

We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

## Drinks

		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut														
Coca-Cola® Zero Sugar®	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Sprite No Sugar®	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Diet Coke®	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Coca-Cola® Classic	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Fanta Orange® Zero	SMALL	VE																			
	MEDIUM	VE																			
	LARGE	VE																			
Chocolate Milkshake	SMALL	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Strawberry Milkshake	SMALL	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Vanilla Milkshake	SMALL	V											✓								
	MEDIUM	V											✓								
	LARGE	V											✓								
Tropicana® Orange Juice		VE																			
Tropicana® Apple Juice		VE																			
Bottled Water	STILL	VE																			
Robinsons Fruit Shoot		VE																			
Flat White	8oz	V											✓								
Toffee Latte	REGULAR	V											✓								
	LARGE	V											✓								
Latte	REGULAR	V											✓								
	LARGE	V											✓								
Cappuccino	REGULAR	V											✓								
	LARGE	V											✓								
Americano	REGULAR	V											*								
	LARGE	V											*								
White Coffee	REGULAR	V											✓								
	LARGE	V											✓								
Hot Chocolate	REGULAR	V					✓						✓								
	LARGE	V					✓						✓								
Lyons Tea (with 1 Milk)	REGULAR	V											✓								
Lyons Tea (with 2 Milks)	LARGE	V											✓								
Espresso	SINGLE	V											*								
	DOUBLE	V											*								
Iced Latte	REGULAR	V											✓								
	LARGE	V											✓								
Caramel Iced Frappé	REGULAR	V	*					*					✓								
	LARGE	V	*					*					✓								
Mango & Pineapple Smoothie	REGULAR	V	*					*					*								
	LARGE	V	*					*					*								

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## Breakfast

Served until 11:00am

	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Breakfast Wrap with Ketchup		✓	*	*							*	✓	✓							
Breakfast Wrap with Brown Sauce		✓	*	*							*	✓	✓							
Breakfast Roll with Tomato Ketchup		✓	*	*							*	✓	✓							
Breakfast Roll with Brown Sauce		✓	*	*							*	✓	✓							
Bacon Roll with Tomato Ketchup		✓	*	*							*	*								
Bacon Roll with Brown Sauce		✓	*	✓							*	*								
Sausage & Egg McMuffin®		✓	✓								*	✓	✓							
Bacon & Egg McMuffin®		✓	✓								*	✓	✓							
Double Sausage & Egg McMuffin®		✓	✓								*	✓	✓							
Double Bacon & Egg McMuffin®		✓	✓								*	✓	✓							
Egg & Cheese McMuffin®		✓	✓								*	✓	✓							
Mighty McMuffin® with Tomato Ketchup		✓	✓								*	✓	✓							
Mighty McMuffin® with Brown Sauce		✓	✓	✓							*	✓	✓							
Muffin with Jam	V	✓	✓								*	✓								
Flahavan's® Porridge Oats (Plain) with Milk \$	V	*	*	*	✓							✓								
Pancakes & Syrup	V	✓			✓							✓	✓							
Pancakes with Sausage & Syrup		✓										✓	✓							
Bacon & Cheese Toastie		✓									*	✓	*							
Cheese Toastie		✓									*	✓	*							
Hash Brown¹	VE																			

## July Food Promotion 2025

30/07/25 - 09/09/2025

Subject to availability.

	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Chicken Big Mac®		✓	*	*							✓	✓	✓			*		✓		
Spicy Chicken McNuggets® x 6		✓										*				*				
Spicy Chicken McNuggets® x 9		✓										*				*				
Spicy Chicken McNuggets® x 20		✓										*				*				
Spicy Chilli Dip	VE											*								
The Fajita Chicken One - Grilled		✓	*	*							*	✓	✓					✓		
The Fajita Chicken One - Crispy		✓	*	*							*	✓	✓			✓		✓		
Jaffa Cake McFlurry®	V	✓		*	*			✓				✓								
Jaffa Cake Mini McFlurry®	V	✓		*	*			✓				✓								
Chilli Cheese Bites		✓										✓				*				
Chilli Cheese Bites Sharebox®		✓										✓				*				
Big Arch		✓	*	*							✓	✓	✓					✓		
Steakhouse Stack		✓	*	*							✓	✓	✓							
Big Tasty		✓	*	*							✓	✓	✓							
Big Tasty with Bacon		✓	*	*							✓	✓	✓							
Frank's RedHot® Mayo dip	V												✓							
Regular Frozen Cherry Lemonade																				
Large Frozen Cherry Lemonade																				
Medium Biscoff® Frappé	V	✓						*				✓								
Large Biscoff® Frappé	V	✓						*				✓								
Green Apple X Sprite	VE																			
Mango Passionfruit X Sprite	VE																			
Double Filet-o-Fish®		✓									*	✓	✓	✓				✓		
Milky Way® McFlurry®	V	✓		*	*			✓				✓								
Milky Way® Mini McFlurry®	V	✓		*	*			✓				✓								
Available in participating restaurants only																				
McFish®		✓									*	*		✓						
Fish Bites - 5 pieces		✓												✓						
Saver Bacon Roll with Ketchup		✓	*	*							*	*								
Saver Bacon Roll with Brown Sauce		✓	*	✓							*	*								
Sausage Sandwich with Ketchup		✓	*	*							*	✓								
Sausage Sandwich with Brown Sauce		✓	*	✓							*	✓								



# McDonald's Ireland

# ALLERGEN

information guide

**JULY FOOD PROMOTION**  
Valid from 30<sup>th</sup> June to 9<sup>th</sup> September 2025



For more information please visit our website and view the menu section [www.mcdonalds.ie/nutrition](https://www.mcdonalds.ie/nutrition)

Recipes change every now and again, so please check the leaflet regularly.



We only use  
100% Irish Beef.

Oh, and a pinch of  
salt and pepper.



We only use 100%  
Irish milk for our  
teas, coffees and  
Happy Meal® milk  
bottles.



We only use  
100% chicken  
breast meat.

Across our whole  
range.

We also shell out for over two million eggs every  
year, from Greenfield Foods in Co. Monaghan.

## Additional Allergen Information

We prepare our food in kitchens where allergens are present and shared equipment is used. Although we handle your meal with care, we cannot ensure it is allergen free, even if requested ingredients are removed. While there are no nuts or peanuts in our products, we cannot guarantee they are completely nut or peanut-free.

### Please note:

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers.
- Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.

For any further information please contact our Customer Services Team  
via our website – [www.mcdonalds.ie](http://www.mcdonalds.ie)

✓ Contains indicated allergen

\* May contain traces of indicated allergen (presence cannot be excluded)

V Suitable for vegetarians

VE Suitable for vegans

† Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers

0 Zero amount present

S Does not include optional condiments

Information correct at time of print, July 2025.

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to Ireland only and is subject to change without notice. Please check [www.mcdonalds.ie/nutrition](http://www.mcdonalds.ie/nutrition) for the most up-to-date information.

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## Main Menu

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Big Mac®		✓	*	*							✓	✓	✓					✓		
Quarter Pounder™ with Cheese		✓	*	*							✓	✓						✓		
Double Quarter Pounder™ with Cheese		✓	*	*							✓	✓						✓		
McCrispy®		✓	✓	*							✓	*	✓			*		✓		
McSpicy®		✓	*	*							✓	*				*		✓		
McChicken® Sandwich		✓	*	*							✓	*				*		✓		
Filet-o-Fish®		✓								*	✓	✓	✓					✓		
McPlant®	VE	✓	*	*							✓	*						✓		
Vegetable Deluxe	VE	✓	*	*							✓	*						✓		
Chicken Selects® x 3		✓										*				✓				
Chicken Selects® x 5		✓										*				✓				
Chicken McNuggets® x 4		✓										*				✓				
Chicken McNuggets® x 6		✓										*				✓				
Chicken McNuggets® x 9		✓										*				✓				
Chicken McNuggets® x 20 (serves 4)		✓										*				✓				
9 Chicken Selects® Sharebox®		✓										*				✓				
The McDonald's Chicken Sharebox®		✓										*				✓				
Veggie Dippers x 4	VE																			
Hamburger		✓	*	*							*	*						✓		
Cheeseburger		✓	*	*							*	✓						✓		
Double Cheeseburger		✓	*	*							*	✓						✓		
Bacon Double Cheeseburger		✓	*	*							*	✓						✓		
Triple Cheeseburger		✓	*	*							*	✓						✓		
Chilli Double Cheeseburger		✓	*	*							*	✓				*		✓		
Mayo Chicken		✓	*	*							*	*	✓			✓		✓		
Bacon Mayo Chicken		✓	*	*							*	*	✓			✓		✓		

## Happy Meal®

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Hamburger		✓	*	*							*	*						✓		
Cheeseburger		✓	*	*							*	✓						✓		
Chicken McNuggets® x 4		✓										*				✓				
Fish Fingers x 3		✓												✓						
Veggie Dippers x 2	VE																			
Small Fries†	VE																			
Fruit Bag – Apple Slices	VE																			
Fruit Bag – Pineapple Stick	VE																			
Fruit Bag – Melon Chunks	VE																			
Carrot Bag	VE																			
Cucumber Sticks	VE																			
Low Fat Irish Milk – 250ml	V											✓								
Robinsons Fruit Shoot	VE																			
Tropicana® Orange Juice	VE																			
Bottled Water (still)	VE																			

## Fries†

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Small	VE																			
Medium	VE																			
Large	VE																			

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## Salads

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Grilled Chicken Salad		*										*								
Grilled Chicken & Bacon Salad		✓										*								
Crispy Chicken Salad		✓										*				*				
Crispy Chicken & Bacon Salad		✓										*				*				
Side Salad	V	*										*								
Balsamic Dressing – 30g	VE																			

## Big Flavour Wraps

		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
			Wheat	Rye	Barley	Oats	Spelt	Kamut													
The Sweet Chilli Chicken One	GRILLED		✓	*	*							*	*	✓					✓		
	CRISPY		✓	*	*							*	*	✓			✓		✓		
The BBQ & Bacon Chicken One	GRILLED		✓	*	*							*	*	✓			✓		✓		
	CRISPY		✓	*	*							*	*	✓			✓		✓		
The Caesar & Bacon Chicken One	GRILLED		✓	*	*							*	✓	✓			✓		✓		
	CRISPY		✓	*	*							*	✓	✓			✓		✓		
The Spicy Veggie One		VE	✓	*	*							*	*					✓			

## Condiments & Sauces

		Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
			Wheat	Rye	Barley	Oats	Spelt	Kamut													
Tomato Ketchup	10g	VE																			
Mayo Dip	19g	V												✓					✓		
BBQ Dip	25ml	VE																	✓		
Sweet Curry Dip	25ml	VE															✓		✓		
Sweet & Sour Dip	25ml	VE	✓		✓				✓								✓				
Smoky BBQ Dip	40g	V																			
Sweet Chilli Dip	40g	VE																			
Butter	7g	V											✓								
Strawberry Jam	15g	V																			
Pancake Syrup	40g	V																			
Sweet & Smoky BBQ Dip	40g	V																			
Garlic Mayo Dip	40g	V												✓					✓		

## Desserts

	Vegetarian	Cereals containing gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Chocolate Brownie	V	✓			*			✓				✓	✓							
Mixed Berry Muffin	V	✓			✓			*				✓	✓							
Triple Chocolate Cookie	V	✓			*			✓				✓	✓							
Sugar Donut	V	✓			*			✓				*	✓							
Hot Apple Pie		✓										*								
McFlurry® Maltesers®	V	✓		✓	*			✓				✓								
McFlurry® Smarties®	V	✓		✓	*			*				✓								
McFlurry® Oreo®	V	✓		*	*			✓				✓								
Mini McFlurry® Maltesers®	V	✓		✓	*			✓				✓								
Mini McFlurry® Smarties®	V	✓		✓	*			*				✓								
Mini McFlurry® Oreo®	V	✓		*	*			✓				✓								