (Citric Acid), Thickeners (Guar Gum & Xanthan Gum), Colour (Paprika Extract), White Wine Vinegar, Preservative (Potassium Sorbate).
**Filet-O-Fish®**

**Fish Filet Portion:**

**EITHER:** Hoki Fillet (FISH) (75%), WHEAT Flour, Water, Modified WHEAT Starch, Cornflour, Salt, Corn Starch, Yeast, Thickener (Sodium Carboxymethyl Cellulose).

**OR:** Alaskan Pollock Fillet (FISH) (75%), WHEAT Flour, Water, Modified WHEAT Starch, Cornflour, Salt, Corn Starch, Yeast, Thickener (Sodium Carboxymethyl Cellulose).

Prepared in the restaurants using non-hydrogenated vegetable oil.

**Bun:**

WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Yeast, Rapeseed Oil, Salt, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), WHEAT Fibre, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid), WHEAT Starch.

N.B. May contain traces of nuts, peanuts, milk and sesame seeds.

**Tartare Sauce:**

Water, Rapeseed Oil, Gherkin, Spirit Vinegar, Onion, Free Range EGG Yolk, Modified Maize Starch, Sugar, Salt, Thickener (Xanthan Gum), MUSTARD Flour, Capers, Preservative (Potassium Sorbate), Firming Agent (Calcium Chloride), Dried Parsley, flavourings.

**Cheddar Cheese Slice (processed):**

Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), MILK Proteins, Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

**Fish Fingers**

Hoki Fillet (FISH) (65%), WHEAT Flour, Water, Modified WHEAT Starch, Cornflour, Salt, Corn Starch, Yeast, Thickener (Sodium Carboxymethyl Cellulose).

Prepared in the restaurants using non-hydrogenated vegetable oil.

**Fries**

Potatoes, Vegetable Oil (Sunflower, Rapeseed), Dextrose (predominantly added at beginning of the potato season). Prepared in the restaurants using non-hydrogenated vegetable oil. Salt is added after cooking.

N.B. Please note our Fries can be cooked in the same oil as the Spicy Veggie Patty.

**Carrot Sticks**

100% Carrot.
The Signature Collection

Available at participating restaurants only.

**Signature Beef Patty:**
100% Pure Beef.
A little salt and pepper is added to season after cooking.

**Brioche Style Bun:**
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Butterpowder Blend (Butter Powder (Butter Fat (MILK), Skimmed MILK Powder, MILK Protein), Skimmed MILK Powder, Natural Flavouring), Glaze (Water, Pea Protein, Dextrose), Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Ground Turmeric, Antioxidant (Ascorbic Acid).

N.B. May contain traces of nuts, peanuts, sesame, rye and barley.

**Cheddar Cheese Slice:**
CHEESE (made from Pasteurised Cow’s MILK).

**Streaky Bacon:**
EITHER: Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Smoked Pork Belly, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Pork Belly, Salt, Acidity Regulator (Potassium Lactate), Glucose Syrup, Smoke Flavours, Flavour, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Sodium Ascorbate, Preservative (Sodium Nitrite).

**Tomato Ketchup:**
66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

**Lettuce:**
100% Lettuce.

**Wholegrain Mustard Mayo:**
Water, Rapeseed Oil, Spirit Vinegar, Free Range EGG Yolk, Sugar, Modified Maize Starch, MUSTARD Seed (3.0%), Salt, Dijon MUSTARD (Water, MUSTARD Seed, Spirit Vinegar, Salt), Spices (contain MUSTARD), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Acids (Citric Acid, Tartaric Acid).

**Red Onion Rings:**
100% Red Onions.

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The BBQ

Available at participating restaurants only.

**Signature Beef Patty:**
100% Pure Beef.
A little salt and pepper is added to season after cooking.

**Brioche Style Bun:**
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Butterpowder Blend (Butter Powder (Butter Fat (MILK), Skimmed MILK Powder, MILK Protein), Skimmed MILK Powder, Natural Flavouring), Glaze (Water, Pea Protein, Dextrose), Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Ground Turmeric, Antioxidant (Ascorbic Acid).

N.B. May contain traces of nuts, peanuts, sesame, rye and barley.

**Coleslaw:**
Cabbage (White Cabbage, Pink Cabbage), Mayonnaise (Rapeseed Oil, Pasteurised Free Range EGG Yolk, Water, Spirit Vinegar, Sugar, Salt, MUSTARD Flour, Stablisers (Guar Gum, Xanthan Gum)), Carrot, Onion, Rapeseed Oil, Stablisers (Guar Gum, Xanthan Gum).

**Cheddar Cheese Slice:**
CHEESE (made from Pasteurised Cow’s MILK).

**Smoky BBQ Sauce:**
Water, Glucose-Fructose Syrup, Sugar, Spirit Vinegar, Tomato Paste, Cane Molasses, Modified Maize Starch, Dried Glucose Syrup, Salt, Spices (contain MUSTARD), Preservative (Potassium Sorbate), Smoke Flavourings.

**Streaky Bacon:**
EITHER: Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Smoked Pork Belly, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Pork Belly, Salt, Acidity Regulator (Potassium Lactate), Glucose Syrup, Smoke Flavours, Flavour, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Sodium Ascorbate, Preservative (Sodium Nitrite).

**Lettuce:**
100% Lettuce.

**Red Onion Rings:**
100% Red Onions.

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Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD
The Spicy
Available at participating restaurants only.

**Signature Beef Patty:**
100% Pure Beef.
A little salt and pepper is added to season after cooking.

**Brioche Style Bun:**
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Butterpowder Blend (Butter Powder (Butter Fat (MILK), Skimmed MILK Powder, MILK Protein), Skimmed MILK Powder, Natural Flavouring), Glaze (Water, Pea Protein, Dextrose), Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Ground Turmeric, Antioxidant (Ascorbic Acid).

N.B. May contain traces of nuts, peanuts, sesame, rye and barley.

**Spicy Relish:**
Tomato Puree, Sugar, Gherkins, Bell Pepper, Spirit Vinegar, Water, Jalapeno-Chili (6.0%), Spices (contain MUSTARD), Salt, Modified Maize Starch, Lemon Juice Concentrate, Thickener (Xanthan Gum), Natural Flavouring, Firming Agent (Calcium Chloride).

**Pepper Jack Cheese Slice (processed):**
Monterey Jack Cheese (53%) (MILK), Water, Butter (MILK), Milk Proteins (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Whey Powder (MILK), Natural Cheese Flavouring (MILK), Salt, Dried Red Bell Peppers (0.4%), Dried Jalapeno Peppers (0.4%), Jalapeno Pepper Extract, Anti-Caking Agent (Sunflower Lecithin).

**Jalapeno Slices:**
Fermented Jalapeno Peppers, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Preservative (Potassium Sorbate).

**Lettuce:**
100% Lettuce.

**Hot & Spicy Mayo:**
Water, Rapeseed Oil (29%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3.0%), Sugar, Salt, Spices (contain MUSTARD), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Birdseye Chili, Lemon Juice Concentrate, Colour (Paprika Extract).
Espresso (Double and Single)

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**Black Coffee**

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**White Coffee**

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**Milk:**
Organic Semi-Skimmed MILK.

**Cappuccino**

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**Milk:**
Organic Semi-Skimmed MILK.

**Chocolate Powder:**
Sugar, Cocoa, Salt, Flavourings.

N.B. May contain traces of milk.

Flat White

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**Milk:**
Organic Semi-Skimmed MILK.

Latte

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**Milk:**
Organic Semi-Skimmed MILK.

Toffee Latte

**Milk:**
Organic Semi-Skimmed MILK.

**Coffee:**
100% Roasted Coffee Beans, Water.
100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

**Toffee Syrup:**
Water, Sugar, Natural Flavourings, Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Colour (Plain Caramel).

**Spray Cream:**
Cream (20% fat) (MILK), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabiliser (Carrageenan).

**Toffee Drizzle:**
Glucose Syrup, Sweetened Condensed Whole MILK (Whole MILK, Sugar), Glucose-Fructose Syrup, BUTTER, Salt, Stabiliser (Sodium Citrates), Thickener (Pectin).

**Allergen Information:** For allergens including cereals containing gluten see ingredients in BOLD.
Hot Chocolate

**Hot Water:**
Water.

**Chocolate Syrup:**
Sugar, Skimmed MILK, 10% Fat Reduced Cocoa, Vegetable Oil (Palm), Whey Powder (MILK), Salt, Stabiliser (Trisodium Citrate), Flavouring, Emulsifier (SOYA Lecithin).

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Tea

**Blended Black Tea, Water.**

PG tips Tea is from sustainable farms certified by the Rainforest Alliance™.

**Milk Portion**

Organic Semi-Skimmed MILK.

**Canderel Yellow Sweetener Sachet**

Dextrose, Sweetener (Sucralose (1.4%), Anti-Caking Agent (Silicon Dioxide).

**White Sugar Sachet**

100% Sugar.
Drinks

Coca-Cola® Classic
Carbonated Water, Sugar, Colour (Sulphite Ammonia Caramel), Phosphoric Acid, Flavourings (including Caffeine).

Diet Coke®
Carbonated Water, Colour (Caramel), Sweeteners (Aspartame*, Acesulfame K), Flavourings (including Caffeine), Phosphoric Acid, Citric Acid, Preservative (Sodium Benzoate), Anti-foaming Agent (Dimethyl Polysiloxane).

Coca-Cola® Zero Sugar
Carbonated Water, Colour (Caramel), Phosphoric Acid, Sweeteners (Aspartame*, Acesulfame K), Flavourings (including Caffeine), Acidity Regulator (Sodium Citrate), Preservative (Sodium Benzoate), Anti-foaming Agent (Dimethyl Polysiloxane).

Fanta® Orange
For UK except Northern Ireland:
Carbonated Water, Sugar, Orange Juice from Concentrate (1%), Citric Acid, Vegetable Concentrate (Carrot), Sweeteners (Acesulfame-K, Sucralose), Malic Acid, Preservatives (Potassium Sorbate, Sodium Benzoate), Natural Orange Flavourings with other natural Flavourings, Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Stabiliser (Guar Gum), Anti-Foaming Agent (Dimethylpolysiloxane).

For Northern Ireland only:
Carbonated Water, Sugar, Citric Acid, Malic Acid, Stabilisers (Acacia Gum, Sucrose Acetate Isobutyrate, Glycerol Esters of Wood Rosins), Sweeteners (Acesulfame-K, Aspartame*), Acidity Regulator (Sodium Gluconate), Natural Orange Flavourings with other natural Flavourings, Antioxidant (Ascorbic Acid), Preservatives (Potassium Sorbate, Sodium Benzoate), Colour (Carotenes), Anti-Foaming Agent (Dimethylpolysiloxane).

*contains a source of Phenylalanine.

Low Calorie Apple & Blackcurrant Soft Drink with Sweeteners and Vitamins:
Water, Fruit Juices from Concentrate (Apple 6%, Blackcurrant 2%, Plum), Acid (Citric Acid), Natural Colour (Anthocyanins), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Dicarbonate), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Sweeteners (Acesulfame K, Sucralose), Vitamins (Niacin, B6, Biotin).

Oasis®
Water, Sugar, Fruit Juices From Concentrate 5% (Apple 1.7%, Strawberry 1.5%, Redcurrant 1.2%, Cherry 0.6%), Citric Acid, Natural Berry Flavouring with Other Natural Flavourings, Fruit and Vegetable Concentrates (Blueberry, Blackcurrant, Carrot, Apple, Hibiscus), Stabiliser (Polyphosphates), Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate, Sodium Benzoate), Sweeteners (Aspartame*, Acesulfame K).

*contains a source of Phenylalanine.

Organic Milk (Semi-Skimmed)
Organic Semi-Skimmed MILK.

Buxton® Natural Mineral Water available in 250ml & 500ml
Natural Mineral Water.

Tropicana® Orange Juice
100% Pure Unsweetened Orange Juice (not from concentrate).

Irn Bru®
Available in selected restaurants in Scotland.
Carbonated Water, Sugar, Acid (Citric Acid), Flavourings (including Caffeine & Quinine), Colour (Paprika Extract), Sweeteners (Aspartame*, Acesulfame K), Antioxidant (Ascorbic Acid), Preservative (Potassium Sorbate).

*contains a source of Phenylalanine.

Robinsons Fruit Shoot®
Low Calorie Apple & Blackcurrant Soft Drink with Sweeteners and Vitamins:
Water, Fruit Juices from Concentrate (Apple 6%, Blackcurrant 2%, Plum), Acid (Citric Acid), Natural Colour (Anthocyanins), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Dicarbonate), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Sweeteners (Acesulfame K, Sucralose), Vitamins (Niacin, B6, Biotin).

*contains a source of Phenylalanine.

Organic Milk (Semi-Skimmed)
Organic Semi-Skimmed MILK.

Buxton® Natural Mineral Water available in 250ml & 500ml
Natural Mineral Water.

Tropicana® Orange Juice
100% Pure Unsweetened Orange Juice (not from concentrate).

Irn Bru®
Available in selected restaurants in Scotland.
Carbonated Water, Sugar, Acid (Citric Acid), Flavourings (including Caffeine & Quinine), Colour (Paprika Extract), Sweeteners (Aspartame*, Acesulfame K), Antioxidant (Ascorbic Acid), Preservative (Potassium Sorbate).

*contains a source of Phenylalanine.
**Banana Milkshake**

**Milkshake Base:**

**EITHER:** Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan, Carob Gum).

**OR:** Skimmed MILK, Sugar, Cream (MILK), Whey Powder (from MILK), Glucose Syrup, Skimmed MILK Powder, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum).

**Banana Flavour Milkshake Syrup:**
Sugar, Water, Glucose Syrup, Flavouring, Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Paprika Extract, Curcumin).

N.B. May contain traces of soya.

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**Strawberry Milkshake**

**Milkshake Base:**

**EITHER:** Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan, Carob Gum).

**OR:** Skimmed MILK, Sugar, Cream (MILK), Whey Powder (from MILK), Glucose Syrup, Skimmed MILK Powder, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum).

**Strawberry Flavour Milkshake Syrup:**
Water, Sugar, Glucose Syrup, Strawberry Juice Concentrate (1.6%), Natural Colour (Beet Red), Acidity Regulator (Citric Acid), Flavouring, Preservative (Potassium Sorbate).

N.B. May contain traces of soya.

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**Vanilla Milkshake**

**Milkshake Base:**

**EITHER:** Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan, Carob Gum).

**OR:** Skimmed MILK, Sugar, Cream (MILK), Whey Powder (from MILK), Glucose Syrup, Skimmed MILK Powder, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum).

**Vanilla Flavour Milkshake Syrup:**
Water, Sugar, Colour (Sulphite Ammonia Caramel), Flavouring (Vanillin), Acid (Citric Acid), Preservative (Potassium Sorbate).

N.B. May contain traces of soya.
Mango & Pineapple Iced Fruit Smoothie

**Mango & Pineapple Smoothie Mix:**
Fruit Juice and Puree (partly from Concentrates) (Pineapple (32%), Pear, White Grape, Mango (17%)), Stabilisers (Cellulose Gum, Xanthan Gum, Pectin), Acidulant (Citric Acid), Natural Flavouring.

**Ice:**
100% Crushed Ice.

**Yogurt Base Mix:**
Skimmed MILK, Cream (MILK), Lactose (from MILK), MILK Proteins, Skimmed MILK Powder, Modified Maize Starch, Stabiliser (Pectin), Bacterial Cultures.

Berry Burst Iced Fruit Smoothie

**Berry Burst Smoothie Mix:**
Fruit Juice and Puree (partly from Concentrates) (Apple, Grape, Strawberry, Pear, Blackberry, Pineapple, Blueberry), Stabilisers (Cellulose Gum, Xanthan Gum), Concentrates (Blackcurrant and Black Carrot), Citric Acid, Natural Flavouring.

**Ice:**
100% Crushed Ice.

**Yogurt Base Mix:**
Skimmed MILK, Cream (MILK), Lactose (from MILK), MILK Proteins, Skimmed MILK Powder, Modified Maize Starch, Stabiliser (Pectin), Bacterial Cultures.

Caramel Iced Frappé

**Ice:**
100% Crushed Ice.

**Caramel Frappé Base Mix:**
Skimmed MILK, Cream (MILK), Sugar, Dextrose, Dried Skimmed MILK, Fructose, Caramelised Sugar Syrup, Coffee Extract, Cocoa Powder, Natural Flavouring, Stabilisers (Guar Gum, Pentasodium Triphosphate, Carrageenan), Colour (Beta Carotene).

**Spray Cream:**
Cream (20% fat) (MILK), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabiliser (Carrageenan).

**Chocolate Drizzle Sauce:**
Sweetened Condensed Whole MILK (Whole MILK, Sugar), Sugar, Water, Coconut Fat, Reduced Fat Cocoa Powder 5%, Modified Starch, Salt, Stabiliser (Sodium Citrates).

Mocha Iced Frappé

**Ice:**
100% Crushed Ice.

**Mocha Frappé Base Mix:**
Skimmed MILK, Cream (MILK), Sugar, Dextrose, Dried Skimmed MILK, Fructose, Caramelised Sugar Syrup, Coffee Extract, Cocoa Powder, Natural Flavouring, Stabilisers (Guar Gum, Pentasodium Triphosphate, Carrageenan), Colour (Beta Carotene).

**Spray Cream:**
Cream (20% fat) (MILK), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabiliser (Carrageenan).

**Caramel Drizzle Sauce:**
Glucose Syrup, Sweetened Condensed Whole MILK (Whole MILK, Sugar), Glucose-Fructose Syrup, BUTTER, Salt, Stabiliser (Sodium Citrates), Thickener (Pectin).
The Hot Peri Peri Chicken One
(with a choice of Crispy or Grilled Chicken)

**Chicken Selects:**

**EITHER:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain **CELERY**), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains **CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

**OR:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain **CELERY**), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), **WHEAT** Gluten, Raising Agents (Sodium Pyrophosphate, Sodium Carbonate), Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of mustard, egg and milk.

OR

**Grilled Chicken:**

Chicken Breast Meat, Potato Starch, Sunflower Oil, Dextrose, Salt, Stabiliser (Processed Eucheuma Seaweed), Flavourings, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Prepared from 102g of raw material for 100g finished product.

**Lettuce:**

100% Lettuce.

**Pepper Jack Cheese Slice (processed):**

Monterey Jack Cheese (53%) (**MILK**), Water, Butter (**MILK**), Milk Proteins (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Whey Powder (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Dried Red Bell Peppers (0.4%), Dried Jalapeño Peppers (0.4%), Jalapeño Pepper Extract, Anti-Caking Agent (Sunflower Lecithin).

**Onion:**

100% White Onions.

**Large Tortilla Wrap:**

**EITHER:** **WHEAT** Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

**OR:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

N.B. May contain traces of sesame seeds, milk, rye and barley.

**Hot Peri Peri Sauce:**

Tomato Puree, Sugar, Spirit Vinegar, Chili (6.5%), Rapeseed Oil, Bell Pepper, Modified Maize Starch, Spices, Salt, Acid (Citric Acid), Caramel Sugar Syrup, Thickener (Xanthan Gum), Preservative (Potassium Sorbate).
The BBQ Chicken & Bacon One
(with a choice of Crispy or Grilled Chicken)

**Chicken Selects:**

**EITHER:** Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain CELERY), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains CELERY), Stabiliser (Carrageenan), Dextrose, Flavouring.

**OR:** Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain CELERY), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), WHEAT Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains CELERY), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

**Grilled Chicken:**

Chicken Breast Meat, Potato Starch, Sunflower Oil, Dextrose, Salt, Stabiliser (Processed Eucheuma Seaweed), Flavourings, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Prepared from 102g of raw material for 100g finished product.

**Large Tortilla Wrap:**

**EITHER:** WHEAT Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

**OR:** WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

N.B. May contain traces of sesame seeds, milk, rye and barley.

**Smoky BBQ Sauce:**

Water, Glucose-Fructose Syrup, Sugar, Spirit Vinegar, Tomato Paste, Cane Molasses, Modified Maize Starch, Dried Glucose Syrup, Salt, Spices (contain MUSTARD), Preservative (Potassium Sorbate), Smoke Flavourings.

**Lettuce:**

100% Lettuce.

**Cool Mayo:**

Water, Rapeseed Oil (28%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3%), Sugar, Salt, MUSTARD Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

**Streaky Bacon:**

**EITHER:** Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

**OR:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Smoked Pork Belly, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Pork Belly, Salt, Acidity Regulator (Potassium Lactate), Glucose Syrup, Smoke Flavours, Flavour, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Sodium Ascorbate, Preservative (Sodium Nitrite).
The Sweet Chilli Chicken One
(with a choice of Crispy or Grilled Chicken)

Chicken Selects:

**EITHER:** Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain **CELERY**), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains **CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

OR: Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain **CELERY**), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), **WHEAT** Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of mustard, egg and milk.

**OR**

Grilled Chicken:

Chicken Breast Meat, Potato Starch, Sunflower Oil, Dextrose, Salt, Stabiliser (Processed Eucheuma Seaweed), Flavourings, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Prepared from 102g of raw material for 100g finished product.

Large Tortilla Wrap:

**EITHER:** **WHEAT** Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

**OR:** **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

N.B. May contain traces of sesame seeds, milk, rye and barley.

Cucumber:

100% Cucumber.

Lettuce:

100% Lettuce.

Cool Mayo:

Water, Rapeseed Oil (28%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

Sweet Chilli Sauce:

Sugar, Water, Spirit Vinegar, Modified Maize Starch, Red Chillies (5%), Salt, Vegetable Oils (Rapeseed & Sunflower), Dried Chillies, Garlic, Dried Red Bell Peppers, Acid (Citric Acid), Thickeners (Guar Gum & Xanthan Gum), Colour (Paprika Extract), White Wine Vinegar, Preservative (Potassium Sorbate).
The Garlic Mayo Chicken One  
(with a choice of Crispy or Grilled Chicken)

**Chicken Selects:**

**EITHER:** Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contain CELERY), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains CELERY), Stabiliser (Carrageenan), Dextrose, Flavouring.  
**OR:** Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain CELERY), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), WHEAT Gluten, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonate), Spice Extract (contains CELERY), Dextrose, Stabiliser (Carrageenan), Flavouring, Preparation, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of mustard, egg and milk.

**OR**

**Grilled Chicken:**

Chicken Breast Meat, Potato Starch, Sunflower Oil, Dextrose, Salt, Stabiliser (Processed Eucheuma Seaweed), Flavourings, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Prepared from 102g of raw material for 100g finished product.

**Large Tortilla Wrap:**

**EITHER:** WHEAT Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).  
**OR:** WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

N.B. May contain traces of sesame seeds, milk, rye and barley.

**Cucumber:**

100% Cucumber.

**Tomato Slice:**

100% Tomato.

**Garlic Mayo:**

Water, Rapeseed Oil (27%), Sour Cream (from MILK), Spirit Vinegar, Sugar, Modified Maize Starch, Free Range EGG Yolk (3.0%), Garlic Puree (2.0%), Salt, Spices (contain MUSTARD), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

**Lettuce:**

100% Lettuce.

Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD.
Grilled Chicken and Bacon Salad

**Grilled Chicken:**
Chicken Breast Meat, Potato Starch, Sunflower Oil, Dextrose, Salt, Stabiliser (Processed Eucheuma Seaweed), Flavourings, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).
Prepared from 102g of raw material for 100g finished product.

**Salad Leaf:**
Mixed Leaves (100%) of Apollo Lettuce, Green Batavia, Lollo Rosso, Red Chard, Baby Red Leaf, Spinach, Bull’s Blood.

**Cherry Tomatoes:**
100% Tomato.

**Cucumber:**
100% Cucumber.

**Streaky Bacon:**
EITHER: Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Smoked Pork Belly, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Pork Belly, Salt, Acidity Regulator (Potassium Lactate), Glucose Syrup, Smoke Flavours, Flavour, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Sodium Ascorbate, Preservative (Sodium Nitrite).

**Grilled Chicken Salad**
Please note the ingredients for the Grilled Chicken Salad are the same as the Grilled Chicken & Bacon Salad above but without the bacon.

**Shaker Side Salad**

**Salad Leaf:**
Mixed Leaves (100%) of Apollo Lettuce, Green Batavia, Lollo Rosso, Red Chard, Baby Red Leaf, Spinach, Bull’s Blood.

**Cherry Tomatoes:**
100% Tomato.

**Cucumber:**
100% Cucumber.

**Salad Dressings**
Information for Salad Dressings can be found on page 34.

Crispy Chicken and Bacon Salad

**Chicken Legend Patty:**
EITHER: Chicken Breast Meat (59%), WHEAT Flour, Water, Breadcrumb (WHEAT Flour, Salt, Yeast), Starch, WHEAT Semolina, Vegetable Oil (Rapeseed, Sunflower), Spices (contains CELERY), Flavourings, Salt, Free Range EGG Albumen Powder, Yeast Extract, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Parsley, Whey Protein Concentrate (from MILK), Acidity Regulator (Citric Acid), MUSTARD Flour, Potassium Chloride, Spice Extracts.
OR: Chicken Breast Meat (59%), Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Breadcrumb (contains WHEAT), Vegetable Oil (Rapeseed, Sunflower), Starch, WHEAT Semolina, Spices (contains CELERY), Natural Flavourings, Free Range EGG Albumen, Salt, Raising Agent (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, Parsley, Potassium Chloride, Whey Protein Concentrate (from MILK), Citric Acid, MUSTARD Flour, Spice Extract.
Prepared in the restaurant using non-hydrogenated vegetable oil.

**Salad Leaf:**
Mixed Leaves (100%) of Apollo Lettuce, Green Batavia, Lollo Rosso, Red Chard, Baby Red Leaf, Spinach, Bull’s Blood.

**Cherry Tomatoes:**
100% Tomato.

**Cucumber:**
100% Cucumber.

**Streaky Bacon:**
EITHER: Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Smoked Pork Belly, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Pork Belly, Salt, Acidity Regulator (Potassium Lactate), Glucose Syrup, Smoke Flavours, Flavour, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Sodium Ascorbate, Preservative (Sodium Nitrite).

**Crispy Chicken Salad**
Please note the ingredients for the Crispy Chicken Salad are the same as the Crispy Chicken & Bacon Salad above but without the bacon.
Breakfast Wrap with Tomato Ketchup or Brown Sauce

Large Tortilla Wrap:

**EITHER: WHEAT** Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

**OR: WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

May contain traces of sesame seeds, milk, rye and barley.

Folded Egg:

Pasteurised Free Range Liquid EGG, Pasteurised Whole MILK.

N.B. Cooked in the restaurants using Liquid Vegetable & Dairy Fat Blend (see ingredients below) which contains MILK.

Potato Rosti:

Potatoes, Vegetable Oil (Sunflower, High Oleic Sunflower, Rapeseed, High Oleic Rapeseed), Dehydrated Potato Flake, Dextrose, Stabiliser (Disodium Diphosphate).

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. Please note our Potato Rosti can be cooked in the same oil as the Spicy Veggie Patty.

Pork Sausage Patty:

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

Tomato Ketchup:

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

**OR**

Brown Sauce:

Water, Sugar, Spirit Vinegar, Malt Vinegar (from BARLEY), Dates, Tomato Paste, Cane Molasses, RYE Flour, Modified Maize Starch, Salt, Invert Sugar Syrup, Natural Flavourings, Soy Sauce (Water, SOYA Extract (Water, SOYA Beans, Salt, WHEAT Flour (with Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))), Salt, Glucose, Spirit Vinegar, BARLEY Malt Extract), Spices, BARLEY Malt Extract, Preservative (Potassium Sorbate).

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), MILK Proteins, Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Streaky Bacon:

**EITHER:** Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

**OR:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Smoked Pork Belly, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Pork Belly, Salt, Acidity Regulator (Potassium Lactate), Glucose Syrup, Smoke Flavours, Flavour, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Sodium Ascorbate, Preservative (Sodium Nitrite).

Liquid Vegetable & Dairy Fat Blend:

Vegetable Oil (Rapeseed), Water, Butter Oil (MILK), Buttermilk Powder (MILK), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (MILK)), Colour (Natural Beta Carotene).
Breakfast

Egg & Cheese McMuffin®

**English Muffin:**

WHEAT Flour (with Calcium, Iron, Niacin (B3) and Thiamin (B1)), Water, Yeast, Yellow Polenta, Rice Flour, WHEAT Gluten, Sugar, Salt, Rapeseed Oil, Dried RYE Sourdough (Wholemeal RYE Flour, RYE Bran, Water), Preservative (Calcium Propionate), Acidity Regulator (Tartaric Acid), Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

N.B. May contain traces of nuts, peanuts and sesame seeds.

**Egg:**

Free Range EGG.

UK sourced free range eggs produced to Lion Quality standards.

N.B. Cooked in the restaurants using Liquid Vegetable & Dairy Fat Blend (see ingredients below) which contains MILK.

**Cheddar Cheese Slice (processed):**

Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), MILK Proteins, Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Liquid Vegetable & Dairy Fat Blend:

Vegetable Oil (Rapeseed), Water, Butter Oil (MILK), Buttermilk Powder (MILK), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (MILK)), Colour (Natural Beta Carotene).

Bacon & Egg McMuffin® and Double Bacon & Egg McMuffin®

**English Muffin:**

WHEAT Flour (with Calcium, Iron, Niacin (B3) and Thiamin (B1)), Water, Yeast, Yellow Polenta, Rice Flour, WHEAT Gluten, Sugar, Salt, Rapeseed Oil, Dried RYE Sourdough (Wholemeal RYE Flour, RYE Bran, Water), Preservative (Calcium Propionate), Acidity Regulator (Tartaric Acid), Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

N.B. May contain traces of nuts, peanuts and sesame seeds.

**Egg:**

Free Range EGG.

UK sourced free range eggs produced to Lion Quality standards.

N.B. Cooked in the restaurants using Liquid Vegetable & Dairy Fat Blend (see ingredients below) which contains MILK.

**Back Bacon*:**

Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate). Made with more than 140g of pork per 100g of finished product.

*This bacon is smoked using beechwood.

**Cheddar Cheese Slice (processed):**

Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), MILK Proteins, Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Liquid Vegetable & Dairy Fat Blend:

Vegetable Oil (Rapeseed), Water, Butter Oil (MILK), Buttermilk Powder (MILK), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (MILK)), Colour (Natural Beta Carotene).
Sausage & Egg McMuffin® and Double Sausage & Egg McMuffin®

English Muffin:
WHEAT Flour (with Calcium, Iron, Niacin (B3) and Thiamin (B1)), Water, Yeast, Yellow Polenta, Rice Flour, WHEAT Gluten, Sugar, Salt, Rapeseed Oil, Dried RYE Sourdough (Wholemeal RYE Flour, RYE Bran, Water), Preservative (Calcium Propionate), Acidity Regulator (Tartaric Acid), Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

N.B. May contain sesame seeds, milk, rye and barley.

Pork Sausage Patty:
Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

Egg:
Free Range EGG.
UK sourced free range eggs produced to Lion Quality standards.

N.B. Cooked in the restaurants using Liquid Vegetable & Dairy Fat Blend (see ingredients below) which contains MILK.

Cheddar Cheese Slice (processed):
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), MILK Proteins, Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

N.B. May contain traces of nuts, peanuts and sesame seeds.

Liquid Vegetable & Dairy Fat Blend:
Vegetable Oil (Rapeseed), Water, Butter Oil (MILK), Buttermilk Powder (MILK), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (MILK)), Colour (Natural Beta Carotene).

N.B. May contain ingredients of MILK.

Bacon Roll with Tomato Ketchup

Roll:
WHEAT Flour, Water, Yeast, Vegetable Oil (Rapeseed), Dextrose, Sugar, Salt, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted WHEAT Flour, WHEAT Fibre, Flour Treatment Agent (Ascorbic Acid).

N.B. May contain sesame seeds, milk, rye and barley.

Back Bacon*:
Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate). Made with more than 140g of pork per 100g of finished product.
*This bacon is smoked using beechwood.

Tomato Ketchup:
66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

Bacon Roll with Brown Sauce

Roll:
WHEAT Flour, Water, Yeast, Vegetable Oil (Rapeseed), Dextrose, Sugar, Salt, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted WHEAT Flour, WHEAT Fibre, Flour Treatment Agent (Ascorbic Acid).

N.B. May contain sesame seeds, milk, rye and barley.

Back Bacon*:
Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate). Made with more than 140g of pork per 100g of finished product.
*This bacon is smoked using beechwood.

Brown Sauce:
Water, Sugar, Spirit Vinegar, Malt Vinegar (from BARLEY), Dates, Tomato Paste, Cane Molasses, RYE Flour, Modified Maize Starch, Salt, Invert Sugar Syrup, Natural Flavourings, Soy Sauce (Water, SOYA Extract (Water, SOYA Beans, Salt, WHEAT Flour (with Calcium, Iron, Niacin (B3), Thiamin (Vitamin B1))), Salt, Glucose, Spirit Vinegar, BARLEY Malt Extract), Spices, BARLEY Malt Extract, Preservative (Potassium Sorbate).
Pancakes & Syrup*

**Pancakes:**
WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Free Range Whole EGG, Whey Powder (MILK), Sugar, Sunflower Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Sunflower Lecithin), Salt, Spirit Vinegar, Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Flavouring.

**Pancake Syrup:**
EITHER: Glucose Syrup, Sugar, Water, Natural Flavourings, Colour (Plain Caramel), Preservative (Potassium Sorbate).
OR: Glucose Syrup, Water, Natural Flavourings, Caramelised Sugar Syrup, Preservative (Potassium Sorbate).

**Pancakes & Sausage with Syrup**

**Pancakes:**
WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Free Range Whole EGG, Whey Powder (MILK), Sugar, Sunflower Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Sunflower Lecithin), Salt, Spirit Vinegar, Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Flavouring.

**Pork Sausage Patty:**
Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

**Pancake Syrup:**
EITHER: Glucose Syrup, Sugar, Water, Natural Flavourings, Colour (Plain Caramel), Preservative (Potassium Sorbate).
OR: Glucose Syrup, Water, Natural Flavourings, Caramelised Sugar Syrup, Preservative (Potassium Sorbate).

**Quaker Oat So Simple® Porridge**

**Milk:**
100% Organic Semi-Skimmed MILK.

**Oats:**
Quaker Wholegrain Rolled OATS, Stabiliser (SOYA Lecithin).
N.B. May contain traces of wheat, barley and rye.

**Quaker Oat So Simple® Apple and Cherry Porridge**

**Milk:**
100% Organic Semi-Skimmed MILK.

**Oats - Apple & Cherry:**
Quaker Wholegrain Rolled OATS (75%), Sugar, Dried Apple Slices (4%), Freeze Dried Cherry Pieces (3%), Natural Flavourings.
N.B. May contain traces of soya, wheat, barley and rye.

**Toasted Bagel**

**Bagel:**
WHEAT Flour (contains Calcium Carbonate, Iron, Thiamin, Niacin), Water, RYE Flour, Sugar, Yeast, Salt, Rapeseed Oil, Preservative (Calcium Propionate), BARLEY Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.
N.B. May contain traces of sesame seeds and milk.

**Philadelphia® Light - Medium Fat Soft Cheese (optional):**
Medium Fat Soft CHEESE, Salt, Stabilisers (Locust Bean Gum, Carrageenan), Acid (Citric Acid).

* Ingredient declarations for optional condiments (Butter, Strawberry Jam etc.) can be found on page 34.
Sausage, Egg & Cheese Bagel

**Bagel:**
WHEAT Flour (contains Calcium Carbonate, Iron, Thiamin, Niacin), Water, RYE Flour, Sugar, Yeast, Salt, Rapeseed Oil, Preservative (Calcium Propionate), BARLEY Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.

N.B. May contain traces of sesame seeds and milk.

**Folded Egg:**
Pasteurised Free Range Liquid EGG, Pasteurised Whole MILK.

N.B. Cooked in the restaurants using Liquid Vegetable & Dairy Fat Blend (see ingredients below) which contains MILK.

**Pork Sausage Patty:**
Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

**Cheddar Cheese Slice (processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), MILK Proteins, Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

**Liquid Vegetable & Dairy Fat Blend:**
Vegetable Oil (Rapeseed), Water, Butter Oil (MILK), Buttermilk Powder (MILK), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (MILK)), Colour (Natural Beta Carotene).

Bacon, Egg & Cheese Bagel

**Bagel:**
WHEAT Flour (contains Calcium Carbonate, Iron, Thiamin, Niacin), Water, RYE Flour, Sugar, Yeast, Salt, Rapeseed Oil, Preservative (Calcium Propionate), BARLEY Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.

N.B. May contain traces of sesame seeds and milk.

**Folded Egg:**
Pasteurised Free Range Liquid EGG, Pasteurised Whole MILK.

N.B. Cooked in the restaurants using Liquid Vegetable & Dairy Fat Blend (see ingredients below) which contains MILK.

**Cheddar Cheese Slice (processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), MILK Proteins, Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

**Back Bacon:**
Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate). Made with more than 140g of pork per 100g of finished product.

*This bacon is smoked using beechwood.

**Liquid Vegetable & Dairy Fat Blend:**
Vegetable Oil (Rapeseed), Water, Butter Oil (MILK), Buttermilk Powder (MILK), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (MILK)), Colour (Natural Beta Carotene).
Breakfast

Cheesy Bacon Flatbread

**Flatbread:**
WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Spirit Vinegar, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphate), Salt, Skimmed MILK Powder.

N.B. May contain traces of sesame seeds, rye and barley.

**Cheddar Cheese Slice (processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Sticking Agent (Sunflower Lecithin Oil).

**Streaky Bacon:**
EITHER: Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Smoked Pork Belly, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Pork Belly, Salt, Acidity Regulator (Potassium Lactate), Glucose Syrup, Smoke Flavours, Flavour, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Sodium Ascorbate, Preservative (Sodium Nitrite).

Hash Brown

Potatoes, Blend of Non-Hydrogenated Vegetable Oil (Rapeseed, Sunflower), Salt, Cornflour, Dehydrated Potato, Dextrose, Stabiliser (Disodium Diphosphate), Black Pepper Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. Please note our Hash Browns can be cooked in the same oil as the Spicy Veggie Patty.
Hot Apple Pie®

Water, Apples (23%), Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Palm Oil, Modified Maize Starch, Rapeseed Oil, Dextrose, Salt, Invert Sugar Syrup, Spices, Lemon Juice Concentrate, Flavouring, Acidity Regulator (Citric Acid).

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of milk.

Oreo McFlurry®

Applies to Mini McFlurry®

Ice Cream:

EITHER: Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed MILK, Cream (MILK), Sugar, Lactose (MILK), MILK Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Oreo Crumb:

EITHER: WHEAT Flour, Sugar, Vegetable Oils (Palm, Palm Kernel), Fat Reduced Cocoa Powder (6.6%), Glucose-Fructose Syrup, WHEAT Starch, Raising Agents (Potassium Hydrogen Carbonate, Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate), Salt, Emulsifier (SOYA Lecithin, Sunflower Lecithin), Flavouring (Vanillin).

OR: WHEAT Flour, Sugar, Rapeseed Oil, Fat Reduced Cocoa Powder 6.5%, Glucose-Fructose Syrup, WHEAT Starch, Raising Agents (Potassium Carbonates, Ammonium Carbonates, Sodium Carbonates), Salt, Emulsifier (SOYA Lecithin), Flavouring.

N.B. May contain traces of milk.

Cadbury Dairy Milk McFlurry®

Applies to Mini McFlurry®

Ice Cream:

EITHER: Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed MILK, Cream (MILK), Sugar, Lactose (MILK), MILK Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Cadbury Dairy Milk Chocolate Chips:

MILK, Sugar, Cocoa Butter, Cocoa Mass, Vegetable Fats (Palm, Shea), Emulsifier (Ammonium Phosphatide), Flavourings.

Cadbury Crunchie McFlurry®

Applies to Mini McFlurry®

Ice Cream:

EITHER: Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed MILK, Cream (MILK), Sugar, Lactose (MILK), MILK Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Cadbury Crunchie Pieces:

Sugar, Glucose Syrup, Cocoa Butter, Vegetable Fats (Palm, Shea), Cocoa Mass, Skimmed MILK Powder, Whey Permeate Powder (MILK), MILK Fat, Emulsifiers (Ammonium Phosphatides, Polyglycerol Polyricinoleate), Tapioca Starch, Glazing Agents (Gum Arabic, Shellac), Flavouring.
Desserts

Ice Cream Cone with a Flake

Ice Cream:
EITHER: Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed MILK, Cream (MILK), Sugar, Lactose (MILK), MILK Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Cadbury Chocolate Flake 99:
MILK, Sugar, Cocoa Butter, Cocoa Mass, Whey Powder (from MILK), Vegetable Fats (Palm, Shea), Emulsifier (Ammonium Phosphatides), Flavourings.

Ice Cream Cone:
WHEAT Flour, Vegetable Fat (Rapeseed), Sugar, Potato Starch, Emulsifier (SOYA Lecithin), MILK Proteins, Raising Agents (Sodium Bicarbonate, Magnesium Bicarbonate).

Ice Cream Cone

Ice Cream:
EITHER: Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed MILK, Cream (MILK), Sugar, Lactose (MILK), MILK Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Ice Cream Cone:
WHEAT Flour, Vegetable Fat (Rapeseed), Sugar, Potato Starch, Emulsifier (SOYA Lecithin), MILK Proteins, Raising Agents (Sodium Bicarbonate, Magnesium Bicarbonate).

Ice Cream Cone with a Flake

Ice Cream:
EITHER: Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed MILK, Cream (MILK), Sugar, Lactose (MILK), MILK Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Ice Cream Cone:
WHEAT Flour, Vegetable Fat (Rapeseed), Sugar, Potato Starch, Emulsifier (SOYA Lecithin), MILK Proteins, Raising Agents (Sodium Bicarbonate, Magnesium Bicarbonate).

Strawberry Sundae

Ice Cream:
EITHER: Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed MILK, Cream (MILK), Sugar, Lactose (MILK), MILK Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Strawberry Sauce:
Strawberries (38%), Sugar, Glucose Syrup, Water, Thickener (Pectin), Acidulant (Citric Acid).

Toffee Sundae

Ice Cream:
EITHER: Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed MILK, Cream (MILK), Sugar, Lactose (MILK), MILK Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Toffee Sauce:
Glucose Syrup, Sweetened Condensed Whole MILK (Whole MILK, Sugar), Glucose-Fructose Syrup, BUTTER, Modified Starch, Stabiliser (Sodium Citrates), Salt, Natural Flavouring.

Fruit Bag

EITHER:
Apple & Grape:
75% Apple, 25% Grape.

OR:
Melon:
100% Melon.
Blueberry Muffin

**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Water, Blueberries (12%), Rapeseed Oil, Free Range Whole **EGG** Powder, Butter Crumble (4%) (**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Butter (**MILK**), Sugar), Maize Starch, Dried Glucose Syrup, Skimmed **MILK** Powder, Raising Agents (Disodium Diphosphate, Potassium Hydrogen Carbonate), Emulsifier (Mono- And Diglycerides Of Fatty Acids), Natural Flavouring, **WHEAT** Gluten, Salt.

N.B. May contain traces of soya.

Chocolate Muffin

Milk Chocolate (19%) (Sugar, Whole **MILK** Powder, Cocoa Butter, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Water, Sugar, Dried Glucose Syrup, Fat Reduced Cocoa Powder (3%), Free Range Whole **EGG** Powder, Modified Starches, Raising Agents (Sodium Hydrogen Carbonate, Disodium Diphosphate), Whey Solids (**MILK**), Emulsifiers (Propane -1,2 - Diol Esters of Fatty Acids, Sodium Stearyl-2-Lactylate, Mono- and Diglycerides of Fatty Acids, Polyglycerol Esters of Fatty Acids), Free Range Dried **EGG** White, Salt, Stabiliser (Xanthan Gum), Natural Flavouring.

Triple Chocolate Cookie

**WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), Milk Chocolate (11%) (Sugar, Whole **MILK** Powder, Cocoa Butter, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Plain Chocolate (11%) (Sugar, Cocoa Mass, Cocoa Butter, Whey Powder (**MILK**), Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), White Chocolate (11%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Soft Light Brown Sugar (Sugar, Cane Molasses), Butter (**MILK**), Vegetable Oils (Palm, Rapeseed), Sugar, Dried Glucose Syrup, Fat Reduced Cocoa Powder (3%), Invert Sugar Syrup, Free Range Whole **EGG** Powder, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Skimmed **MILK** Powder, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Salt, Stabiliser (Xanthan Gum), Natural Flavouring.

Sugar Donut

**WHEAT** Flour, Water. **WHEAT** Flour (contains Calcium, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Sugar, Dextrose, **SOYA** Flour, Yeast, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), **SOYA** Lecithin), Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate, Calcium Phosphates), Salt, Free Range Whole **EGG** Powder, Antioxidant (Ascorbic Acid).

N.B. May contain traces of milk.

Chocolatey Donut

**EITHER**: **WHEAT** Flour, Cocoa Filling (21%) (Water, Sugar, Cocoa Powder, Coconut Fat, Modified Starch (Maize), Natural Vanilla Flavouring, Preservative (Potassium Sorbate), Salt), Water, Dark Cocoa Coating (13%) (Vegetable Fats (Palm, Palm Kernel, Rapeseed), Sugar, Dried Glucose Syrup, Fat Reduced Cocoa Powder, Whey (**MILK**) Powder, Emulsifier (Sunflower Lecithin), Salt, Natural Vanilla Flavouring, Acidity Regulator (Citric Acid)), Vegetable Fat (Palm, Rapeseed), Milk Chocolate Flakes (6%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Natural Vanilla Flavouring), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Natural Flavouring), Yeast, Free Range Whole **EGG** Powder, Invert Sugar Syrup, Skimmed **MILK** Powder, Sugar, **WHEAT** Gluten, Salt, Sugar Beet Fibre, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearyl-2-Lactylate), Antioxidant (Ascorbic Acid).

**OR**: **WHEAT** Flour, Cocoa Filling (21%) (Water, Sugar, Cocoa Powder, Coconut Fat, Modified Starch (Maize), Natural Vanilla Flavouring, Preservative (Potassium Sorbate), Salt), Water, Dark Cocoa Coating (13%) (Vegetable Fats (Palm, Palm Kernel, Rapeseed), Sugar, Dried Glucose Syrup, Fat Reduced Cocoa Powder, Whey (**MILK**) Powder, Emulsifier (Sunflower Lecithin), Salt, Natural Vanilla Flavouring, Acidity Regulator (Citric Acid)), Vegetable Fat (Palm, Rapeseed), Milk Chocolate Flakes (6%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Natural Vanilla Flavouring), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Natural Flavouring), Yeast, Free Range Whole **EGG** Powder, Invert Sugar Syrup, Skimmed **MILK** Powder, Sugar, **WHEAT** Gluten, Salt, Potato Fibre, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearyl-2-Lactylate), Antioxidant (Ascorbic Acid).

N.B. May contain traces of soya.
Condiments and Sauces

Tomato Ketchup:
66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

Barbeque Dip:
EITHER: Glucose-Fructose Syrup, Water, Tomato Paste, Red Wine Vinegar, Spirit Vinegar, Modified Maize Starch, Salt, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Smoke Flavouring.

Sweet Curry Dip:
Water, Glucose-Fructose Syrup, Apricot Puree Concentrate, Sugar, Spirit Vinegar, Modified Maize Starch, Ground Coriander Seed, Salt, Spices (contain CELERY & MUSTARD), Rapeseed Oil, Tomato Paste, Dried Onion, Caramelised Sugar Syrup, Preservative (Potassium Sorbate), Acid (Citric Acid), Thickener (Xanthan Gum), Dried Garlic, Colours (Curcumin & Paprika Extract), Herbs.

Sweet & Sour Dip:
Glucose-Fructose Syrup, Water, Apricot Puree, Spirit Vinegar, Soy Sauce (Water, SOYA Extract [Water, SOYA Beans, Salt, WHEAT Flour (with Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Maltodextrin, Spirit Vinegar, BARLEY Malt Extract), Modified Maize Starch, Sugar, Rapeseed Oil, Thickener (Xanthan Gum), Spices (contain CELERY), Salt, Preservative (Potassium Sorbate), Natural Flavourings, Dried Red Bell Pepper, Caramalised Sugar Syrup.

Smoky BBQ Dip:
Reconstituted Tomato Puree (40%), Glucose-Fructose Syrup, Honey (7%), Spirit Vinegar, Modified Maize Starch, Cane Molasses, Caramelised Sugar Syrup, Salt, Chipotle Chilli Paste (Rapeseed Oil, Water, Dried Chipotle Chilli Pepper, White Wine Vinegar, Acid (Malic Acid)), Spices, Smoke Flavouring, Dried Red Bell Pepper, Rapeseed Oil, Acid (Tartaric Acid), Preservative (Potassium Sorbate), Natural Flavouring, Black Pepper, Thickener (Xanthan Gum).

Sweet Chilli Dip:
Sugar, Water, Spirit Vinegar, Modified Maize Starch, Red Chillies (5%), Salt, Vegetable Oils (Rapeseed & Sunflower), Dried Chillies, Garlic, Dried Red Bell Peppers, Acid (Citric Acid), Thickeners (Guar Gum & Xanthan Gum), Colour (Paprika Extract), White Wine Vinegar, Preservative (Potassium Sorbate).

Sour Cream & Chive Dip:
Water, Rapeseed Oil, Sour Cream (from MILK) (10%), Chives (3.5%), Free Range EGG Yolk, Modified Maize Starch, Low Fat Yoghurt (from MILK), Natural Flavourings (contain MILK), Onion, Acids (Acetic Acid, Lactic Acid), Salt, Thickeners (Guar Gum, Xanthan Gum), Preservative (Potassium Sorbate), Spice.

Balsamic Dressing:
Water, Balsamic Vinegar (21%), Muscovado Sugar, Cornstarch, Rapeseed Oil, Treacle, Salt, Colour (Plain Caramel), Preservative (Potassium Sorbate), Garlic Puree, Black Pepper, Thickener (Xanthan Gum).

Fajita-Style Dressing:

Butter:
Cream (MILK), Lactic Culture (MILK), Salt (1.2%). Minimum 80% Fat Content.

Flora® Original:
Vegetable Oils in varying proportions (59%) (Sunflower, Palm, Linseed, Rapeseed), Water, Salt (1.38%), BUTTERMILK, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Acid (Citric Acid), Natural Flavourings, Vitamins A and D, Colour (Carotenes).

Philadelphia® Light - Medium Fat Soft Cheese:
Medium Fat Soft CHEESE, Salt, Stabilisers (Locust Bean Gum, Carrageenan), Acid (Citric Acid).

Strawberry Jam:
Strawberries, Brown Cane Sugar, Concentrated Lemon Juice, Gelling Agent (Fruit Pectin). Prepared with 50g fruits per 100g.

Pancake Syrup:
EITHER: Glucose Syrup, Sugar, Water, Natural Flavourings, Colour (Plain Caramel), Preservative (Potassium Sorbate).
OR: Glucose Syrup, Water, Natural Flavourings, Caramalised Sugar Syrup, Preservative (Potassium Sorbate).

Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD
The New York Stack

**Beef Patty:**
100% Pure Beef.
A little salt and pepper is added to season after cooking.

**Sesame & Poppy Seed Topped Bagel:**
WHEAT Flour, Water, Sugar, Yeast, Rapeseed Oil, SESAME Seeds (1.2%), Poppy Seeds (1.2%), Salt, WHEAT Gluten, Glucose Syrup, Pea Proteins, Rice Flour, Emulsifier (Mono- and Diacetyltartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid).

**Coleslaw:**
Cabbage (White Cabbage, Pink Cabbage), Mayonnaise (Rapeseed Oil, Pasteurised Free Range EGG Yolk, Water, Spirit Vinegar, Sugar, Salt, MUSTARD Flour, Stabilisers (Guar Gum, Xanthan Gum)) Carrot, Onion, Rapeseed Oil, Stabilisers, (Guar Gum, Xanthan Gum).

**Cheddar Cheese Slice (processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Natural Cheese Flavouring (MILK), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

**Tomato Ketchup:**
66% Tomato Puree (equivalent to 184g Tomatoes/100g Ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

**Dill Pickle Slices:**
Gherkins, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

**Lettuce:**
100% Lettuce.

**Streaky Bacon:**
EITHER: Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Smoked Pork Belly, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Pork Belly, Salt, Acidity Regulator (Potassium Lactate), Glucose Syrup, Smoke Flavours, Flavour, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Sodium Ascorbate, Preservative (Sodium Nitrite).

**Mustard:**
Water, Spirit Vinegar, MUSTARD Seed (13%), Salt, Spices, Spice Extract.

The Chicago Stack

**Beef Patty:**
100% Pure Beef.
A little salt and pepper is added to season after cooking.

**Cornbread Style Bun:**
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Maize Grits, Sugar, Glaze (Water, Pea Proteins, Glucose Syrup, Rice Syrup, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyltartaric Acid Esters of Mono- and Diglycerides of Fatty Acids)), Flour Treatment Agent (Ascorbic Acid), WHEAT Starch.

**Cheese Slice made from Emmental (processed):**
Emmental (51%) (MILK), Water, Butter (MILK), Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Salt, Natural Cheese Flavouring (MILK), Anti-Caking Agent (Sunflower Lecithin Oil).

**Cheddar Cheese Slice (processed):**
Vegetarian Cheddar (51%) (MILK), Water, Vegetarian Cheese (9%) (MILK), Whey Powder (MILK), Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins (MILK), Natural Cheese Flavouring (MILK), Salt, Colours (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

**Streaky Bacon:**
EITHER: Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Smoked Pork Belly, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Pork Belly, Salt, Acidity Regulator (Potassium Lactate), Glucose Syrup, Smoke Flavours, Flavour, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Sodium Ascorbate, Preservative (Sodium Nitrite).

**Dill Pickle Slices:**
Gherkins, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

**Steakhouse BBQ Sauce:**
Water, Demerara Sugar, Cane Molasses, Spirit Vinegar, Tomato Paste (7%), Soy Sauce (Water, SOYA Extract (Water, SOYA Beans, Salt, WHEAT Flour (with Calcium, Iron, Niacin, Thiamin)), Salt, Glucose, Spirit Vinegar, BARLEY Malt Extract), Modified Maize Starch, Natural Flavourings (contain MILK), Caramelised Red Onion (3%) (Diced Red Onion, Balsamic Vinegar, Sunflower Oil, Demerara Sugar, Hibiscus Extract), Maple Syrup, Garlic, Malt Vinegar (from BARLEY), Spices, Smoke Flavouring, Preservative (Potassium Sorbate), Acids (Acetic Acid & Citric Acid), Salt.

**Cool Mayo:**
Water, Rapeseed Oil (28%), Spirit Vinegar, Modified Maize Starch, Free Range EGG Yolk (3%), Sugar, Salt, MUSTARD Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD.
The Tex Mex Stack

Beef Patty:
100% Pure Beef.
A little salt and pepper is added to season after cooking.

Hot & Spicy Paprika Topped Bun:
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Glaze (Water, Pea Protein, Glucose Syrup, Rice Flour), Topping (Rice Semolina, Paprika), Yeast, Rapeseed Oil, Seasoning (Garlic Powder, Tomato Powder, Paprika, Sugar, Onion Powder, Salt, Cayenne Pepper, Maltodextrin, White Pepper, Yeast Extract, Anti-Caking Agent (Calcium Silicate), Natural Chilli Flavouring), Salt, Emulsifier (Mono-and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

N.B. May contain traces of sesame, milk, rye and barley.

Pepper Jack Cheese Slice (processed):
Monterey Jack Cheese (53%) (MILK), Water, Butter (MILK), Milk Proteins (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Whey Powder (MILK), Natural Cheese Flavouring (MILK), Salt, Dried Red Bell Peppers (0.4%), Dried Jalapeno Peppers (0.4%), Jalapeno Pepper Extract, Anti-Caking Agent (Sunflower Lecithin).

Tomato Slice:
100% Tomato.

Spicy Smoky Sauce:
Water, Tomato Puree, Apple Vinegar, Fig Juice Concentrate, Orange Juice Concentrate, Chili, Sugar, Cane Sugar Syrup, Bell Pepper Pulp, Rapeseed Oil, Modified Maize Starch, Spices (contains CELERY), Caramel Sugar Syrup, Salt, Natural Flavouring, Smoke Flavouring, Thickener (Xanthan Gum), Smoked Maltodextrin.

Lettuce:
100% Lettuce.

Nachos:
Corn, Sunflower Oil, Salt.

The Tennessee Stack

Beef Patty:
100% Pure Beef.
A little salt and pepper is added to season after cooking.

Flour Topped Bun:
WHEAT Flour (contains Calcium, Iron, Niacin, Thiamine), Water, Sugar, Rapeseed Oil, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

N.B. May contain traces of sesame, milk, rye and barley.

Smoky Cheese Slice (processed):
Cheddar Cheese (70%) (MILK), Water, Butter (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Milk Proteins, Whey Powder (MILK), Natural Cheese Flavouring (MILK), Salt, Colour (Beta Carotene, Paprika Extract), Smoky Flavouring, Anti-Caking Agent (Sunflower Lecithin).

Tennessee Style BBQ Sauce:
Water, Demerara Sugar, Cane Molasses, Soy Sauce (Water, SOYA Extract (Water, SOYA Beans, Salt, WHEAT Flour (with Calcium, Iron, Niacin, Thiamin)) Salt, Glucose, Spirit Vinegar, BARLEY Malt Extract), Tomato Paste, Spirit Vinegar, Maple Syrup, Modified Maize Starch, Caramelised Red Onion (Red Onion, Balsamic Vinegar, Sunflower Oil, Demerara Sugar, Hibiscus Extract), Garlic, Spices, Malt Vinegar (from BARLEY), Smoke Flavouring, Preservative (Potassium Sorbate), Acid (Acetic Acid), Salt, Tamarind Concentrate.

Lettuce:
100% Lettuce.

Streaky Bacon:
EITHER: Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).
OR: Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Smoked Pork Belly, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).
OR: Pork Belly, Salt, Acidity Regulator (Potassium Lactate), Glucose Syrup, Smoke Flavours, Flavour, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Sodium Ascorbate, Preservative (Sodium Nitrite).

Onion:
100% Onion.
The Ranch California Chicken

**Chicken Selects:**

**EITHER:** Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Yeast Extract, Spices (contain CELERY), Salt, Acidity Regulators (Sodium Carbonates, Sodium Citrate), WHEAT Gluten, Raising Agents (Sodium Acid Pyrophosphate, SodiumCarbonate), Spice Extract (contains CELERY), Dextrose, Stabiliser (Carrageenan), Flavourextraction, Colour (Paprika Extract), Garlic Powder, Onion Powder, Emulsifier (Polysorbate 80), Rosemary Extract.

**OR:** Chicken Breast Meat (57%), Water, WHEAT Flour, Vegetable Oils (Sunflower, Rapeseed), Starch, Yeast Extract, Modified Starch, Salt, Spices (contains CELERY), Acidity Regulators (Sodium Carbonate, Trisodium Citrate), WHEAT Gluten, Raising Agents (Disodium Diphosphate, Sodium Bicarbonates), Onion Powder, Garlic Powder, Spice Extract (contains CELERY), Stabiliser (Carrageenan), Dextrose, Flavouring.

Prepared in the restaurant using a non-hydrogenated vegetable oil.

N.B. May contain traces of egg, milk and mustard.

**Sourdough Bun:**

WHEAT Flour, Water, Sugar, Rapeseed Oil, Wholemeal RYE Grain, Yeast, WHEAT Protein, RYE Flour, WHEAT Germ Flour, Salt, Pea Protein, Emulsifier (Sodium Stearoyl-2-Lactylate), Glucose Syrup, Rice Flour, Flour Treatment Agent (Ascorbic Acid).

N.B. May contain traces of sesame, milk, and barley.

**Ranch Sauce:**

BUTTERMILK (35%), Rapeseed Oil, Water, Spirit Vinegar, Sugar, EGG Yolk, Modified Maize Starch, Salt, Spices, Herbs, Thickener (Xanthan Gum), Acid (Lactic Acid), Spice Extract.

**Tomato Slice:**

100% Tomato.

**Pepper Jack Cheese Slice (processed):**

Monterey Jack Cheese (53%) (MILK), Water, Butter (MILK), Milk Proteins (MILK), Emulsifying Salts (Trisodium Citrate, Citric Acid), Whey Powder (MILK), Natural Cheese Flavouring (MILK), Salt, Dried Red Bell Peppers (0.4%), Dried Jalapeno Peppers (0.4%), Jalapeno Pepper Extract, Anti-Caking Agent (Sunflower Lecithin).

**Lettuce:**

100% Lettuce.

**Streaky Bacon:**

**EITHER:** Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

**OR:** Pork Belly, Salt, Smoke Flavouring, Sugar, Emulsifier (Sodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Smoked Pork Belly, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).

**OR:** Pork Belly, Salt, Acidity Regulator (Potassium Lactate), Glucose Syrup, Smoke Flavours, Flavour, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Sodium Ascorbate, Preservative (Sodium Nitrite).

Monterey Jack Cheese Melts:

Monterey Jack and Mozzarella Cheese Core (53%) (Monterey Jack Cheese (55%) (MILK), Mozzarella Cheese (32%) (MILK), Water, Gelling Agent (Methyl Cellulose)), Water, WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Sunflower Oil, Breadcrumb (2%) (WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Rapeseed Oil, WHEAT Starch, WHEAT Gluten, Onion Powder, Spices, Garlic Powder, Salt, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, Acid (Citric Acid), Dextrose.

Prepared in the restaurant using a non-hydrogenated vegetable oil.

N.B. May contain traces of egg, celery and mustard.

**Rich Tomato Dip:**

**Raspberry Ripple Iced Cooler**

**Ice:**
100% Crushed Ice

**Raspberry Flavoured Frappé Base:**
Skimmed MILK, Cream (MILK), Sugar, Dried Skimmed MILK, Fructose, Natural Raspberry Flavouring with Other Natural Flavourings, Stabilisers (Guar Gum, Carrageenan, Triphosphates), Natural Flavouring.

**Raspberry Drizzle:**
Glucose Syrup, Sugar, Water, Natural Flavouring, Modified Starch, Acid (Citric Acid), Black Carrot Juice Concentrate, Maltodextrin.

**Frozen Strawberry Lemonade**

**Lemonade Base:**
Water, Lemon Juice, Dried Glucose Syrup, Sugar, Concentrated Orange Juice, Natural Lemon Flavouring with Other Natural Flavourings, Acidity Regulator (Citric Acid), Natural Flavouring, Antioxidant (Ascorbic Acid), Thickener (Xanthan Gum), Colour (Lutein).

**Strawberry Syrup:**
Fructose Syrup, Humectant (Glycerol), Sugar, Glucose Syrup, Water, Concentrated Strawberry Juice (1.5%), Concentrated Lemon Juice, Natural Flavourings, Concentrated Elderberry Juice, Acidity Regulator (Citric Acid), Colour (Anthocyanins), Safflower Extract, Thickener (Xanthan Gum).

**Belgian Chocolate Honeycomb Iced Frappé**

**Ice:**
100% Crushed Ice.

**Honeycomb Flavoured Frappé Base:**
Water, Cream (MILK), Sugar, Skimmed MILK Powder, Fructose, Stabilisers (Guar Gum, Carrageenan, Triphosphates), Natural Flavourings, Colour (Plain Caramel).

**Spray Cream:**
Cream (20% fat) (MILK), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabiliser (Carrageenan).

**Milk Chocolate Coated Honeycomb & Belgian Chocolate Chip:**
Plain Chocolate (50%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Lecithins), Natural Vanilla Flavouring), Milk Chocolate (28%) (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Whey (MILK) Powder, Lactose (MILK), Emulsifier (Lecithins)), Honeycomb (21%) (Sugar, Glucose Syrup, Raising Agent (Sodium Bicarbonate)), Glazing Agent (Gum Arabic).

**Chocolate Drizzle:**
Sweetened Condensed Whole MILK (Whole MILK, Sugar), Sugar, Water, Coconut Fat, Reduced Fat Cocoa Powder (5%), Modified Starch, Salt, Stabiliser (Sodium Citrates).

Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD.
Galaxy® Chocolate McFlurry®

Applies to Mini McFlurry

Ice Cream:
EITHER: Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.
OR: Skimmed MILK, Cream (MILK), Sugar, Lactose (MILK), MILK Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Galaxy® Chocolate Sauce:
Milk Chocolate (Sugar, Cocoa Butter, Skimmed MILK Powder, Cocoa Mass, Lactose (MILK), Palm Fat, Whey Powder (from MILK), MILK Fat, Emulsifier (SOYA Lecithin), Natural Vanilla Extract), Glucose–Fructose Syrup, Water, Sweetened Condensed MILK, Thickener (Modified Starch).

Galaxy® Chocolate Drops:
Sugar, Cocoa Butter, Skimmed MILK Powder, Cocoa Mass, Lactose (from MILK), Vegetable Fat (Palm), Whey Powder (from MILK), MILK Fat, Emulsifier (SOYA Lecithin), Natural Vanilla Flavour.

Galaxy® Cookie Crumble McFlurry®

Applies to Mini McFlurry

Ice Cream:
EITHER: Skimmed MILK, Sugar, Cream (MILK), Whey Powder (MILK), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.
OR: Skimmed MILK, Cream (MILK), Sugar, Lactose (MILK), MILK Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Galaxy® Chocolate Sauce:
Milk Chocolate (Sugar, Cocoa Butter, Skimmed MILK Powder, Cocoa Mass, Lactose (MILK), Palm Fat, Whey Powder (from MILK), MILK Fat, Emulsifier (SOYA Lecithin), Natural Vanilla Extract), Glucose–Fructose Syrup, Water, Sweetened Condensed MILK, Thickener (Modified Starch).

Galaxy® Cookie Crumble:
Milk Chocolate (50%) (Sugar, Cocoa Butter, Skimmed MILK Powder, Cocoa Mass, Lactose (MILK), Vegetable Fat (Palm), Whey Powder (from MILK), MILK Fat, Emulsifier (SOYA Lecithin), Water, Natural Vanilla Flavour), Cookie Pieces (50%) (WHEAT Flour, Sugar, MILK Fat, Cocoa Powder, Palm Fat, Water, Sunflower Oil, Glucose Syrup, Colour (Vegetable Carbon), Salt, Raising Agent (Ammonium Carbonates).

Allergen Information: For allergens including cereals containing gluten see ingredients in BOLD