

We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

Drinks

	Vegetarian	Cereals containing gluten						
		Wheat	Rye	Barley	Oats	Spelt	Kamut	
Coca-Cola® Zero Sugar®	SMALL VE							
	MEDIUM VE							
	LARGE VE							
Sprite No Sugar®	SMALL VE							
	MEDIUM VE							
	LARGE VE							
Diet Coke®	SMALL VE							
	MEDIUM VE							
	LARGE VE							
Coca-Cola® Classic	SMALL VE							
	MEDIUM VE							
	LARGE VE							
Fanta Orange® Zero	SMALL VE							
	MEDIUM VE							
	LARGE VE							
Oasis® Zero Summer Fruits	SMALL VE							
	MEDIUM VE							
	LARGE VE							
IRN BRU (Scotland only)	SMALL VE							
	MEDIUM VE							
	LARGE VE							
Banana Milkshake	SMALL V							✓
	MEDIUM V							✓
	LARGE V							✓
Chocolate Milkshake	SMALL V							✓
	MEDIUM V							✓
	LARGE V							✓
Strawberry Milkshake	SMALL V							✓
	MEDIUM V							✓
	LARGE V							✓
Vanilla Milkshake	SMALL V							✓
	MEDIUM V							✓
	LARGE V							✓
Tropicana® Orange Juice	VE							
Tropicana® Apple Juice	VE							
Bottled Water	STILL VE							
Robinsons Fruit Shoot	VE							
Flat White	8oz V							✓
Toffee Latte	REGULAR V							✓
	LARGE V							✓
Latte	REGULAR V							✓
	LARGE V							✓
Cappuccino	REGULAR V							✓
	LARGE V							✓
Americano	REGULAR V							*
	LARGE V							*
White Coffee	REGULAR V							✓
	LARGE V							✓
Hot Chocolate	REGULAR V							✓
	LARGE V							✓
PG tips Tea (with 1 Milk)	REGULAR V							✓
PG tips Tea (with 2 Milks)	LARGE V							✓
Espresso	SINGLE V							*
	DOUBLE V							*
Iced Latte	REGULAR V							✓
	LARGE V							✓
Caramel Iced Frappé	REGULAR V	*			*			✓
	LARGE V	*			*			✓
Mango & Pineapple Smoothie	REGULAR V	*			*			*
	LARGE V	*			*			*

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Breakfast

Served until 11:00am

	Vegetarian	Cereals containing gluten						
		Wheat	Rye	Barley	Oats	Spelt	Kamut	
Breakfast Wrap with Ketchup		✓	*	*				
Breakfast Wrap with Brown Sauce		✓	*	*	✓			
Sausage & Egg McMuffin®		✓	✓					
Bacon & Egg McMuffin®		✓	✓					
Double Sausage & Egg McMuffin®		✓	✓					
Double Bacon & Egg McMuffin®		✓	✓					
Egg & Cheese McMuffin®		✓	✓					
Sausage Sandwich with Ketchup		✓	*	*				
Sausage Sandwich with Brown Sauce		✓	*	✓				
Muffin with Jam	V	✓	✓					
Porridge (GB only) S ¥	V	*	*	*	✓			
Flahavan's® Porridge Oats (Plain) with Milk (NI only) S ¥	V	*	*	*	✓			
Pancakes & Syrup	V	✓						
Pancakes with Sausage & Syrup		✓						
Cheesy Bacon Flatbread		✓	*	*				
Hash Brown [†]	VE							

February Food Promotion 2026

03/02/26 - 16/03/26

Subject to availability.

	Vegetarian	Cereals containing gluten						
		Wheat	Rye	Barley	Oats	Spelt	Kamut	
Philly Cheese Stack		✓	*	*				
Chicken Big Mac®		✓	*	*				
Pizza Mozzarella Dippers - 3 pieces		✓						
Pizza Mozzarella Dippers Sharebox® - 9 pieces		✓						
Marinara Dip	VE							
The Tikka Chicken One - Grilled		✓	*	*				
The Tikka Chicken One - Crispy		✓	*	*				
Milkybar® Cookie Crisp McFlurry®	V	✓	✓	*				
Milkybar® Cookie Crisp Mini McFlurry®	V	✓	✓	*				
Munchies® Cheesecake McFlurry®	V	✓	✓	*				
Munchies® Cheesecake Mini McFlurry®	V	✓	✓	*				
Frozen Strawberry Lemonade - Regular	V							*
Frozen Strawberry Lemonade - Large	V							*
Donut Crumble Latte - Regular	V	✓						
Donut Crumble Latte - Large	V	✓						
Chocolate Brownie Pie	V	✓						
Sausage & Egg McGriddles®		✓						
Caramel Syrup	V							
Vanilla Syrup	V							

Available in participating restaurants only



McDonald's® UK ALLERGEN

information guide

FEBRUARY FOOD PROMOTION

Valid from 3rd February to 16th March 2026



For more information please visit our website and view the menu section www.mcdonalds.co.uk/nutrition

Recipes change every now and again, so please check the leaflet regularly.

Additional Allergen Information

We prepare our food in kitchens where allergens are present and shared equipment is used. Although we handle your meal with care, we cannot ensure it is allergen free, even if requested ingredients are removed. While there are no nuts or peanuts in our products, we cannot guarantee they are completely nut or peanut-free.

Please note:

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers.
- Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.
- Always check the packaging / product label for ingredients list and allergen information.

For any further information please contact our Customer Services Team
via our website – www.mcdonalds.co.uk

✓ Contains indicated allergen

* May contain traces of indicated allergen (presence cannot be excluded)

V Suitable for vegetarians

VE Suitable for vegans

† Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers

0 Zero amount present

§ Does not include optional condiments

¥ Available in selected restaurants only

Information correct at time of print, February 2026.

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to UK only and is subject to change without notice. Please check www.mcdonalds.co.uk/nutrition for the most up-to-date information.

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Main Menu

	Vegetarian	Cereals containing gluten					
		Wheat	Rye	Barley	Oats	Spelt	Kamut
Big Mac®	✓	*	*	*			
Big Arch®	✓	*	*	*			
Quarter Pounder™ with Cheese	✓	*	*	*			
Double Quarter Pounder™ with Cheese	✓	*	*	*			
McCrispy®	✓	✓	*				
McSpicy®	✓	*	*	*			
McChicken® Sandwich	✓	*	*	*			
Filet-o-Fish®	✓				*	✓	✓
Double Filet-o-Fish®	✓				*	✓	✓
McPlant®	VE	✓	*	*			
Vegetable Deluxe	VE	✓	*	*			
Chicken Selects® x 3	✓				*		
Chicken Selects® x 5	✓				*		
Chicken McNuggets® x 4	✓				*		
Chicken McNuggets® x 6	✓				*		
Chicken McNuggets® x 9	✓				*		
Chicken McNuggets® x 20 (serves 4)	✓				*		
9 Chicken Selects® Sharebox®	✓				*		
The McDonald's Chicken Sharebox®	✓				*		
Veggie Dippers x 4	VE				*		
Hamburger	✓	*	*				
Cheeseburger	✓	*	*		*	✓	
Double Cheeseburger	✓	*	*		*	✓	
Mayo Chicken	✓	*	*		*	✓	

	Vegetarian	Cereals containing gluten					
		Wheat	Rye	Barley	Oats	Spelt	Kamut
Hamburger	✓	*	*	*			
Cheeseburger	✓	*	*	*			
Chicken McNuggets® x 4	✓						
Veggie Dippers x 2	VE						
McFish®	✓	*	*	*			
Small Fries†	VE						
Fruit Bag – Apple Slices	VE						
Fruit Bag – Pineapple Stick	VE						
Fruit Bag – Melon Chunks	VE						
Carrot Bag	VE						
Cucumber Sticks	VE						
Organic Semi-Skimmed Milk	V					✓	
Robinsons Fruit Shoot	VE						
Tropicana® Orange Juice	VE						
Bottled Water (still)	VE						

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		Wheat	Rye	Barley	Oats	Spelt	Kamut
Small	VE						
Medium	VE						
Large	VE						

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Salads

	Vegetarian	Cereals containing gluten					
		Wheat	Rye	Barley	Oats	Spelt	Kamut
Grilled Chicken Salad		*					
Grilled Chicken & Bacon Salad		*					
Crispy Chicken Salad		✓					
Crispy Chicken & Bacon Salad		✓					
Side Salad	V	*					
Balsamic Dressing – 30g	VE						

Big Flavour Wraps

	Vegetarian	Cereals containing gluten					
		Wheat	Rye	Barley	Oats	Spelt	Kamut
The Sweet Chilli Chicken One	GRILLED	✓	*	*			
	CRISPY	✓	*	*			
The BBQ & Bacon Chicken One	GRILLED	✓	*	*			
	CRISPY	✓	*	*			
The Spicy Veggie One	VE	✓	*	*			

Condiments & Sauces

	Vegetarian	Cereals containing gluten					
		Wheat	Rye	Barley	Oats	Spelt	Kamut
Tomato Ketchup	25ml	VE					
BBQ Dip	25ml	VE					
Sweet Curry Dip	25ml	VE					
Sweet & Sour Dip	25ml	VE	✓	✓			
Smoky BBQ Dip	40g	V					
Sweet Chilli Dip	40g	VE					
Lurpak® Spreadable	8g	V					
Strawberry Jam	15g	V					
Pancake Syrup	40g	V					
Flora® Original	10g	V					
Golden Syrup	20g	V					
Sweet & Smoky BBQ Dip	40g	V					
Garlic Mayo Dip	40g	V					

Desserts

	Vegetarian	Cereals containing gluten					
		Wheat	Rye	Barley	Oats	Spelt	Kamut
Chocolate Brownie	V	✓					
Mixed Berry Muffin	V	✓					
Sugar Donut	V	✓					
Hot Apple Pie	V	✓		*			
McFlurry® Smarties®	V	✓	✓	*			
McFlurry® Oreo®	V	✓	*	*			
Mini McFlurry® Smarties®	V	✓	✓	*			
Mini McFlurry® Oreo®	V	✓	*	*			

